

Carewell Pharma - A Family of Learning

Universal Human Values & Professional Ethics

3-1 Y(CC-Sem-3 & 4)



Understanding Harmony in the Family & Society

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PART- 1

Harmony in the Family and Understanding Values.

Questions-Answers

Long Answer Type and Medium Answer Type Questions

Que 3.1. Right understanding in the individuals is the basis for harmony in the family, which is the building block for harmony in the society. Give your comments. **AKTU 2018-19(III), Marks 07**

Answer

Right understanding in the individuals is the basis for harmony in the family, which is the building block for harmony in the society.

1. The harmony in the society begins from the individual. We need to ensure right understanding in the individual as the foundation of harmony in the society.
2. With right understanding, the need for physical facilities in the family can be ascertained. By assessing our needs correctly and by producing more than required the family can be prosperous.
3. Assurance of right understanding in the individuals and prosperity in the families, understanding of human relationships leads to harmony and trust (fearlessness) in the society. When every individual is able to live harmoniously in relationship, and the needs of all the families are ensured, fearlessness (mutual trust) in society will naturally follow.
4. When human beings with right understanding interact with nature, it will be in consonance with the co-existence and will be mutually enriching.
We may also understand it in the following sequence :
 - i. Right understanding
 - ii. Prosperity
 - iii. Fearlessness (trust)
 - iv. Co-existence

Que 3.2. What is the role of value system in family harmony ?

How can you maintain harmony in relationship ?

OR

How can harmony in the family is assured ?

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OR

Prove that our emotions in the family are our values to sustain our family life.

Answer

1. Harmony in the family is assured by understanding four basic proposals :
 - i. We must understand the relationships that exist between one Self and another Self, *i.e.*, between two Selves or people.
 - ii. The Self has feelings in the relationship between the two people.
 - iii. These feelings in the Self are definite and can be identified with definiteness.
 - iv. It is by recognizing and fulfilling these feelings that mutual happiness in a relationship can be guaranteed.
2. Taking the first proposal, it is important to understand that relationships exist between selves and not between the bodies. The body is just the means to express or receive the relationship with another Self. The Self alone understands and has feelings. For instance, a person feels trust towards another person and this understanding is through the Self and not the body. There is no way in which the body can feel this feeling of trust. Similarly, the body cannot understand or have feelings. Feelings are the domain of the Self. There are feelings in every relationship and they occur naturally. We cannot create or destroy these feelings. We may try to hide or suppress them, but we cannot change their basic nature. And all this goes on within the Self and not within the body.
3. It is also important to recognize that feelings are definite. This clarity helps the Self to have a mutually successful relationship with another Self. These definite values are love, affection, trust, respect, etc. Lastly, we must work at recognizing these feelings and identify with them.
4. Based on this understanding, when we work and behave according to those feelings, there is mutual fulfillment for both the Selves involved in the relationship. And constant evaluation of our feelings as well as the feelings of another Self is also an important way of ensuring that there is no gap in the relationship and there is mutual fulfillment.

Que 3.3. What are the different ways to have harmony in society?

AKTU 2014-15(III), Marks 04

Answer

1. The feeling of being related to every human being in a society leads to our participation in an undivided society. When we have achieved harmony at the level of individual and explored the harmony at the family level and walk towards achieving harmony at the level of society, this gives us a feeling of world family.

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2. Three activities can be performed to send the message of a holistic society :
 - i. Educating society through workshops, seminars and street plays : This is about organizing workshops, seminars and street plays at various levels in society. The activity may be carried out by N.G.O.'s must receive the support of government organization. These activities can be categorized into three types which include.
 - a. Knowing the self,
 - b. Knowing the existence on basis of self,
 - c. Knowing the definite human conduct which is contribution of self in existence.
 - ii. Value Education in education institutions : Value education should be introduced in current education system at all level primary school, secondary school, senior secondary school as at college level.
 - iii. Helping to apply values to the real world : Organizations both government and non-government should open up counselling centres which can help their employees or general public to apply values in real life situations. It is about realizing the alternatives in life. The idea is not to live in isolation or individualism but with expansion of Self to higher levels in the social system.

