

Calculating the CMB power spectrum

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ABSTRACT

Context. ...
Aims. ...
Methods. ...
Results. ...
Conclusions. ...

Key words. cosmic microwave background - large-scale structure of universe

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3 Recombination history	6	1. Introduction	
3.1 Theory	6	The overall purpose of this project is to produce a program that calculates the Cosmic Microwave Background (CMB) power spectrum and predict the CMB and matter fluctuations through it. We want to achieve this starting from first principles. A large part of this paper follows Callin (2006).	
3.1.1 Optical depth and visibility	7	We consider the concordance model of cosmology model that a Euclidean universe currently dominated by non-baryonic cold dark matter (CDM) and a cosmological constant (Λ), namely the (flat) Λ CDM model. The cosmological constant Λ is used as a moniker for dark energy (DE). (Dodelson & Schmidt 2021)	
3.1.2 Hydrogen recombination	7	Complementary material to this paper can be found in our Github repository at https://github.com/nannabryne/AST5220 .	
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tion. However, we keep the variables associated with the curvature, the reasoning behind which will become clear shortly.

We want to describe the evolution of the Hubble parameter, conformal time and distance measures, all as functions of the logarithmic scale factor, $x = \ln a$, working as the main time variable in this paper. This is to be done with the use of the fiducial parameters (“fiducials”) from Planck Collaboration et al. (2021).

The implementation of these functions results in a cosmological model that we can play around with. Our next task is to use observational data from Betoule et al. (2014) to tweak the default cosmological parameters and evaluate their credibility, curvature being one of the parameters. In particular, we will use a Monte Carlo Markov Chain (MCMC) with Metropolis algorithm to explore the parameter space of our model to infer their properties and compare them with observations from supernovae.

MCMC is a popular statistical technique used in various fields besides cosmology. The Metropolis algorithm, a simple and widely used MCMC method, generates a Markov chain of samples in a data set that converge to the target distribution by iteratively accepting or rejecting proposed moves in parameter space based on a set of acceptance criteria.

2.1. Theory

The FRW line element in flat space is given by

$$ds^2 = -c^2 dt^2 + a^2(t) \delta_{ij} dx^i dx^j \quad | \quad d\eta \equiv c dt a^{-1}(t) \\ = a^2(t) (-d\eta^2 + \delta_{ij} dx^i dx^j). \quad (1)$$

Before we proceed, we substitute $a \rightarrow e^x$ (recall: $x = \ln a$). The cosmic time t and Hubble parameter $H (= dx/dt)$ will be replaced by the conformal time η ($d\eta = ce^{-x} dt$) and conformal Hubble parameter $\mathcal{H} \equiv aH (= c dx/d\eta)$. We write the Friedmann equations in terms of our preferred variables, which for the first one becomes

$$\mathcal{H}(x) = H_0 \sqrt{\Omega_{m0} e^{-x} + \Omega_{r0} e^{-2x} + \Omega_{K0} + \Omega_{\Lambda0} e^{2x}}, \quad (2)$$

the components of which are to be discussed shortly. The operator

$$\frac{d}{dx} = \frac{c}{\mathcal{H}} \frac{d}{d\eta} = \frac{1}{H} \frac{d}{dt} \quad (3)$$

proves useful, giving both the ordinary differential equation (ODE) for $\eta(x)$ and $t(x)$,

$$\frac{d\eta}{dx} = \frac{c}{\mathcal{H}(x)}; \quad \eta(x_{\text{init}}) = \eta_{\text{init}}, \quad (4a)$$

$$\frac{dt}{dx} = \frac{1}{H} = \frac{e^x}{\mathcal{H}(x)}; \quad t(x_{\text{init}}) = t_{\text{init}}, \quad (4b)$$

where, in theory, $x_{\text{init}} \rightarrow -\infty$ and the initial conditions $t_{\text{init}}, \eta_{\text{init}} \rightarrow 0$. However, we can solve Eq. (4) analytically in the very early universe and in Sect. 2.1.2 we present these expressions (Eq. (13)).

The conformal time is a useful time measure for large-scale cosmology as it takes into account the expansion of the universe. $\eta(x)$ measures the comoving distance that non-interacting photons could have travelled since the beginning where $x = -\infty$ ($t = 0$). Thus, the conformal time represents an upper limit to how far information could possibly travel. We say that regions that are separated by distances larger than this quantity are causally *disconnected*. For this reason, some books refer to $\eta(x)$ as the comoving horizon. (Dodelson & Schmidt 2021)

Finally, the cosmological redshift $z = e^{-x} - 1$ will be used as an auxiliary time variable.

2.1.1. Density parameters

We assume the constituents of the universe to be cold dark matter (CDM (c)), baryons (b), photons (γ), neutrinos (v) and a cosmological constant (Λ). We may regard the curvature (K) as a constituent as well. The evolution of the density parameter Ω_s associated with cosmological component $s \in \{c, b, \gamma, v, \Lambda, K\}$ can be described in terms of our preferred variables as

$$\Omega_s(x) = \frac{\Omega_{s0}}{e^{(1+3w_s)x} \mathcal{H}^2(x)/H_0^2}; \quad \Omega_{s0} \equiv \Omega_s(x = x_0), \quad (5)$$

where H_0 is the Hubble constant, $x_0 = \ln a_0 = 0$ means *today* and the *equation of state* parameter w_s is a constant intrinsic to the species s . As a notational relief, we introduce the parameters associated with total matter (m) and relativistic particles (r) such that $w_m = 0$, $w_r = 1/3$, $w_\Lambda = -1$ and $w_K = -1/3$, and

$$\Omega_m = \Omega_c + \Omega_b \quad \text{and} \quad \Omega_r = \Omega_\gamma + \Omega_v. \quad (6)$$

Eq. (5) requires the current values of the density parameters. The observed CMB temperature today T_{CMB0} gives today’s photon density

$$\Omega_{\gamma0} = 2 \frac{\pi^2 (k_B T_{\text{CMB0}})^4}{30 \hbar^3 c^5} \frac{8\pi G}{3H_0^2}, \quad (7)$$

and followingly the neutrino density today

$$\Omega_{\nu0} = N_{\text{eff}} \cdot \frac{7}{8} \left(\frac{4}{11} \right)^{4/3} \Omega_{\gamma0}, \quad (8)$$

N_{eff} being the effective number of massless neutrinos. From the Friedmann equations, the total density adds up to one, so we can determine the cosmological constant through $\Omega_{\Lambda0} = 1 - \sum_s \Omega_{s0}$. Together with current values for the remaining densities, we have the evolution of all the considered constituents’ densities as functions of x . This allows us to pinpoint the time when the total matter and radiation densities are equal—the “radiation-matter equality”—as $\Omega_m(x = x_{\text{eq}}) = \Omega_r(x = x_{\text{eq}})$. Further, we find the time at which the universe becomes dominated by the cosmological constant as $\Omega_\Lambda(x = x_\Lambda) = \Omega_m(x = x_\Lambda)$. We obtain the analytical expressions

$$x_{\text{eq}} = \ln \frac{\Omega_{r0}}{\Omega_{m0}} \quad \text{and} \quad x_\Lambda = \frac{1}{3} \ln \frac{\Omega_{m0}}{\Omega_{\Lambda0}}. \quad (9)$$

2.1.2. Cosmic expansion

To study the geometry of the universe, we want to know when the expansion started, i.e. when the universe started accelerating: $d^2 a/dt^2$. It is trivial to show that this condition is equivalent to requiring $d\mathcal{H}/dx|_{x=x_{\text{acc}}} = 0$. In App. A we present analytical expressions for the derivatives of $\mathcal{H}(x)$ in x . Studying these expressions, we expect to see that the start of acceleration and time of matter-dark energy transition are close to each other ($x_{\text{acc}} \sim x_\Lambda$). Using Eq. (A.3) and arguing that the radiation term vanishes, we get

$$x_{\text{acc}} = \frac{1}{3} \ln \frac{\Omega_{m0}}{2\Omega_{\Lambda0}} = x_\Lambda - \frac{1}{3} \ln 2 \quad (10)$$

for the acceleration onset.

The first Friedmann equation can be written in the general form

$$\mathcal{H}(x) = H_0 \sqrt{\sum_s \Omega_{s0} e^{-(1+3w_s)x}}, \quad (11)$$

where sum over s is a sum over the constituents in the universe ($s \in \{m, r, \Lambda, K\}$). In an era where e.g. radiation dominates heavily ($\Omega_r(x) \rightarrow 1$), the parameter resembles that of a universe with $\Omega_{r0} = 1$ and so $\mathcal{H}(x) \simeq H_0 \sqrt{\Omega_{r0}} e^{-2x}$. In more general terms, the conformal Hubble factor during an era dominated by a collection of particles with the same equation of state—a species s —is approximated

$$\mathcal{H}(x) \simeq H_0 \sqrt{\Omega_{s0}} e^{-\frac{x}{2}(1+3w_s)}. \quad (12)$$

If for said species we have $\Omega_s(x) \simeq 1$, we get $\Omega_{s'}(x) \ll 1$ for the others, and we expect this to be very close to equality.

In the very early universe, only relativistic particles were present. Conveniently, this gives nice expressions for the initial conditions for Eq. (4):

$$\eta_{\text{init}} = \int_{-\infty}^{x_{\text{init}}} dx \frac{ce^x}{H_0 \sqrt{\Omega_{r0}}} = \frac{c}{\mathcal{H}(x_{\text{init}})} \quad (13a)$$

$$t_{\text{init}} = \int_{-\infty}^{x_{\text{init}}} dx \frac{e^x e^x}{H_0 \sqrt{\Omega_{r0}}} = \frac{e^{x_{\text{init}}}}{2\mathcal{H}(x_{\text{init}})} \quad (13b)$$

Choosing such initial conditions, it is important to make sure $x_{\text{init}} \ll x_{\text{eq}}$ so that the approximation $\mathcal{H}(x) \simeq H_0 \sqrt{\Omega_{r0}} e^{-x}$ is viable.

2.1.3. Distance measures

Say we want to allow for the possibility of an open ($k = -1$) or closed ($k = +1$) universe, as opposed to the initial flatness ($k = 0$) assumption. In spherical coordinates, the FRW line element (Eq. (1)) is

$$ds^2 = e^{2x} \left(-d\eta^2 + \frac{dr^2}{1 - kr^2} + r^2 d\theta^2 + r^2 \sin^2 \theta d\phi^2 \right), \quad (14)$$

and $k = -\Omega_{K0} H_0^2 / c^2$. Consider a radially moving ($dr < 0$; $d\theta^2 = d\phi^2 = 0$) photon ($ds^2 = 0$) travelling from a distance r at conformal time η to reach Earth ($r = 0$) today ($\eta = \eta_0$). Eq. (14) gives

$$\int_r^0 dr' \frac{-1}{\sqrt{1 - kr'^2}} = \int_\eta^{\eta_0} d\eta' \quad (15)$$

of which the right-hand side (r.h.s.) is the comoving distance $\chi = \eta_0 - \eta$. We evaluate the left integral in Eq. (15) and find

$$r(\chi) = \begin{cases} \chi \cdot \frac{\sin(\sqrt{|\Omega_{K0}|} H_0 \chi / c)}{\sqrt{|\Omega_{K0}|} H_0 \chi / c} & \Omega_{K0} < 0 \\ \chi & \Omega_{K0} = 0 \\ \chi \cdot \frac{\sinh(\sqrt{|\Omega_{K0}|} H_0 \chi / c)}{\sqrt{|\Omega_{K0}|} H_0 \chi / c} & \Omega_{K0} > 0 \end{cases} \quad (16)$$

The angular diameter distance of an object of physical size D and angular size θ is $d_A = D/\theta$. From Eq. (14) we get $dD = re^x d\theta$ and so

$$d_A(x) = re^x. \quad (17)$$

The luminosity distance is $d_L = d_A e^{-2x}$, giving

$$d_L(x) = re^{-x}. \quad (18)$$

2.2. Implementation details

The code we wrote included a class in C++ representing the background. In particular, this class requires current values of the density parameters Ω_{b0} , Ω_{c0} and Ω_{K0} , the CMB temperature today (T_{CMB0}) and the effective neutrino number (N_{eff}). In addition, the class needs the “little” Hubble constant $h = H_0$ [100 km s⁻¹ Mpc⁻¹]. The remaining density parameters are computed as elaborated in Sect. 2.1. Amongst the class methods are functions for computing $\mathcal{H}(x)$, $d\mathcal{H}(x)/dx$, $d^2\mathcal{H}(x)/dx^2$ and $\Omega_{s0}(x)$ for some x , as well as code that solves the ODEs for $\eta(x)$ and $t(x)$. Another vital method is the one that yields the luminosity distance $d_L(x)$ for some x .

