

Part – 1

Chapter – 1

1. What is the definition of health? Describe the concept of health and public health.
2. Determinants of health
3. Difference between preventive and social medicine, community medicine and public health.
4. John snow
5. The great sanitary awaking.

Chapter -2

1. Describe the job responsibilities of a sanitary inspector.
2. Role of sanitary inspector as a food inspector.
3. Duties of health assistance male.
4. Job responsibilities of health worker female/ ANM.
5. Duties of ASHA.

Chapter- 3

1. Uses of lactometer.
2. What is humidity, how it measured?
3. Difference between real image and virtual image.
4. Hardness of water
5. Role of proteins in body

Chapter- 4

1. Interpersonal communication.
2. Health education
3. Types of families
4. Cultural factors in health and disease.
5. Principles of health education.
6. Health education approaches.
7. Information , education and communication.
8. Communication techniques.
9. Art of interviewing.
10. Steps for counselling session
11. Ways of removing misconception/rumours.

Chapter- 5

1. What is the application of anatomy and physiology for the sanitary inspector.
2. Which are the common disorder of skeletal system?
3. Write the function of the heart and enlist the disorders of circulatory system.
4. What is the structure of urinary system? Write about formation of urine.
5. Write about hormones secreted by endocrine glands and their functions?
6. Anatomy of eye.
7. What are the common disorder of reproductive system?
8. Which are the different routes of drug administration?

Chapter – 6

1. Mention classification of food.
2. Mention functions of protein in body.

3. What are the functions of vitamin A deficiency and its preventive measures?
4. Describe the spectrum of iron deficiency disorders.
5. What are difference between Marasmus and Kwashiorkor?
6. Mention preventive measures for protein energy malnutrition.
7. Describe the methods of nutritional assessment.
8. Describe cause ,clinical features and prevention for lathyrism.

Chapter - 7

1. Classification of drugs.
2. Describe the factors which influence the dose?

Chapter – 8

1. How to maintain personal hygiene.
2. Golden rules of first aid.
3. First Aid Kit.
4. How to do First aid in case of wounds with hemorrhage.
5. First aid in case of bone fracture.
6. How to carry a patient to health centre if u are a single first aider.
7. What are the types of bandages?
8. What are sign and symptoms of poisoning? What to do in case of acute poisoning?
9. What are the degrees of burns? How will you manage a burn injury patient?
10. Write about common skin diseases and their treatment.

Chapter – 9

1. How to take body temperature at different sites by using thermometers?
2. What is pulse rate? How it is taken?
3. Describe the technique of giving intramuscular injection.
4. Describe the technique of giving subcutaneous injection.
