

## **Simulation of the Electrocardiograms (ECGs) and their relation to understanding Wearable Technology**

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**CSE 6730**

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# Outline

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- **Background**
- **Problem statement**
- **Simulation description**
- **Heart Rate**
- **Electrocardiograms (ECG)**
- **Future work**



# Background

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- Wearable technology has seen tremendous growth In the past several years. One of the main drawbacks it faces is lack of accuracy in specific measurements such as heart rate.
- In this project we will simulate the Electrocardiography (ECG) which is the measurement of the electrical activity of the heart.
- The data generated from the model can then be used to compare with heart rate data obtained from heart rate wearable's such as fit bit in order to determine signal abnormality which will function as an active health monitoring system hence improve the overall wearable technology.





# Problem Statement

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- Simulate the Electrocardiography (ECG) of the heart. A discrete event simulation will be used to compute the average heart rate of a person based on different levels of activities. The average heart rate is then fed into a dynamical model to compute the ECG.



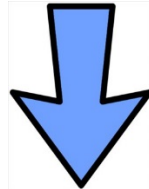
Figure 1. Example of a typical ECG signal



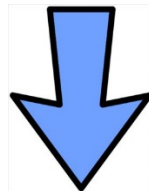
# Simulation Description

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Discreet Event  
Simulation to obtain  
heart rate for  
different activities



Dynamical System to  
obtain the ECG  
Signal

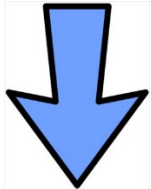


Use information to  
compare with  
wearable data

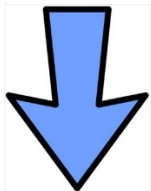


# Discreet Event Simulation

Read input file which describes events and human parameters



Queue events  
(ensure time stamp order)



Process events from the queue in time stamp order

```
input.txt x
1 ; Example input file for heart rate simulator.
2 ; This file is based on the INI file format.
3 [human]
4 age=30
5 gender=male
6 mass=80
7 resting_heart_rate=60
8 vo2max=12
9 [activity1]
10 start=0
11 duration=780
12 type=sleep
13 met=1
14 [activity2]
15 start=800
16 duration=20
17 type=run
18 met=4
19
```



# Heart Rate Calculation

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- **Calculate HR based on required oxygen consumption for activity [15]**
    - In the cardiovascular model, heart rate is driven by oxygen need.
    - the level of exercise combined with the body mass of the subject determines how much oxygen is needed, and heart rate will increase or decrease to meet this need
    - $\text{Cardiac Output} = \text{Stroke Volume} \times \text{Heart Rate}$
  - **Events:**
    - Activity start (resting, running, etc.)
    - HR transition
    - HR steady state
  - **Model HR changes as linear transitions taking two minutes[13] [18] [19] – simplification!**
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# ECG Simulation

A dynamical model for generating realistic synthetic ECG signal using a set of state equations that generates a three-dimensional (3-D) trajectory in a 3-D state space with coordinates  $(x, y, z)$  was adopted [13]. The dynamical equations of motion are given by a set of three ordinary differential equations in Cartesian coordinates as follows:

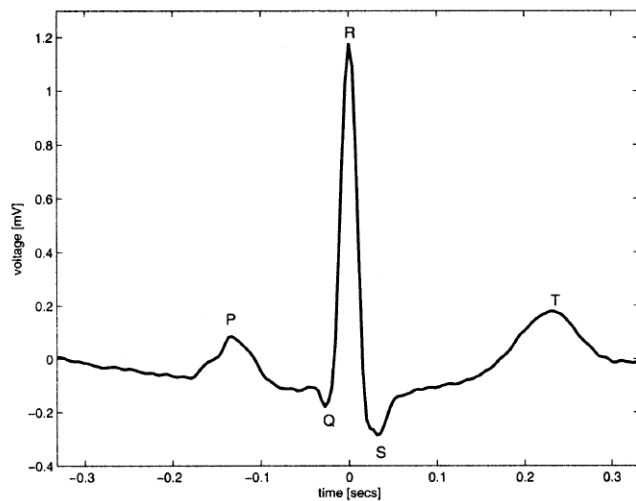


Figure 2. ECG signal [13]

$$\dot{x} = \gamma x - \omega y$$

$$\dot{y} = \gamma y - \omega x$$

$$\dot{z} = - \sum_{i \in \{P, Q, R, S, T\}} a_i \Delta \theta_i \exp\left(-\frac{\Delta \theta_i^2}{2b_i^2}\right) - (z - z_0)$$

