



15401 S Main St.
Gardena, CA 90248 - 2214
PH: 424 292-3260
FAX: 424 292-3266

TELEMEDICINE FOLLOW UP VISIT PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Servando	Aguirre	11-15-1983	Male
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Minh Nguyen, DO, MPH, FACOEM		09-19-2023	SCL49764
Insurance:	Employer:	Claim Number:	Date of Injury:
Intercare Holdings Ins Serv. Inc.	Monterey County Probation Dept	23-168076	07-27-2023
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Gardena		15401 S Main St., Gardena CA 90248 - 2214	

Telehealth Statement: I advised the patient that this visit will be performed using a HIPAA compliant telehealth tool, including a live video connection between the patient's location and my location. I answered all the patient's questions, and the patient gave his/her consent for telehealth visit. Subsequently, I performed consultation using telehealth and live video conference. I performed a virtual musculoskeletal or neurological examination based on specific set of guidelines to enhance the information obtained when evaluating the musculoskeletal and neurological systems. Most of these tests are based on validated physical exam maneuvers under my observation. REFERENCE: Mayo Clinic: The Telemedicine Musculoskeletal Examination [https://www.mayoclinicproceedings.org/article/S0025-6196\(20\)30542-5/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(20)30542-5/fulltext). Neurology: Primer on the In-home Teleneurologic Examination. Clinical Practice April 2021 vol. 11 no. 2 <https://cp.neurology.org/content/11/2/e157.full>.

History of Present Illness

Patient is a 39 year old male.

Patient following up for a non-displaced fracture of the middle phalanx of LIF. No pain at this time. Fracture since 7/27/23 (7 weeks since injury). Patient doing modified work. Patient works as a probation officer at a school supervising juveniles. Not taking any medications for the pain. Patient using finger splint but has been using his left hand.

Past Medical History

No Known Past Medical History

Surgical History

No Known Surgical History

Allergy

No Known Drug Allergies.

Current Medication

No Known Current Medication

Social History

Work History: He is employed - full time. He has been in the current profession for months. Prior occupation: Probation department.

Use of Drugs/Alcohol/Tobacco: Never drinks any alcohol. Smoking Status (MU) never smoker. Reports consuming caffeine/cafeinated drinks few times per week. He has never used any illicit drugs. He denies using street drugs with a needle.

Physical Examination

HAND EXAM

A. LATERALITY: Left

B. VISUAL INSPECTION: No gross deformity, no swelling, no ecchymosis, or any open wounds.

C. PALPATION: No tenderness to palpation.

D. ACTIVE RANGE OF MOTION:

DIGITS 2-5

MCP FLEXION 0 to 90 degrees

MCP EXTENSION 0 degrees

MCP ABDUCTION 0 to 25 degrees

MCP ADDUCTION 0 to 20 degrees

PIP FLEXION 0 to 100 degrees

PIP EXTENSION 0 degrees

DIP FLEXION 0 to 70 degrees

DIP EXTENSION 0 degrees

THUMB

MCP FLEXION 0 to 60 degrees

MCP EXTENSION 0 degrees

MCP ABDUCTION 0 to 50 degrees

MCP ADDUCTION 0 to 8 centimeters

IP FLEXION 0 to 80 degrees

IP EXTENSION 0 degrees

E. NEUROVASCULAR: 5/5 motor strength, no sensory deficit to light touch, and brisk capillary refill less than 2 seconds throughout the hand.

F. SPECIALTY TESTS: Negative Tinel's and Phalen's signs.

G. CONTRALATERAL SIDE: Exam is normal.

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Radiology Ordered

Order No: RAD0004321 Dated: 09-19-2023 Rad: InHouse Radiology

X-ray: Hand, Left - 3 views

Radiology Reviewed:

Class	Test Name	Test Result
X-ray		
	Hand, Left - 3 views	

Assessment and Plan

ICD: Closed nondisplaced fracture of middle phalanx of left middle finger with routine healing, subsequent encounter (S62.653D)

Assessment: Patient with LIF fracture and well healed at 7 weeks with FROM and strength.

Plan: Full duty trial and expect discharge at next visit if no new problems. Discontinue splint.

CPT Codes:

Office O/p Est Low 20-29 Min (99213)

Digital XR of left hand, three or more views (73130)

WC002 (WC002)

Follow up: -



Minh Nguyen DO, MPH, FACOEM

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.

Clinic Address: 15401 S Main St., Gardena CA 90248 - 2214



Minh Nguyen DO, MPH, FACOEM

Rendering Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.