# Modifying k-means clustering to optimize defensive positioning in volleyball

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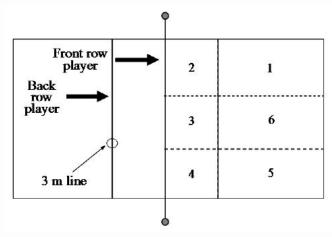
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### **Next Steps**

Expanding on future goals for this project

# Volleyball background

- 6 players on for each team, split by zone and positions
- Positions
  - Setter
  - Outside Hitter
  - Middle Blocker
  - Rightside/Opposite Hitter
  - Defensive Specialist
  - Libero



# Volleyball background, continued

- Attack
  - Hard attack
  - o Offspeed/Roll
  - o Tip
- Error
- Kill
- Dig
- Block



# Types of defensive positioning

### **Base Defense**

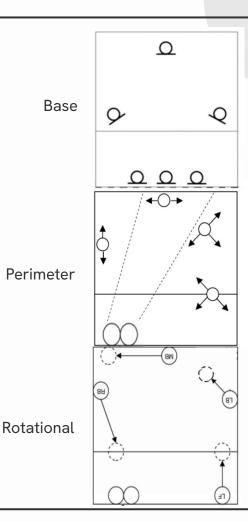
Positioning before knowing which of the opponent's attackers will attack

### **Perimeter Defense**

Defenders surround the perimeter of the court under the idea that moving forward to the center of the court is easier than moving backwards

### **Rotational Defense**

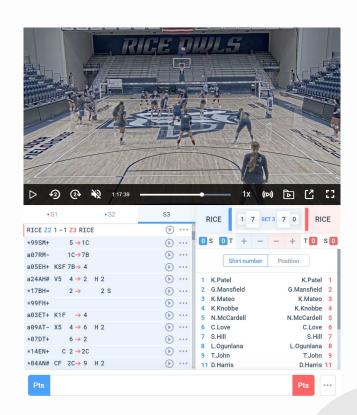
Assumes the blockers will cover the necessary area of the court, everyone else shifts around it



# What is the best defensive positioning?

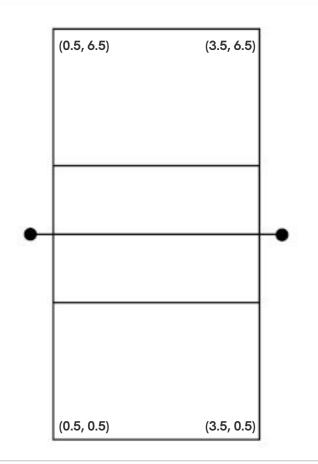
## **Data overview**

- VolleyStation manual live stat tracking
  - Player
  - o Skill
  - Evaluation code
  - Skill sub-type
  - Start and end coordinates (x, y)
- Volleymetrics
  - Platform to collect video/stats of other teams
- All touches from NCAA Division I Rice University volleyball matches during the 2023 season
  - 3,771 attacks: 1,997 from outside, 1,225 from opposite, and 549 from middle
  - Attacks with significant block touches removed



# **Coordinate system**

- 1 coordinate = 10 feet
- Bottom baseline y = 0.5
- Top baseline y = 6.5
- Left sideline x = 0.5
- Right sideline x = 3.5
- Net y = 3.5
- Ten foot lines y = 2.5, 4.5



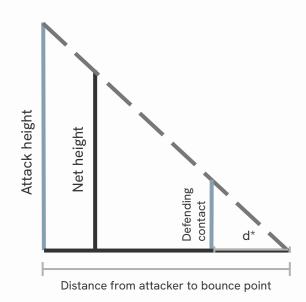
y = 4.5

y = 3.5

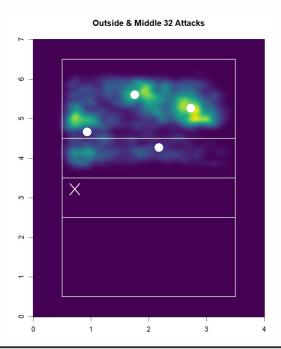
y = 2.5

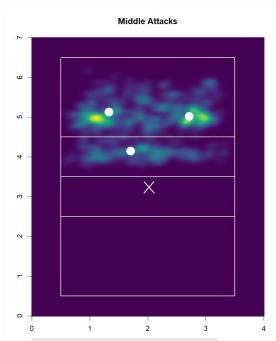
# Adjustment for bounced attacks

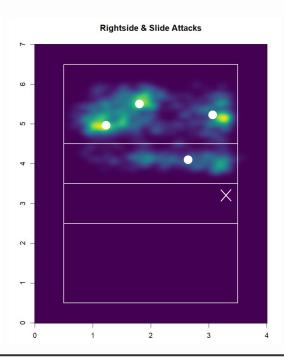
- An attack that was not touched by a defender, including errors and kills
- Standardize attacks to have the end coordinates be where a defender should be located
- Height of attack 100 in
  - (1 ft above the net)
- Height of defender 30 in



