



UNIVERSITY
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Master's thesis

Gravitational waves from topological defects

Any short subtitle

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Contents

Notation	iii
	1
1 Introduction	3
1.1 Preliminaries	3
1.1.1 Field theory	4
1.1.2 Expanding universe: FRW cosmology.	4
1.1.3 Method of Green's Functions	4
1.1.4 Special functions (tmp. name, maybe move (appendix)?)	5
I Background	7
2 Classical Field Theory and Gravity	9
2.1 General Relativity	9
2.2 TITLE (Conformal Transformations)	9
2.3 TITLE (Scalar–Tensor Theories (maybe subsec. of prev.))	9
2.4 Perturbation Theory.	9
2.5 Classical Solitons	9
3 Gravitational Waves	11
3.1 Linearised Gravity	11
3.1.1 TITLE (Energy–momentum tensor; Eom.; Scalar field)	12
3.2 Generation of Gravitational Waves	12
3.2.1 General Formalism	12
3.2.2 Scalar Field Source (temp. name)	14
4 Lattice-? and N -body simulations	15
II Project	17
5 Calculating Gravitational Waves from Domain Walls	19
5.1 Dynamics of Domain Walls in the Thin-Wall Limit.	19
6 Simulating Gravitational Waves from Domain Walls.	21
7 Studying Gravitational Waves from Domain Walls	23
	25
8 Discussion	27
9 Conclusion and Outlook	29

Contents

	31
Bibliography	33
A I do not have an appendix	35

Notation

Constants and units. We use ‘natural units’ where $\hbar = c = 1$, where \hbar is the reduced Planck constant and c is the speed of light in vacuum. **Planck units?** Set $k_B = G_N = 1$? The Newtonian constant of gravitation G_N is referenced explicitly, and we use Planck units such as the Planck mass $M_{\text{Pl}} = (\hbar c / G_N)^{1/2} = G_N^{-1/2} \sim 10^{-8}$ kg.

Tensors. The metric signature $(-, +, +, +)$ is considered, i.e. $\det[g_{\mu\nu}] \equiv |g| < 0$. The Minkowski metric is denoted $\eta_{\mu\nu}$, whereas a general metric is denoted $g_{\mu\nu}$. A four-vector $p^\mu =$

$$[\eta_{\mu\nu}] = \text{diag}(-1, 1, 1, 1)$$

$$f_{,\mu} \equiv \partial_\mu f = \frac{\partial f}{\partial x^\mu}$$

Christophel symbols. The Christophel symbols or “connections” are written

$$\Gamma_{\mu\nu}^\rho = \frac{1}{2} g^{\rho\sigma} (g_{\mu\sigma,\nu} + g_{\mu\sigma,\nu} - g_{\mu\nu,\sigma}) \quad (1)$$

“Lambda tensor.” We express the *Lambda tensor*—sometimes called the “projection operator”—that projects onto the TT gauge [refer to sec. 0](#) as

$$\Lambda_{ij,kl}(\mathbf{n}) = P_{ik}(\mathbf{n})P_{jl}(\mathbf{n}) - \frac{1}{2}P_{ij}(\mathbf{n})P_{kl}(\mathbf{n}); \quad P_{ij}(\mathbf{n}) = \delta_{ij} - n_i n_j \quad (2)$$

$\forall \mathbf{n}$ of unit length; $\mathbf{n}^2 = n_1^2 + n_2^2 + n_3^2 = 1$. We use a dot (‘.’) instead of the more conventional comma (‘,’) to distinguish from the Minkowskian partial derivative.

Fourier transforms. We use the following convention for the Fourier transform of $f(x)$, $\tilde{f}(k)$, and its inverse, where x and k are Lorentz four-vectors:

$$\begin{aligned} f(x) &= \int \frac{d^4 k}{(2\pi)^4} e^{-ik \cdot x} \tilde{f}(k) \\ \tilde{f}(k) &= \int d^4 x e^{ik \cdot x} f(x) \end{aligned} \quad (3)$$

Here, $k \cdot x = k_\sigma x^\sigma = g_{\rho\sigma} k^\rho x^\sigma$.

