#### **BAL BHAVAN PUBLIC SCHOOL**

# NURSERY SUMMER ACTIVITIES (SESSION 2022-23)



#### **Dear Shining Stars,**

Summer Vacation is a very enjoyable time for all as you get time to be with your family all the time. School is fun too, with learning happening always; summer vacation can also be a time for learning with lots of activities around. Teachers have prepared activities which are actively designed to stimulate further interest in learning.

## THESE GIVEN ACTIVITIES ARE TO BE DONE VOLUNTARILY, NOT MANDATORILY.

All of us are doing bit, to make the world- a better place to live. By taking the advantage of the positive side of these days, we can maintain ourselves healthy and strengthen up our immune system.

#### **SUMMER BUCKET ACTIVITIES**

A healthy mind resides in a healthy body so start your day early and set a routine even during vacations. In addition you and your little one can spend some quality time playing games together. Plan your own fitness regime:

- Do simple stretching exercises
- Play ball games: catch, kick and throw ball
- Walk on straight, zigzag line etc.
- Enjoy simple playful body movements like walk like an elephant, Hop like a rabbit, wriggle like a snake, fly like a bird etc.
- Paddle a wheel: Enjoy cycling hours within the home environment or on terrace.
- Encourage your child to take care of personal hygiene by inculcating the following habits:
- Brushing teeth twice daily.
- Combing hair regularly.
- Bathing every day.

#### **Encourage self-responsibility**

- Encourage children to keep the house clean especially the play area.
- Buttoning or unbuttoning his/her shirt.
- Zipping or unzipping his/her schoolbag.
- Collect things that belong to different rooms in the house and ask your child to name the objects and the room which they belong to. Help them place the things back at the right place.
- Engage children in small household activities like- watering plants, filling water bottles, laying table for dinner, arranging shoes in rack etc.
- Let your children be little Chefs-Beat the heat by making summer drinks like, lemonade, lassi, fruit smoothies, shakes or sharbats etc. Similarly, Let children try hands on non-flame cooking-making a sandwich, fruit salad etc.

#### **Reading BEES**

Create a reading corner along with your children. Keep age appropriate and content appropriate colourful books. Create a corner in a house where you can encourage your child to sit in a proper posture for at least 10 minutes, by keeping his/her back straight.

https://magicblox.com

It will develop their concentration and observation skill and will inculcate the curiosity for reading

#### Fine-motor skills & Pre-writing activities:

- Transferring water from one bowl to the other with the help of sponge.
- Transferring cotton balls into a bowl with the help of a plucker.
- Scribbling on old newspaper with crayons.

You can refer to the link given below for scribbling activity:

https://web.microsoftstream.com/yideo/706891f8

https://web.microsoftstream.com/video/706891f8-0652-427d-892d-71a0b7870850

- Tearing and pasting with old newspaper on a figure.
- Squeezing smiley balls.
- Clay play: Ask your child to make objects like ball, snake, chapatti, grapes, doll etc. Give your child various tools and moulds to make the clay play more interesting.
- Practice following patterns on old newspaper, loose sheets, slates, floor, sand paper using chalks, crayons etc. for motor development.
- Standing line- I
- o Sleeping line-
- Slanting line- /, \
- o Curves-

#### **English is Fun....**

Help your child to understand these simple commands and instructions.

Sit, stand, Come here, Go there, bring your bag / water bottle /toy, Give this to your mom/brother. Keep your clothes/toys there.

o Motivate children to speak these short sentences:

How are you? I am good/wonderful.

What are you doing? I am colouring/ I am playing/ I am watching.

I am thirsty. Please give me water.

I am hungry. Please give me fruits/food/chips etc.

I have finished my work/ food etc.

Motivate children to answer these simple questions:

• What is your name?

My name is \_\_\_\_\_

• In which class do you study?

I study in Nursery sec - \_\_\_\_\_

• In which schooldo you study?

I study in Bal Bhavan Public School Public School, Mayur Vihar.

• What is your father's name?