PART-2

Understanding Values in Human-Human Relationship.

Questions-Answers

Long Answer Type and Medium Answer Type Questions

Que 3.4. What is justice ? How does it lead to mutual happiness ?

AKTU 2018-19(IV), Marks 07

OR

What is the meaning of justice in human relationship ? How does it follow from family to world family ?

AKTU 2016-17(III), Marks 05

OR

What is 'justice' ? What are its four elements ? Is it a continuous or a temporary need ?

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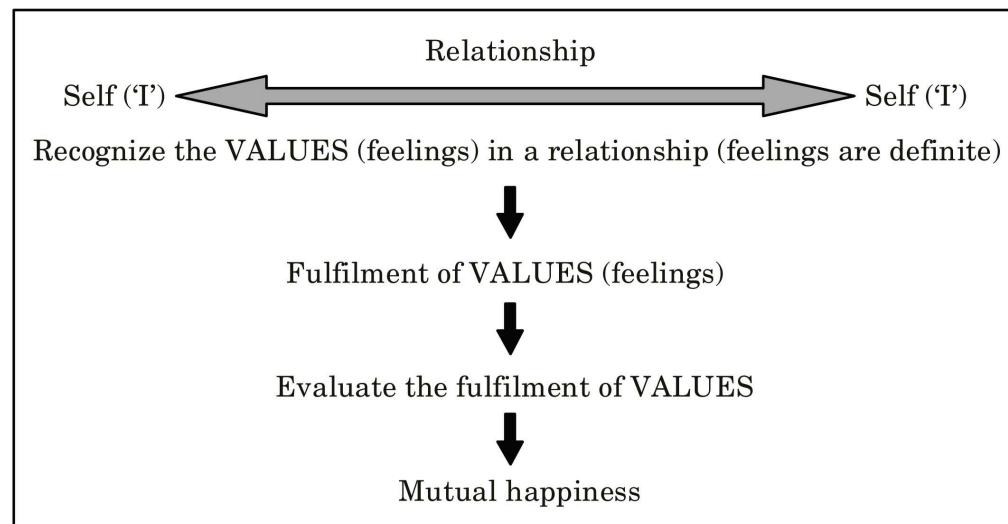
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Answer

1. **Justice :** Justice is the recognition of values (the definite feelings) in relationship, their fulfillment, the right evaluation of the fulfillment resulting in mutual happiness. Justice concerns itself with the proper ordering of things and people within a society.
2. **Elements of Justice :** There are four elements :
 - i. Recognition of values.
 - ii. Fulfillment.
 - iii. Evaluation.
 - iv. Mutual happiness ensured.

When all the four are ensured, justice is ensured.
3. Mutual fulfillment is the hallmark of justice and justice is essential in all relationships. Justice starts from family and slowly expands to the world family. The child gets the understanding of justice in the family. With this understanding, he goes out in the society and interacts with people.
4. If the understanding of justice is ensured in the family, there will be justice in all the interactions we have in the world at large.
5. If we do not understand the values in relationships, we are governed by our petty prejudices and conditionings. We may treat people as high or low based on their body (particular caste, or sex or race or tribe), on the basis of wealth one possesses or the belief systems that one follows. All this is source of injustice and leads to fragmented society while our natural acceptance is for an undivided society and universal human order.



6. Having explored the harmony in the human beings, we are able to explore the harmony in the family. This enables us to understand the harmony at the level of society and nature/existence. And this is the

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way, the harmony in our living grows. We slowly get the competence to live in harmony with all human beings.

Que 3.5. Care and guidance contribute to excellence of whom you interact with. What are other feelings that can contribute to excellence generations after generations or indirectly to other ?

AKTU 2017-18(IV), Marks 07

OR

Explain the feelings of ‘care’ and ‘guidance’, ‘glory’, ‘reverence’ and ‘gratitude’.

