

KRYSTEL QUEDA
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To Whom It May Concern:

I am applying with great enthusiasm for the Health, Safety, and Environmental position within your company. My goal is to gain personal career development working with air services, fire services, and safety personnel. I strive to maintain a high level of safety and environmental awareness on each and every job.

I am originally from a small farming community in Ontario. Due to vast employment opportunities in Alberta and its strong ties to the oil and gas industry, I chose to relocate nearly a decade ago.

Always being committed to align myself with elite organizations; should I receive an interview and a position within your company it would be of mutual benefit for employer and employee. I would be committed to maintaining the highest level of safety performance and environmental standards. I am also willing to travel, further my education, and continuously gain on the job experience.

I have outstanding communication skills and the ability to maintain strong positive relationships with professionals, colleagues, and peers. I am passionate about industry leading employers in the workplace and given the opportunity I would apply myself with unparalleled energy and enthusiasm in this position.

I would be happy to discuss the details of this position and my qualifications at your convenience. I look forward to hearing from you.

Sincerely,

Krystel Queda

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OBJECTIVE: To secure long term employment within a professional and dynamic work environment that will benefit from my proven skills and abilities.

SKILLS:

- Confident, positive, and professional personality, with excellent presentation and superior communication skills.
- Effective working independently and within teams on a variety of projects.
- Exceptional problem solving and coaching skills.
- Detail oriented.

WORK EXPERIENCE:

Arctic Lodges **Reindeer Lake, SK**
2013

Responsibilities included: using pos system, general construction tasks, serving tables, and creating an overall positive guest experience.

Rapunzels Salon and Spa **Canmore, AB**
2005 – 2013

Responsibilities included: Massage therapy, hot stone massage, Thai massage, Facials, tourmaline facials, outer peace facials, body treatments, wraps, scrubs, polishes, Waxing and tinting, manicures and pedicures, make up touches, and product sales.

Rusty Wheels Autobody **Grand Valley, ON**
1997 – 1998

Responsibilities included: sanding, masking, priming, and general prep work for paint on vehicles and accessories, inventory control, and shop maintenance.

EDUCATION:

PST – Petroleum Safety Training **Calgary, AB**
Enform 2013

H2S Alive **Calgary, AB**
AIP Safety 2013

CPR – C **Calgary, AB**
AIP Safety 2013

OSSA – Fall Protection AIP safety	Calgary, AB 2013
OSSA Regional Orientation Program Fusion Safety Services Ltd.	Calgary, AB 2013
Confined Space Entry AIP Safety	Calgary, AB 2013
The Esthetic Institute Certified Esthetician	Calgary, AB 2010
Northwestern School of Massage Therapy and Acupuncture Hospitality Certificate	Calgary, AB 2005
Conestoga College Institute of Technology and Business	Guelph, ON 2001
Our Lady of Lourdes Catholic High School Ontario Secondary School Diploma	Guelph, ON 2000

References available upon request
