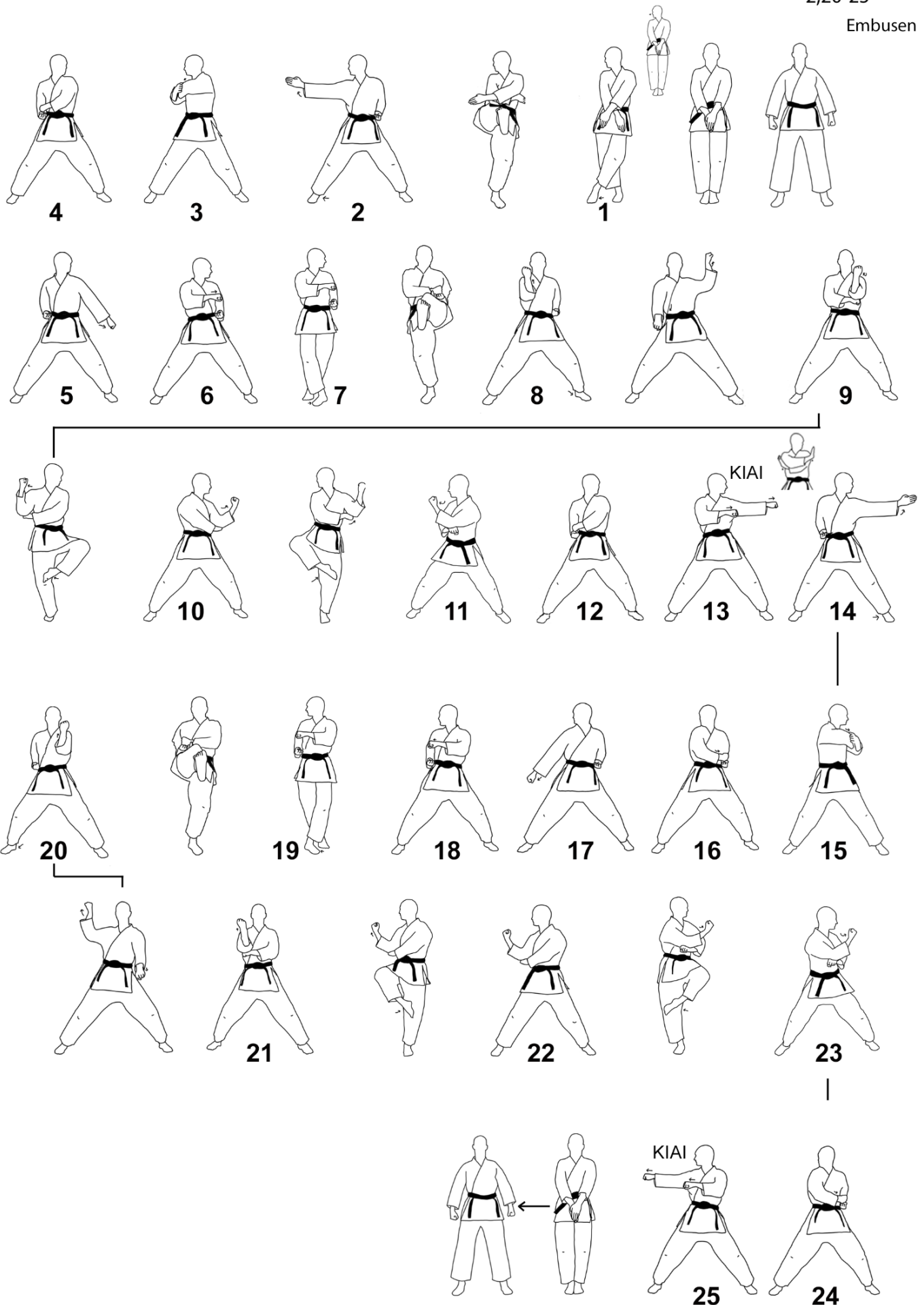


# Tekki Shodan

(Horse Riding - Level 1)

1, 7 8-18  
2, 20-25  
Embusen



# Tekki Shodan Steps

Step	Technique	Translation	Stance	Stance	Comment
Yoi			hachiji-dachi	natural stance	
1	-	-	kosa-dachi	crossing stance	
2	migi yoko-fumikomi / migi yoko-chudan-haishu-uke	right stamping kick / right yoko-middle-level-back-hand-block	kiba-dachi	horse-riding stance	
3	hidari sokumen empi-uchi	left side elbow-strike	kiba-dachi	horse-riding stance	
4	kosa-gamae	face turning & both fists hip posture	kiba-dachi	horse-riding stance	
5	hidari sokumen gedan-barai	left side downward block	kiba-dachi	horse-riding stance	
6	migi chudan kagi-zuki	right middle-level hook-punch	kiba-dachi	horse-riding stance	
7	-	-	kosa-dachi	crossing stance	
8	hidari yoko-fumikomi / migi chudan uchi-uke	left stamping kick / right middle-level inside block	kiba-dachi	horse-riding stance	
9	hidari jodan nagashi-uke / migi uke-zuki / hidari uraken-uchi	left upper sweeping block / right blocking punch / left backfist strike	kiba-dachi	horse-riding stance	
10	hidari nami-gaeshi / hidari sokumen-uke	left return wave kick (or avoid)/ left side-block	kiba-dachi	horse-riding stance	
11	migi nami-gaeshi / hidari sokumen-uke	right return wave kick (or avoid)/ left side-block	kiba-dachi	horse-riding stance	
12	kosa-gamae	face turning / both fists hip posture	kiba-dachi	horse-riding stance	
13	hidari chudan morote-yoko-zuki	punch to left side & left hook punch	kiba-dachi	horse-riding stance	KIAI
14	hidari yoko-chudan-haishu-uke	left side-middle-level-back-hand-block	kiba-dachi	horse-riding stance	slow
15	migi sokumen empi-uchi	right side elbow-strike	kiba-dachi	horse-riding stance	
16	kosa-gamae	face turning / both fists hip posture	kiba-dachi	horse-riding stance	
17	migi sokumen gedan-barai	right side downward block	kiba-dachi	horse-riding stance	
18	hidari chudan kagi-zuki	left middle-level hook-punch	kiba-dachi	horse-riding stance	
19	-	-	kosa-dachi	crossing stance	
20	migi yoko-fumikomi / hidari chudan ude-uke	right stamping kick / left middle-level inside block	kiba-dachi	horse-riding stance	
21	migi jodan nagashi-uke / hidari uke-zuki / migi jodan uraken-uchi	right upper sweeping block / left blocking punch / right upper backfist strike	kiba-dachi	horse-riding stance	
22	migi nami-gaeshi / migi sokumen-uke	face turning / right return wave-kick (or avoid) / right forearm block to side	kiba-dachi	horse-riding stance	
23	hidari nami-gaeshi / migi sokumen-uke	face turning / left return wave-kick (or avoid) / left forearm block to side	kiba-dachi	horse-riding stance	
24	koshi-gamae	both fists on hip posture	kiba-dachi	horse-riding stance	
25	morote-zuki	left punch to side & left hook punch	kiba-dachi	horse-riding stance	KIAI
Yame			heisoku-dachi	feet together stance	

Stances:

