09:52 AM

App Name

FB Login

09:52 AM

Client

Trainer

Client Info Page

⚙ Heracles

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Trainer name
Gym name

Client Counter
35

→ Number of total client

My Clients 👤+

Client #1
Client #2
Client #3
Client #4
Client #5
Client #6
Client #7

→ Button to add new client

List of all clients

Weight

Calorie

Workout

Protien Intake

Hours of Sleep

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Heracles

Scan QR code to add client
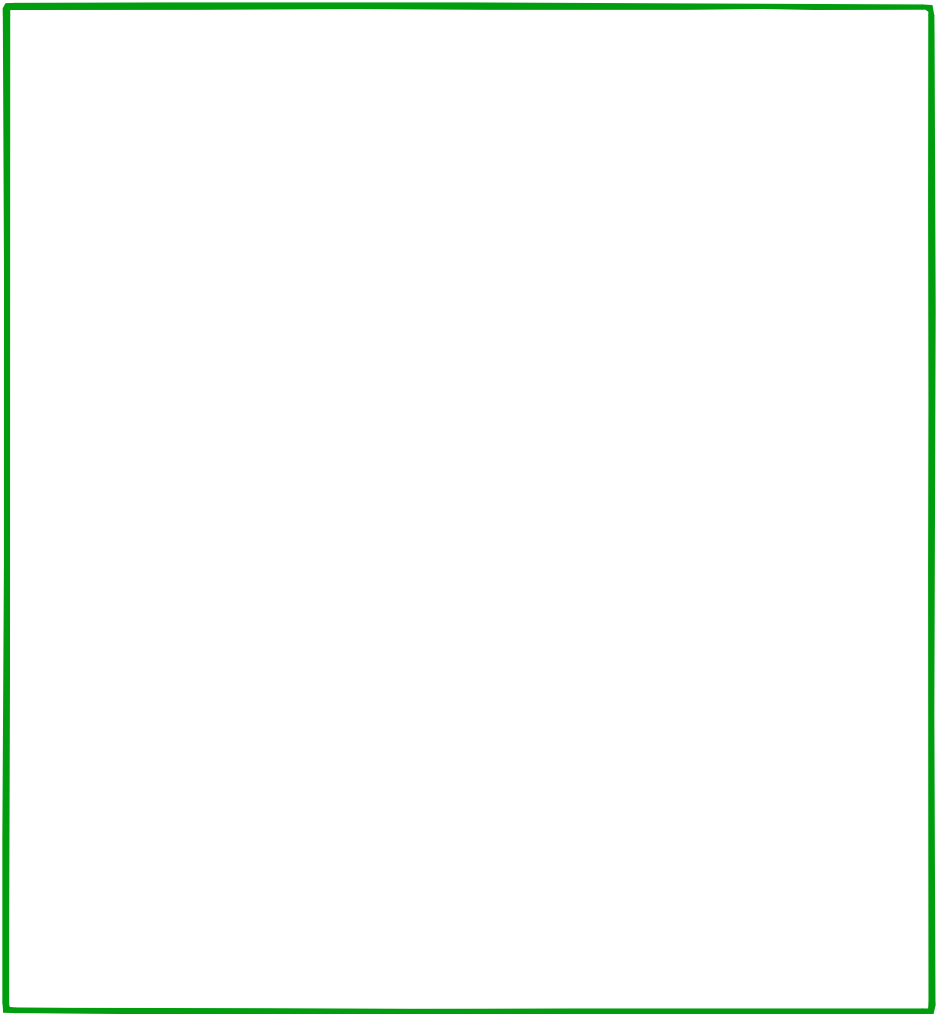
or

Enter client ID to add client

Show QR code

Sign out button

Heracles

USER NAME

User/client name

Log Data for November 11, 2019

Weight   130

Calorie   1800

Workout

Protien Intake

Hours of Sleep

Link to calendar page

Button to log data
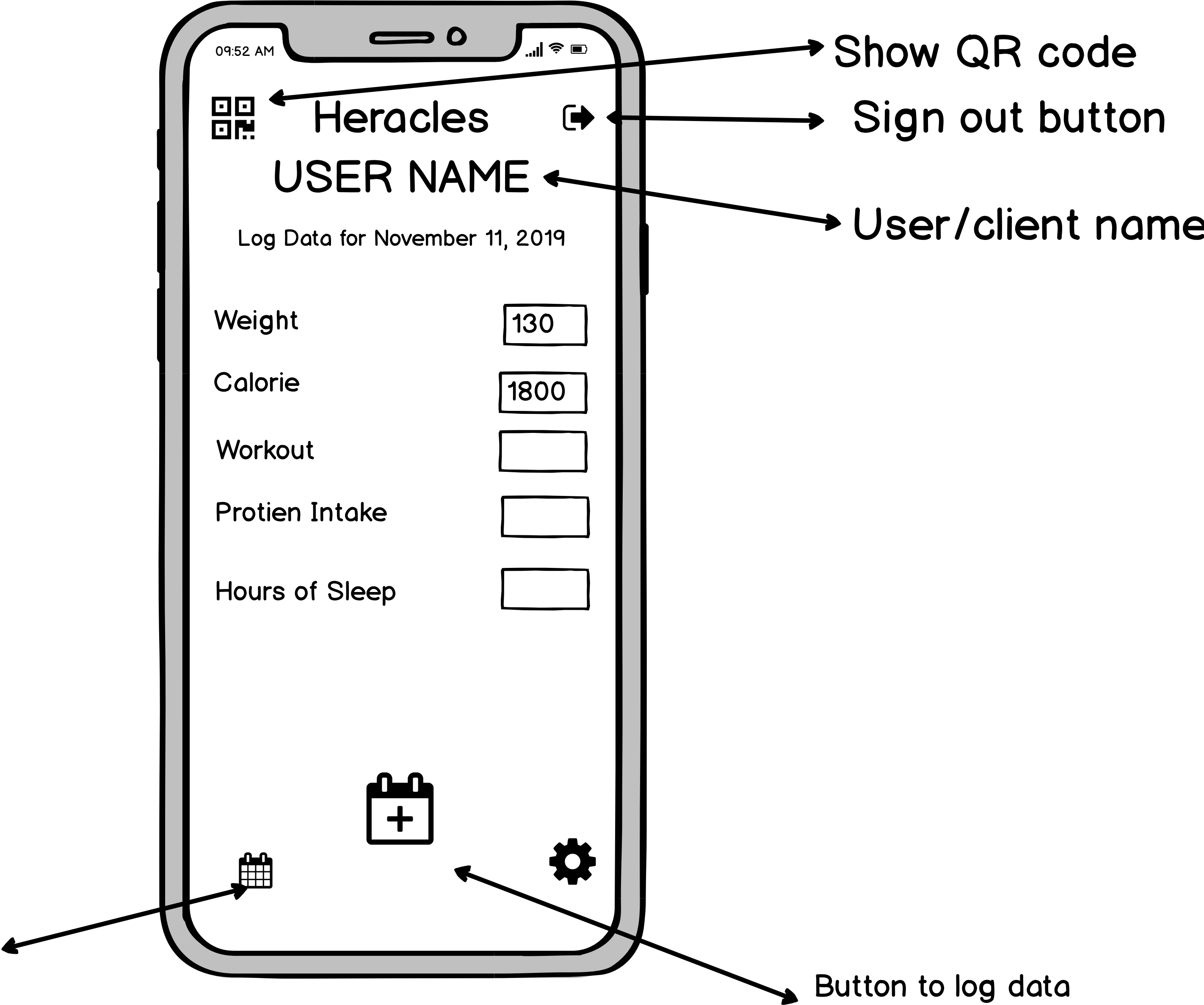
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Settings

First Name

Raghav

Last Name

Sreeram

Height

Sreeram

Only for clients

Save!