The specifics of our model was found from fits from Planck Collaboration et al. (2021):

Hubble constant:	$h = 0.67$
CMB temperature:	$T_{\text{CMB0}} = 2.7255 \text{ K}$
effective Neutrino number:	$N_{\text{eff}} = 3.046$
baryon density:	$\Omega_{b0} = 0.05$
CDM density:	$\Omega_{c0} = 0.267$
curvature density:	$\Omega_{K0} = 0$

(19)

This gave the following derived parameters:

photon density:	$\Omega_{\gamma 0} = 5.51 \times 10^{-5}$
neutrino density:	$\Omega_{\nu 0} = 3.81 \times 10^{-5}$
DE density:	$\Omega_{\Lambda 0} = 0.683$

(20)

We evaluated the various quantities over $x \in [-20, 5]$, the same interval for which we numerically solved the ODEs for $\eta(x)$ and $t(x)$ in Eq. (4), setting $x_{\text{init}} = -20$ in Eq. (13). For integration method, we used Runge-Kutta 4 (RK4) with 1×10^5 steps.

After controlling our model by comparing numerical results to analytical expressions in limit cases, we turned our attention to the observational data from Betoule et al. (2014). The data set is constructed as follows: for each redshift z_i , there is an observed luminosity distance $d_L^{\text{obs}}(z_i)$ and an associated error $\sigma_{\text{err}}(z_i)$.

Subsequently, we wrote a script to perform an MCMC for the parameters h , Ω_{m0} and Ω_{K0} . Running said script, we compared the computed luminosity distance $d_L(z)$ from a cosmological model (an instance of the class) to the observed luminosity distance $d_L^{\text{obs}}(z)$ through the χ^2 -function,

$$\chi^2(h, \Omega_{m0}, \Omega_{K0}) = \sum_{i=1}^N \frac{(d_L(z_i; h, \Omega_{m0}, \Omega_{K0}) - d_L^{\text{obs}}(z_i))^2}{\sigma_{\text{err}}^2(z_i)}, \quad (21)$$

where $N = 31$ is the number of data points. The best-fit model was considered as the one for which $\chi^2 = \chi_{\text{min}}^2$, the lowest number found by the algorithm. A good fit is considered to have $\chi^2/N \sim 1$.

The MCMC analysis was characterised by a maximum of 10 000 iterations and the following limitations:

$0.5 \leq h \leq 1.5$
$0.0 \leq \Omega_{m0} \leq 1.0$
$-1.0 \leq \Omega_{K0} \leq 1.0$

(22)

They were initialised by sample from a uniform distribution in the respective range. Once the code was executed successfully, we discard the first 200 samples, expecting this to be the approximate burn-in period for of the Metropolis MCMC.

2.3. Results

The familiar plot of the density parameters as functions of the logarithmic scale factor is presented in Fig. 1 together with markings of important milestones in the history of the universe (see Tab. 1).

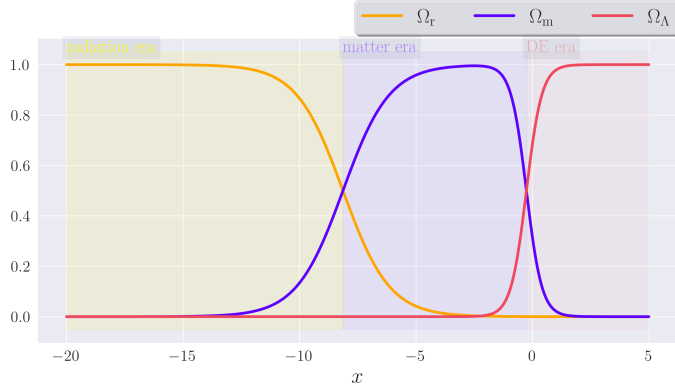


Fig. 1: The graphs show the evolution of the total matter density $\Omega_m(x)$, the total radiation density $\Omega_r(x)$ and the dark energy density $\Omega_\Lambda(x)$. The era of radiation ($x < x_{\text{eq}}$), matter ($x_{\text{eq}} < x < x_\Lambda$) and cosmological constant ($x > x_\Lambda$) domination are marked in yellow, purple and red, respectively.

The conformal Hubble factor and its derivatives are presented in Fig. 2 over-plotted with analytical predictions from the different eras (Tab. A.1). In the same figure you will find the product of the conformal time and Hubble factor.

The relationship between the cosmic and conformal time is demonstrated in Fig. 3, both quantities given in gigayears (“gigayear” (Ga)).

We present the time of various milestones in the history of the universe, given this model, in Tab. 1 in our main time variable, redshift and cosmic time.

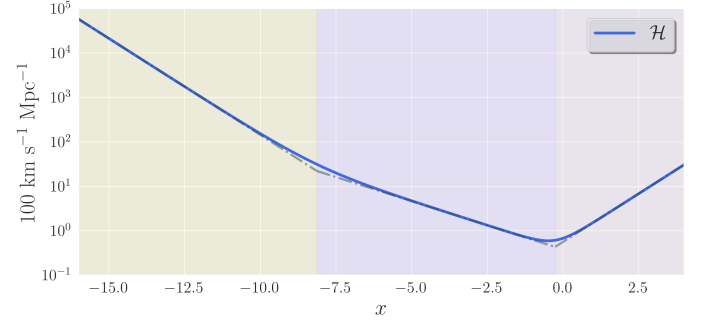
Table 1: The values of the logarithmic scale factor x , the redshift z and the cosmic time t corresponding to four important milestones in the history of the universe.

	x	z	t
Rad.-matter equality	-8.132	3400	51.06 ka
Acceleration onset	-0.4869	0.6272	7.752 Ga
Matter-DE equality	-0.2558	0.2915	10.37 Ga
Today	-0.000	0.000	13.86 Ga
Conformal time today:		$\eta_0 = 46.32c$	Ga

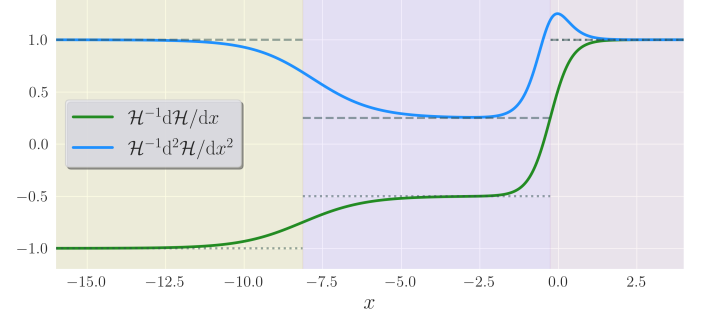
2.3.1. Supernova fitting

Before adjusting any parameters, we compared our initial model with the supernova data from Betoule et al. (2014). This by-eye comparison is found in Fig. 4. We demonstrated the model favoured by the data in the same plot.

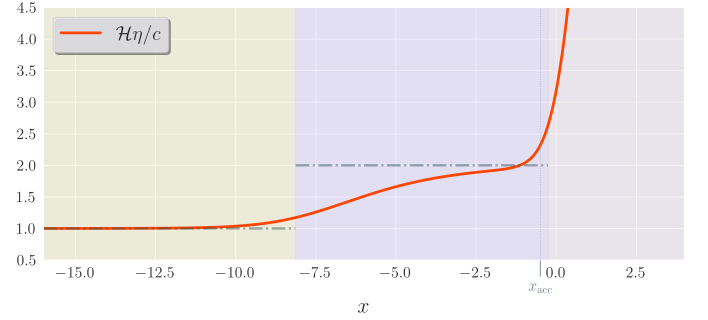
The MCMC yielded $\chi^2_{\text{min}} = 29.28$ for the best-fit. We present confidence regions for Ω_{m0} and $\Omega_{\Lambda0}$ in Fig. 5a at two levels; 68.4% and 95.5%. The distribution of the curvature parameter is shown in Fig. 5b. As for the Hubble constant, the distribution is found in Fig. 5c. The distributions were fitted as normal distributions (demonstrated in Fig. 5) $\mathcal{N}(\mu, \sigma)$ with average μ (best-fit)



(a) The conformal Hubble factor $\mathcal{H}(x)$. The over-plotted dash-dotted line is the corresponding analytical estimate.



(b) The single and double derivative of the conformal Hubble factor, scaled with the factor itself, $\frac{1}{\mathcal{H}(x)} \frac{d\mathcal{H}(x)}{dx}$ and $\frac{1}{\mathcal{H}(x)} \frac{d^2\mathcal{H}(x)}{dx^2}$. The over-plotted dotted and dashed lines are the analytical estimates to the first and second derivative, respectively.



(c) The product of the conformal time and Hubble factor, divided by the speed of light, $\mathcal{H}(x)\frac{\eta(x)}{c}$. The solid graph blows up at late times. The over-plotted dash-dotted line is the corresponding analytical estimate (for single-substance universe).

Fig. 2: Plots demonstrating quantities related to the conformal Hubble parameter $\mathcal{H}(x)$ and the conformal time $\eta(x)$ as functions of logarithmic scale factor x . The dashed and/or dotted graphs are the predictions from Tab. A.1, i.e. what we expect in each era (indicated by different background colours, following Fig. 1) if all non-prevailing constituents can be neglected. The beginning of acceleration is indicated by a humble vertical line.

and standard deviation σ (error). We got the following set of new best-fits:

$$\begin{aligned}
 h &= 0.70 \pm 0.01 \\
 \Omega_{m0} &= 0.26 \pm 0.10 \\
 \Omega_{\Lambda0} &= 0.66 \pm 0.16 \\
 \Omega_{K0} &= 0.08 \pm 0.25
 \end{aligned} \tag{23}$$

2.4. Discussion

The graphs in Fig. 1 show that prior to $x \sim -15$, radiation was the prevailing constituent of matter and energy density in the universe, making $x_{\text{init}} = -20$ in Sect. 2.1.2 a valid choice. The radi-

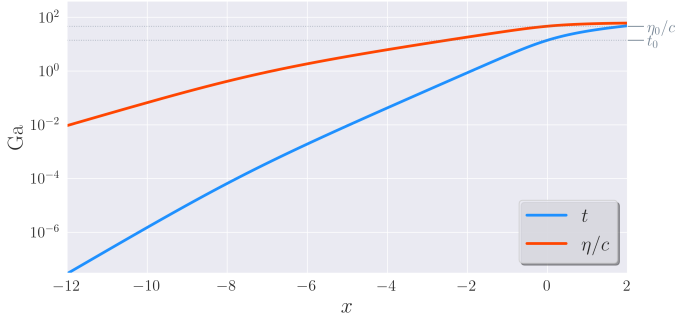


Fig. 3: Cosmic time $t(x)$ and conformal time per speed of light $\frac{\eta(x)}{c}$. Note the logarithmic y-axis.

