Fathead Dough

**INGREDIENTS:**

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| **(1)** | 1 ½ cups of shredded mozzarella cheese  2 oz of cream cheese |

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| **(2)** | 1 cup fine almond flour  1 egg, beaten |

**INSTRUCTIONS:**

*Preheat* oven to 425 degrees Fahrenheit.

*Add* **(1)** together in microwave safe bowl. *Microwave* for 1 minute, *stir*, and *microwave* for an additional 30 seconds.

*Add* **(2)** together and *add* to cheese mixture from **(1)** until well combined and smooth.

**Roll** dough out onto parchment paper with hands, wetting hands slightly with cold water if dough is too sticky.

**Bake** dough for a total of 10-12 minutes

Uses:

For Pizza, you will want to bake the dough for 3-4 minutes prior to topping, and then bake for an additional 8-10 minutes after.

For chalupa shells, you will want to bake the dough for 8-10 minutes straight.