











10:09



< Health Data

# Heart

H

D

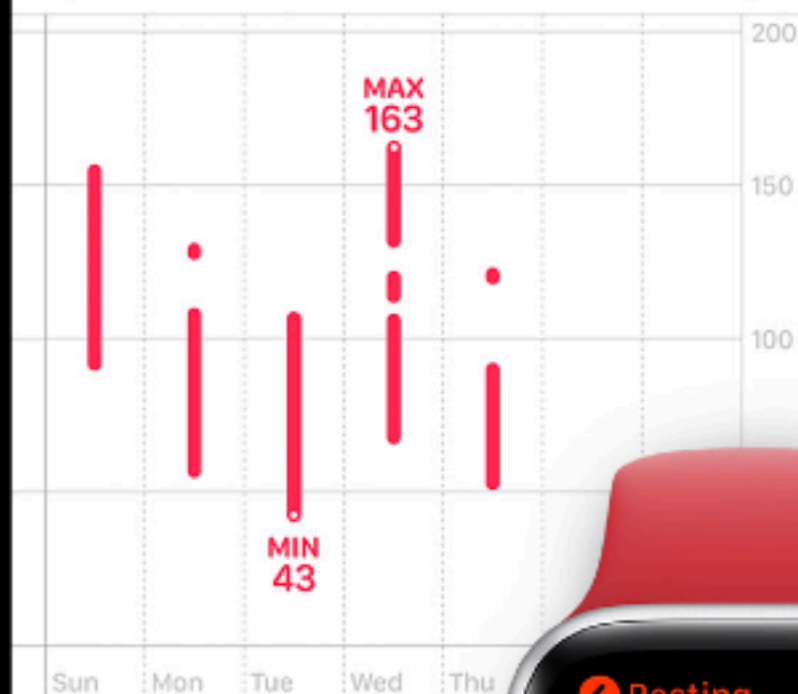
W

M

Y



Jul 29 – Aug 5, 2018



Sun Jul 29 Mon Tue Wed Thu

Heart Rate



43-163BPM

Jul 29 – Aug 5, 2018

Today



Today



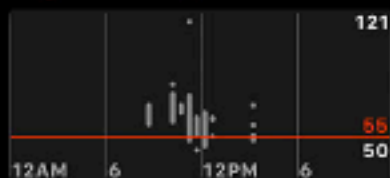
Health Data



Sources

< Resting

10:09



Resting Rate

55BPM

Today



cingular®

2125



Start



Contacts



1 00

2 ABC

3 DEF

4 GHI

5 JKL

6 MNO

7 PQRS

8 TUV

9 WXYZ

\* T9

0 +

⌂ #



[UbiFit'08]



[Apple Health]



[Reporter App]



## WHAT HAVE YOU EATEN?

Coffee, 15



Water, 10



Ginger tea, 8



Beer, 5



Juice, 4



Mint tea, 4



Bar, 3



Chips, 3



Losange, 3



Bagel chips, 2

REPORT

7 OF 12

AWAKE









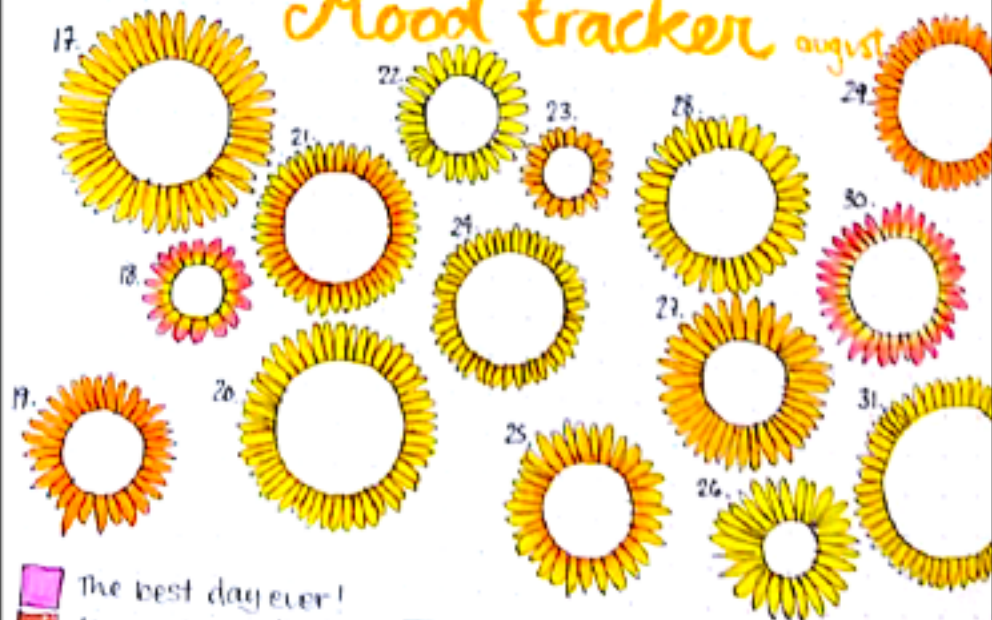
- Predefined visuals
- System-generated
- Passive ownership of the visuals






B


R	13	14	15	16	17	18	19	20	21	22	23	24	1	2	3	4	5	6	7	8	9	10	11
T	13	14	15	16	17	18	19	20	21	22	23	24	1	2	3	4	5	6	7	8	9	10	11

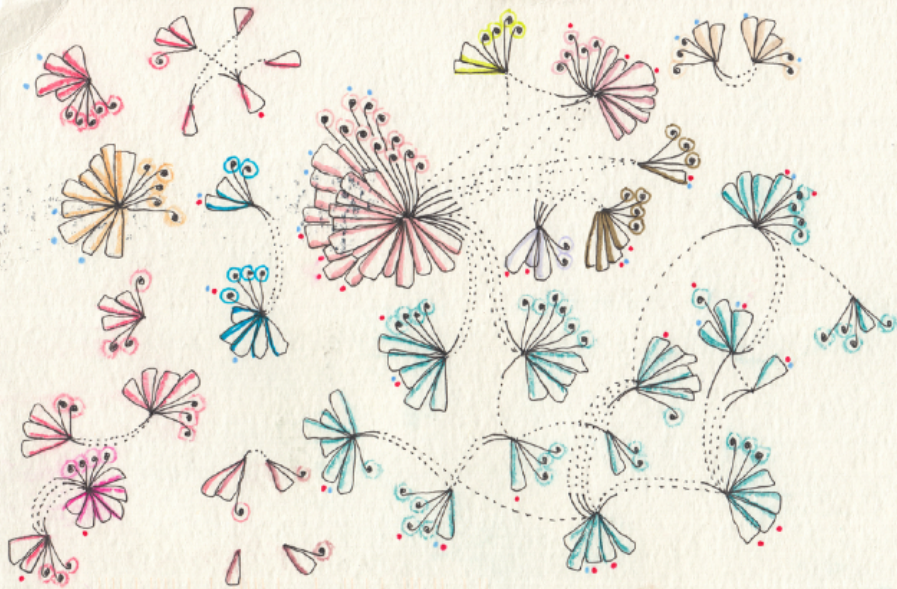
# Mood tracker august



 The best day ever!  
 Happy/content  
 Stressed

 Productive  
 Sad/tired

 depressed





[Dear Data's!]



[Ayobiet al'18]