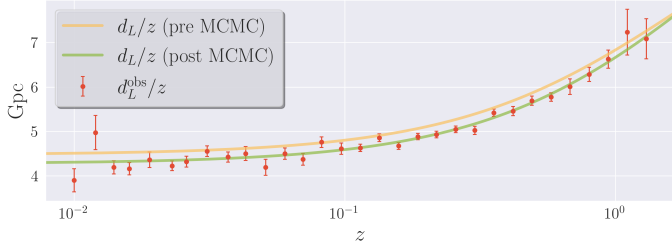
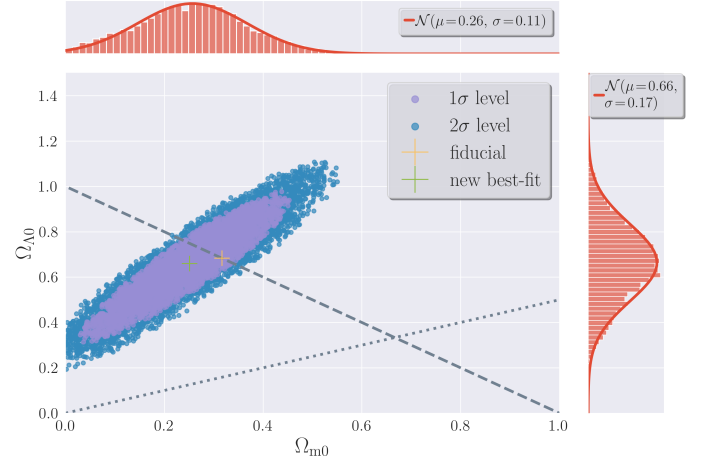


Fig. 4: The observed (dots) and computed (lines) luminosity distance per redshift $\frac{d_L^{\text{obs}}(z) \pm \sigma_{\text{err}}(z)}{z}$ and $\frac{d_L(z)}{z}$. The yellow line represents the fiducial model, whilst the green line is the revised model resulting from the MCMC.

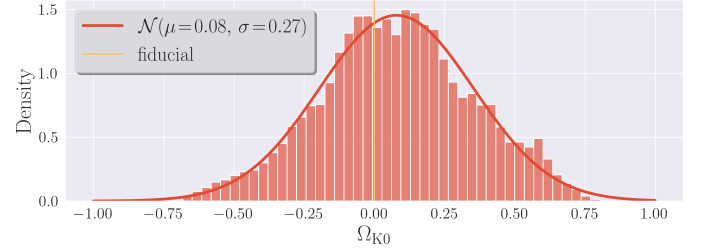
ation era is followed by an era of matter domination before the universe enters its current epoch where dark energy is the preeminent contributor to the cosmic energy budget. The universe has not yet become overwhelmed by the dark energy, however, and we can see that we are currently in a transitional period between total matter domination and total DE domination. The graphs also show that this transitional period is much quicker than the previous one, and that just before matter-DE equality ($x = x_\Lambda$), the universe starts accelerating ($x = x_{\text{acc}}$). We clearly see the relation between the dark energy suddenly becoming significant and the universe accelerating.

Our results, as shown in the graphs in Fig. 2, demonstrate that our code gives sensible results when modelling the evolution of the universe. The changes in the density parameters depicted in Fig. 1 offer insight into the transitional periods shown in Fig. 2a and Fig. 2b, which correspond to eras where no single substance dominates the universe. These findings are consistent with existing knowledge of the universe's history. Additionally, we observe that the conformal time cannot be accurately predicted in the same way for later eras, as demonstrated in Fig. 2c, exactly as expected (ref to some section).

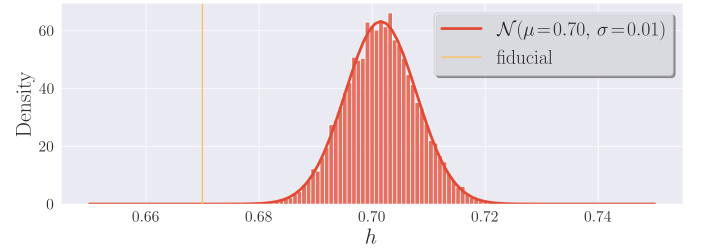
In this model, the redshift of 3400 marks the epoch of radiation-matter equality, while the universe entered its current epoch approximately 3.5 gigayears ago as shown in Tab. 1. Additionally, our analysis reveals that the universe is estimated to be 13.9 gigayears old and has been accelerating for almost half of that time, starting at the age of 7.8 gigayears. These predictions differ slightly from those reported in the literature, such as an age of $t_0 = 13.78$ in Dodelson & Schmidt (2021). It is sufficient to argue that the main reason for such deviations is the (small) difference in choice of cosmological parameters. However, we would like to address the computational limitations: the choice of grid for x may introduce numerical vulnerabilities that prop-



(a) The dots give constraints on the parameters that quantify the contribution of matter and cosmological constant to the cosmic energy budget today (Ω_{m0} , $\Omega_{\Lambda0}$). The Planck parameters from Eq. (19) and Eq. (20) and the new best-fit parameters are indicated by crosses. The dashed grey line points to a flat universe; below/above this meaning an open/closed universe. The dotted grey line signifies zero acceleration; below/above indicating a decelerating/accelerating universe. The distributions of the accepted samples of Ω_{m0} and $\Omega_{\Lambda0}$ are illustrated by the top and right panel, respectively.



(b) Posterior distribution of parameter quantifying the contribution of curvature to the cosmic energy budget today.



(c) Posterior distribution of the Hubble constant $h = H_0$ [100 km s⁻¹ Mpc⁻¹].

Fig. 5: Results from the MCMC of 10 000 iterations. The histograms show the distributions of accepted samples and the curves are their PDFs.

agate into other variables. For instance, as illustrated in Fig. 3, over 10 gigayears can pass between $x = -2$ and $x = 0$, even though we started integrating from $x = x_{\text{init}} = -20$.

2.4.1. Supernova fitting

The comparison of our model's luminosity distance with observational data, as shown in Fig. 4 (ignoring the posterior green graph), suggests that our model could benefit from some adjustments. While the deviations are not too far off, it is clear that there is some room for improvement. However, it is important to note that the discrepancies may not be solely due to the three parameters we chose to study.

To further constrain our model, we performed an MCMC analysis and examined the resulting distributions of parameters.

The scatter plot in Fig. 5a shows that our model requires an accelerating universe ($d\mathcal{H}/dx|_{x=x_0} > 0$) with a strictly positive cosmological constant ($\Omega_{\Lambda 0} > 0$). We notice that the Planck parameters lie within the 1σ region for $(\Omega_{m0}, \Omega_{\Lambda 0})$, along the flat line. This is not the case for all the parameters, however.

Interestingly, the data clearly prefer a slightly higher value for the little Hubble parameter h than our fiducial value of 0.67, as shown in the narrow histogram in Fig. 5c. The PDFs of the density parameters Ω_{m0} and $\Omega_{\Lambda 0}$ are much broader, but the algorithm manages to narrow the possibilities down significantly.

One potential concern is the uncertainty in the curvature parameter Ω_{K0} , as shown in Fig. 5. The data seem to favour a negatively curved universe, but the allowed range is quite broad. This may indicate that our model needs further refinement to better account for the effects of curvature.

Overall, our primitive MCMC analysis provides valuable insights into the constraints on the parameters of our model and highlights areas where further improvements could be made. Other than with observational data from supernovae, there are several ways of constraining the cosmological parameters, such as measuring the CMB anisotropies. Planck Collaboration et al. (2021) provides a set of cosmological parameters that are significantly more solid, in the sense that their results are tested and compared thoroughly. This is why we proceed using the fiducials from Eq. (19) and Eq. (20).

3. Recombination history

After the Big Bang, the universe was in a state of high temperature and density, making it impossible for atoms to form. Instead, all matter existed as a highly ionised plasma. It was only when the universe began to expand and cool down that the conditions allowed for the combination of ions (protons) and electrons. This process resulted in the formation of atoms, primarily hydrogen and helium, during the “epoch of recombination” around 380 000 years after the Big Bang, when the temperature had dropped to around 3000 K. Prior to this, photons could not travel freely through the ionised plasma as they were scattered by free electrons. However, as free electrons combined with other baryons to form neutral atoms during recombination, the mean free path of the photons increased. The photons emitted during this period make up the CMB radiation.

We will in this section examine the free electron fraction and followingly the optical depth and visibility function. From these quantities, we find the time of recombination and surface of last scattering. In addition, we will compute the freeze-out free electron fraction and sound horizon at decoupling. Throughout this section, we ignore helium completely.

3.1. Theory

The process that is keeping the photons (γ) coupled to electrons (e^-) in the early universe is called Thomson scattering and is the low-energy case of Compton scattering,

$$\gamma + e^- \rightleftharpoons \gamma + e^-, \quad (24)$$

and considered to be the major source of opacity in the early universe. Going forward in time, the universe expanded and therefore cooled down, eventually to the temperature for which the combination of electrons and protons (p)—the formation of neutral hydrogen atoms (H)—was energetically favourable. As a result, the amount of free electrons (and protons), compared to the total number of baryons in the universe, rapidly decreased. As

direct recombinations to the ground state are highly unlikely, a hydrogen atom generally arises from an electron in a high energy state that immediately decays to its ground state, emitting a photon in the process;

$$e^- + p \rightleftharpoons H + \gamma. \quad (25)$$

There are two main pathways from the first excited state ($n = 2$) to the ground state ($n = 1$):

- $2p \rightarrow 1s$: decay through the emission of a Lyman- α photon that is (almost exclusively) to be reabsorbed by another ground state hydrogen¹
- $2s \rightarrow 1s$: through the very slow process of 2-photon decay

These basic principles are amongst those that Jim Peebles and collaborators (see Peebles 1968) adopted in their model of non-equilibrium recombination history of hydrogen, described by the differential equation for the free electron abundance we call the *Peebles equation* (Eq. (33)). There are numerical difficulties when solving this equation for very early times—this is where we address the work of Meghnad Saha in 1920. The *Saha equation* (Eq. (29)) is applicable in systems of chemical equilibrium and relates the number densities of reactants to those of the products in a reaction (assuming the equilibrium density of each element is known). At early times, this is a viable assumption, and we can examine the abundance of free electrons in the universe at all times. (Peebles 1968; Ma & Bertschinger 1995; Callin 2006)

The aforementioned equations originate from the Boltzmann equation, which can take the general form

$$\frac{1}{n_1 e^{3x}} \frac{d(n_1 e^{3x})}{dx} = -\frac{\Gamma_1}{\mathcal{H}(x)e^{-x}} \left[1 - \frac{n_3 n_4}{n_1 n_2} \frac{n_1^{(0)} n_2^{(0)}}{n_3^{(0)} n_4^{(0)}} \right] \quad (26)$$

for a reaction $(1) + (2) \rightleftharpoons (3) + (4)$, where n_j ($n_j^{(0)}$) denotes the (equilibrium) number density of $j = 1, 2, 3, 4$. The interaction rate $\Gamma_1 = n_2 \langle \sigma v \rangle$ depends on the thermally averaged cross-section $\langle \sigma v \rangle$ that we get from quantum field theory (QFT). We provide a qualitative discussion of this equation below.

If $\Gamma_1 \gg \mathcal{H}e^{-x}$ (recall: $\mathcal{H}(x)e^{-x} = H$, the expansion rate of the universe), the rate at which the interaction is happening is large enough to keep up with the expansion of the surroundings, and the system is driven towards equilibrium ($n_j = n_j^{(0)}$). When the interactions are sufficiently efficient, we will have equilibrium and the bracket in Eq. (26) goes to zero. This is how the Saha equation arises. One may wonder why we consider this approximation at all when we have a completely fine ODE. However, in numerical analysis, the subtraction in said bracket may result in a “catastrophic cancellation”, hence the Saha approximation for the equilibrium case is necessary.

Once $\Gamma_1 \sim \mathcal{H}e^{-x}$, the interaction rate is comparable to the expansion rate and this dynamic equilibrium is no longer upheld. We say that the particles involved *decouple* from the primordial plasma. After decoupling, a species evolves independently.

When $\Gamma_1 \ll \mathcal{H}e^{-x}$, the interaction is irrelevant and the r.h.s. of Eq. (26) is practically zero and n_1 goes as e^{-3x} , meaning that the number density of (1) is constant in a comoving volume. If (1) is massive, we say that it *freezes out* at this point, and expect to find the same fractional abundance today.²

¹ Write about redshifted line etc.!

² Comment about reionisation?

