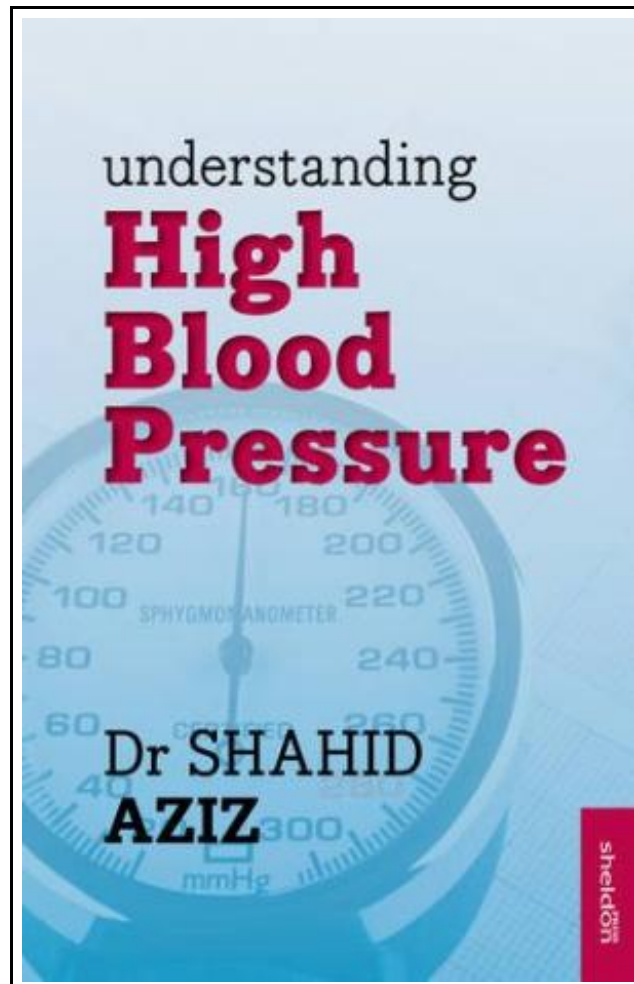


Understanding High Blood Pressure



Filesize: 1.04 MB

Reviews

*Complete information! Its this kind of good study. This really is for all those who statte that there was not a well worth looking at. I found out this pdf from my dad and i encouraged this ebook to learn.
(Candida Deckow III)*

UNDERSTANDING HIGH BLOOD PRESSURE

[DOWNLOAD](#)

SPCK Publishing. Paperback. Book Condition: new. BRAND NEW, Understanding High Blood Pressure, Shahid Aziz, Cutting edge research from a leading consultant cardiologist. High blood pressure is on the increase and is expected to rise by 24% in developed countries, affecting one in three of the world's adult population by 2025. As it is, hypertension is already a fact of life for around half of people in the UK over 65, and for some 70% of those in their 70s. It has a strong correlation with obesity and diabetes, levels of which are also soaring, and is strongly linked to lifestyle factors such as lack of exercise, fatty diets and high salt consumption. On the positive side, lifestyle modifications can be very effective, and even small changes can be beneficial. This book looks at how blood pressure is diagnosed and treated. Topics include: Role of blood pressure within the larger picture of cardiovascular health How hypertension may be linked with other disease How it affects special populations such as the elderly and pregnant women Treatment - drug therapy Lifestyle changes.

[Read Understanding High Blood Pressure Online](#)[Download PDF Understanding High Blood Pressure](#)

You May Also Like



The Official eBay Guide: To Buying, Selling and Collecting Just About Everything

Simon & Schuster Ltd. Paperback. Book Condition: new. BRAND NEW, The Official eBay Guide: To Buying, Selling and Collecting Just About Everything, Laura Fisher Kaiser, Michael Kaiser, Omidyar, Pierre, HAPPY HUNTING(TM) ON eBay Aunt Fannie's...

[Save eBook »](#)



Accused: My Fight for Truth, Justice and the Strength to Forgive

BenBella Books. Hardback. Book Condition: new. BRAND NEW, Accused: My Fight for Truth, Justice and the Strength to Forgive, Tonya Craft, Mark Dagostino, This is the true story of a woman who prevailed against the...

[Save eBook »](#)



The Tale of Jemima Puddle-Duck - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, The Tale of Jemima Puddle-Duck - Read it Yourself with Ladybird: Level 2, This is a gentle adaptation of the classic tale by Beatrix Potter. Jemima...

[Save eBook »](#)



Dom's Dragon - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Dom's Dragon - Read it Yourself with Ladybird: Level 2, Mandy Ross, One day, Dom finds a little red egg and soon he is the owner...

[Save eBook »](#)



Peppa Pig: Nature Trail - Read it Yourself with Ladybird: Level 2

Penguin Books Ltd. Paperback. Book Condition: new. BRAND NEW, Peppa Pig: Nature Trail - Read it Yourself with Ladybird: Level 2, Peppa Pig and her family are enjoying a nature walk when they get lost....

[Save eBook »](#)