$$\gamma = 1 - \sqrt{x^2 + y^2}$$

$$\Delta \theta_i = (\theta - \theta_i) \bmod 2\pi$$

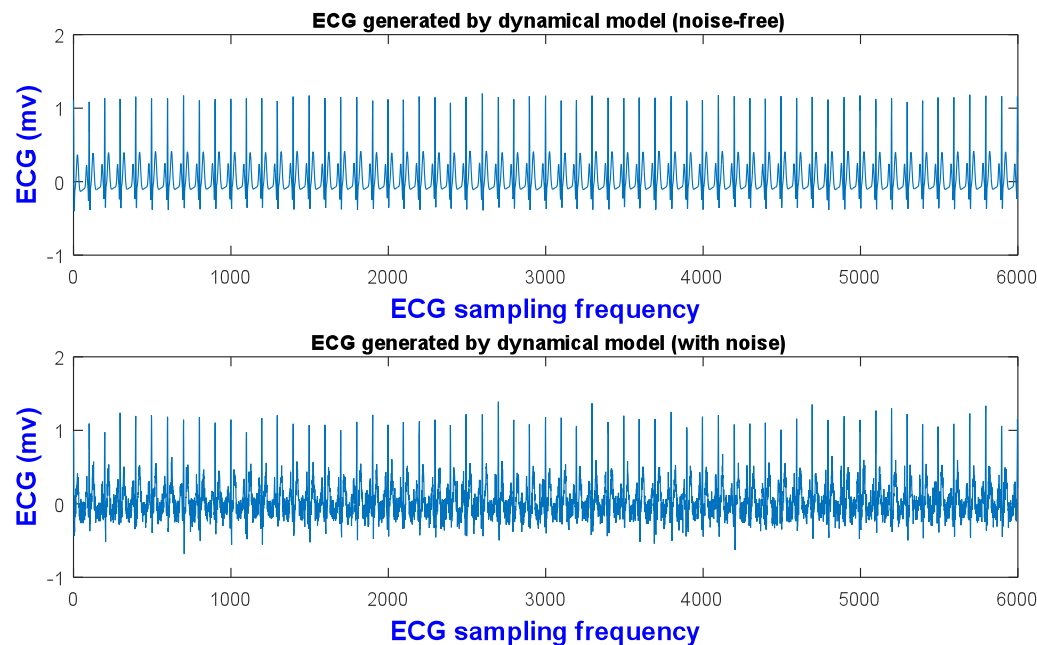
$$\theta = a \tan 2(y, x)$$





# ECG Simulation

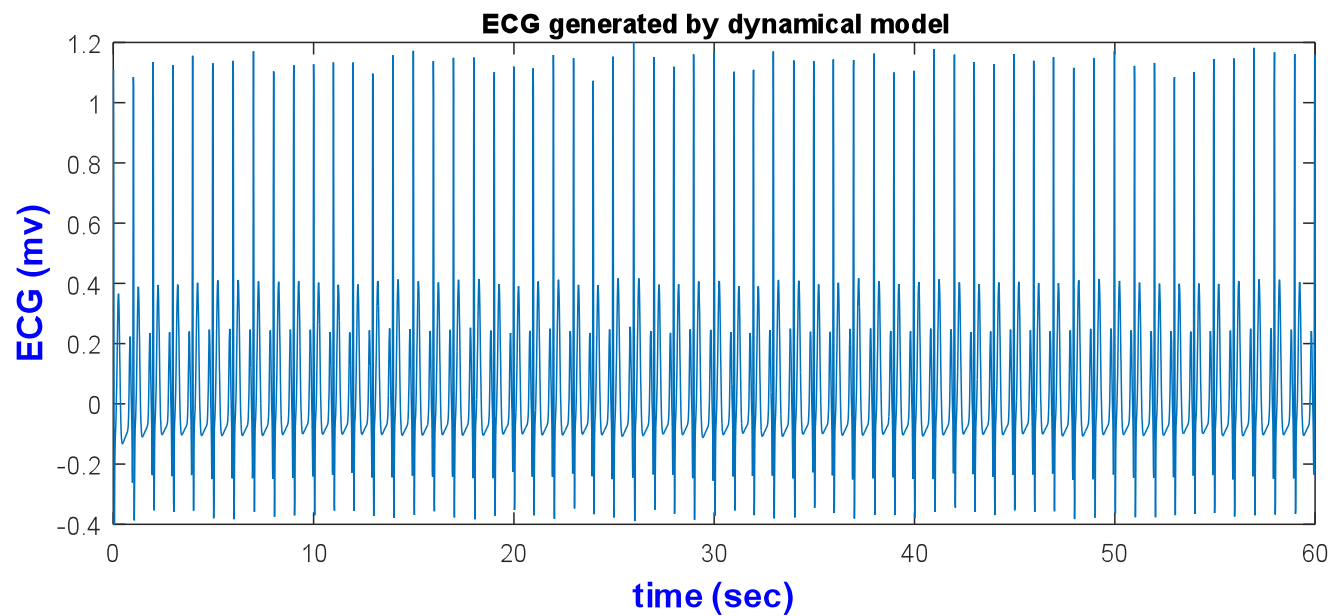
Initial results from the model is shown in Figure 2, 3. Note that the model will use heart beat for different activity from the discrete event simulation. In this case we used HR = 70 bear per minute (BPM). As shown, the model enables the user to include noise in the data to simulate actual measurement systems.