# Exploratory Data Analysis – k means clustering







# K-means clustering vs. Adaptive model

$$ext{minimize}_{c_i} \sum_{i=1}^n ((x_i - x_{c_i})^2 + (y_i - y_{c_i})^2)$$

- Finds mean point that minimizes the distance of the nearby observations
- Found 4 means, signifying where the four spots on the court the most of each attack goes

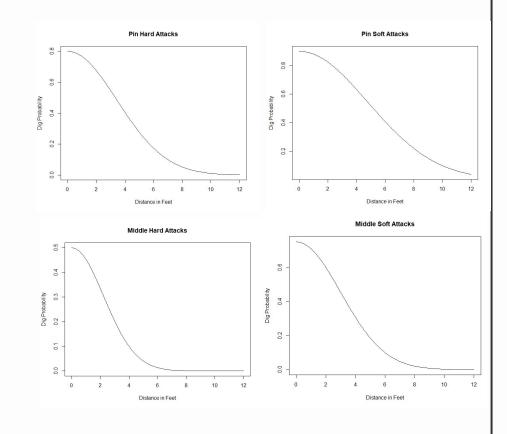
$$ext{minimize}_{c_i} \sum_{i=1}^n \left( P(Z_i = 1 | x_i, y_i, x_{c_i}, y_{c_i}) 
ight)$$

- Minimizes the probability of the opponent getting a kill ( Z<sub>i</sub> )
- Finds the mean coordinate points that minimizes this probability
- This will tell us where the players should be on the court

# **Objective Function**

dig probability =  $\alpha$  • exp ( $\beta$  • distance  $^2$ )

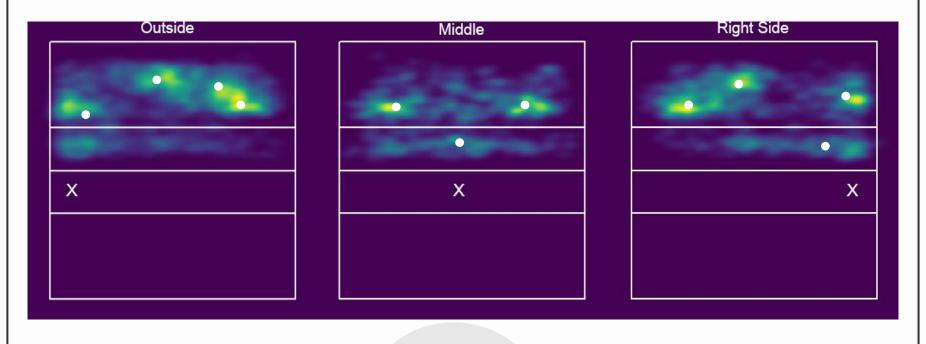
- Calculates the probability of a successful dig based on the distance between the defender and the anticipated ball landing point
- Domain knowledge and video analysis to derive  $\alpha$  and  $\beta$



# Adapting k-means algorithm

- 1. Initialize cluster centers randomly
- 2. Assign each observation to the nearest center
  - a. Directly proportional to dig probability
  - b. Alternates until convergence
- 3. Gradient ascent used to maximize the objective function
  - Calculated the gradient of the dig probability with respect to defender positions
  - b. Iteratively update positions to increase dig probability
    - Updates until convergence

# **Updated results**



4 defenders, 2 blockers

3 guaranteed defenders

4 defenders, 2 blockers

## **Comparison to traditional methods**

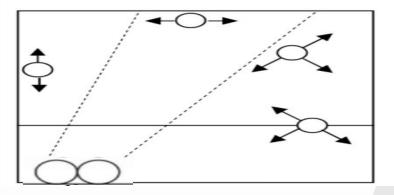
### **Adapted k-means result**

- Pulls the offside blocker back row
- Similar to standard k-means otherwise

# X

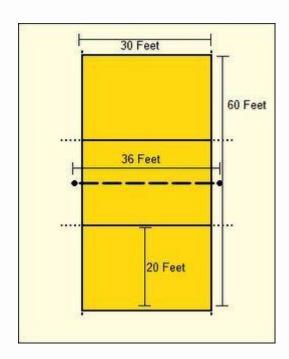
### **Perimeter Defense**

- Closest traditional method to results
- Has players closer to side/endlines



# **Application**

- Can easily translate coordinates to feet
  - Useful information for coaches and players
- Position players slightly deeper
- On middle attacks, middle defender move forward to cover tips over the block
- Reinforced the strategy of side defenders covering shorter areas and the middle defender managing deeper zones



# **Future steps**

### **Continue testing coordinate data**

 Continue testing to see if the coordinates make sense with different types of touches, including block touches

### Refine player mobility information

- Currently assumes equal range of motion forward, backward, and sideways
- Adapt player range to resemble more of an oval shape

### **Expand data set**

- Run analyses on specific teams to support scouting reports
- Apply analysis across all NCAA Division I volleyball teams for general information

# Thank you!

Thank you to Dr. Scott Powers, members of the Powers lab, and Rice University Sport Analytics Department



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