3.1.1. Optical depth and visibility

Photons travelling through a medium may be absorbed. The intensity of light emitted from a distance x is reduced by the factor $e^{-\tau(x)}$ where $\tau(x)$ is the optical depth of the medium. An optically thin ($\tau \ll 1$) medium does little or no absorbing, whereas an optically thick ($\tau \gg 1$) substance does not let much, if any, light pass through. In cosmology, Thomson scattering is predominantly responsible for the absorption of photons universe. This gives us the ODE for $\tau(x)$,

$$\frac{d\tau}{dx} = -\frac{cn_e\sigma_T e^x}{\mathcal{H}(x)}, \quad (27)$$

with $\tau(0) = 0$ by definition, where σ_T is the Thomson scattering cross-section and n_e the electron density. A related quantity is the visibility function

$$\tilde{g}(x) = -e^{-\tau(x)} \frac{d\tau(x)}{dx}, \quad (28)$$

a proper probability distribution obeying $\int_{-\infty}^0 dx \tilde{g}(x) = 1$. The probability it describes, is that of a CMB photon's last interaction with an electron to have happened at x . This function will have a peak at the point in time when the mean free path of the photons increased tremendously—at the last scattering surface—which happened immediately after the number of free electrons dropped dramatically. In mathematical terms, this decoupling happened when $\tilde{g}(x_*) = \max \tilde{g}(x)$.

We will take x_* to mean the logarithmic cosmic scale factor at the epoch of recombination, and our primary definition of this will be the peak of the visibility function. However, there are ambiguities to the definition of this point in time. For instance, the surface of last scattering can also be taken as the time when the universe is neither opaque nor transparent, i.e. the solution of $\tau(x = x_*) = 1$. As mentioned above, photons decoupled when the interaction rate of the photons was equal the expansion rate of the universe.

3.1.2. Hydrogen recombination

Before we can compute the optical depth, we need to know the electron number density, n_e , at all times. We define the free electron fraction $X_e \equiv n_e/n_b$ where n_b is the total baryon number density. Before recombination, that is for $x \ll x_*$, all hydrogen is completely ionised, meaning that $X_e(x \ll x_*) \simeq 1$. We will consider the 90% drop in fractional electron abundance mark the onset of recombination, i.e. when $X_e(x = x_*) = 0.1$. One should keep in mind that the number 0.1 is arbitrary and that this definition vary in the literature.

Consider the interaction that keeps electrons and protons in equilibrium with photons, i.e. Eq. (25). Letting n_s ($n_s^{(0)}$) denote the number density of a species/element s (in equilibrium), the corresponding equilibrium equation is

$$\frac{n_e n_p}{n_H} = \frac{n_e^{(0)} n_p^{(0)}}{n_H^{(0)}}, \quad (29)$$

known as the *Saha equation*. Likewise, letting m_s refer to the mass of s , we can take the number density of neutral hydrogen to be

$$n_H = (1 - Y_P) n_b \simeq (1 - Y_P) \frac{\Omega_{b0} \rho_{\text{cr0}}}{m_H e^{3x}}; \quad \rho_{\text{cr0}} = \frac{3H_0^2}{8\pi G}, \quad (30)$$

where Y_P denotes the primordial helium mass fraction. We neglect helium s.t. $Y_P = 0$ and assume that all baryons are protons. Further, recognising the neutrality of the universe ensures $n_p = n_e$. Now, $n_b = n_p + n_H$ and

$$X_e = \frac{n_e}{n_e + n_H} = \frac{n_p}{n_p + n_H}. \quad (31)$$

The evolution of the baryon temperature $T_b = T_b(x)$ is non-trivial, and the precision gained from implementing the exact model is dissapointing. It suffices to assume $T_b \approx T_\gamma = T_{\text{CMB0}} e^{-x}$. (Callin 2006)

Let $\Upsilon = \Upsilon(T_b) \equiv \epsilon_0/(k_B T_b)$, where $\epsilon_0 \simeq 13.6$ eV is the binding energy of hydrogen, for notational ease. Multiplying Eq. (29) by n_b^{-1} and inserting expressions for $n_s^{(0)}$, we obtain the more suggestive form of the Saha equation

$$\frac{X_e^2}{1 - X_e} = \frac{1}{n_b} \left(\frac{m_e k_B T_b}{2\pi\hbar^2} \right)^{3/2} e^{-\Upsilon}; \quad 0 < X_e \leq 1 \wedge X_e \sim 1. \quad (32)$$

The constraints on X_e are that it is a positive number that cannot exceed 1 and the observation that it has to be close to 1. The latter constraint is due to the equilibrium assumption from which the Saha equation is derived: as X_e falls the reaction rate for Eq. (25) falls and equilibrium is not guaranteed. To proceed, we need to solve the Boltzmann equation. More precisely, Jim Peebles needed to solve the Boltzmann equation, whereas we shall study the product; a first-order named ODE the *Peebles equation*. Said equation reads

$$\frac{dX_e}{dx} = \frac{C_r(T_b)}{\mathcal{H}(x)e^{-x}} [\beta(T_b)(1 - X_e) - n_H \alpha^{(2)}(T_b) X_e^2], \quad (33)$$

where the necessary mathematical expressions are the following:

$$C_r(T_b) = \frac{\Lambda_{2\gamma} + \Lambda_\alpha}{\Lambda_{2\gamma} + \Lambda_\alpha + \beta^{(2)}(T_b)} \quad (34a)$$

$$\Lambda_{2\gamma} = 8.227 \text{ s}^{-1} \quad (34b)$$

$$\Lambda_\alpha = \frac{\mathcal{H} e^{-x}}{(8\pi)^2 n_{1s}} \left(\frac{3\epsilon_0}{\hbar c} \right)^3 \quad (34c)$$

$$n_{1s} \approx (1 - X_e) n_H \quad (34d)$$

$$\beta^{(2)}(T_b) = \beta(T_b) e^{3/4 \Upsilon} \quad (34e)$$

$$\beta(T_b) = \alpha^{(2)}(T_b) \left(\frac{m_e k_B T_b}{2\pi\hbar^2} \right)^{3/2} e^{-\Upsilon} \quad (34f)$$

$$\alpha^{(2)}(T_b) = \frac{8c\sigma_T}{\sqrt{3\pi}} \sqrt{\Upsilon} \phi_2(T_b) \quad (34g)$$

$$\phi_2(T_b) \approx 0.448 \ln \Upsilon \quad (34h)$$

A detailed description of Eq. (34) is found in Peebles (1968). We provide a brief summary of the model.

The decay rates Λ_α and $\Lambda_{2\gamma}$ are the rates of the processes $2p \rightarrow 1s$ and $2s \rightarrow 1s$ mentioned in the beginning of Sect. 3.1, respectively. $\beta^{(2)}$ represents the Lyman alpha production. Thus, the correction factor C_r is the ratio between the net decay rate and the combined decay and ionisation rates from the first excited level. In other terms, C_r is the probability that a hydrogen atom in $n = 2$ actually reaches $n = 1$ through emission of a Lyman- α photon or two photons. The approximation of the number density of H in the ground state n_{1s} is sensible for $T_b \ll 10^5$ K, i.e. for $x \ll \ln T_{\text{CMB0}} - 5 \ln 10 \approx -10$. Finally, β is the ionization rate and $\alpha^{(2)}$ the recombination rate, where ϕ_2 is also a good approximation at low temperatures. (Dodelson & Schmidt 2021; Ma & Bertschinger 1995; Peebles 1968)

3.1.3. Sound horizon

The distance that a sound wave could propagate in the primordial plasma before photons decoupled is called “the sound horizon at decoupling”, a quantity whose significance will become prominent in sections to come. We define the sound speed of a photon-baryon plasma as

$$c_s \equiv c \sqrt{\frac{1}{3(1+R)}}, \quad (35)$$

where the baryon-to-photon energy ratio is defined as

$$R \equiv \frac{3\Omega_b(x)}{4\Omega_\gamma(x)} = \frac{3\Omega_{b0}}{4\Omega_{\gamma0}} e^x. \quad (36)$$

The comoving distance travelled by a sound wave—the sound horizon—at time x as the solution $s(x)$ to the ODE

$$\frac{ds}{dx} = \frac{c_s}{\mathcal{H}(x)}; \quad s(x_{\text{init}}) = \frac{c_s(x_{\text{init}})}{\mathcal{H}(x_{\text{init}})}. \quad (37)$$

Evaluating $s_* \equiv s(x=x_*)$ gives the sound horizon at decoupling. At this point, the plasma through which sound waves propagate is no longer present and the waves are frozen in.

3.2. Implementation details

We implemented a class in C++ that assumes a background, an object of the class from Sect. 2.2, and a primordial helium abundance Y_P . The code we wrote calculated $X_e(x)$ (and $n_e(x)$) from the Saha and Peebles equations and computed $\tau(x)$ as well as $\tilde{g}(x)$, $d\tilde{g}(x)/dx$ and $d^2\tilde{g}(x)/dx^2$ for a given array of x -values. We added a computation of $s(x)$ to find the sound horizon at decoupling.

We ran an additional simulation where we assumed equilibrium all the way, that is we solved for $X_e(x)$ using only the Saha equation.

3.2.1. Electron fraction and number density

The computation of $X_e(x)$ was divided into two parts. We let $X_e(x) > 0.99$ signify the Saha regime for which we use the Saha approximation in Eq. (32). Numerically speaking, the solution to this equation,

$$X_e(x) = \frac{\mathfrak{U}}{2} \left(-1 + \sqrt{1 + 4\mathfrak{U}^{-1}} \right); \quad \mathfrak{U} = \frac{1}{n_b} \left(\frac{m_e k_B T_b}{2\pi\hbar^2} \right)^{3/2} e^{\gamma}, \quad (38)$$

blows up for large values of \mathfrak{U} . Analytically we have $X_e \rightarrow 1$ as $\mathfrak{U} \rightarrow \infty$, so we circumvented the issue by letting $X_e = 1 \forall \mathfrak{U} > 10^7$. Outside the Saha regime, we used the last value of $X_e(x)$ (≈ 0.99) as initial condition on the Peebles ODE (Eq. (33)) and solved this for the remaining values of x . Here as well, we needed to address numerical stability concerns. Specifically, $\beta^{(2)}$ in Eq. (34e) was set to zero when the exponent was too large; $\gamma > 200$, i.e. at later times when $T_b < 0.005\epsilon_0/k_B \sim 800$ K.

We solved for $8 \times 10^5 + 1$ equally spaced points $x \in [-20, 0]$. The numerical integration was performed using RK4 and the number of steps left in the x -array at the end of the Saha regime.

3.2.2. Optical depth and visibility

We computed $\tau(x)$ by solving the simple ODE in Eq. (27) starting from $x = 0$ where $\tau(0) = 0$ and integrating backwards in time, using 8×10^5 steps along $x \in [0, -12]$ in the RK4 algorithm.

We used the analytical expressions in Eq. (27) and Eq. (28) for $d\tau(x)/dx$ and $\tilde{g}(x)$, respectively, and found $d^2\tau(x)/dx^2$, $d\tilde{g}(x)/dx$ and $d^2\tilde{g}(x)/dx^2$ numerically.

3.2.3. Sound horizon

The computation of $s(x)$ was a straight-forward numerical integration of Eq. (37) for $x \in [x_{\text{init}}, 0]$, again using RK4 with 8×10^5 steps. Having $x_{\text{init}} = -20$ ensures radiation domination (see Fig. 1), so the initial condition is valid.

3.3. Results

The free electron fraction as computed from the Saha and Peebles equations in their respective regimes is plotted in Fig. 6. We added the result from using only the Saha equation. As elabo-

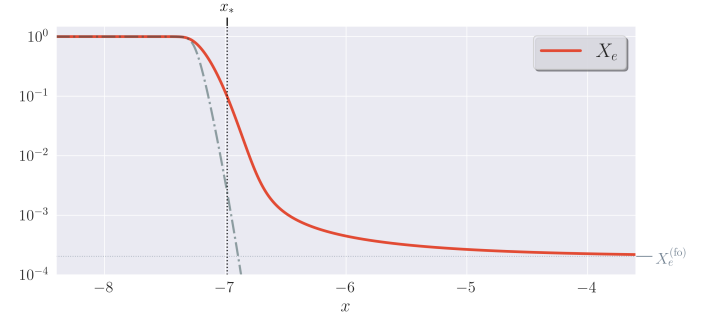


Fig. 6: The free electron fraction $X_e(x)$ resulting from the Saha and Peebles equations. The dash-dotted line represents the solution from the Saha equation only. Recombination onset is shown as the black, dotted vertical line. The freeze-out abundance $X_e^{(\text{fo})} = X_e(0)$ is demonstrated as a dotted horizontal line.

rated in Sect. 3.2.2 we calculated the optical depth and visibility function and their derivatives. We present the optical depth and its derivatives in Fig. 7. The visibility function is demonstrated in Fig. 8, where we have included its derivatives scaled to be comparable to the original function.