Acronyms

CDM	cold dark matter
CMB	cosmic microwave background (radiation)
DW	domain wall
GR	general relativity
GW	gravitational wave
Λ CDM	Lambda (Greek Λ) cold dark matter model; standard model of cosmology

Nomenclature

In the table below is listed the most frequently used symbols in this paper, for reference.

Table 1: helo

Symbol	Referent	SI-value or definition
<i>Natural constants</i>		
G_N	Newtonian constant of gravitation	1.2 kg
k_B	Boltzmann's constant	1.2 K
<i>Fiducial quantities</i>		
h_0	Reduced Hubble constant	0.67
<i>Subscripts</i>		
Q_{gw}	Quantity Q related to gravitational wave	
<i>Functions and operators</i>		
$\Theta(\xi)$	Heaviside step function	$\begin{cases} 1 & \xi > 0 \\ 0 & \xi < 0 \end{cases}$
$\text{sgn}(\xi)$	Signum function	$2\Theta(\xi) - 1$
$\delta^{(n)}(\xi)$	Dirac-Delta function of $\xi \in \mathbb{R}^n$, $n \in \mathbb{N}$.	
$\delta^{\mu\nu}$	Kronecker delta.	

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Writing Tools

「This is a comment.」

This needs spelling check.[?] Perhaps this?

「Rephrase this.」_U

「Awkward wording.」_U

「Needs double-checking.」_?

This is in need of citation or reference to a section.[©]
(With a comment.)

blah blah [...] (Phantom text.)

PHANTOM PARAGRAPH: THIS IS A PHANTOM PARAGRAPH, MAYBE WITH SOME KEYWORDS.

- This is a note.
- This is another note.
 - This is a related note.

This is very important.

This text is highlighted.

Statement. [←That needs to be shown or proven.]■

└

Chapter 1

Introduction

- GOALS:
 - Gather framework about GWs from DWs
 - Remove the need for very expensive N -body simulations with (semi-)analytical predictions
 - Extract as much information as possible from the NANOgrav spectra thingy
- WHY RELEVANT:
 - NANOgrav data wihoo
 - Simulations in this regard are hugely expensive, and will not allow us to constrain the parameters of a model

$$\tilde{h}_{\otimes}'' + 2\mathcal{H}\tilde{h}_{\otimes}' + k^2\tilde{h}_{\otimes} = 16\pi G_N a^2 \tilde{\sigma}_{\otimes}; \quad \otimes = +, \times \quad (1.1)$$

$$\left(\tilde{h}^{\text{TT}}\right)_{ij}(\eta, \mathbf{k}) = \sum_{\otimes=+, \times} e_{ij}^{\otimes}(\hat{\mathbf{k}}) \tilde{h}_{\otimes}(\eta, \mathbf{k}) \quad (1.2)$$

$$\tilde{h}^{\text{TT}}_{ij}(\eta, \mathbf{k}) = \sum_{\otimes=+, \times} e_{ij}^{\otimes}(\hat{\mathbf{k}}) \tilde{h}_{\otimes}(\eta, \mathbf{k}) \quad (1.3)$$

1.1 Preliminaries

It is assumed that the reader is familiar with variational calculus and linear perturbation theory.

└In the following, we briefly (re)capture some concepts that are important starting points for the rest of the thesis.┐

- variational calculus/ varying action
- action
- pert. theory?
- line element
- gauge invariance

- FRW cosmology
- classical field theory

$$G_{\mu\nu} = 8\pi G_N T_{\mu\nu} \quad (1.4)$$

1.1.1 Field theory

We formulate a theory in four-dimensional spacetime **「Minkowski」** in terms of the Lorentz invariant action

$$S = \int d^4x \mathcal{L}(\{\phi_i\}, \{\partial_\mu \phi_i\}), \quad (1.5)$$

with \mathcal{L} being the *Lagrangian density* of the theory, a function of the set of fields $\{\phi_i\}$ and its first derivatives. We will refer to \mathcal{L} simply as the Lagrangian, as is customary when working with fields. For a general (i.e. curved) spacetime, **blah blah [...]** $\partial_\mu \rightarrow \nabla_\mu$ **blah blah [...]** to construct a Lorentz invariant Lagrangian,

$$S = \int d^4x \underbrace{\mathcal{L}(\{\phi_i\}, \{\nabla_\mu \phi_i\})}_{\text{not scalar}} = \int d^4x \underbrace{\sqrt{-|g|}}_{\text{scalar}} \underbrace{\hat{\mathcal{L}}(\{\phi_i\}, \{\nabla_\mu \phi_i\})}_{\text{scalar}}, \quad (1.6)$$

「Maybe specify that this is only for scalar fields? Or include other fields?」

1.1.2 Expanding universe: FRW cosmology

The universe expands with the rate $a(t)$ at cosmic time t .

