

## Activity Report

# "3 DAYS REFRESHER TRAINING FOR “FMR INSTRUCTOR’S UNDER D.M PROGRAMME-2016”"

Place: *Community Hall, Panisagar*

Date: *2016-04-04*

Organising Branch: *Indian Red Cross Society, Indian Red Cross Society, Tripura State Branch*

PROGRAMME INFORMATION	
<b>Title:</b>	3 DAYS REFRESHER TRAINING FOR “FMR INSTRUCTOR’S UNDER D.M PROGRAMME-2016”
<b>Place:</b>	Community Hall, Panisagar
<b>Organising Branch</b>	Indian Red Cross Society, Tripura State Branch
<b>In Attendance:</b>	66

<b>Facilitators Name:</b>	Sri Raju Roy
<b>Total Approved Budget:</b>	5000
<b>Total Expenditure:</b>	5090
<b>Funding Partners:</b>	IRCS, NHQs, IFRC
<b>Report Prepared by:</b>	Anirban Adhikari
<b>Reporting Date:</b>	2016-05-30
<b>Report Verified by:</b>	Sri Sumanta Biswas

## Background

Since Tripura is situated in seismic zone V, it is essential that we get ourselves prepared to manage earthquake & any other disasters. For efficient management of disasters we need trained & skilled volunteers. As such training of volunteers is an important item in the Disaster Management. Indian Red Cross Society, NHQs has identified a minimum set of skills which its volunteers must possess in order to be first responder to a variety of emergencies. This has led to development of the concept of First Medical Responders (FMR). The Indian Red Cross Society, with the support of State Red Cross Branches and its International partners, aims at developing a cadre of Certified First Medical Responders at district level through a series of training programmes and enhancing the capacity of communities to respond to emergency situation. In view of developing this set of skills Indian Red Cross Society, Tripura State Branch conducted FMR Instructor's Refresher training to refresh the knowledge of the participants attained by them in the previous years.

## Objectives/Purpose:

\* To enhance the capacity of each member of FMR with specialization in different sectors of emergency response, who will be deployed in the event of any disaster in the district, Sub- division or block level and also supports other teams operating in case of major disasters. \* Refresh the knowledge and share the experience among the FMRs. \* The main objectives of the Refresher Training is to pave the way for them to recapitulate the subjects on the FMR Training and rejuvenate their volunteering skills by re-practicing their once done works on volunteering such as first aid in emergencies, transportation and safe handling of casualties & bandaging etc. \* To assist the SDRT / DDRT members or other Rescue and Response team who are involved in operation during emergency situation.

## Methodology

1. The FMR Instructors were given brief reminder lessons on their previously acquired knowledge on the training.
2. They are given practical classes on first aid, bandaging, search and rescue, transportation of casualties, tracing, volunteer management in crisis situation and similar subjects.

## **Outcomes:**

1. In practical session every participant practiced and demonstrated methods of bandaging, safe handling of casualties and Basic Life Support (CPR) techniques with proper attention & seriousness.
2. The knowledge of the FMR instructors were refreshed and revitalised with updated news and methods of Disaster Management.

## **Participants Experiences:**

1. In many interior areas, schools do not have proper arrangement of drinking water, sanitation & hygiene.
2. Poverty is also a major problem that hampers the use of proper WASH behaviour to communities in interior and remote places.

## **Volunteer Experiences:**

It was a very good experience as it was my first time. I loved participating in the training programme and would love to attend the other training programmes that will be held in the future.

## **Annexes**