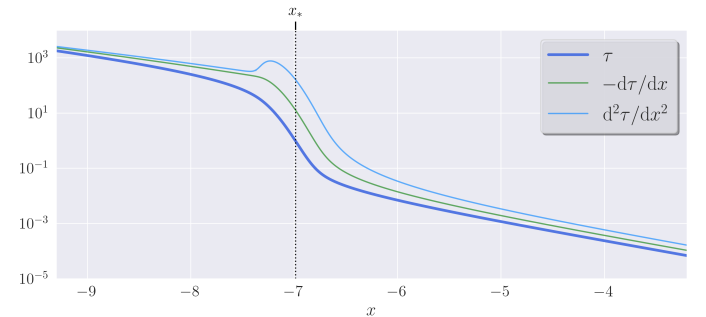


Fig. 7: The optical depth $\tau(x)$ and its derivatives $-\frac{d\tau(x)}{dx}$ and $\frac{d^2\tau(x)}{dx^2}$ as functions of logarithmic scale factor x . Recombination onset is shown as the dotted vertical line.

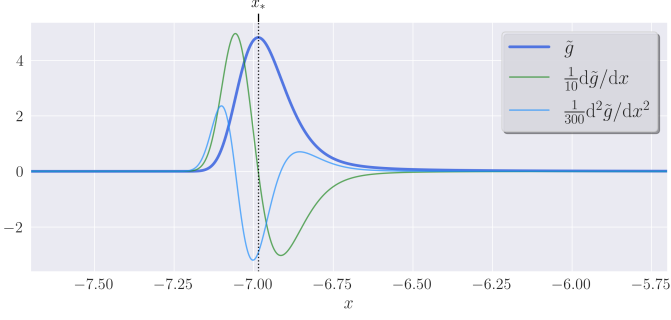


Fig. 8: The visibility function $\tilde{g}(x)$ and the shape of its derivatives $\frac{d\tilde{g}(x)}{dx}$ and $\frac{d^2\tilde{g}(x)}{dx^2}$ as functions of logarithmic scale factor x . Recombination onset is shown as the dotted vertical line.

Using the definitions of the time of last scattering surface and recombination presented in Sect. 3.1.1 and Sect. 3.1.2, we measured the logarithmic scale factor, redshift and cosmic time at these events. We present the results in Tab. 2 in addition to today's value of the freeze-out electron abundance and the sound horizon at decoupling. The number of significant figures is exaggerated to point out the small differences. The corresponding values resulting from the Saha equation is included in parentheses.

Table 2: The values of the logarithmic scale factor x , the redshift z and the cosmic time t corresponding to two events in the history of the universe. Values in parentheses are those we get with only the Saha equation.

	x	z	t
Recombination onset			
$X_e = 0.1$	-6.9854 (-7.1404)	1079.8 (1260.9)	377.95 ka (290.89 ka)
Photon decoupling			
$\tilde{g} = \max \tilde{g}$	-6.9853 (-7.1548)	1079.7 (1279.3)	378.04 ka (283.81 ka)
$\tau = 1$	-6.9878 (-7.1581)	1082.3 (1283.5)	376.50 ka (282.24 ka)
Freeze-out free electron abundance: $X_e^{(fo)} = 2.0261 \times 10^{-4}$			
Sound horizon at decoupling: $s_* = 145.30$ Mpc			

In the analysis, we used that $x_* = -6.9853$ at the peak of the visibility function.

3.4. Discussion

Overall, the results presented in the figures in Sect. 3.3 resemble those of a corresponding analysis by Callin (see 2006, Fig. 1, 2).

The graphs in Fig. 6 demonstrate the invalidity of the Saha solution for later times. The solid graph indicates a freeze-out electron fraction of order $10^{-4} - 10^{-3}$, which we confirm in Tab. 2. We notice the decelerating decay rate at $x \sim -6.8$. Using our definitions of recombination onset and surface of last scattering, the Saha equation does not suffice for pinpointing the time for when these events occur. In this case, according to Tab. 2, the order of these events are reversed. However, these numbers rely on how we define the distinct events.

The optical depth in Fig. 7 tells us that the universe was very opaque before recombination, and that during the short period

around recombination, the optical depth went from $\tau(-7.5) \sim 100$ to $\tau(-6.5) \sim 0.01$. After this epoch, the optical depth resumes its exponential decay. We see that $\tau(x_*) \approx 1$, as expected.

The visibility function is completely flat (zero) until just before $x = x_*$ where it rapidly increases to its maximum before an almost equally rapid decrease. However, there is a notable asymmetry in the probability function. The tail on the right side of the peak is longer than the one of the left. Together with Fig. 6, we take this to mean that, some time after recombination (see the slope in $X_e(x)$ at $x \sim -6.8$), there are still a significant portion of free electrons left to prevent photons to travel freely. In any case, the CMB photons last interacted with electrons between $x = -7.2$ and $x = -6$, most likely before $x = -6.7$.

Tab. 2 shows that recombination and photon decoupling occurred at redshift 1080 or 380 000 years after BB, consistent with concordance cosmology (e.g. Baumann (2015, Tab. 3.1)).³ From this model, we get that the free electron abundance has ceased to be only a single free electron for every 5000 hydrogen atom, i.e. $X_e(x=0) = X_e^{(fo)} \approx 2 \times 10^{-4}$.⁴

Sound waves managed to travel maximum 145 Mpc before frozen in. This length scale is imprinted in the CMB.

4. Growth of structure

In the previous sections, we have considered the homogeneous and isotropic universe. We now turn our attention to the inhomogeneities in the matter and anisotropies in the cosmic distribution of photons—those which have given rise to the evolution of structure in the universe.

We will study perturbation quantities for small-scale physics, as well as for larger scales. From the photon temperature perturbations, we get the temperature source function which will be important when eventually computing the CMB spectrum. The following analysis is completely ignorant of neutrinos in the universe and photon polarisation.

4.1. Theory

The geometry of the spacetime is encoded in the Einstein tensor $G_{\mu\nu}$ that relates to the energy-momentum tensor $T_{\mu\nu}$ through the Einstein equation $G_{\mu\nu} = 8\pi G T_{\mu\nu}$. The latter quantity describes the distribution of energy and matter. The perturbed Einstein equation can be written

$$G_{\mu\nu}^{(0)} + \delta G_{\mu\nu} = 8\pi G (T_{\mu\nu}^{(0)} + \delta T_{\mu\nu}), \quad (39)$$

where we use (and will continue to use) superscript “(0)” to indicate the unperturbed quantity. Being primarily interested in the perturbations, it all boils down to solving

$$\delta G_{\mu\nu} = 8\pi G \delta T_{\mu\nu} \quad (40)$$

in a clever way.⁵ The metric is related to the Einstein tensor through $G_{\mu\nu} = \mathcal{R}_{\mu\nu} - \frac{1}{2}g_{\mu\nu}\mathcal{R}$, where $\mathcal{R}_{\mu\nu}$ and \mathcal{R} is the Ricci tensor and scalar, respectively. Below is presented a short description of the quantities we aim to compute.

- Ψ and Φ are first-order spacetime corrections (potentials) to g^{00} and g^{ij} , respectively, both closely related to the Newtonian gravitational potential. We refer to Ψ as the gravitational potential and Φ as the spatial curvature.

³ There is an implicit wiggle room when we say “consistent” in this context, as there are several ways of defining recombination onset and the last scattering surface.

⁴ [Comment about reionisation!](#)

⁵ Solving it directly is highly non-trivial.

- δ_c and δ_b are first-order density perturbations to non-relativistic matter, representing cold dark matter and baryonic matter, respectively.
- u_c and u_b are velocity perturbations to non-relativistic matter, representing cold dark matter and baryonic matter, respectively. They are *bulk* velocities in the longitudinal direction, and are themselves first-order terms.
- $\Theta_{\ell=0,1,\dots,\ell_{\max}}$ are the photon multipoles that show up when expanding the photon temperature fluctuations Θ into spherical harmonics. As we will see, the first two moments are related to the photon density perturbation to linear order δ_γ and the longitudinal photon velocity u_γ .

We will not go into detail in how to get from Eq. (40) to the set of equations we will eventually use, but rather keep in mind that the quantities $\delta_{c,b}$, $u_{c,b}$, Θ_ℓ , Φ and Ψ are deduced from the Einstein equation and first order linear perturbation theory. One should also keep in mind that the perturbation quantities are functions of time x and Fourier mode k (to be elaborated shortly), as this section will suffer from somewhat sloppy notation. In the following, we spare ourselves the eyesore that is the complete set of equations we will use and save this for App. B.

4.1.1. Modes and scales

Instead of real space of cosmic time t and physical position \mathbf{x} , we will work in the Fourier space ($\mathbf{x} \rightarrow \mathbf{k}$), so that all our quantities will generally be functions of Fourier mode $k = |\mathbf{k}|$ and our time variable $x = \ln a(t)$. That is, a function f of space and time is

$$f(t, \mathbf{x}) = \int \frac{d^3k}{(2\pi)^3} e^{ik \cdot \mathbf{x}} f(x(t), \mathbf{k}), \quad (41)$$

and will notationally not be distinguished from its Fourier transform. Spatial derivatives of $f(t, \mathbf{x})$ become

$$\frac{\partial f(t, \mathbf{x})}{\partial x^i} \rightarrow ik_i f(x(t), \mathbf{k}). \quad (42)$$

The direction of the comoving wavevector \mathbf{k} will be neglected or contained in other variables. We let $k = |\mathbf{k}|$ be the magnitude of a k -mode. In summary:

$$\begin{aligned} f(t, \mathbf{x}) &\rightarrow f(x, k) \\ \partial_i f(t, \mathbf{x}) &\rightarrow ik_i f(x, k) \end{aligned} \quad (43)$$

We use the Fourier modes k to classify the physical scales. The quantity k is a frequency, inverse proportional to a physical wavelength λ_{phys} . This wavelength represents the spatial size of the causally connected region we consider when studying a k -mode. We separate roughly between three main regimes: those of large-, intermediate- and small-scale modes, characterised by their horizon entries. A mode enters the horizon when the comoving horizon is comparable to the wavelength, i.e. when $k\eta(x) \gtrsim 1$. We let $k_{\text{eq}} = 1/\eta(x_{\text{eq}})$ to separate the modes entering the horizon before and after matter-radiation equality x_{eq} . The hierarchy of modes is summarised below.

- Small-scale modes: $k \gg k_{\text{eq}}$, horizon entry during radiation domination.
- Intermediate-scale modes: $k \sim k_{\text{eq}}$, horizon entry around the time of matter-radiation equality.
- Large-scale modes: $k \ll k_{\text{eq}}$, horizon entry during matter domination.

The comoving scales remain constant in time. When the modes are far outside the horizon ($k\eta \ll 1$), what we refer to as the “super-horizon regime”, perturbations have not yet entered the horizon. Together with the assumption that the early universe is optically thick and rapidly rarefying ($\tau, |d\tau/dx| \gg 1$), very useful physical approximations can be employed to find a set of equations connecting the initial conditions of our quantities. For the full set, see App. B.3.