AKTU 2017-18(III), Marks 07

OR

Define the following :

- a. Under evaluation
- b. Otherwise evaluation
- c. Care
- d. Guidance
- e. Reverence
- f. Glory
- g. Gratitude
- h. Love

Answer

1. **Under Evaluation :** When someone is evaluated less than what it is. The object under evaluation feels pitiable. Under evaluating someone means disrespecting them as it shows that their abilities have been neglected. This can give rise to a sense of dissatisfaction.
2. **Otherwise Evaluation :** When we evaluate someone for what they are not. It can mean over evaluating someone or in certain cases under evaluating someone.
3. **Care :** The feeling of nurturing, looking after and protecting our family and others around us. It is an innate feeling of the parents towards their children.
4. **Guidance :** The desire to help others and to share your experience and knowledge. It is a feeling expressed by the elders of a family and often teachers towards their students.
5. **Reverence :** It means to show honour and respect for something or someone. It is a feeling of honour and respect towards someone who has achieved excellence in life.
6. **Glory :** People, who have been able to live exemplary lives, achieve glory. When someone makes effort to achieve excellence and achieves it. Their life becomes an example for future generation to look up to. This gives rise to sense of glory.
7. **Gratitude :** It is the feeling of thankfulness and honour to people who have made significant contributions to our lives.

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- 8. Love :** It is a sense of affection, and relatedness to people around us.

Que 3.6. Explain the feeling of Care and Guidance. What role do these feelings have in parent child relationship ?

AKTU 2018-19(IV), Marks 07

Answer

Care and Guidance : Refer Q. 3.5, Page 3-6Y, Unit-3.

Role of Care and Guidance : Following are the role of these feelings in parent and child relationship :

1. In the caring role, you take care of your children's basic needs, such as food, medical care, shelter, clothing, etc., as well as give love, attention, understanding, acceptance, time, and support.
2. The other part of your job as a parent is to provide "guidance" for your children. In this role, you give direction, impose rules, use discipline, set limits, establish and follow through with consequences, hold your children accountable for their behaviour, and teach values.

Que 3.7. Comment, human to human relationship 'Is' or being 'Created'. Explain feeling of 'Love' in light of above statement.

AKTU 2017-18(IV), Marks 07

Answer

A. Human-Human Relationship :

1. The proposal above outlines very clearly that relationship is between the self ('I') and the other self ('I'). It is a need of the self ('I') to be in relationship with the other.
2. Being in relationship, we have feelings for the other. These feelings cannot be replaced by any material or physical things.
3. These feelings are definite and these feelings are the 'values' in a relationship. Feeling of oneself ('I') with the other ('I') is definite, can be identified, understood and fulfilled.
4. Feeling (Values) in Relationship :
 - i. Trust (Vishwas).
 - ii. Respect (Sammana).
 - iii. Affection (Sneha).
 - iv. Care (Mamata).
 - v. Guidance (Vatsalya).
 - vi. Reverence (Shraddha).
 - vii. Glory (Guarava).

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viii. Gratitude (Kritagyata).

ix. Love (Prema).

B. Feeling of Love :

1. The feeling of being related to all is love (or prema).
2. This feeling or value is also called the complete value (Purna mulya), since this is the feeling of relatedness to all human beings.
3. It starts with identifying that one is related to the order human being (the feeling of affection) and it slowly expands to the feeling of being related to all human beings.
4. It is the feeling of Love, which lays down the basis of an undivided society.

PART-3

Understanding the Meaning of Vishwas & Difference Between Intention and Competence.

Questions-Answers

Long Answer Type and Medium Answer Type Questions

Que 3.8. What do you understand by trust ?

AKTU 2018-19(IV), Marks 02

OR

Differentiate between intention and competence. How do we come to confuse between the two ?

