



445 E Anaheim Street Suite L
Wilmington, CA 90744 - 4600
PH: 562 267-3798
FAX: 562-222-3883

PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Joseph	Madrigal	05-14-1962	Male
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Shayla Matthews, FNP-C		09-19-2023	SCL57437
Insurance:	Employer:	Claim Number:	Date of Injury:
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Wilmington		445 E Anaheim Street, Suite L, Wilmington CA 90744 - 4600	

History of Present Illness

Patient is a 61 year old male.

Patient returns for follow up visit for right calf pain after pushing boxes. Patient reports discomfort however able to manage full duty. Patient states he is at 95% baseline.

Past Medical History

No Known Past Medical History

Surgical History

No Known Surgical History

Allergy

No Known Drug Allergies.

Current Medication

naproxen 500 mg tablet 1 Tablet Twice A Day PRN

Social History

Work History: He is employed - full time. Transportation . He has been in the current profession for 25 years. He previously worked for N/A as a Prior occupation: Bakery.

Use of Drugs/Alcohol/Tobacco: Never drinks any alcohol. Smoking Status (MU) never smoker. Does not drink caffeinated beverages. He has never used any illicit drugs. *He admits to using street drugs with a needle.*

Vitals

Pain scale was 1 out of 10.

Weight: 116.00 lbs.

Madrigal, Joseph DOB:05-14-1962

Height: 67.00 inches.

Temperature: 96.00 F.

Pulse: 53 per min.

Pulse rhythm regular: Yes

Respiration: 16 breaths per min.

BMI: 18.

BP Systolic: 127 mm Hg.

BP Diastolic: 77 mmHg.

Pulse Oximetry: 98

Physical Examination

LOWER LEG EXAM

A. LATERALITY: Right

B. VISUAL INSPECTION: Gait with obvious limping. No gross deformity, swelling present, ecchymosis present , or any open wounds.

C. PALPATION: Mild tenderness to palpation along posterior lower leg.

D. ACTIVE RANGE OF MOTION OF FOOT:

MT FLEXION 0 to 30 degrees

MT EXTENSION 0 to 80 degrees

IP FLEXION 0 to 50 degrees

IP EXTENSION 0 to 50 degrees

E. NEUROVASCULAR: Normal light touch sensation, 5/5 motor strength, and brisk capillary refill throughout.

F. CONTRALATERAL SIDE: Exam is normal.

.

Orders:

Assessment and Plan

ICD: Strain of right calf muscle (S86.811A)

Assessment: Patient evaluated today for follow up visit after injury to right calf after pushing boxes. Patient reports pain has improved.

Plan: Patient is asymptomatic with no functional deficits, met all treatment goals, requires no further skilled attention and is medically released from care. The patient is permanent and stationary with no need for future medical care. The patient has been released to full duty without any permanent restrictions. No PR-4 report required.

ICD: Contusion of right calf, subsequent encounter (S80.11XD)

CPT Codes:

Office O/p Est Low 20-29 Min (99213)

WC002 (WC002)

E and M Time Factor/ Medical Decision Making Notes:

Number and Complexity of Problems Addressed

1 acute, uncomplicated illness or injury

Risk of Complications and/or Morbidity or Mortality of Patient Management

Low risk of morbidity from additional diagnostic testing or treatment

Follow up: -

A handwritten signature in black ink, appearing to read "Shayla Matthews". To the right of the signature, the text "FNP-C" is printed in a small, light font.

Shayla Matthews FNP-C

This has been electronically signed by Shayla Matthews FNP-C for visit dated 09-19-2023.

Clinic Address: 445 E Anaheim Street, Suite L, Wilmington CA 90744 - 4600

A handwritten signature in black ink, appearing to read "Minh Nguyen".

Minh Nguyen DO, MPH, FACOEM
Supervising Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.

A handwritten signature in black ink, appearing to read "Minh Nguyen".

Minh Nguyen DO, MPH, FACOEM
Rendering Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.