

Title

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Abstract

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1 Introduction

Community Health Councils (CHC) is producing a report for the City of Los Angeles that recommends and details guidelines for complete streets design to be included in the Mobility Element of the city's General Plan. This CHC report will be describing various best practices that can be implemented so that LA streets better adhere to the principles of complete streets. The following report details eight specific best practices that CHC may implement in their report to the City of Los Angeles. For each best practice, a general description is provided, as well as a discussion of its impact and cost. Additionally, each practice was evaluated based on its cost, impact, and ease of implementation to determine whether it is worth recommending as a design guideline in the Mobility Element. A usability index was created to more quantitatively evaluate these practices, and allowed for better comparison between them. In addition to complete street design, this report is also mindful of CHCs overarching goals of improving health in South LA.

2 Best Practices

2.1 Chokers

Chokers are curb extensions at midblock locations that narrow a street by ultimately creating wider sidewalks. They are also known as safe crosses when marked as crosswalks. Chokers can be made by widening one side of the curb or by bringing both curbs in, giving it the pinch point along the street (See Figure 1). The main purpose of chokers is to decrease speed of incoming vehicles at a mid-point along the streets, create a seamless transition between a commercial and a residential area, and to narrow exceedingly wide intersections [1].



Figure 1: This choker requires drivers to yield upon entering

Two-lane chokers (See Figure 2) leave two lanes in the street cross section narrower than the width of a normal cross section, while one-lane chokers narrow the width to allow travel in only one direction at a time. These chokers are effective for areas with substantial speed problems and streets with minimum or no parking on-site.

The various advantages of chokers are:

- ability to reduce both speed and volume significantly
- easily negotiable by large vehicles (for example, fire trucks)
- improving aesthetic value when well designed

The disadvantages include:

- Eliminates on-street parking



Figure 2: Two-Lane Chokers

- Requires bicyclists to briefly merge with vehicular traffic
- Absence of vertical or horizontal deflation limiting the effect of chokers on vehicle speed.

Chokers can ultimately increase the visibility of pedestrians as well as to reduce pedestrian crossing width, while the speed of vehicles is reduced by 4 percent on average for two-lane chokers and 14 percent on average for one-lane chokers [2]. Also since chokers work well with speed humps, speed tables, and raised intersections, (See Figure 3) it can be created in many sites with no extreme difficulty.

Factors to consider when creating chokers are to consult with the local fire and sanitation department before setting minimum width and to double check to make sure that the bicyclist safety and mobility are not diminished. Also when reducing two-lane street to one lane, the width of the travel way should not be wide enough for 2 cars to pass at the same time. This equals to the travel way not being wider than 4.9 meter, or 16 to 17 feet; by doing so, the effectiveness of the choker is maximized [1]. The cost to create chokers varies depending on the site and landscape but most are along the lines of \$5,000 to \$20,000 (drainage representing a significant amount).



Figure 3: Speed Hump

2.2 anotherpractice

2.3 third

2.4 fourth

2.5 fifth

2.6 sixth

2.7 seventh

2.8 eighth

3 Analysis

3.1 Methodology

3.2 Rankings

3.3 Discussion

4 Conclusion

References

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Education

Smith College, Northampton, MA.

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University of Southern California, Los Angeles, CA.

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Skills/Qualifications Summary

- Bilingual; Ability to speak and write English and Korean fluently with no grammatical errors.
- Avid user of Microsoft Word, PowerPoint, and Excel.
- Experience with both PC and Macintosh computers
- Able to work calmly with various groups of people under difficult situations and communicate well with others.

Professional Experience

Paralegal at Law Offices of Kyung Hee Lee, PC (March 2013 – August 2013)

- Assisted an attorney with various types of immigration cases, and accumulated extensive experience in the areas of B-1; E-1/2; F-1; employment-based immigration petitions (1st, 2nd and 3rd preferences); H-1B; L-1; TN; NIW; all family-based immigration petitions; and extensions/transfers for the aforementioned nonimmigrant visas - strong background in E-2, EB-1, 2 and 3, H-1B and L-1