AKTU 2017-18(III), Marks 07

Answer

Trust :

1. Trust or vishwas is the foundational value in all relationship. "To be assured that each human being inherently wants oneself and the other to be happy and prosperous" is known as trust.
2. Mutual trust is a shared belief that we can depend on each other to achieve a common purpose. Trust is the expectation of people that they can rely on our word. It is built through integrity and consistency in relationships.
3. There are two aspects in trust :
 - i. Intention (wanting to our natural acceptance)
 - ii. Competence (being able to do).

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Difference Between Intention and Competence :

1. Intention is what one aspires for (our natural acceptance) and competence is the ability to fulfill the aspiration.
2. In intention every human being wants to do what is right, only the competence may be lacking which needs to be developed through proper understanding and practice.
3. But what we are doing today is that when we are judging ourself we are judging on the basis of our intention, whereas, when we are judging the other we are judging him on the basis of his competence.
4. We trust our own intention while we are not ready to trust the others intention. It is the same for other as well. We find that while we look at our intention, we are sure of it, we are not sure of the other's intention. We are actually seeing their competence, and making a conclusion on their intention.
5. Hence, mistrust is born and we deny the relationship. We seldom look at our competence and other's intention. It is very important to differentiate between intention and competence. If we have trust on intention, we have a feeling of being related to the other and we start helping the other to improve his competence, if he does not have enough.

Que 3.9. Prove that trust is the foundational value and love is the complete value.

AKTU 2015-16(IV), Marks 05

Answer

Trust :

1. Trust is the foundational value in all relationships. It is absolutely important. Trust is created by our own behaviour, our own value systems and responses. We have to explore it within ourselves.
2. Trust is a mental state in which we presume that the other person will honestly fulfill the promises they have made.
3. People around us want us to work towards the happiness and prosperity of others.
4. In other words, trust is established towards our fellow human beings when we have the right understanding of intention of people around us.
5. We feel threatened or afraid of people who could possibly deny us, our happiness and peace of mind.

Love :

1. The feeling of being related to all is love (or prema).
2. This feeling or value is also called the complete value (Pūrṇa mülya), since this is the feeling of relatedness to all human beings.

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3. It starts with identifying that one is related to the other human being (the feeling of affection) and it slowly expands to the feeling of being related to all human beings.
4. The feeling of love leads to an Undivided Society, it starts from a family and slowly expands to the world family. Every human being has natural acceptance for relatedness upto the world family in the form of love.
5. We start with trust, which becomes foundation for being related to one (Affection), and we reach the state of being related to everyone-Love.

Que 3.10. Define trust. Explain the methods of its verification in brief.

AKTU 2015-16(IV), Marks 2.5

OR

What are the dimensions of trust? Explain.

AKTU 2014-15(IV), Marks 04

Answer

Trust : Refer Q. 3.9, Page 3–9Y, Unit-3.

To develop trust we need to :

1. **Be Consistent in our Actions :** Consistency in action will help to remove any kind of suspicion.
2. **Faith in Competencies :** We should not doubt the capabilities of the people we trust.
3. **Do not Keep Secrets :** Secrets destroy trust in any relationship. People make assumptions about our actions when we hide information, we would need to lie to hide our secrets. Lies and wrong assumptions can damage relationship.
4. **Do not Pretend :** If we are faithful to ourselves then it is easier for people around us to believe us and interact with us. If we are true to ourselves then all relationship we form are rooted on solid ground.

PART-4

Understanding the Meaning of Samman.

Questions-Answers

Long Answer Type and Medium Answer Type Questions

Que 3.11. Explain respect. How we are generally making differentiation in the name of respect ? Explain the minimum content of respect for a human being.