My father's name is Mr. \_\_\_\_\_

• What is your mother's name?

My mother's name is Mrs.

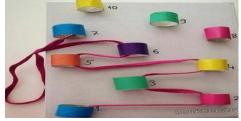
• How old are you?

I am \_\_\_\_ years old.

### 14 MAY - 21 MAY 2022

#### **MAKE THE PLACES FOR LACES**

The objective is to develop the motor skills and reasoning skills.



Description: Make the small tunnel with roll of paper on any sheet/newspaper and guide your child to pass the laces/thread to make the way. Provide them with starting and finishing point.

### <mark>22 MAY – 28 MAY 2022</mark>

#### **SHAPES PUZZLE**

Objectives- To develop the logical thinking and make them aware about different shapes.

Description: Guide your child to make different shapes like circle, rectangle or triangle on any sheet and let them allow tearing it in pieces and then re-arrange them into their original shapes.

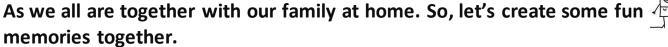
### 29 MAY – 04 JUNE 2022 WORLD ENVIRONMENT DAY

Objectives- To sensitize them towards safety of environment

To make them aware about our responsibilities towards environment Description- Grow a small flower/herb garden. Whether you have a land dedicated to a garden, a small space on a kitchen counter or even just a windowsill, you can create garden with kids. Sow any fruit or veggie seed in some soil and name it as a "FRIEND". Care for it and observe the changes which occur later. Teach your child to water the plant every day.



#### **FINGER PUPPETS (STORY NARRATION)**





Learn to narrate a simple story with a moral using puppets of their choice .They can make finger puppets of the same to enhance their speaking skills and share it with your friends when you join after vacation

05 JUNE - 11 JUNE 2022

#### **ROLL AND COUNT- HANDS ON EXPERIENCE**

Objective is to develop the early brain development. Description: The object of the game is to be the first person to get all your items in your bowl The first player rolls the dies and places that many of his/her



item sin the bowl .Then the second player does the same thing. Play continues back and forth until one person gets all of his/her items in the bowl.

#### "MAGIC WATER MARKER"

Objectives-To inculcate the fun way learning

Description: Time for some magic with the use of water and marker. Your drawings would come alive with this fun and easy experiment. Refer to the link given: your choice).

https://youtu.be/OM-LQQr-9Gc

### 12 JUNE - 18 JUNE 2022

#### "MR. SMILEY SAYS" - (Artistic Smiley)

Help your little one to make a paper ball smiley & play a game learning good habit. To start, all the family members sit on the floor in a circle & keep a basket in the centre filled with things like –comb, toothbrush, hanky, fruits, etc. Turn on some tunes & start passing the "smiley" as fast as you can. When the music stops, the player holding the smiley picks up any object from the basket & describe about that object, for ex: it's uses, colours, shapes, etc.

### 19 JUNE- 25 JUNE 2022

#### **CELEBRATE FATHER'S DAY**

Fathers are so special and a precious gift of god for all of us. So, celebrate father's Day by making a card for your father & spending some quality time with him. You can also make him day special by making a mock tail /juice/lemonade. Share the precious moments with us through school portal (BBPSMV).

#### INTERNATIONAL YOGA DAY

Learn simple yogasanas. Prepare your ward to celebrate international yoga day on June 21 2022. Simple yogaasanas like tadasana, shavasana, butterflyasana, surya namaskar etc. can be practiced for various health benefits.

\*\*\*Share the videos with us through Ms Teams.