**Figure 4.** ECG Signal for 70 BPM as function of freq



# ECG Simulation



**Figure 5.** ECG Signal for 70 BPM as function of time

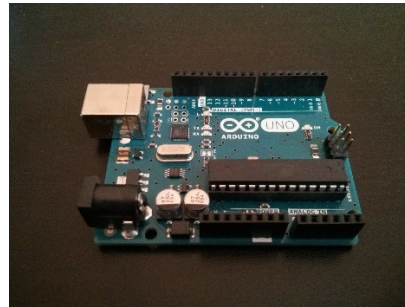


# Experimental Data

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9V portable battery  
supply



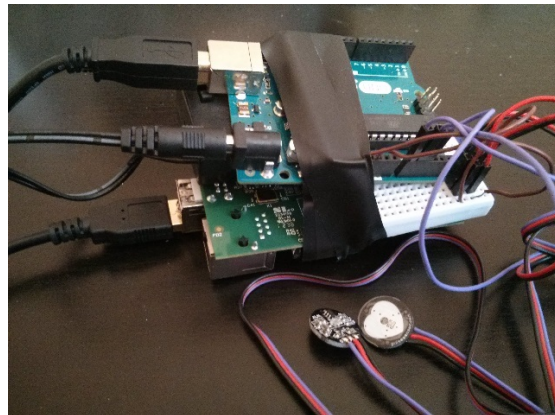
Arduino



Raspberry pi



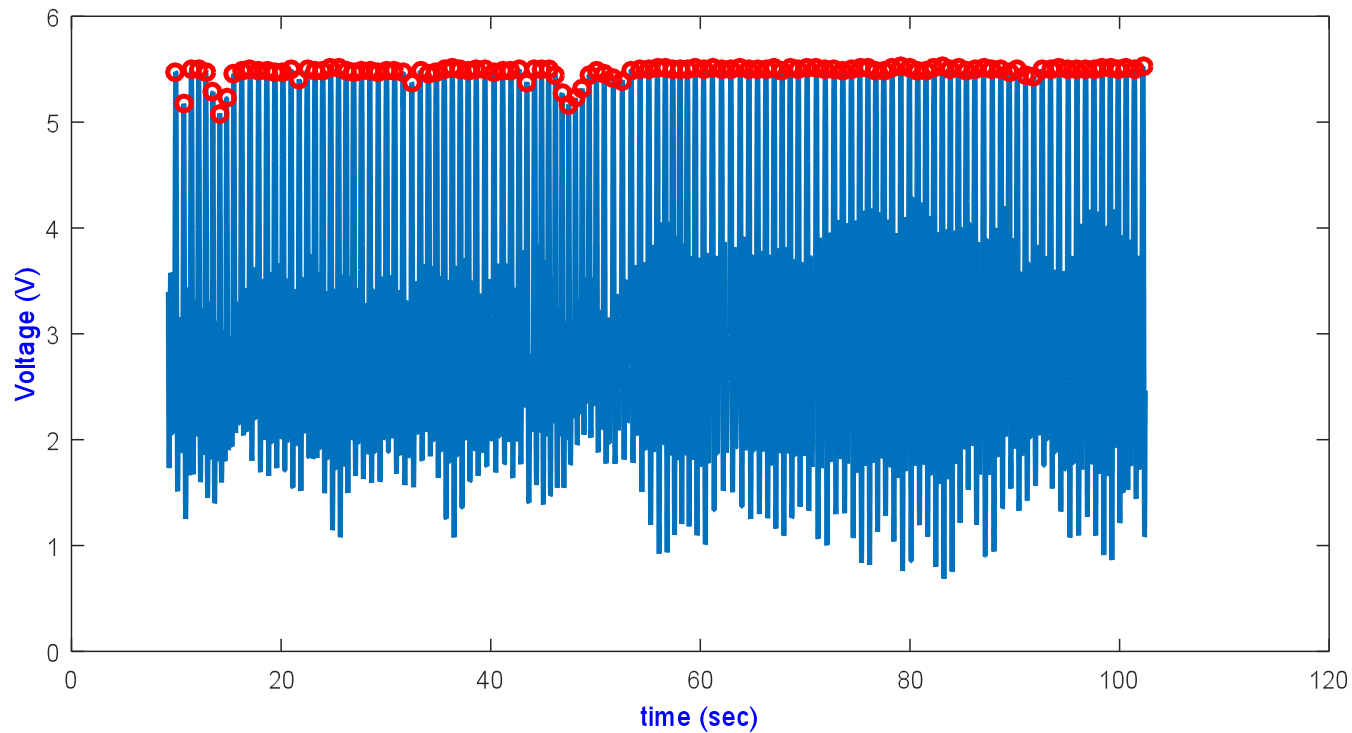
Pulse Sensor



Combined System



# ECG Simulation



**Figure 6.** ECG from experimental data



# Future Work

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- **Finalize the Heart rate and ECG simulations**
  - **Verification and Validation**
- **Perform additional studies to see the influence of different variables on the ECG output**

**QUESTIONS???**

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