AKTU 2018-19(IV), Marks 07

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Answer

Respect :

1. Respect means accepting individuality and doing right evaluation (to be evaluated as I am). Instead of respect being a basis of similarity or one of right evaluation, we have made it into something on the basis of which we differentiate *i.e.*, by respecting you mean you are doing something special, because you are special or have something special or are in some special position.
2. Thus, all of us are running around seeking respect from one another by trying to become something special.
3. Today, we are differentiating in the name of respect. We either differentiate people on the basis of their body, on the basis of their wealth and possessions or on the basis of their beliefs. There is no notion of respect in terms of right evaluation. Thus, there is no real feeling of relationship, only one of differentiation.
4. On the basis of body
 - i. Sex/gender.
 - ii. Race.
 - iii. Age.
 - iv. Physical strength.
5. On the basis of physical facilities :
 - i. Wealth.
 - ii. Post.
6. On the basis of beliefs :
 - i. **'Isms'** : 'Ism' means any belief in terms of a 'thought-system' that we have, or that we have adopted. There are also many modern 'isms' such as capitalism, socialism, communism, etc. The people following these sets of beliefs are called capitalists, socialists, communists, and so on.
 - ii. **Sects** : People of one sect only consider those with a similar belief system to be their 'own' and worthy of respect. Following a particular tradition, or what we call as religion, becomes the basis of respect and disrespect in relationship.

Que 3.12. What is the difference between respect and disrespect ?

Which of the two is naturally acceptable to you ?

AKTU 2016-17(IV), Marks 10

AKTU 2014-15(IV), Marks 04

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Answer

Difference Between Respect and Differentiation :

S.No.	Respect	Differentiation
1.	Respect is right evaluation.	1. Differentiation is lack of understanding of respect.
2.	Respect for others is generated by the right evaluation and understanding which leads to fulfillment in relationships. This further creates a sense of respect among people.	2. This differentiation can take the form of : i. Gender bias. ii. Generation gap. iii. Caste struggle. iv. Power play and domination. v. Communal violence. vi. Clash of race, religion. vii. Class struggle. 3. This leads to the escalation in the problems of society which further lowers the respect shown to others in society.

Que 3.13. What is the meaning of respect ? How do we disrespect others due to lack of right understanding of this feeling ?

AKTU 2016-17(III), Marks 05

Answer

1. **Meaning of respect :** Respect or Samman means “Right Evaluation” or showing an appropriate behaviour to the object of respect. It is the feeling of admiration, we show towards another human being because of their qualities or achievements. Evaluation should not be based on caste, creed, sex, religion etc. Respect is a key human value. In other words, respect can be understood as a genuine expression of regard directed to peers, family or authority. Respect is not the same thing as obedience. Respect is a virtue which helps us to succeed in life, whereas, attention is selectively concentrating on any one aspect of a particular activity. Attention lacks right evaluation.
2. **Disrespect Due to Lack of Right Understanding :** Respect means “right evaluation”, to be evaluated as I am. Usually however, we make mistakes in our evaluation in the following three ways :
 - i. **Over evaluation (abhi-mulyana) :** To evaluate more than what it is, e.g., if you are wrongly flattered you feel uncomfortable.
 - ii. **Under evaluation (ava-mulyana) :** To evaluate less than what it is, e.g., if you are condemned, you feel uncomfortable.

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iii. Otherwise evaluation (a-mulyana) : To evaluate otherwise than what it is, e.g., if you are evaluated as something else, you feel uncomfortable.

We can see that any kind of over, under or otherwise evaluation makes us uncomfortable, we find it unacceptable.

Que 3.14. What does samman or respect mean? How can you ensure that respect becomes a valued part of any society? Differentiate between respect and differentiation.

AKTU 2015-16(III), Marks 7.5

Answer

Respect (samman) : Refer Q. 3.11, Page 3–10Y, Unit-3.

Difference between Respect and Differentiation : Refer Q. 3.12, Page 3–11Y, Unit-3.

PART-5

Understanding Harmony in Society and Visualizing a Universal Harmonious Order in Society.

Questions-Answers

Long Answer Type and Medium Answer Type Questions

Que 3.15. Critically examine the state of society today in terms of fulfillment of comprehensive human goal.

OR

What are the programs needed to achieve the comprehensive human goal ? List and define each briefly.

OR

How will you define and explain the development of a society ? Discuss in light of comprehensive human goal.

AKTU 2014-15(IV), Marks 04

OR

Explain five dimensions of Human Endeavour in Society conducive to manaviya vyavastha.