4.1.2. Metric perturbations

The FRW metric from Eq. (1) describes a smooth universe, meaning a universe whose background is homogeneous and isotropic. A first order linear perturbation to the metric can be applied through

$$g_{\mu\nu} = g_{\mu\nu}^{(0)} + h_{\mu\nu}; \quad |h_{\mu\nu}| \ll 1, \quad (44)$$

where $g_{\mu\nu}^{(0)}$ is the zeroth order term—the FRW metric.⁶ We will work the so-called conformal-Newtonian gauge, where the perturbation $h_{\mu\nu}$ is given in terms of the potentials Ψ and Φ . The resulting perturbed metric now reads

$$ds^2 = e^{2\chi} \left[-(1 + 2\Psi) d\eta^2 + (1 + 2\Phi) \delta_{ij} dx^i dx^j \right]. \quad (45)$$

The time-dependent gravitational potential is encoded in Ψ in the sense that it measures how the strength of the gravitational field in the perturbed universe differs from that of the smooth one. Φ describes the spatial curvature of the universe as it is a measure of the deviation of the spatial curvature from the smooth background. Both scalar perturbations are related to the distribution of matter in the universe. These fundamental quantities are the ones from which we will express the initial conditions of the system.

It is the Poisson equation that determines the evolution of Φ . The sum $\Phi + \Psi$ is given by an equation for anisotropic stress, resulting in a dynamical expression for Ψ . The equations are given in App. B.1, Eq. (B.1).

The absence of anisotropic stress causes $\Phi = -\Psi$. Shear stress in a tightly coupled fluid is manifestly absent; only anisotropic motion of fluid particles gives rise to non-zero terms in the stress tensor. We therefore use this to set the initial condition on Φ (Eq. (B.5a)). In addition, we expect to see that $\Psi + \Phi \simeq 0$ before recombination for large-scale modes $k \lesssim k_{\text{eq}}$. For small-scale modes, fluctuations in the primordial plasma were large and gave rise to oscillating gravitational potentials.

The initial condition for Ψ comes from inflation. In Dodelson & Schmidt (2021) it is explained how this quantity is proportional to the curvature perturbation \mathcal{R} immediately after inflation, and that this \mathcal{R} is conserved in the super-horizon regime. In particular, the value of Ψ post inflation is $\Psi_{\text{init}} = -2/3\mathcal{R}$. The value of \mathcal{R} depends on the inflationary model one uses, and is for our purposes, essentially a question of normalisation. The simplest choice of $\mathcal{R} = 1$ is the one we will use.

4.1.3. Matter perturbations

The normal matter in the universe is either cold dark or baryonic. We set the perturbed number densities of these species to be

$$n_s = n_s^{(0)} [1 + \delta_s]; \quad s = c, b, \quad (46)$$

so that $n_s^{(0)}\delta_s$ is the leading order term. To zeroth order, we have $n_s^{(0)} \propto e^{-3x}$ from the Boltzmann equation. This is equivalent to

⁶ We use the term “metric” on both $g_{\mu\nu}$ and $ds^2 = g_{\mu\nu} dx^\mu dx^\nu$.

perturbing the time-time-component of the energy momentum tensor,

$$T_{00} = T_{00}^{(0)} + \delta T_{00} = -\rho_s (1 + \delta_s). \quad (47)$$

We denote the fluid (or “bulk”) velocity of a species s as \mathbf{u}_s , and its speed as u_s . We consider longitudinal velocities such that

$$\mathbf{u}_s = \mathbf{u}_s(x, \mathbf{k}) = u_s(x, \mathbf{k}) \frac{\mathbf{k}}{k}. \quad (48)$$

In addition, we use the convention that $u_s \rightarrow iu_s$.

The governing equation for δ_s is the continuity equation for n_s to first order. This takes the same form for $s = c$ and $s = b$. In general, for species s ,

$$\frac{d\delta_s}{dx} = (1 + w_s) \left(\frac{ck}{\mathcal{H}} u_s - 3 \frac{d\Phi}{dx} \right), \quad (49)$$

with w_s as before. For normal matter, $w_m = w_c = w_b = 0$, whereas for relativistic particles we have $w_r = w_\gamma = w_\nu = 1/3$.

The equation for u_s , the Euler equation, differs by one term for baryons and CDM. The collision-less Euler equation reads

$$\frac{du_s}{dx} = -(1 - 3c_s^2)u_s - \frac{w_s ck}{(1 + w_s)\mathcal{H}} \delta_s - \frac{ck}{\mathcal{H}} \Psi, \quad (50)$$

where c_s is the sound speed. $c_s^2 = w_m$ for baryons and CDM and $c_s^2 = w_r$ for photons and neutrinos. In contrast with CDM, baryons interact with photons, giving rise to an additional term

$$\text{momentum transfer} = -\frac{4\Omega_\gamma}{3\Omega_b} \frac{d\tau}{dx} (u_\gamma - u_b) = -\frac{d\tau}{dx} \frac{u_\gamma - u_b}{R}, \quad (51)$$

where $R = R(x)$ is the baryon-to-photon energy ratio as before (see Eq. (36)).

The final differential equations for the density and velocity perturbations are given in App. B.1, Eq. (B.2).

Without anticipating the course of events too much, we state that the initial conditions for the matter perturbations (App. B.3, Eq. (B.5)) follow from their relation to the photons’ velocity and density perturbations, and the assumption that perturbations are adiabatic:

$$(1 + w_{s'}) \delta_{s'} = (1 + w_s) \delta_s, \quad u_{s'} = u_s \quad (52)$$

4.1.4. Temperature fluctuations

We let the momentum of a photon be \mathbf{p} and its magnitude $p = |\mathbf{p}|$. Define $\mu \equiv (kp)^{-1} \mathbf{k} \cdot \mathbf{p}$. The perturbed photon temperature T_γ is

$$T_\gamma = T_\gamma^{(0)} [1 + \Theta(\mu)], \quad (53)$$

where $T_\gamma^{(0)} = T_{\text{CMB}0} e^{-x}$. The photon perturbation $\Theta(\mu)$ can be expanded into multipoles Θ_ℓ . The relation is

$$\Theta_\ell = \frac{i^\ell}{2} \int_{-1}^1 d\mu \mathcal{P}_\ell(\mu) \Theta(\mu) \Leftrightarrow \Theta(\mu) = \sum_{\ell=0}^{\infty} \frac{2\ell+1}{i^\ell} \Theta_\ell \mathcal{P}_\ell(\mu), \quad (54)$$

where $\mathcal{P}_\ell(\mu)$ are the Legendre polynomials. The hierarchy of differential equations governing the temperature multipoles are presented in App. B.1, Eq. (B.3).

If we study the differential equations for the first two moments in Eq. (B.3c), we can identify the former as the continuity equation for the perturbed photon density by setting $\delta_\gamma = 4\Theta_0$,

$$\frac{d\delta_\gamma}{dx} = \frac{4}{3} \left(\frac{ck}{\mathcal{H}} - 3 \frac{d\Phi}{dx} \right), \quad (55)$$

exactly Eq. (49) with $s = \gamma$. The equation for the dipole serves as the perturbed Euler equation, Eq. (56), if we let the longitudinal component of the photon velocity be $u_\gamma = -3\Theta_1$, that is

$$\frac{du_\gamma}{dx} = -\frac{ck}{4\mathcal{H}} \delta_\gamma + \frac{2ck}{\mathcal{H}} \Theta_2 - \frac{ck}{\mathcal{H}} \Psi + \frac{d\tau}{dx} [u_\gamma - u_b]. \quad (56)$$

The last term—the momentum transfer—ensures that photons and baryons behave as a single fluid early on when Compton scattering is efficient. We refer to this period as “the tight coupling regime”. As this is true for all scales in the early radiation dominated universe, we could get the initial conditions for the first two multipoles from $\delta_\gamma = 3/4\delta_b$ and $u_\gamma = u_b$. However, we will instead go the other way around and use Θ_0 and Θ_1 to set the initial conditions for the matter perturbations. In the radiation-dominated era and super-horizon regime, a reasonable approximation to $d\Phi/dx$ in Eq. (B.1a) is $\Psi + 2\Theta_0$. This derivative is assumed to be very small in the early stages for all modes, so by setting this to zero, we get the initial value of the monopole. In Dodelson & Schmidt (2021, Eq. (7.95)) it is stated what value Θ_1 takes at the beginning, which is what we use in App. B.3.⁷

The monopole in the CMB temperature anisotropy power spectrum, Θ_0 , is the average temperature of the CMB sky and is the same for any observer moving with the Hubble flow. The dipole term Θ_1 corresponds to the temperature anisotropy resulting from our galaxy’s motion with respect to the CMB rest frame (the Doppler effect). Arising from the variations across the CMB sky is the quadrupole, Θ_2 . Higher multipoles correspond to increasingly smaller angular scales. We therefore argue that

$$|\Theta_0| \gg |\Theta_1| \gg |\Theta_2| \gg |\Theta_3| \gg \dots \quad (57)$$

4.1.5. Tight coupling

Due to numerical obstacles, we cannot use the full set of equations from App. B.1 in the tight coupling regime. As $u_b \simeq u_\gamma = -3\Theta_1$ in this period, and $|d\tau/dx|$ is very large at this time, the last term in Eq. (56) is unfortunate. The same factor appears in the continuity equation for baryons (Eq. (51)). The good news is that in this regime, some very useful approximations are viable, eventually allowing us to replace the differential equations for u_b and Θ_2 with differential equations that are way more numerically friendly. We present these in App. B.2.

We assume tight coupling to begin in the very early universe and prolong until no later than recombination. The following three equations shall hold throughout the regime:⁸

$$\left| \frac{d\tau(x)}{dx} \right| > 10 \quad (58a)$$

$$\left| \frac{d\tau(x)}{dx} \right| > 10 \frac{ck}{\mathcal{H}(x)} \quad (58b)$$

$$x \leq -8.3 \quad (58c)$$

The higher moments of the temperature fluctuations are very small in this regime ($|\Theta_{\ell \geq 2}| \ll 1$), and we can use the semi-analytical recursive relations in Eq. (B.7). However, we will not bother to compute others than Θ_2 , as this is the only one our set of equations rely on. As we will see, there is a much cleverer way of obtaining the higher order multipoles, if our overall goal is to study today’s values.

The relations in question show up when setting $d\Theta_\ell/dx \rightarrow 0$ and using $|\Theta_{\ell+1}| \ll |\Theta_\ell|$ in Eq. (B.3c).

⁷ Is this OK?

⁸ $x = -8.3$ used as a “fair while before the onset of recombination”.

4.1.6. Line-of-sight integration

Callin (2006) explains how one can relate the current value of the temperature multipoles $\Theta_\ell(x=0, k)$ to the temperature source function $\tilde{S}(x, k)$ and spherical Bessel functions $j_\ell(\xi \in \mathbb{R})$, eventually obtaining

$$\Theta_\ell(x=0, k) = \int_{-\infty}^0 dx' \tilde{S}(x', k) \cdot j_\ell(k[\eta_0 - \eta(x')]). \quad (59)$$

The full expression for $\tilde{S}(x, k)$ is found in App. C, but we stress its dependence on Θ_2 .

Using this so-called line-of-sight integration method, it seems we can compute all $\Theta_{\ell>2}$ given $\Theta_{\ell \leq 2}$. However, after tight coupling, the evolution of a multipole Θ_ℓ depends on both $\Theta_{\ell-1}$ and $\Theta_{\ell+1}$. That is to say, to compute Θ_2 , we need Θ_3 for which we need Θ_4 , and so on. The Boltzmann hierarchy cutoff provides a solution to this apparent issue. The method allows us to only include $\ell = 0, 1, \dots, \ell_{\max} \sim 6-8$ when solving the differential equations in Eq. (B.3) by treating $\Theta_{\ell_{\max}}$ slightly different than $\Theta_{\ell < \ell_{\max}}$.

4.2. Implementation details

We extended our C++ program to account for perturbations in order to study the evolution of structure in the universe. Objects of the classes from Sect. 2.2 and Sect. 3.2 was sufficient for the newest class to do all the desired work.

The following recipe (i) – (vi) was used for each of the 100 logarithmically spaced values $k \in [5 \times 10^{-5}, 3 \times 10^{-1}] \text{ Mpc}^{-1}$.

