



1710 Churn Creek Rd.
 Redding, CA 96002 - 0236
 PH: 530 646-4242
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TELEMEDICINE FOLLOW UP VISIT PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Jeff	Gutierrez	04-18-1979	Male
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Frederic Butler, MD, MPH		09-19-2023	SCL02073
Insurance:	Employer:	Claim Number:	Date of Injury:
Liberty Mutual	UPS	WC648-C65645	10-23-2018
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Redding		1710 Churn Creek Rd., Redding CA 96002 - 0236	

Telehealth Statement: I advised the patient that this visit will be performed using a HIPAA compliant telehealth tool, including a live video connection between the patient's location and my location. I answered all the patient's questions, and the patient gave his/her consent for telehealth visit. Subsequently, I performed consultation using telehealth and live video conference. I performed a virtual musculoskeletal or neurological examination based on specific set of guidelines to enhance the information obtained when evaluating the musculoskeletal and neurological systems. Most of these tests are based on validated physical exam maneuvers under my observation. REFERENCE: Mayo Clinic: The Telemedicine Musculoskeletal Examination [https://www.mayoclinicproceedings.org/article/S0025-6196\(20\)30542-5/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(20)30542-5/fulltext). Neurology: Primer on the In-home Teleneurologic Examination. Clinical Practice April 2021 vol. 11 no. 2 <https://cp.neurology.org/content/11/2/e157.full>.

History of Present Illness

Patient is a 44 year old male.

Pleasant 44 year old UPS worker returns today for recheck of his left knee. He is s/p MRI which reveals a tear of the lateral meniscus, fraying of medial collateral ligament fibers and chondromalacia. A request for a Bregg off lading knee brace was non certified; however, Mr. Gutierrez asserts that the non certification was reviewed by his nurse case manager and he will reportedly receive the brace. He continues to experience joint pain and swelling with weight bearing. He has completed physical therapy at Burch PT and is now attending work conditioning.

Past Medical History

No Known Past Medical History

Surgical History

Left knee meniscus : February 2 by Dr Paul at Mercy . Right shoulder : 2007 aroun. Left knee: 2018 by Dr. Paul. Right foot : 2012 aroun.

Allergy

No Known Drug Allergies.

Current Medication

naproxen 500 mg tablet 1 Tablet Twice A Day prn severe pain

Social History

Work History: He is employed - full time. He has been in the current profession for years.

Use of Drugs/Alcohol/Tobacco: Drinks alcohol rarely. Smoking Status (MU) former smoker. He denies his alcohol consumption as being problem to self or family or others. Reports consuming caffeine/caffeinated drinks very rarely. He has never used any illicit drugs. He denies using street drugs with a needle.

Physical Examination

Constitutional: Well developed, well nourished, and well kempt. In no apparent distress.

Head: Normocephalic and atraumatic

Eyes: Sclera is clear. Extraocular eye movement is grossly intact.

Ears: Ears are symmetrical. No redness or swelling of external ears is appreciated.

Nose: No excessive nasal discharge is appreciated.

Neck: Supple with full ROM.

Resp: Breathing is non-labored.

Cardio: Warm and well perfused.

Abdomen: Non-distended.

Neurological: Alert and oriented. CN II-XII grossly intact. Motor and sensation grossly normal and non-focal.

Musculoskeletal: Mobility is age appropriate. EROM grossly intact with 5/5 motor gross motor strength in four extremities.

Skin: Appropriate color for ethnicity.

Psych: Calm, cooperative, answering questions appropriately, and pleasant.

Assessment and Plan

ICD: Complex tear of meniscus of left knee (S83.204A)

Assessment: L knee is about the same worse with over

Had recent consultation with orthopedist Dr Dotson 9-6-23; may consider a PRP injection.

Plan: Pending delivery of Breg L knee off-loading knee brace, #1, custom fitted at Spectrum Orthotic

Continue HEP, stretches, modified activity

Off duty per Dr Dotson

Patient plans to transfer care to Pulse.

Recheck in 4 weeks if case has not formally transferred

ICD: Chondromalacia, left knee (M94.262)

ICD: Strain of left knee (S86.912A)

CPT Codes:

WC002 (WC002)

Office O/p Est Low 20-29 Min (99213)

Follow up: -

A handwritten signature in black ink, appearing to read "Fred Butler", with a stylized, flowing script.

Frederic Butler MD, MPH

This has been electronically signed by Frederic Butler MD, MPH for visit dated 09-19-2023.

Clinic Address: 1710 Churn Creek Rd., Redding CA 96002 - 0236

A handwritten signature in black ink, appearing to read "Fred Butler", with a stylized, flowing script.

Frederic Butler MD, MPH
Rendering Provider

This has been electronically signed by Frederic Butler MD, MPH for visit dated 09-19-2023.