- expansion rate, cosmic time, conformal time
- why is flat assumption OK?

1.1.3 Method of Green's Functions

A linear ordinary differential equation (ODE) $L_x f(x) = g(x)$ assumes a linear differential operator L , a **「continuous」**, unknown function f , and a right-hand side g that constitutes the inhomogeneous part of the ODE. The *Green's function* G for the ODE (or L) is manifest as any solution to $L_x G(x, y) = \delta(x - y)$ **「check plagiarism (Bringmann)」**. If L is translation invariant (invariant under $x \mapsto x + a$)—which is equivalent to L having constant coefficients—we can write $G(x, y) = G(x - y)$ and **「←show?」**

$$f(x) = (G * g)(x) = \int dy G(x - y)g(y) \quad (1.7)$$

solves $L_x f(x) = g(x)$.

Let $f_i^{(0)}$, $i = 1, 2, 3, \dots$ be solutions to the homogeneous ODE, i.e. $L_x f_i^{(0)} = 0$. Then, by the superposition principle, $f(x) + \sum_i c_i f_i^{(0)}$ is also a solution of the original, inhomogeneous equation.

Pulse signal. Consider the very common scenario where the source is a temporary pulse;

$$g(x) = \begin{cases} g(x), & x_0 \leq x \leq x_1, \\ 0, & x \geq x_1. \end{cases} \quad (1.8)$$

1.1.4 Special functions (tmp. name, maybe move (appendix)?)

blah blah [...]

For $\nu = n + 1/2, n \in \mathbb{N}$ we have

$$\mathcal{J}_{n+1/2}(x) = \sqrt{\frac{2}{\pi}} x^{n+1/2} \left(-\frac{1}{x} \frac{d}{dx} \right)^n \frac{\sin x}{x} \quad (1.9a)$$

and

$$\mathcal{N}_{n+1/2}(x) = (-1)^{n+1} \mathcal{J}_{-(n+1/2)}(x) \quad (1.9b)$$

for $x \in \mathbb{C} \setminus \mathbb{R}$

Part I

Background

Chapter 2

Classical Field Theory and Gravity

Alongside quantum mechanics, Einstein’s theory of gravity—general relativity (GR)—is widely accepted as the most accurate description of our surroundings. GR can be formulated from a geometrical point of view, or it can be viewed as a classical field theory. In the former approach we meet geometrical tools such as the geodesic equation, whereas the latter allows the application of field-theoretical methods. This chapter lays emphasis on the field interpretation of GR.

PHANTOM PARAGRAPH: TWO PERSPECTIVES INSIGHTFUL; BETTER OVERALL UNDERSTANDING OF ASPECTS OF CONCEPTS IN GR

2.1 General Relativity

The Einstein–Hilbert action in vacuum is **check Planck mass def.**

$$S_{\text{EH}} = \frac{1}{2} M_{\text{Pl}}^2 \int d^4x \sqrt{-|g|} \mathcal{R}, \quad (2.1)$$

where $\mathcal{R} = g^{\mu\nu} \mathcal{R}_{\mu\nu}$. By varying S_{EH} with respect to $g_{\mu\nu}$ one obtains the equation of motion

$$\mathcal{G}_{\mu\nu} \equiv \mathcal{R}_{\mu\nu} + \frac{1}{2} g_{\mu\nu} \mathcal{R} = 0. \quad (2.2)$$

Thus, we interpret GR as a *classical* field theory where the tensor field $g_{\mu\nu}$ is the gravitational field, **with the particle realisation named “graviton”**.

- scalar field (ST theories)
- energy momentum tensor

2.2 TITLE (Conformal Transformations)

2.3 TITLE (Scalar–Tensor Theories (maybe subsec. of prev.))

2.4 Perturbation Theory

2.5 Classical Solitons

Chapter 3

Gravitational Waves

The term “gravitational waves” refers to the [tensor perturbations to the background metric](#)[©]. These “waves” are spacetime distortions whose name comes from the fact that [they obey the wave equation](#)[?].