- (i) For the initial time x_{init} , set the initial conditions according to App. B.3 (Eq. (B.5) and (B.6)).
- (ii) Compute the time for which tight coupling ends, $x_{\text{tc, end}}(k)$. That is, find the x for which Eq. (58a), (58b) and/or (58c) is violated.
- (iii) Solve the set of differential equations from App. B.2 using RK4. Integrate from $x = x_{\text{init}}$ to $x = x_{\text{tc, end}}(k)$.
- (iv) Use the result from the tight coupling regime at $x = x_{\text{tc, end}}(k)$ to set the initial conditions for the full system. The higher multipoles (up to $\ell = \ell_{\max}$) are set according to Eq. (B.7) with $x = x_{\text{tc, end}}(k)$.
- (v) Solve the set of differential equations from App. B.1 using RK4. Integrate from $x = x_{\text{tc, end}}(k)$ to $x = 0$.
- (vi) Sew solutions together and save result.

We used an array of $5 \times 10^4 + 1$ values of $x \in [x_{\text{init}}, 0]$ with $x_{\text{init}} = -20$. In the full regime, we used $\ell_{\max} = 7$.

The expression for $\tilde{S}(k, x)$ as provided in App. C was implemented succeeding a successful computation of the perturbations.

4.2.1. Parallelisation

The set of equations is completely decoupled in k , making our main problem highly parallelisable. Very few, very simple lines were added to code to execute (i) – (vi) in parallel using shared-memory parallelisation according to the *OpenMP* standard.

4.3. Results

The figures below demonstrate our results for three wave numbers $k \in \{k_l, k_i, k_s\}$. We chose $k_l \equiv 0.001 \text{ Mpc}^{-1}$ to represent the large-scale modes and $k_s \equiv 0.1 \text{ Mpc}^{-1}$ for the small-scales. The

intermediate-scale modes are represented by $k_i \equiv 0.01 \text{ Mpc}^{-1}$. We noted that $k_i \approx k_{\text{eq}} = 0.0115 \text{ Mpc}^{-1}$.

We present the absolute values of the matter and energy perturbations in the upper panels of Fig. 9. The lower panels of said figure emphasise the oscillations around zero of the density and velocity perturbations for the photons.

The photon quadrupole is plotted in Fig. 10. Note that the x -axis is relatively short in this plot, as the function is flat until $x \sim -9$.

Fig. 11 shows the scalar potentials as functions of time. The upper panel shows only the perturbation to the time-part of the metric, whereas the lower panel shows the sum of this and the spatial perturbation.

Note that we completely dismissed neutrinos and photon polarisation. That is, we set the effective neutrino number to be zero, slightly changing the background from Sect. 2.

The end of tight coupling turned out to be $x_{\text{tc, end}}(k) = -8.3$ for all three wavenumbers. The three modes k_s , k_i and k_l entered the horizon at $x \sim -11$, -8.3 and -5.1 , respectively. That is, k_s enters the horizon in the radiation-dominated era, k_i just around the matter-radiation equality and k_l enters when the universe is dominated by matter (see Fig. 1).

4.4. Discussion

The upper panels of Fig. 9 show that only the small-scale modes experience oscillations in the baryonic matter perturbations. The adiabatic initial conditions make sure the normal matter perturbations are the same for CDM and baryons in the beginning and cease to be the same in the end, for all modes. For large-scale modes, these species never seem to decouple at all. The photon density and velocity perturbations follow the matter perturbations until decoupling, and the photons stream freely after this.

In Fig. 9a, we observe that the overdensities of cold dark matter and baryons grow over time due to gravitational collapse, while the photon density perturbation undergoes oscillations due to the tight coupling between photons and baryons before recombination. On large scales ($k \sim k_l$), the amplitudes of the density perturbations are suppressed due to acoustic oscillations in the early universe, while on small scales ($k \sim k_s$), the amplitude is enhanced due to gravitational collapse.

The tight coupling between photons and baryons is evident from the upper panel of Fig. 9b. For the small-scale mode, the photon velocity starts deviating from the baryon velocity shortly after $x = x_{\text{eq}}$. For the intermediate-scale mode, this happens around the same time $x \sim -7$, but a little later on. The same occurs for the large-scale mode at $x \sim -5$, a significant while later. We also observe the approximate time of horizon crossing for the different wavenumbers, which we see as the time when the photon velocity starts deviating from the velocity of the cold dark matter—at $x \sim -11$, -8 , and -5 for k_s , k_i , and k_l , respectively. On large scales, the bulk velocities are suppressed due to adiabatic initial conditions, while on small scales, they are enhanced due to gravitational collapse. The bulk velocity for photons undergoes oscillations due to the same acoustic physics as the photon overdensity.

The quadrupole moment $\Theta_2(x, k)$ in Fig. 10 exhibits oscillatory behaviour on all scales due to the same acoustic physics as the photon overdensity and bulk velocity. For small-scale modes, the amplitude of the oscillations is suppressed as photons diffuse from overdense regions.

In the upper panel of Fig. 11, we study the scalar potential of the mode that enters the horizon during the radiation-dominated era, $\Phi(x, k = k_s)$. As soon as it enters the horizon,

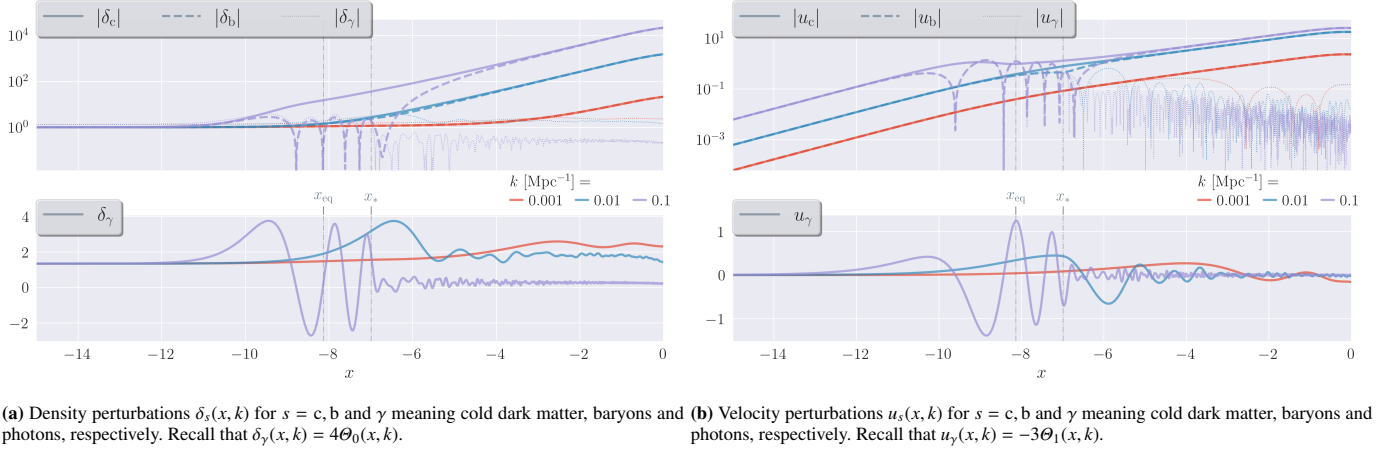


Fig. 9: Matter perturbations to normal matter and photons as functions of logarithmic expansion x for three wavenumbers k . The time of matter-radiation equality is marked by a vertical dash-dotted line, as is the onset of recombination. The upper panels show the absolute value of the quantities in question with a logarithmic y-axes, whereas the lower panels show the actual quantity for the photons only.

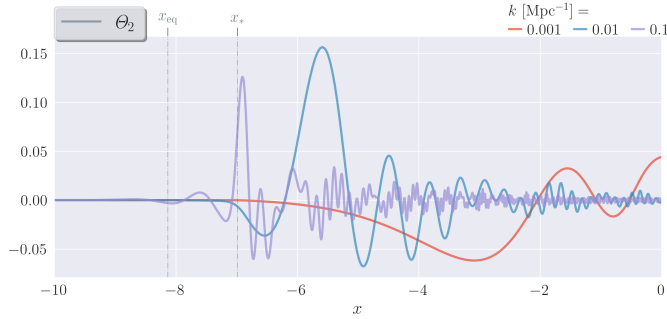


Fig. 10: The graphs show the photon quadrupole $\Theta_2(x, k)$ as function of logarithmic expansion factor x for three different wavenumbers k . The vertical dash-dotted lines mark the time of radiation-matter equality and last scattering surface.

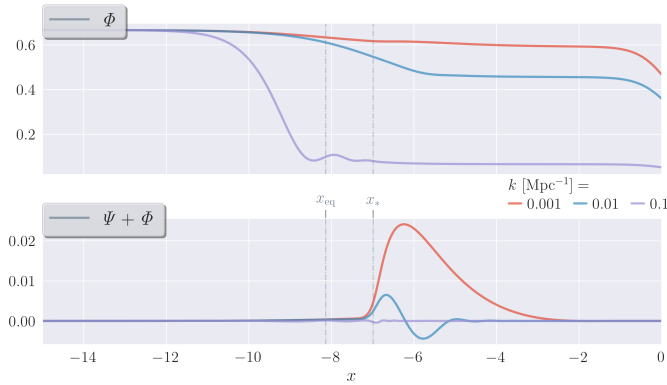


Fig. 11: The graphs show the metric perturbations as functions of logarithmic expansion factor x for three different wavenumbers k . The vertical dash-dotted lines mark the time of radiation-matter equality and last scattering surface. Upper panel: spatial curvature $\Phi(x, k)$. Lower panel: sum of the spatial curvature $\Phi(x, k)$ and the gravitational potential $\Psi(x, k)$.

it drops and starts oscillating, which does not happen for the two larger scales. For the k_l - and k_i -modes, this potential is more or less constant in the radiation- and matter-dominated eras, having

a smaller value in the latter. This is consistent with predictions from e.g. Baumann (2015).

The lower panel shows a plot of $\propto -\Theta_2(x, k)/k^2 \cdot e^{-2x}$ (see Eq. (B.1b)). After recombination, the anisotropic stress becomes non-zero, and so does the sum $(\Psi + \Phi)(x, k)$ for all scales, as we expected. Tiny fluctuations are visible before this for the small-scale mode.⁹

In summary, cosmic perturbations exhibit scale-dependent behaviour, with different physical processes dominating on large and small scales. Our results are consistent with expectations based on standard cosmological models and provide valuable insight into the growth of structure in the universe.

5. Conclusion

References

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⁹ Evident when scaling the graphs with the wavenumber, e.g. $k^{3/2}(\Psi + \Phi)$.

Appendix A: Conformal Hubble parameter

Revisit the general form of the first Friedmann equation from Sect. 2.1.2, i.e.

$$\mathcal{H}(x) = H_0 \sqrt{\sum_s \Omega_{s0} e^{-(1+3w_s)x}}, \quad (\text{A.1})$$

where sum over s is a sum over the constituents in the universe ($s \in \{m, r, \Lambda, K\}$) and w_s represents the species' equation of state parameter. As a shorthand notation, we introduce $\Xi_m = \Xi_m(x)$ given by

$$\Xi_m(x) \equiv \sum_s (-1)^m (1 + 3w_s)^m \Omega_{s0} e^{-(1+3w_s)x}; \quad m \in \mathbb{N}, \quad (\text{A.2})$$

s.t. $d^n X_m / dx^n = \Xi_{m+n}$. Now $\mathcal{H} = H_0 \sqrt{\Xi_0}$ and its first derivative becomes

$$\frac{d\mathcal{H}}{dx} = H_0 \frac{\Xi_1}{2\sqrt{\Xi_0}}. \quad (\text{A.3})$$

The second derivative is obtained through the quotient rule, i.e.

$$\begin{aligned} \frac{d^2\mathcal{H}}{dx^2} &= \frac{H_0}{2} \frac{\Xi_2 \sqrt{\Xi_0} - \Xi_1 \frac{\Xi_1}{2\sqrt{\Xi_0}}}{\Xi_0} \\ &= H_0 \frac{\Xi_1}{2\sqrt{\Xi_0}} \left(\frac{\Xi_2}{\Xi_1} - \frac{\Xi_1}{2\Xi_0} \right). \end{aligned} \quad (\text{A.4})$$

Now that we have these expressions, let us look at some special cases. Assume that the universe only consists of the substance s . Then

$$\Xi_m = (-1)^m (1 + 3w_s)^m \Omega_{s0} e^{-(1+3w_s)x}. \quad (\text{A.5})$$

We obtain the following:

$$\frac{1}{\mathcal{H}} \frac{d\mathcal{H}}{dx} = \frac{\Xi_1}{2\Xi_0} = -\frac{1}{2}(1 + 3w_s) \quad (\text{A.6a})$$

$$\frac{1}{\mathcal{H}} \frac{d^2\mathcal{H}}{dx^2} = \frac{\Xi_1}{2\Xi_0} \left(\frac{\Xi_2}{\Xi_1} - \frac{\Xi_1}{2\Xi_0} \right) = +\frac{3}{4}(1 + 3w_s)^2 \quad (\text{A.6b})$$

As for the conformal time, we get an expression that is ill-defined for some cases:

$$\begin{aligned} \frac{\eta\mathcal{H}}{c} &= \mathcal{H} \int_{-\infty}^x dx' \frac{1}{\mathcal{H}} \\ &= e^{\frac{x}{2}(1+3w_s)} \int_{-\infty}^x dx' e^{-\frac{x'}{2}(1+3w_s)} \\ &= \begin{cases} \frac{2}{1+3w_s} & w_s > 1/3 \\ \infty & w_s \leq -1/3 \end{cases} \end{aligned} \quad (\text{A.7})$$

We have gathered a set of analytical predictions for different eras in the history of the universe. The detailed result is presented in Tab. A.1. Note, however, that to compare this last expression to the numerical result does not actually make sense for later times as $\eta(x)$ depends on the historic composition as well.