#### **Revise all the concepts:**

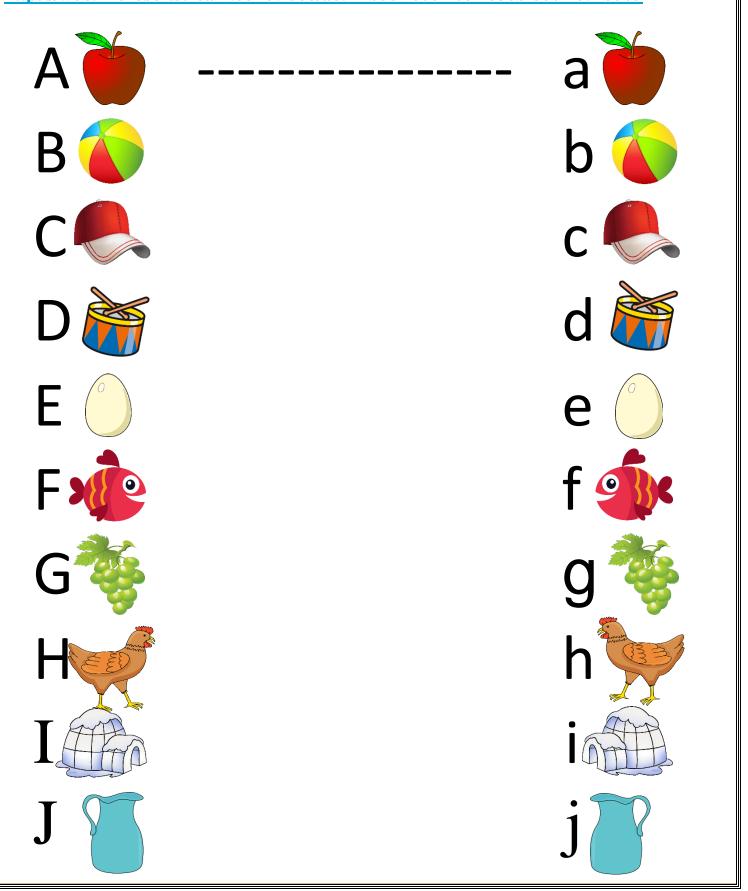
- Red, blue, yellow, green color.
- Happy and sad
- Big and small
- Summer season
- Pre-writing skills
- Shapes (circle and square
- Body parts
- Sense organs
- Lower letter s and a
- **Number 1 to 5 (Oral)**
- <u>Phonics https://web.microsoftstream.com/video/a8577bdd-fe0e-40e1-836b-8cb1fc54b6b3</u>

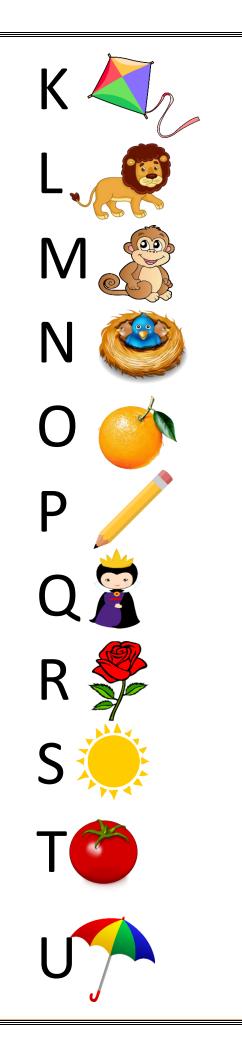
To revise the concepts done so far, parents are requested to help their children in completing the suggested pages in the following mentioned books-

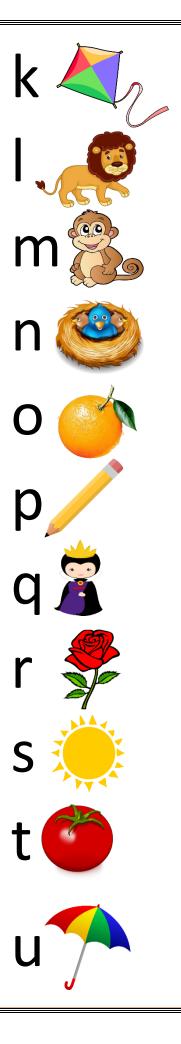
- 1. FUN WITH STROKES BOOK Pg. 22 TO 25
- 2. YOUNG LEARNERS NUMBERS BOOK-Pg. 4, 25, 26