3.1 Linearised Gravity

「CONFORMAL TRAFOS!!!! Carroll ((2019, p. 467))」

If we let $\bar{g}_{\mu\nu}$ be the background metric, the perturbed metric is given by

$$g_{\mu\nu} = \bar{g}_{\mu\nu} + h_{\mu\nu}; \quad |h_{\mu\nu}| \ll 1, \quad (3.1)$$

where $h_{\mu\nu}$ describes a tensor field propagating on said background. Now, $g^{\mu\nu} = \bar{g}^{\mu\nu} - h^{\mu\nu}$ is the inverse metric, however $h^{\mu\nu}h_{\nu\lambda} = \bar{g}^{\mu\rho}\bar{g}^{\nu\sigma}h_{\rho\sigma}h_{\nu\lambda} \neq \delta^\mu_\lambda$.

PHANTOM PARAGRAPH: FIND THE LINEARISED EINSTEIN EQS – USING COMMA NOTATION – COMMENT ABOUT NO BACKREACTION

The Christophel symbols are now

$$\begin{aligned} \Gamma_{\mu\nu}^\rho &= \frac{1}{2}g^{\rho\sigma}(g_{\mu\sigma,\nu} + g_{\nu\sigma,\mu} - g_{\mu\nu,\sigma}) \\ &= \bar{\Gamma}_{\mu\nu}^\rho + \frac{1}{2}\bar{g}^{\rho\sigma}(h_{\mu\sigma,\nu} + h_{\nu\sigma,\mu} - h_{\mu\nu,\sigma}) - \frac{1}{2}h^{\rho\sigma}(\underbrace{\bar{g}_{\mu\sigma,\nu} + \bar{g}_{\nu\sigma,\mu} - \bar{g}_{\mu\nu,\sigma}}_{=2\bar{g}_{\sigma\lambda}\bar{\Gamma}_{\mu\nu}^\lambda}) + \mathcal{O}(h^2) \\ &= \bar{\Gamma}_{\mu\nu}^\rho + \frac{1}{2}\bar{g}^{\rho\sigma}(h_{\mu\sigma,\nu} + h_{\nu\sigma,\mu} - h_{\mu\nu,\sigma}) - h^\rho_\lambda\bar{\Gamma}_{\mu\nu}^\lambda + \mathcal{O}(h^2) \\ &= \bar{\Gamma}_{\mu\nu}^\rho + \frac{1}{2}\bar{g}^{\rho\sigma}(h_{\mu\sigma,\nu} + h_{\nu\sigma,\mu} - h_{\mu\nu,\sigma} - 2h_{\sigma\lambda}\bar{\Gamma}_{\mu\nu}^\lambda) + \mathcal{O}(h^2) \\ &= \bar{\Gamma}_{\mu\nu}^\rho + \frac{1}{2}\bar{g}^{\rho\sigma}(h_{\mu\sigma;\nu} + h_{\nu\sigma;\mu} - h_{\mu\nu;\sigma}) + \mathcal{O}(h^2), \end{aligned} \quad (3.2)$$

where $h_{\mu\nu;\sigma} = \bar{\nabla}_\sigma h_{\mu\nu}$ 「 $+\mathcal{O}(h^2)$??」. [←Prove this last line.】

「Maybe have such things in an appendix?」

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3.1.1 TITLE (Energy–momentum tensor; Eom.; Scalar field)

The energy–momentum tensor is

$$T^{\mu\nu} = -\frac{2}{\sqrt{-g}} \frac{\delta S_\phi}{\delta g^{\mu\nu}} = \partial_\mu \phi \partial_\nu \phi - g_{\mu\nu} \left[\frac{1}{2} g^{\rho\sigma} \partial_\rho \phi \partial_\sigma \phi + V(\phi) \right] \quad (3.3)$$

blah blah [...] Assume no cross terms in $g_{\mu\nu}$. To retrieve the TT-part of $T_{\mu\nu}$ we utilise the Lambda tensor[©]
(repeat or refer?)