Appendix B: Perturbation equations

This appendix contains equations relevant for Sect. 4.

We let $' \equiv \frac{d}{dx}$ in the equations below. Additionally, we introduce $\mathcal{Y} = \mathcal{Y}(x, k) \equiv \frac{ck}{\mathcal{H}(x)}$ as a shorthand notation.

Table A.1: Analytical predictions for single-substance universes.

	w_s	\mathcal{H}/H_0	$\frac{1}{\mathcal{H}} \frac{d\mathcal{H}}{dx}$	$\frac{1}{\mathcal{H}} \frac{d^2\mathcal{H}}{dx^2}$	$\frac{\eta\mathcal{H}}{c}$
Radiation-dominated	$1/3$	$\sqrt{\Omega_{r0}} e^{-x}$	-1	1	1
Matter-dominated	0	$\sqrt{\Omega_{m0}} e^{-1/2x}$	$-1/2$	$1/4$	2
DE-dominated	-1	$\sqrt{\Omega_{\Lambda 0}} e^x$	1	1	∞

Appendix B.1: The full system

The metric perturbations evolve as follows:

$$\Phi' = \Psi - \frac{\mathcal{Y}^2}{3} \Phi + \frac{H_0^2}{2\mathcal{H}^2 e^{2x}} \{(\Omega_{c0}\delta_c + \Omega_{b0}\delta_b) e^x + 4\Omega_{\gamma 0}\theta_0\} \quad (\text{B.1a})$$

$$\Psi = -\Phi - \frac{12H_0^2}{c^2 k^2 e^{2x}} \Omega_{\gamma 0} \theta_2 \quad (\text{B.1b})$$

Note that Eq. (B.1b) is not a differential equation. The perturbations to normal matter ($s = c, b$) are the following:

$$\delta'_s = \mathcal{Y}u_s - 3\Phi' \quad (\text{B.2a})$$

$$u'_s = -u_s - \mathcal{Y}\Psi + \delta_{sb} \frac{\tau'}{R} (3\theta_1 + u_b) \quad (\text{B.2b})$$

The monopole and dipole evolves as:

$$\theta'_0 = -\mathcal{Y}\theta_1 - \Phi' \quad (\text{B.3a})$$

$$\theta'_1 = \frac{\mathcal{Y}}{3} [\theta_0 - 2\theta_2 + \Psi] + \tau' \left[\theta_1 + \frac{u_b}{3} \right] \quad (\text{B.3b})$$

For the quadrupole and higher multipoles, we have:

$$\theta'_\ell = \begin{cases} \frac{\mathcal{Y}}{2\ell+1} [\ell\theta_{\ell-1} - (\ell+1)\theta_{\ell+1}] + \frac{9}{10}\tau'\theta_\ell & \ell = 2 \\ \frac{\mathcal{Y}}{2\ell+1} [\ell\theta_{\ell-1} - (\ell+1)\theta_{\ell+1}] + \tau'\theta_\ell & 2 < \ell < \ell_{\max} \\ \mathcal{Y}\theta_{\ell-1} - \frac{c(\ell+1)}{\mathcal{H}\eta}\theta_\ell + \tau'\theta_\ell & \ell = \ell_{\max} \end{cases} \quad (\text{B.3c})$$

Appendix B.2: Tight coupling regime

The tight coupling regime considers Eq. (B.1), Eq. (B.3a) and Eq. (B.2) except for Eq. (B.2b) for $s = b$. The following equations substitute the missing derivatives θ'_1 and u'_b :

$$u'_b = \frac{q - Ru_b + \mathcal{Y}(-\theta_0 + 2\theta_2)}{1 + R} - \mathcal{Y}\Psi \quad (\text{B.4a})$$

$$\theta'_1 = \frac{1}{3} (q - u'_b) \quad (\text{B.4b})$$

q is given by:

$$\begin{aligned} q &= \left[\tau'(1 + R) - R \left(1 - \frac{\mathcal{H}'}{\mathcal{H}} \right) \right]^{-1} \times \\ &\quad \left\{ -[\tau''(1 + R) - \tau'(1 - R)] (3\theta_1 + u_b) \right. \\ &\quad \left. - \mathcal{Y}R \left[\Psi - \left(1 - \frac{\mathcal{H}'}{\mathcal{H}} \right) (-\theta_0 + 2\theta_2) + \theta'_1 \right] \right\} \end{aligned} \quad (\text{B.4c})$$

The higher multipoles are given by Eq. (B.7)

Appendix B.3: Initial conditions

Let $\Psi_{\text{init}} \equiv \Psi(x_{\text{init}}, k)$ and $k\eta(x_{\text{init}}) \ll 1$. Further, we use that $\Psi_{\text{init}} = -2/3$ and the following scalar quantities at $x = x_{\text{init}}$:

$$\Phi(x_{\text{init}}, k) = -\Psi_{\text{init}} \quad (\text{B.5a})$$

$$\delta_s(x_{\text{init}}, k) = -\frac{3}{2}\Psi_{\text{init}}; \quad s = \text{c, b} \quad (\text{B.5b})$$

$$u_s(x_{\text{init}}, k) = -\frac{\mathcal{Y}(x_{\text{init}}, k)}{2}\Psi_{\text{init}}; \quad s = \text{c, b} \quad (\text{B.5c})$$

The first two photon multipoles are given by the following:

$$\Theta_0(x_{\text{init}}, k) = -\frac{1}{2}\Psi_{\text{init}} \quad (\text{B.6a})$$

$$\Theta_1(x_{\text{init}}, k) = +\frac{\mathcal{Y}(x_{\text{init}}, k)}{6}\Psi_{\text{init}} \quad (\text{B.6b})$$

For the quadrupole and the remaining multipoles, the following expressions hold at early times:

$$\Theta_2(x, k) = -\frac{4\mathcal{Y}(x, k)}{9\tau'(x)}\Theta_1(x, k) \quad (\text{B.7a})$$

$$\Theta_\ell(x, k) = -\frac{\ell}{2\ell+1} \frac{\mathcal{Y}(x, k)}{\tau'(x)} \Theta_{\ell-1}(x, k) \quad (\text{B.7b})$$

Appendix C: Temperature source function

The purpose of this appendix is to give the full equation for the photon temperature source function $\tilde{S} = \tilde{S}(x, k)$ as defined in Eq. (59).

We begin with the expression from Callin (2006, Eq. (40)):

$$\begin{aligned} \tilde{S} = & \tilde{g} \left[\Theta_0 + \Psi + \frac{\Theta_2}{4} \right] + e^{-\tau} \left[\frac{d\Psi}{dx} - \frac{d\Phi}{dx} \right] \\ & - \underbrace{\frac{1}{ck} \frac{d}{dx} (\mathcal{H} \tilde{g} u_b)}_{\mathfrak{U}_1} + \underbrace{\frac{3}{4c^2 k^2} \frac{d}{dx} \left[\mathcal{H} \frac{d}{dx} (\mathcal{H} \tilde{g} \Theta_2) \right]}_{\mathfrak{U}_2} \end{aligned} \quad (\text{C.1})$$

The goal is to rewrite \mathfrak{U}_1 and \mathfrak{U}_2 in terms of quantities that we have already got. We assume that the perturbed system is already solved. The job is essentially to use the Leibniz over and over again. We make use of the shorthand $' \equiv \frac{d}{dx}$ from before. For $f = u_b, \Theta_2$, the following will prove useful:

$$(\mathcal{H} \tilde{g} f)' = \mathcal{H}' \tilde{g} f + \mathcal{H} (\tilde{g}' f + \tilde{g} f') \quad (\text{C.2a})$$

$$(\mathcal{H} \tilde{g} f)'' = \mathcal{H}'' \tilde{g} f + 2\mathcal{H}' (\tilde{g}' f + \tilde{g} f') + \mathcal{H} (\tilde{g}'' f + 2\tilde{g}' f' + \tilde{g} f'') \quad (\text{C.2b})$$

We have got that

$$[\mathcal{H}(\mathcal{H} \tilde{g} \Theta_2)']' = \mathcal{H}'(\mathcal{H} \tilde{g} \Theta_2)' + \mathcal{H}(\mathcal{H} \tilde{g} \Theta_2)'', \quad (\text{C.3})$$

so:

$$\mathfrak{U}_1 = \mathcal{H}' \tilde{g} u_b + \mathcal{H} (\tilde{g}' u_b + \tilde{g} u_b') \quad (\text{C.4a})$$

$$\begin{aligned} \mathfrak{U}_2 = & 3\mathcal{H}\mathcal{H}' (\tilde{g}' \Theta_2 + \tilde{g} \Theta_2') + \mathcal{H}^2 (\tilde{g}'' \Theta_2 + 2\tilde{g}' \Theta_2' + \tilde{g} \Theta_2'') \\ & + [(\mathcal{H}')^2 + \mathcal{H}\mathcal{H}'] \tilde{g} \Theta_2 \end{aligned} \quad (\text{C.4b})$$

In inserting Eq. (C.4) into Eq. (C.1), we can compute the temperature source function from our quantities and their derivatives. However, we want to avoid too many numerical vulnerabilities

and will therefore provide the expression for Θ_2'' as well. We differentiate Eq. (B.3c) with $\ell = 2$ and get

$$\begin{aligned} \Theta_2'' = & \frac{1}{5} \left(\mathcal{Y}' [2\Theta_1 - 3\Theta_3] + \mathcal{Y} [2\Theta_1' - 3\Theta_3'] \right) + \frac{9}{10} (\tau'' \Theta_2 + \tau' \Theta_2') \\ = & \frac{\mathcal{Y}}{5} \left(-\frac{\mathcal{H}'}{\mathcal{H}} [2\Theta_1 - 3\Theta_3] + [2\Theta_1' - 3\Theta_3'] \right) + \frac{9}{10} (\tau'' \Theta_2 + \tau' \Theta_2') \\ = & \frac{2\mathcal{Y}}{5} \left(\Theta_1' - \frac{\mathcal{H}'}{\mathcal{H}} \Theta_1 \right) - \frac{3\mathcal{Y}}{5} \left(\Theta_3' - \frac{\mathcal{H}'}{\mathcal{H}} \Theta_3 \right) + \frac{9}{10} (\tau'' \Theta_2 + \tau' \Theta_2'), \end{aligned} \quad (\text{C.5})$$

where in the second line we used that $\mathcal{Y}' = (ck/\mathcal{H})' = -\mathcal{Y}\mathcal{H}'/\mathcal{H}$. Finally, by inserting Eq. (C.5) in Eq. (C.4b), we are ready to compute $\tilde{S}(x, k)$ in a numerically stable fashion.