AKTU 2014-15(III), Marks 04

Answer

The programs needed to achieve the comprehensive human goals are right understanding among the human being and to facilitate the

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fulfillment of the basic aspirations of all human beings in the society. There are following comprehensive human goals :

1. **Right Understanding (Samadhan) :** It is observed that right understanding is the utmost need for every human being to escape from all the contradiction among the human beings and to create harmony among them.
2. **Prosperity (Samridhi) :** In the family prosperity is very much needed. It is a feeling to have more than required physical facilities. The family members have to identify their needs and should be able to produce/achieve more than requirements. This feeling is known as Prosperity.
3. **Fearlessness or Trust (Abhay) :** This goal is very appealing in the family, society and individual also. Trust in society means that every member, feels/realizes related to everyone in the society. They have no fear. Hence the human beings are feeling fearlessness in the society and able to do what they desire naturally.
4. **Co-Existence (Sah-Astitiva) :** In nature if there is co-existence it means that there is a relationship and compatibility among all the entities in nature. Human being is also one of them. They are free from all the creeds, caste, religions and cultures.

The programs needed to achieve these comprehensive human goals are :

1. **Education — Right living (Shiksha-Sanskar) :**
Education : Means to understand the harmony at all the four levels viz. individual, family, society and nature.
Sanskar : Refers to live in harmony at all four levels of living.
2. **Health — Self Regulation (Svasthya-Sanyam) :**
Health : When the body, is fit to act according to the needs of 'T' and all the parts of the body are in harmony.
Sanyam : Refers to a feeling of responsibility for nurturing, protecting and rightly utilizing the body. It is the basis of svasthya.
3. **Justice — Preservation (Nyaya-Suraksha) :**
Justice : It refers to being fair with all human beings
Preservation : It refers to harmony in the relationship between human being and the rest of Nature.
4. **Production — Work (Utpadan-karya) :**
Production : It refers to the output/physical produce that is obtained by human efforts.
Work : The labour that human does.
5. **Exchange — Storage (Vinimaya-kash) :**
Exchange : It means that the exchange of physical facilities between members of the society.
Storage : It refers to the storage of physical facilities.

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Thus, these are the programs needed to achieve the comprehensive human goal.

Que 3.16. What do you mean by universal human order ? What are its implications ?

AKTU 2018-19(III), Marks 07

OR

What is universal human order ? How it can be realized ?

AKTU 2016-17(III), Marks 05

AKTU 2014-15(III), Marks 04

Answer

Universal Human Order :

1. Living in harmony of an individual right from the individual level to the level of the entire order or existence is known as the Universal Human Order.
2. Universal Human Order can be achieved only by right understanding. As we have seen the whole existence and all orders makes harmony except the human being. The Universal order reveals all full dimension of human behaviour, education, health towards a fragmented society. The step to move from family to world family is known as undivided society.
Family \Rightarrow Family Cluster \Rightarrow Village \Rightarrow Village Cluster \Rightarrow World Family.
3. It is possible through right understanding. We need work in universal order. It is only right understanding that provides us the basis for humanistic constitution which is essential to provide clear guidelines and policies frame work conducive to the development of undivided human society and a universal human order working towards the comprehensive human goals and developing the competency of human ethical conductive will be among the salient principles of universal human order.
4. Now a days human society is divided into many caste, race, religion, nationalities whose objectives and efforts are different. Our main energy is being used in handling these conflicts and contradictions. The human beings are spending a lot of efforts and resources in preparing themselves for war, only to ensure peace. This is happening only because of our lack of right understanding.
5. Thus we need to perform our duty in appropriate way to ensure undivided society.

Que 3.17. What can be the basis of an undivided society-the ‘world family’ ?

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Answer

1. The feeling of being related to every human being in a society leads to our participation in an undivided society.
2. When we have achieved harmony at the level of individual and explored the harmony at the family level and walk towards achieving harmony at the level of society, this gives us a feeling of world family.