$$\begin{aligned} T_{ij}(\eta, \mathbf{k}) &= \Lambda_{ij,kl}(\hat{\mathbf{k}}) (T^{-\text{TT}})_{ij}(\eta, \mathbf{k}) \\ &\stackrel{!}{=} \Lambda_{ij,kl}(\hat{\mathbf{k}}) [\partial_i \phi \partial_j \phi](\eta, \mathbf{k}) \end{aligned} \quad (3.4)$$

$$\begin{aligned} [\partial_i \phi \partial_j \phi](\eta, \mathbf{k}) &= \int d^3x e^{i\mathbf{k}\cdot\mathbf{x}} [\partial_i \phi \partial_j \phi](\eta, \mathbf{x}) \\ &= \text{????} \end{aligned} \quad (3.5)$$

└

3.2 Generation of Gravitational Waves

- Somehow get to this eq:

$$T_{ij}^{\text{TT}}(\eta, \mathbf{k}) = \Lambda_{ij,kl}(\hat{\mathbf{k}}) \int \frac{d^3p}{(2\pi)^3} p_k p_l \phi(\eta, \mathbf{p}) \phi(\eta, \mathbf{k} - \mathbf{p}). \quad (3.6)$$

- Production instead of generation?

3.2.1 General Formalism

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┐Use conformal trafo! ((Carroll, 2019, p. 467)) ┘

$$ds^2 = -dt^2 + a^2(t) \{ \gamma_{ij} + h_{ij} \} dx^i dx^j = a^2(\eta) \{ -d\eta^2 + (\gamma_{ij} + h_{ij}) dx^i dx^j \} \quad (3.7)$$

$$h_{ij} = h_{ij}^{\text{TT}}, \gamma_{ij} = \delta_{ij}, (\bar{g}_{\mu\nu} = a^2 \eta_{\mu\nu})$$

Linearised Einstein equations: ┐conformal Newtonian gauge┘

$$\delta G^i_j = 8\pi G_N T^i_j = \frac{1}{2a^2} \left[\ddot{h}_{ij} + 2\frac{\dot{a}}{a} \dot{h}_{ij} - \nabla^2 h_{ij} \right] \quad (3.8)$$

where a dot (‘‘ ’’) signifies the *conformal* time derivative. ($T^i_j = a^{-2} T_{ij}$) **blah blah [...]**

$$\ddot{h}_{ij}(\eta, \mathbf{k}) + 2\frac{\dot{a}}{a} \dot{h}_{ij}(\eta, \mathbf{k}) - k^2 h_{ij}(\eta, \mathbf{k}) = 16\pi G_N T_{ij}(\eta, \mathbf{k}) \quad (3.9)$$

Define $\mathfrak{h}_{ij} \equiv ah_{ij}$. By inserting this in Eq. (3.9) and multiplying the equation by a , one finds

$$\ddot{\mathfrak{h}}_{ij}(\eta, \mathbf{k}) + \left[k^2 - \frac{\ddot{a}(\eta)}{a(\eta)} \right] \mathfrak{h}_{ij}(\eta, \mathbf{k}) = 16\pi G_N a(\eta) T_{ij}(\eta, \mathbf{k}). \quad (3.10)$$

We assume $a(\eta) \propto \eta^\alpha$ and define $\nu \equiv \alpha - \frac{1}{2}$. Letting $\tau = k\eta$, Eq. (3.10) becomes

$$\left[\frac{\partial^2}{\partial \tau^2} + 1 - \frac{4\nu^2 - 1}{4\tau^2} \right] \mathfrak{h}_{ij}(\eta, \mathbf{k}) = \frac{16\pi G_N a(\eta)}{k^2} T_{ij}(\eta, \mathbf{k}) \quad (3.11)$$

Now, Eq. (3.11) transforms into a problem of the form $L_\tau f(\tau) = g(\tau)$; a problem that can be solved using Green’s method (see [some section](#)[Ⓢ]). Kawasaki and Saikawa ((2011)) propose

$$G(\tau, \tau') = \frac{\pi}{2} \Theta(\tau - \tau') [\mathcal{N}_\nu(\tau) \mathcal{J}_\nu(\tau') - \mathcal{J}_\nu(\tau) \mathcal{N}_\nu(\tau')] \quad (3.12)$$

as a solution to $L_\tau G(\tau, \tau') = \delta(\tau - \tau')$. In [some appendix](#)[Ⓢ] we show that this holds for a matter dominated universe where $\nu = 2 - \frac{1}{2} = \frac{3}{2}$.