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Connect with Trainer
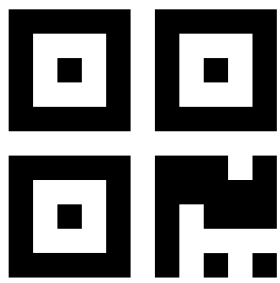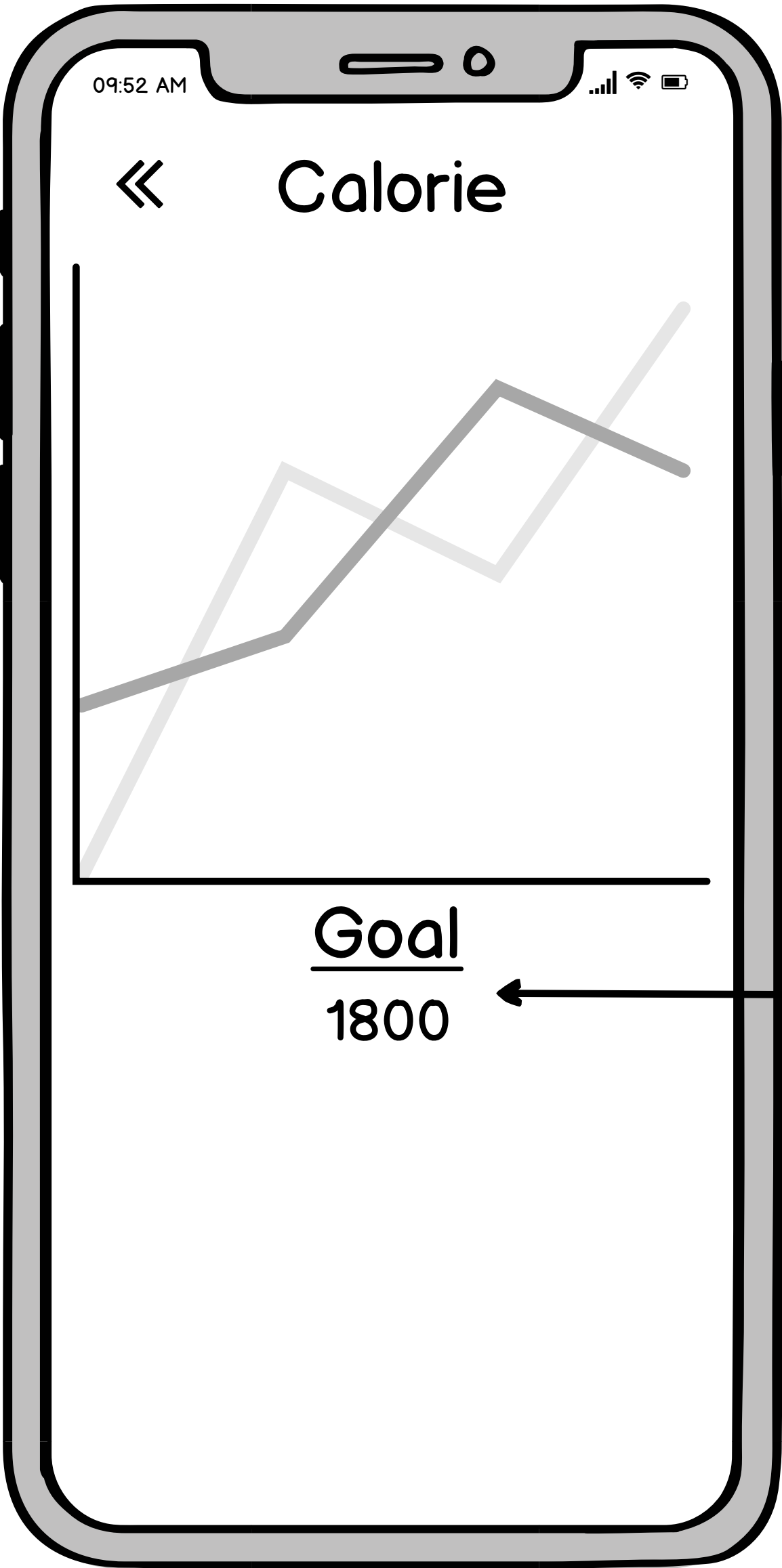
Unique Client Code

412489

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« **Weight**

Log for the past 30 days by default (scroll to show more)