Three activities can be performed to send the message of a holistic society :

i. Educating Society Through Workshops, Seminars and Street Plays :

This is about organizing workshops, seminars and street plays at various levels in society. The activity may be carried out by N.G.O.'s must receive the support of government organization. These activities can be categorized into three types which include.

- a. Knowing the self,
- b. Knowing the existence on basis of self,
- c. Knowing the definite human conduct which is contribution of self in existence.

ii. Value Education in Education Institutions : Value education should be introduced in current education system at all level primary school, secondary school, senior secondary school as at college level.

iii. Helping to Apply Values to the Real World : Organizations both government and non-government should open up counseling centres which can help their employees or general public to apply values in real life situations. It is about realizing the alternatives in life. The idea is not to live in isolation or individualism but with expansion of Self to higher levels in the social system.

Que 3.18. For fearlessness in society, what are minimum requirements ? Where do you wish to live, fearful or fearless society ? What is your participation towards ensuring fearless society, examine within yourself ?

AKTU 2017-18(IV), Marks 07

Answer

1. Fearlessness / Trust in society means every member of society feels related to everyone else and therefore there is trust and fearlessness. For fearless in society following are the minimum requirements :
 - i. Every individual is able to live harmoniously in relationship.
 - ii. The needs of all the families are ensured.
2. One wishes to live in a fearless society.
3. Participation :

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- i. The fearlessness in the society begins from the individual.
- ii. We need to ensure right understanding in the individual as the foundation of harmony in the society.
- iii. With right understanding, the need for physical facilities in the family can be ascertained. By assessing our needs correctly and by producing more than required the family can be prosperous.
- iv. Assurance of right understanding in the individuals and prosperity in the families, understanding of human relationships leads to harmony and trust (fearlessness) in the society.
- v. When every individual is able to live harmoniously in relationship, and the needs of all the families are ensured, fearlessness (mutual trust) in society will naturally follow.
- vi. Thus the state of absence of fear at society level will only be achieved when we have right understanding at individual level and prosperity at the level of family.

Que 3.19. What is meant by exchange and storage ? How the present society failed for these systems ?

AKTU 2014-15(III), Marks 04

Answer

Exchange-Storage (Vinimaya-Kosa) :

1. Exchange (vinimaya) refers to the exchange of physical facilities between the members of the society, while storage (kosa) refers to the storage of physical facilities that is left after fulfilling the needs of the family.
2. It is important to note that exchange and storage is done for mutual fulfillment and not for madness of profit or exploitation or hoarding.
3. In terms of exchange and storage, we have developed efficient ways of selling and buying, sending or receiving money and investing them to multiply faster than nature could ever do. Sitting with the laptop, we can purchase commodities across the world and invest our capital in distant markets. Profits can multiply overnight, and we can enter the list of millionaires without any physical work. We can also store hoards of currency within a digital map.
4. But with these rising modes of exchange and storage, the exploitation of mankind and nature has shot up. The disparities in wealth have increased, and the madness for profit has become the general motivation.
5. Liquidity of money has of course helped us by providing a smooth mode of exchange. But it has created more problems than solutions. These problems are the outcome of our misperception in visualizing money which is a notional entity to be the same as physical facilities which are tangible and are our real needs. It needs to be remembered that money

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is not a need in itself but only a mechanism to facilitate exchange of physical facilities.

Que 3.20. | What is meant by affection ? How does the feeling of affection solve the problem of cut throat competition prevalent today ?

AKTU 2014-15(IV), Marks 04

Answer

1. Affection is the feeling of being related to the other. Affection comes when I recognize that we both want to make each other happy and both of us are similar. Then for the first time, I feel that I am related to the other that the other is a relative of mine. This feeling is called affection.
2. There is a lot of talk of competition today. You will find that competition results when there is lack of affection. When there is affection, I help the other grow. When I miss this feeling, I try to beat the other, act as an opponent. It has been assumed by us generally, that in certain spheres of life, we do need to compete with the other, treating the other as an opponent. When you explore, you find that, if you are able to see the relationship with me, you will fulfill this relationship with me. If you are not able to see this relationship with me (because you have a wrong assumption, of wanting to oppose me), you end up denying me by competing with me. Each one of us can verify this. You will see that we have ended up assuming many such things that guarantee our very own unhappiness. No one needs to trouble us from the outside, we have guaranteed our own troubles.