#### **LETTER RECOGNITION-**

Encourage the child to recognize the Uppercase & lowercase letters through similar pictures. (a to z letters). You can even refer to the link given below for the phonic sounds of letters: <a href="https://web.microsoftstream.com/video/a8577bdd-fe0e-40e1-836b-8cb1fc54b6b3">https://web.microsoftstream.com/video/a8577bdd-fe0e-40e1-836b-8cb1fc54b6b3</a>











#### **MOVIE TIME**

Enjoy the movie time with your children and discuss the good and moralistic things in between. You can refer some movies given below:

- The good dinosaur

https://youtu.be/YxJvCHd2luU

- A bug's life

https://youtu.be/pdceDAQwtiA

- Happy feet

https://youtu.be/62JP9uqyoTU



We request everyone to be safe, maintain social distance, wash hands regularly, wear mask. This will ensure safety and good health of the family and the community. Spend quality time with children & most importantly, do not force or pressurize them to do any work/activity. Let them feel free to do the same.

\*\*\*\*Get yourself and family members vaccinated for a safe and healthy future.

TAKE CARE!! STAY INDOORS!! STAY SAFE!!
HAPPY "SUMMER VACATION" OR WE CAN SAY THAT AS "STAYCATION"!

School Reopens – 01 July 2022 (Friday)

