

HUMAN IMMUNODEFICIENCY VIRUS/ACQUIRED IMMUNO DEFICIENCY SYNDROME HIV/AIDS

PROTECT YOURSELVES AGAIST
HIV/AIDS



Get tested for HIV/AIDS

Use condoms everytime
you play sex

Common signs of HIV/ AIDS include;

Rapid loss of body weight.

Recurring fever or profuse night
sweats.

Extreme and unexplained tiredness.

Prolonged swelling of the lymph.

Glands in the armpits, groins or
neck.

Prolonged diarrhea for more than a
week

Sores of the mouth, anus and
genitals.

Pneumonia.

Limit your number
of your sexual partners

Abstain from sex

choose less risky sexual
behaviors