Que 3.21. | Explain following two dimensions in detail to achieve comprehensive human goal.

i. **Education – Sanskar**

ii. **Health – Sanyam**

AKTU 2017-18(IV), Marks 07

Answer

Education-Right Living (Siksha-Sanskara) :

1. 'Education – Right Living is made up of two words – Education and Right Living.
2. The content of education is the understanding of harmony at all the four levels of our existence – from myself to the entire existence.
3. Right Living or Sanskara refers to the ability to live in harmony at all the four levels of living.
4. Thus, Education = To understand harmony al all four levels of living.

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Universal Human Values & Professional Ethics

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Right Living = Commitment and preparedness to live in harmony at all four levels of living.

Health-Self-regulation (Svasthya-Sanyama) :

1. Sanyama refers to a feeling of responsibility for nurturing, protecting and rightly utilizing the body.
2. When the body is fit act according to the need of the self ('I'), and, there is harmony among the parts of the body, it is referred to as health of svasthya.
3. Sanyama (or self-regulation) is the basis of svasthya.

VERY IMPORTANT QUESTIONS

Following questions are very important. These questions may be asked in your SESSIONALS as well as UNIVERSITY EXAMINATION.

Q. 1. Right understanding in the individuals is the basis for harmony in the family, which is the building block for harmony in the society. Give your comments.

Ans. Refer Q. 3.1, Unit-3.

Q. 2. What are the different ways to have harmony in society?

Ans. Refer Q. 3.3, Unit-3.

Q. 3. What is justice ? How does it lead to mutual happiness ?

Ans. Refer Q. 3.4, Unit-3.

Q. 4. Care and guidance contribute to excellence of whom you interact with. What are other feelings that can contribute to excellence generations after generations or indirectly to other ?

Ans. Refer Q. 3.5, Unit-3.

Q. 5. Comment, human to human relationship 'Is' or being 'Created'. Explain feeling of 'Love' in light of above statement.

Ans. Refer Q. 3.7, Unit-3.

Q. 6. What do you understand by trust ?

Ans. Refer Q. 3.8, Unit-3.

Q. 7. Define trust. Explain the methods of its verification in brief.

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Ans. Refer Q. 3.10, Unit-3.

Q. 8. Explain respect. How we are generally making differentiation in the name of respect ? Explain the minimum content of respect for a human being.

Ans. Refer Q. 3.11, Unit-3.

Q. 9. What is the difference between respect and disrespect ? Which of the two is naturally acceptable to you ?

Ans. Refer Q. 3.12, Unit-3.

Q. 10. What does samman or respect mean? How can you ensure that respect becomes a valued part of any society? Differentiate between respect and differentiation.

Ans. Refer Q. 3.14, Unit-3.

Q. 11. Critically examine the state of society today in terms of fulfillment of comprehensive human goal.

Ans. Refer Q. 3.15, Unit-3.

Q. 12. What do you mean by universal human order ? What are its implications ?

Ans. Refer Q. 3.16, Unit-3.

Q. 13. What can be the basis of an undivided society-the ‘world family’ ?

Ans. Refer Q. 3.17, Unit-3.

Q. 14. For fearlessness in society, what are minimum requirements ? Where do you wish to live, fearful or fearless society? What is your participation towards ensuring fearless society, examine within yourself ?

Ans. Refer Q. 3.18, Unit-3.

Q. 15. What is meant by exchange and storage ? How the present society failed for these systems ?

Ans. Refer Q. 3.19, Unit-3.

Q. 16. What is meant by affection ? How does the feeling of affection solve the problem of cut throat competition prevalent today ?

Ans. Refer Q. 3.20, Unit-3.

