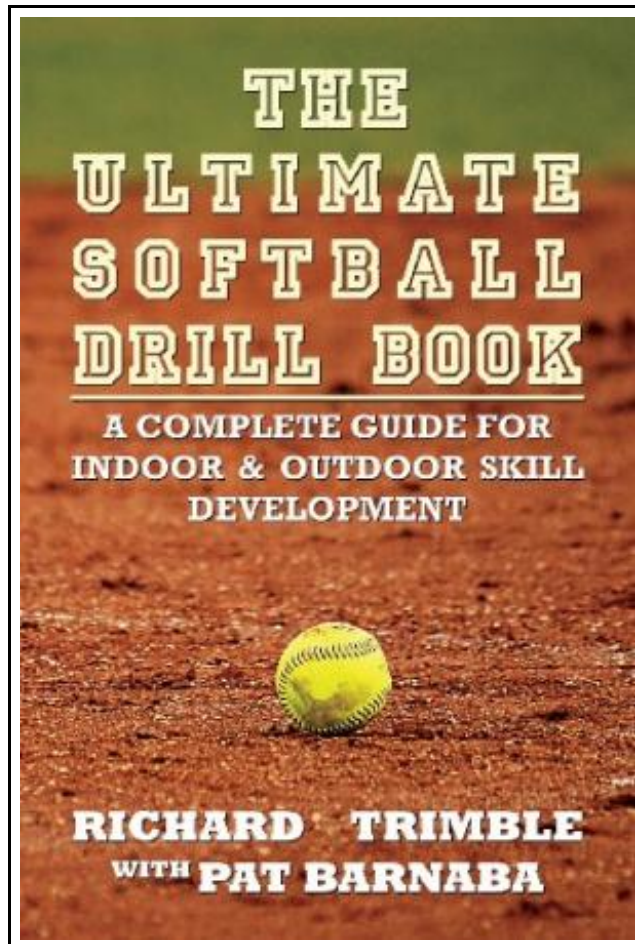


The Ultimate Softball Drill Book: A Complete Guide for Indoor Outdoor Skill Development



Filesize: 8.17 MB

Reviews

Simply no words to spell out. It can be rally fascinating throgh studying period of time. You will not really feel monotony at at any moment of your own time (that's what catalogues are for concerning if you ask me).

(Dr. Isabella Turner)

THE ULTIMATE SOFTBALL DRILL BOOK: A COMPLETE GUIDE FOR INDOOR OUTDOOR SKILL DEVELOPMENT



America Star Books. Paperback. Book Condition: New. Paperback. 332 pages. Dimensions: 9.0in. x 6.0in. x 1.0in. The Ultimate Softball Drill Book is exactly that-the ultimate drill book for softball coaches. There are close to 500 drills in this book-over 100 hitting drills, over 100 pitching drills and many more for all facets of the game. There are drills for indoor practices and even for preseason tryouts. Coaches Rick Trimble and Pat Barnaba have combined their decades of on-field experience, attendance at nationally recognized clinics where theyve learned from the best collegiate coaches in the land, reading books and watching video to compile this outstanding volume-a must for any softball coach on any level. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



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