Writing Assignment

Create a new document and copy and paste the question prompts into that document.

You will be asked to submit this assignment in an AirTable form at the end of the day. Choose the blue Share button on the top right. Choose "Get Shareable Link" from the top right of the pop-up box. Click on the "copy link" button. Then paste this in the textbox on the AirTable form, using a keyboard shortcut or right click (double click on Mac) and choosing "Paste".

You can access the AirTable forms by typing ftreport or ptreport in a direct message to yourself in Slack. The bot will pull up the links. There is also a link to these forms at the bottom of every Training Kit page.

Lambda School

After watching the interview with our CEO Austen Allred summarize what you think is different about Lambda School compared to either a traditional college education or a coding bootcamp. Be sure to include both positive and potentially negative aspects.

Spirit of Independent Learning

After watching the TEDx video by Barbara Oakley answer these questions:

1. What are the two modes of thinking described in this video?
    Focus mode- You turn your attention to something and then boom its on!
    Diffuse muse- Its a relaxed set of neural states

2. Do you think the Pomodoro technique would help you with procrastination?
    Yes it can make me be more productive and can help me with my journey in lamdba school.

3. Describe what is meant by "Illusions of Competence in Learning".
    Illusions of competence in learning is you can study all day long and you could be spinning your wheels because you are not using effective study techniques.

4. What are some studying tips that you might implement after watching this video?
   Exercising more so i can let stress out and for i can clear my mind and remember things
   And i should test myself to see if i understand the material.

Outcomes Based Assessment

1. How are outcome based assessments different from traditional testing?
   In college traditional testing you have to study to get a good grade if you don't get a good letter grade you fail and you lose money that you paid for the semester.
   In lambda school based assessments you are graded by numbers 1-3 and if you didn't do good or i mean if you did not pass you would have to redo the week or project to pass with college if this happens you need to pay again to retake the course.

2. Describe what a "1", "2" and "3" mean on assessments

A 1 means you didn't pass but you are allowed to flex
A 2 means you passed you reached MVP
A 3 means you did stretch goals and MVP

3. Describe the process of "flexing" at Lambda School

You failed the sprint so you are redoing the work you didn't understand so you can get a chance to pass it the next time.