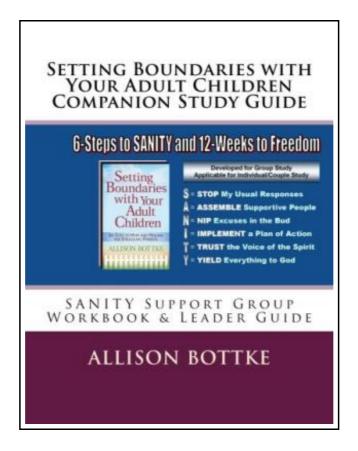
# Setting Boundaries with Your Adult Children Companion Study Guide: Sanity Support Group Workbook Leader Guide (Paperback)



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Allison Bottke LLC, United States, 2014. Paperback. Book Condition: New. 214 x 149 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.DO YOU HAVE AN ADULT CHILD WHO IS ALWAYS IN CRISIS? Parents and grandparents around the country are struggling emotionally, spiritually and financially-living in chaos from one crisis to another concerning the poor choices being made by their adult children. They want desperately to help their adult children, and yet their repeated attempts to come to the rescue have not brought the expected results. Well-meaning parental enabling has fostered a vicious cycle of insanity that has reached epidemic proportion with catastrophic consequences. With almost 200,000 books sold in the popular Setting Boundaries(r) series, countless parents around the world have found hope, healing and SANITY since the release of Setting Boundaries with Your Adult Children, Six Steps to Hope and Healing for Struggling Parents by Allison Bottke. This critically acclaimed book is a recommended resource by Focus on the Family, and it has hit #1 on various lists several times. With deep compassion and empathy for parents in pain, Allison has developed a SANITY Support Group workbook for use with the book to help parents set healthy boundaries. Hundreds of participants worldwide have already successfully completed the 6-Steps to SANITY and 12-Weeks to Freedom support group program. Following the six-step SANITY acronym, group members explore the difference between helping and enabling, why we enable and why we must stop, the power of love and forgiveness, what to do when drug, alcohol or other addictions are a component, how to develop an effective plan of action, and other vital issues surrounding this timely topic. This empowering 12-week program is specifically for those struggling with adult children over the age of 18, who are ready to embark on a...

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