



1710 Churn Creek Rd.
 Redding, CA 96002 - 0236
 PH: 530 646-4242
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TELEMEDICINE FOLLOW UP VISIT PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Nora	Davidson	01-14-1996	Female
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Frederic Butler, MD, MPH		09-19-2023	SCL01614
Insurance:	Employer:	Claim Number:	Date of Injury:
York/Sedgwick (Walmart)	Walmart - Anderson	10064017	04-04-2022
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Redding		1710 Churn Creek Rd., Redding CA 96002 - 0236	

Telehealth Statement: I advised the patient that this visit will be performed using a HIPAA compliant telehealth tool, including a live video connection between the patient's location and my location. I answered all the patient's questions, and the patient gave his/her consent for telehealth visit. Subsequently, I performed consultation using telehealth and live video conference. I performed a virtual musculoskeletal or neurological examination based on specific set of guidelines to enhance the information obtained when evaluating the musculoskeletal and neurological systems. Most of these tests are based on validated physical exam maneuvers under my observation. REFERENCE: Mayo Clinic: The Telemedicine Musculoskeletal Examination [https://www.mayoclinicproceedings.org/article/S0025-6196\(20\)30542-5/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(20)30542-5/fulltext). Neurology: Primer on the In-home Teleneurologic Examination. Clinical Practice April 2021 vol. 11 no. 2 <https://cp.neurology.org/content/11/2/e157.full>.

History of Present Illness

Patient is a 27 year old female.

27 year old maintenance worker at Walmart in Anderson, CA returns for recheck of her right shoulder. She is s/p right shoulder labrum repair by Dr. Cross. She has trouble with overhead reaching as it causes intense pain. There is no new intervening trauma. She is tolerating light duty and continues to maintain the store.

Past Medical History

No Known Past Medical History

Surgical History

No Known Surgical History

Allergy

No Known Drug Allergies.

Current Medication

Estradiol
Spironolacton

Social History

Work History: She is employed - full time. She has been in the current profession for 3 years. She previously worked for 6 months as a Prior occupation: Security officer.

Use of Drugs/Alcohol/Tobacco: Drinks alcohol rarely. Reports drinking Japanese whiskey. Smoking Status (MU) never smoker. She denies her alcohol consumption as being problem to self or family or others. Reports consuming caffeine/caffeinated drinks few times per week. She has never used any illicit drugs.

Physical Examination

Constitutional: Well developed, well nourished, and well kempt. In no apparent distress.

Head: Normocephalic and atraumatic

Eyes: Sclera is clear. Extraocular eye movement is grossly intact.

Ears: Ears are symmetrical. No redness or swelling of external ears is appreciated.

Nose: No excessive nasal discharge is appreciated.

Neck: Supple with full ROM.

Resp: Breathing is non-labored.

Abdomen: Non-distended.

Neurological: Alert and oriented. CN II-XII grossly intact. Motor and sensation grossly normal and non-focal.

Musculoskeletal: .Right shoulder with restricted mobility due to pain

Skin: Appropriate color for ethnicity.

Psych: Calm, cooperative, answering questions appropriately, and pleasant.

Assessment and Plan

ICD: Shoulder joint painful on movement (M25.519)

Assessment: S/p R labrum repair 3-28-23 by Ortho Dr Cross

She has completed 9 sessions of post operative physical therapy

Plan: Request continue PT x 9 visits to improve range of motion, strength and function

F/u with Dr Cross

Continue PT, HEP, stretches, ice, NSAIDs

Modified duty

F/u in 3 weeks

ICD: Shoulder pain, right (M25.511)

ICD: Anterior shoulder pain (M25.519)

CPT Codes:

Office O/p Est Low 20-29 Min (99213)

WC002 (WC002)

Follow up: -

A handwritten signature in black ink, appearing to read "Fred Butler", with a long horizontal flourish extending to the right.

Frederic Butler MD, MPH

This has been electronically signed by Frederic Butler MD, MPH for visit dated 09-19-2023.

Clinic Address: 1710 Churn Creek Rd., Redding CA 96002 - 0236

A handwritten signature in black ink, appearing to read "Fred Butler", with a long horizontal flourish extending to the right.

Frederic Butler MD, MPH
Rendering Provider

This has been electronically signed by Frederic Butler MD, MPH for visit dated 09-19-2023.