**Submission of Practice work – 04 July 2022 (Monday)** 

### **WORKSHEET 1**

Circle and colour the pictures according to your gender



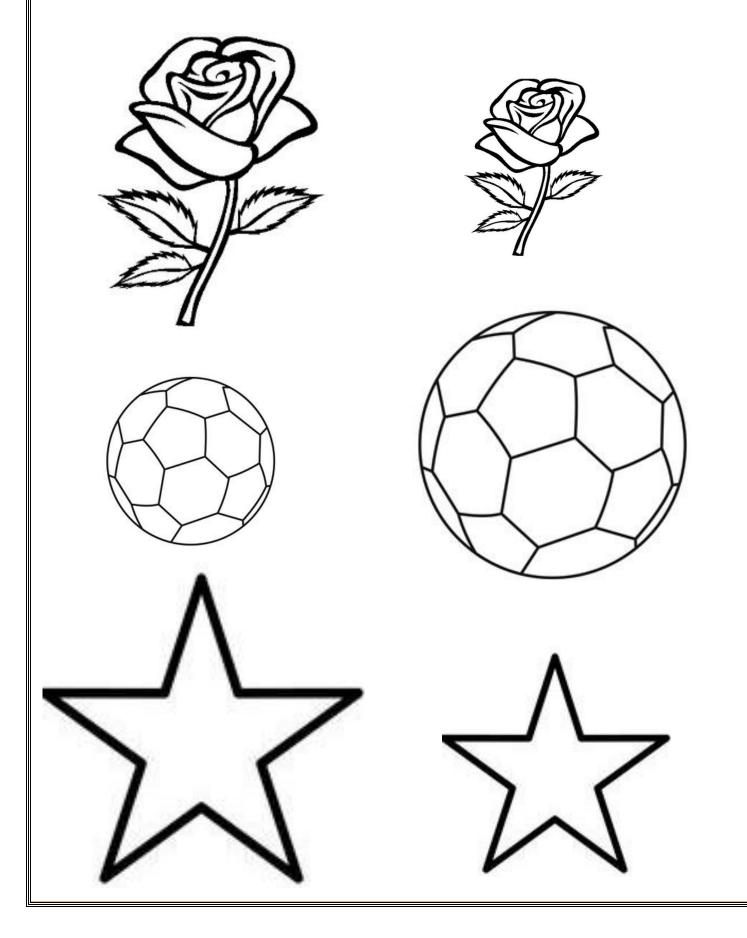


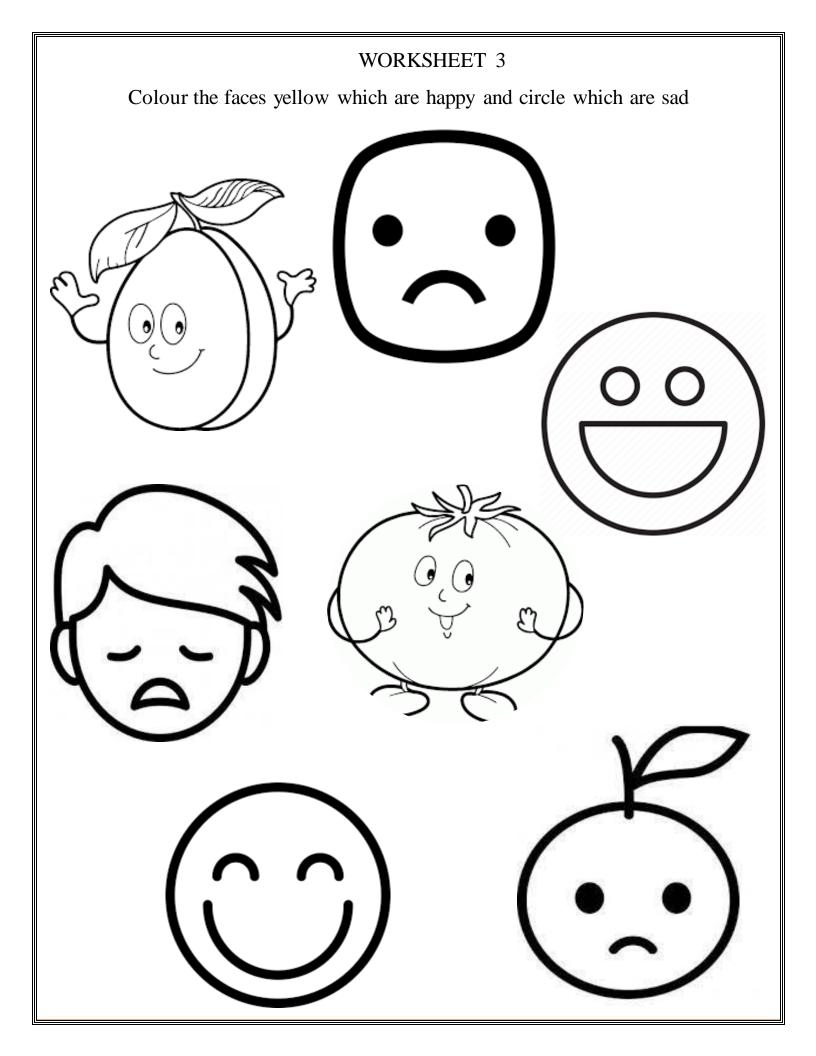


