Shopping Cart:

-Wheel sound

-Reverb effect

-Crashing of carts

-Carts hitting ground

People:

-Footsteps (Walking / Running)

-Echo effect?

-People getting hit

-Voices, breathing, and pain

Items:

-Different items

-Backpacks

-Batteries & electronics

-Blankets and sleeping bags

-Canned foods

-Cell Phone

-Clothing

-Compass

-Cooking sources

-Fire extinguishers

-First Aid supplies

-Flares

-Gas canisters

-Guns & ammo

-Jackets & warm clothing

-Knives

-Lifejackets, etc.

-Lighters & matches

-Maps

-Medical supplies

-Non-perishable foods

-Plastic cups, utensils, etc.

-Perishable foods

-Rope

-Scrap items

-Toiletries

-Tools

-Traps

-Water

-Items falling/moving in cart

-Items hitting ground

Background Effect:

-Earthquake effects (outside/inside)

-Tsunami effects (outside/inside)

-Zombie apocalypse effects (outside/inside)

-People screaming

-Car alarms/honking

-Buildings falling

Miscellaneous:

-N/A