Goal
160 lb

→ Set goal

Weight 186 lb	BMI 22.5
Height 5'8"	
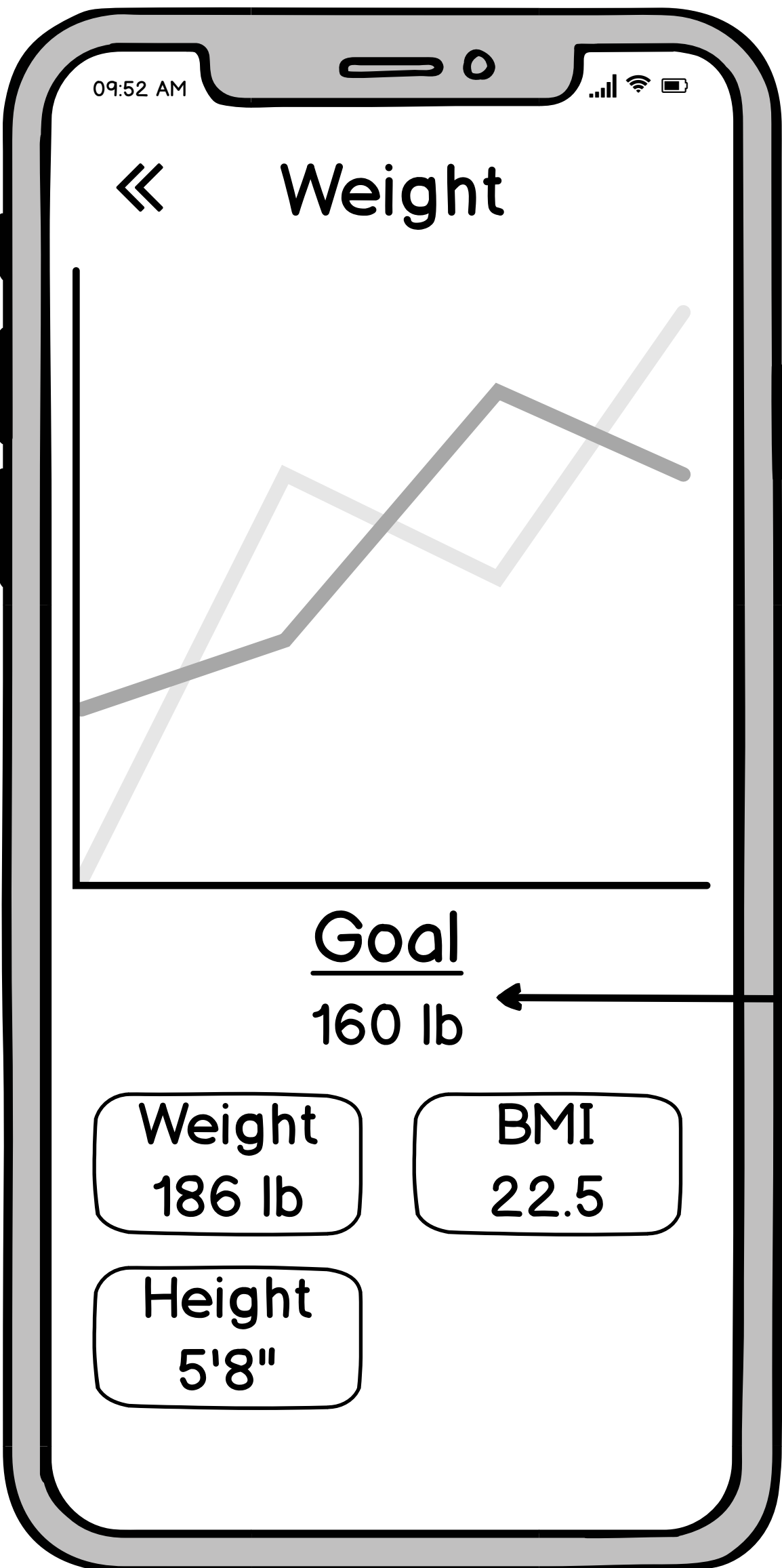
More detail items (up to date data)
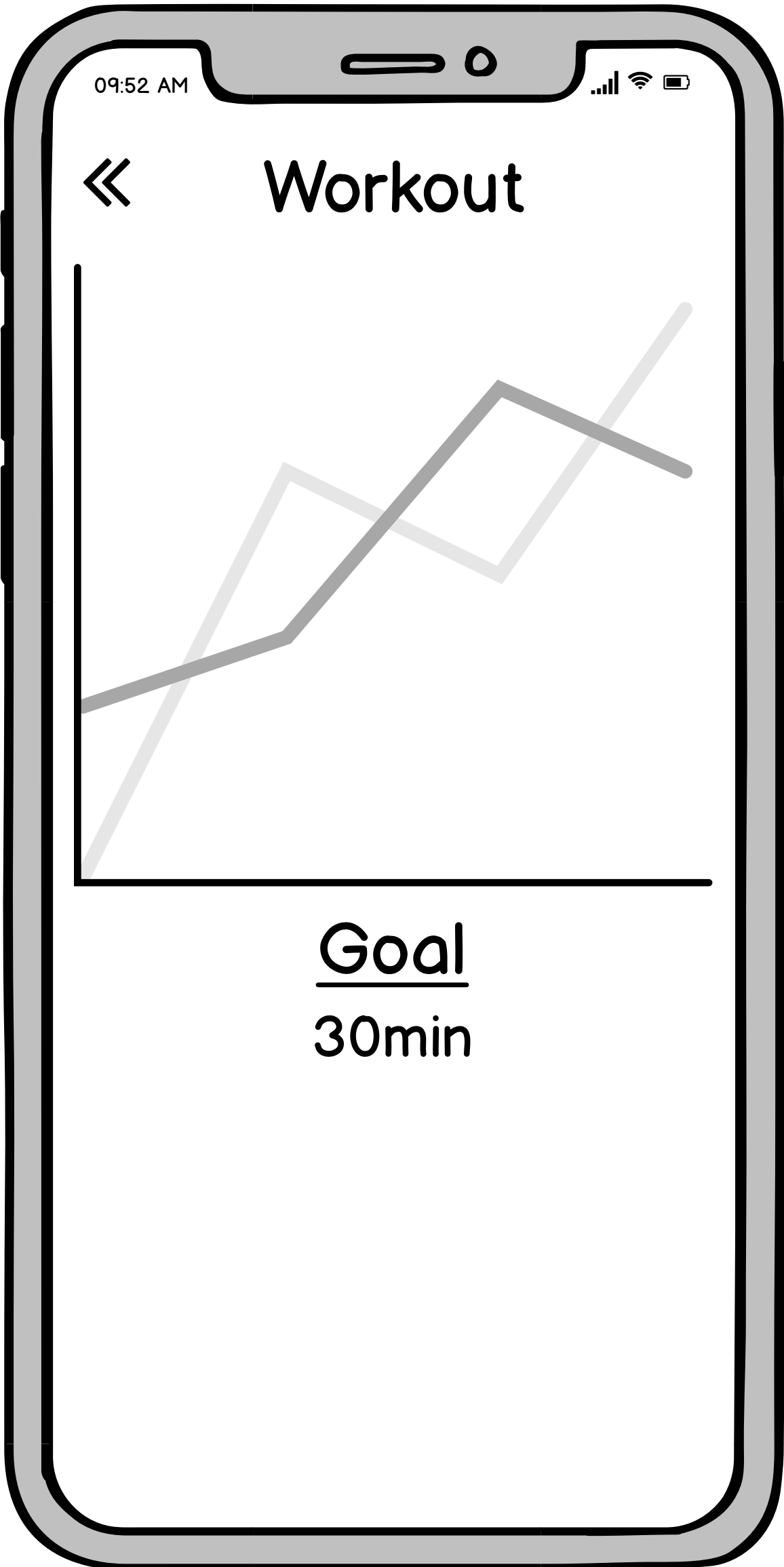
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« Calorie

Log for the past 30 days by default (scroll to show more)

Goal
1800

Set goal

Workout

«

Log for the past 30 days by default (scroll to show more)

Goal
30min

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Calendar

NOVEMBER 2019

S	M	T	W	T	F	S
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
1	2	3	4	5	6	7

Log for the current calendar month (click on a day to show details)

Day	Month	Year

Switch between day, month, and year views

Item ▲	Day 1 avg ⬍	Day 2	Day 3 avg
Weight			
Height			
Blood Pressure			
etc.			
Data Grid Docs			☐

Shows averages for past 3 days when clicking on a specific day