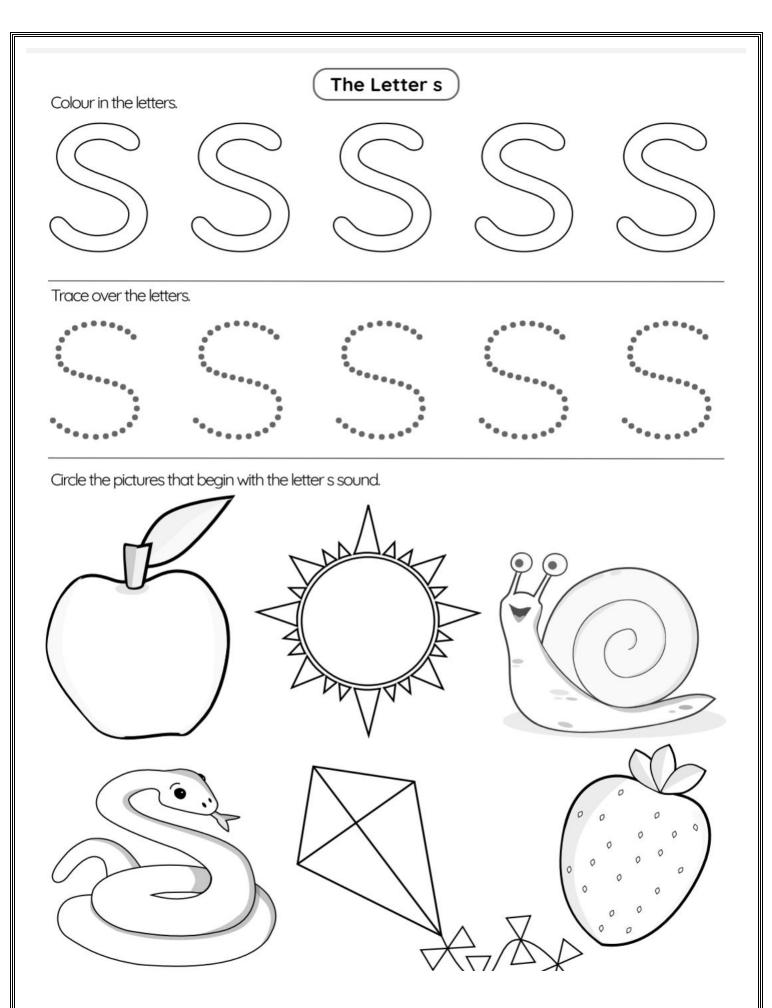


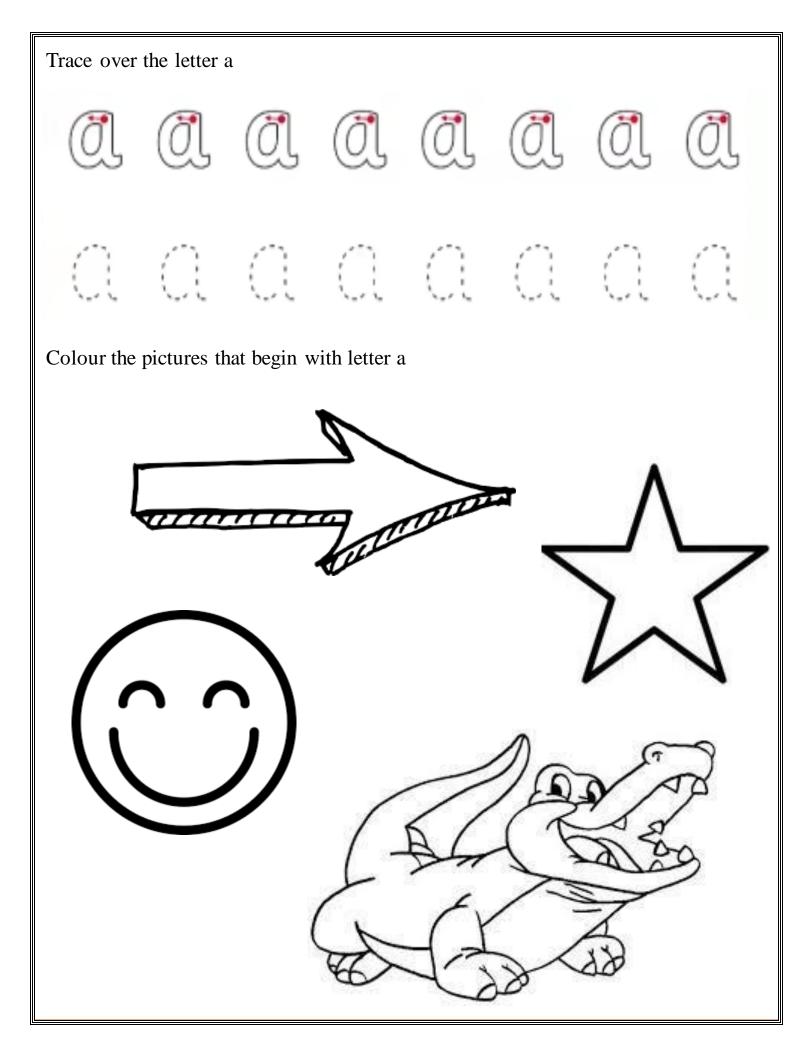
### WORKSHEET 2

Colour Big object with red and Small with blue.









### Color Patterns

Fill appropriate colors in the blank shapes to complete the patterns.