Now assume the source is active (emits gravitational radiation) between η_{ini} and η_{fi} , and [followingly](#)[?] initial conditions $\mathfrak{h}_{ij}(\eta_{\text{ini}}, \mathbf{k}) = \dot{\mathfrak{h}}_{ij}(\eta_{\text{ini}}, \mathbf{k}) = 0$. Thus,

$$\mathfrak{h}_{ij}(\eta \geq \eta_{\text{ini}}, \mathbf{k}) = \frac{8\pi^2 G_N}{k^2} \int_{k\eta_{\text{ini}}}^{k\eta} d\tau' \sqrt{\tau\tau'} [\mathcal{N}_\nu(\tau) \mathcal{J}_\nu(\tau') - \mathcal{J}_\nu(\tau) \mathcal{N}_\nu(\tau')] a(\tau') T_{ij}(\tau', \mathbf{k}), \quad (3.13)$$

which reduces to

$$\mathfrak{h}_{ij}(\eta \geq \eta_{\text{fi}}, \mathbf{k}) = A_{ij}(\mathbf{k}) \sqrt{k\eta} \mathcal{J}_\nu(k\eta) + B_{ij}(\mathbf{k}) \sqrt{k\eta} \mathcal{N}_\nu(k\eta). \quad (3.14)$$

Combining Eq. (3.13) and Eq. (3.14) at $\eta = \eta_{\text{fi}}$ gives the coefficients A_{ij} and B_{ij} :

$$\begin{aligned} A_{ij}(\mathbf{k}) &= -\frac{8\pi^2 G_N}{k^2} \int_{k\eta_{\text{ini}}}^{k\eta_{\text{fi}}} d\tau' \sqrt{\tau'} a(\tau') \mathcal{N}_\nu(\tau') T_{ij}(\tau', \mathbf{k}) \\ B_{ij}(\mathbf{k}) &= +\frac{8\pi^2 G_N}{k^2} \int_{k\eta_{\text{ini}}}^{k\eta_{\text{fi}}} d\tau' \sqrt{\tau'} a(\tau') \mathcal{J}_\nu(\tau') T_{ij}(\tau', \mathbf{k}) \end{aligned} \quad (3.15)$$



3.2.2 Scalar Field Source (temp. name)

Chapter 4

Lattice-[?] and N -body simulations

Part II

Project

Chapter 5

Calculating Gravitational Waves from Domain Walls

TITLE (Possibly different Ch. name: “GWs from perturbed flat DW” or something)
TITLE (“Dynamics of Domain Walls”??)

- BenteBent (thin) → KatjaKaj (thick)

We consider a relatively general four-dimensional spacetime $(\mathcal{M}, g_{\mu\nu})$ with continuous metric and associated coordinate system $\{x^\mu\}$. **blah blah [...]** ((Ishibashi and Ishihara, 1999))

5.1 Dynamics of Domain Walls in the Thin-Wall Limit

Let the $(2 + 1)$ -dimensional submanifold Σ embedded in \mathcal{M} represent the thin domain wall we henceforth shall refer to as “BenteBent” (or BB). This hypersurface divides the manifold into two separate regions (\mathcal{M}_\pm) , allowing us to write $\mathcal{M} = \mathcal{M}_+ \cup \Sigma \cup \mathcal{M}_-$. Allow indices a, b, c, \dots run over 0, 1, 2, and assign the coordinate system $\{y^a\}$ to Σ . Now, the world-volume metric

$$\gamma_{ab} = g_{\mu\nu} \frac{\partial x^\mu}{\partial y^a} \frac{\partial x^\nu}{\partial y^b} \quad (5.1)$$

is the induced metric on Σ . **「Hmmm, maybe something wrong here.」** ((Carroll, 2019))

We write the covariant action of the domain wall BenteBent as

$$S_{\text{BB}} = -\sigma \int_{\Sigma} d^3y \sqrt{-\gamma}, \quad (5.2)$$

where

Chapter 6

Simulating Gravitational Waves from Domain Walls

Chapter 7

Studying Gravitational Waves from Domain Walls

Chapter 8

Discussion

Chapter 9

Conclusion and Outlook

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Bibliography

Appendix A

I do not have an appendix