ॐ सह नाववतु । सह नौ भुनक्तु । सह वीर्यं करवावहै । तेजस्वि नावधीतमस्तु । मा विद्विषावहै । ॐ शान्तिः शान्तिः शान्तिः ॥ **Aum**, May God **Protect** us **Both** (the Teacher and the Student) together,

May God Nourish us Both together;

May we Work Together with Energy and Vigour, (to study and understand the scriptures)

May our Study be brilliant, vigorous and effective,

May we not argue/dispute with each other, not give rise to **Hostility** (not hate any).

Aum! Peace! Peace!

(Aum! Let there be Peace in me! Let there be Peace in my environment!

Let there be Peace in the forces that act on me!)

ॐ सदाशिव समारम्भाम् शंकराचार्य मध्यमाम् । अस्मद् आचार्य पर्यन्ताम् वंदे गुरु परम्पराम् ॥

Aum, Beginning with Sadashiva, through Adi Shankaracharya in between and upto My own Preceptor,

I bow with reverence to the entire tradition of preceptors

ॐ गुरुर्ब्रह्मा गुरुर्विष्णुः गुरुर्देवो महेश्वरः । गुरुः साक्षात् परं ब्रह्म तस्मै श्रीगुरवे नमः॥

Aum, The Guru is Brahma, the Guru is Vishnu, the Guru Deva is Maheswara (Shiva), The Guru is Verily the Para-Brahman (Supreme Brahman); Salutations to that Guru.

ॐ सरस्वति नमस्तुभ्यं वरदे कामरूपिणि । विद्यारम्भं करिष्यामि सिद्धिर्भवतु मे सदा ॥

Aum, Salutations to Devi Saraswati, the Giver of Boons and Fulfiller of Wishes, O Devi, When I Begin my Studies, Please Bestow on me the capacity of Right Understanding, always.

कार्पण्यदोषोपहतस्वभावः पृच्छामि त्वां धर्मसम्मूढचेताः । यच्छ्रेयः स्यान्निश्चितं ब्रूहि तन्मे शिष्यस्तेऽहं शाधि मां त्वां प्रपन्नम् ॥

My Heart is Overpowered by the Taint of Pity;
My Mind is Confused as to Duty. I ask Thee:
Tell me Decisively what is Good for Me.
I am Thy Disciple. Instruct Me who has taken Refuge in Thee.

ॐ वाङ् मे मनिस प्रतिष्ठिता । मनो मे वाचि प्रतिष्ठितम् । आविरावीर्म एधि । वेदस्य म आणीस्थः । श्रुतं मे मा प्रहासीः । अनेन अधीतेन अहोरात्रान् संदधामि ।

Let **My Mind** be **Established** in My **Speech**, Let the Knowledge of the **Self-effulgent** Atman **revea**

Aum, Let My Speech be Established in My Mind,

Let the Knowledge of the **Self-effulgent** Atman **reveal Thyself** to Me, Let you both (speech and mind) be the **Support** to the Knowledge of the **Vedas**,

Let what is **Heard** by **Me** (from the Vedas) be **Not** depart from me...

... but what is **Gained by Studying Day and Night** be **Retained**.

अनेन अधेतिन अहरिात्रान् सदधामि ऋतं वदिष्यामि ।

ऋतं वादध्यामि । सत्यं वदिष्यामि ।

तन्मामवतु । तद्वक्तारमवतु । अवतु माम्। अवतु वक्तारम् अवतु

वक्तारम् ।

ॐ शान्तिः शान्तिः शान्तिः ॥

I shall **Speak** about the **Divine Truth**,

I shall **Speak** about the **Absolute Truth**, May **That** (Brahman) **Protect Me**,

May That Protect the Preceptor (i.e. the speaker/teacher),

May **That Protect Me**, May **That Protect** the **Preceptor**, May **That Protect** the **Preceptor**, May that

Aum! Peace! Peace! Peace!

ॐ भद्रं कर्णेभिः शृणुयाम देवाः । भद्रं पश्येमाक्षभिर्यजत्राः । स्थिरैरङ्गैस्तुष्टुवाग्सस्तनूभिः । व्यशेम देवहितं यदायुः । स्वस्ति न इन्द्रो वृद्धश्रवाः । स्वस्ति नः पूषा विश्ववेदाः । स्वस्ति नस्ताक्ष्यीं अरिष्टनेमिः । स्वस्ति नो बृहस्पतिर्दधातु ॥ ॐ शान्तिः शान्तिः शान्तिः ॥

Aum, May we Hear with our Ears what is Auspicious, while worshipping, May we See with our Eyes what is Auspicious, while praising the Gods May we Live with Contentment with Strong Body and Limbs May we Praise the God and sing His Glories in Lifespan Allotted, May Lord Indra of Great Fame increase our Well-Being and Prosperity, May Lord Pusha, who is All-Knowing, bless us with Well-Being & Prosperity, May Lord Taarkshyo (Garuda), Destroyer of evil, be blissful to us, May Lord Brihaspati also Bless us with Well-Being and Prosperity. Aum! Peace! Peace!

ॐ अहं वृक्षस्य रेरिवा।
कीर्तिः पृष्टं गिरेरिव।
ऊर्ध्वपवित्रो वाजिनीव स्वमृतमस्मि ।
द्रविणाँ सवर्चसम् ।
सुमेधा अमृतोक्षितः ।
इति त्रिशङ्कोर्वेदानुवचम् ॥
ॐ शान्तिः शान्तिः शान्तिः॥

Aum, I am the Stimulator (uprooter) of the Tree (of the Universe)

My fame is as high as the peaks of Mountains

High & Pure, I am like the essence in the Sun

I am the excellent, immortal (being)

(I am) the power & wealth, effulgent with intuition, intelligent, imperishable and undecaying

This is the sacred recitation of Trisanku (after realizing GOD)

Aum! Peace! Peace!

ॐ सर्वेषां स्वस्तिर्भवतु । सर्वेषां शान्तिर्भवतु । सर्वेषां पूर्णं भवतु । सर्वेषां मङ्गलं भवतु ।

Aum, May good befall all,
May there be peace for all
May all be fit for perfection,
May all experience that which is auspicious

ॐ सर्वे भवन्तु सुखिनः | सर्वे सन्तु निरामयाः । सर्वे भद्राणि पश्यन्तु | मा कश्चिद् दुःख भाग्भवेत् ।

Aum, May all be happy May all be healthy May we all experience what is good and let no one suffer.

ॐ असतो मा सद्गमय। तमसो मा ज्योतिर्गमय। मृत्योमी अमृतं गमय। ॐ शांतिः शांतिः शांतिः॥

Aum, From Ignorance, lead me to Truth; From Darkness, lead me to Light; From Death, lead me to Immortality Aum! Peace! Peace!

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पुर्णमुदच्यते पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥ ॐ शान्तिः शान्तिः शान्तिः ॥

Aum, That is Full, This also is Full, From Fullness comes that Fullness, Taking Fullness from Fullness, Fullness Indeed Remains.
Aum! Peace! Peace! Peace!