$$\frac{du}{dt} = c\left(-v + u - \frac{u^3}{3} + I\right)$$

$$\frac{dv}{dt} = u - bv + a$$

$$a = 0.7, \quad b = 0.8, \quad c = 10.0, \quad I = 0.5$$

$$c\left(u - \frac{u^3}{3}\right)$$

$$\frac{c\left(u-\frac{1}{3}\right)}{u-\frac{u^3}{3}}$$

$$-\frac{u^3}{3}$$

$$-\frac{\omega}{3}$$
 c

$$\left(u-\frac{u^3}{3}\right)$$

$$c\left(u-\frac{u^3}{3}\right)$$