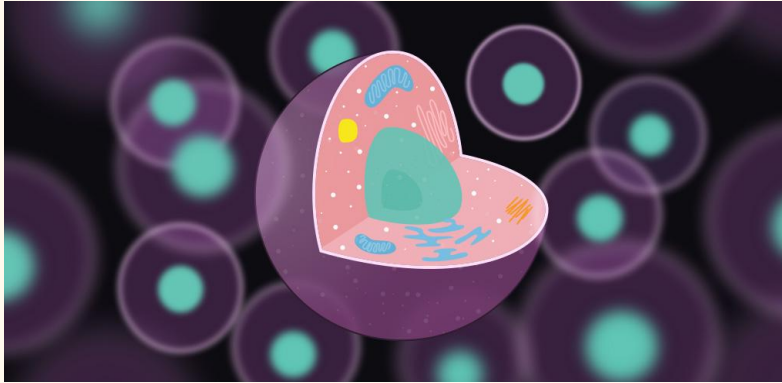


## Did you know that Personality changes are common after a Stroke?

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After a stroke, existing personality traits can become exaggerated. Alternatively, people can behave in ways that are out of character for them. Personality changes after a stroke can include:

- Not feeling like doing anything.
- Being irritable or aggressive.
- Being disinhibited – saying or doing things that seem inappropriate to others.
- Being impulsive – acting without thinking, and doing things that are not safe or are not appropriate.

Changes in behaviour are sometimes aimed at:

1. the people closest to the stroke survivor
2. anyone unfamiliar because change is no longer easy for the stroke survivor

This is quite normal.

Sometimes, stroke survivors do not realise that their behaviour or personality is different. This can make it difficult to address these changes. These changes are not always permanent. It takes time.