



15401 S Main St.  
Gardena, CA 90248 - 2214  
PH: 424 292-3260  
FAX: 424 292-3266

#### PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Fidel	Ramirez	03-22-1956	Male
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Minh Nguyen, DO, MPH, FACOEM		09-19-2023	SCL53492
Insurance:	Employer:	Claim Number:	Date of Injury:
Berkshire Hathaway	Crossroads School	22053149	07-19-2022
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Gardena		15401 S Main St., Gardena CA 90248 - 2214	

#### History of Present Illness

Patient is a 67 year old male.

Patient following up from RIH repair on 7/18/23 and went back to full duty. He states he still gets intermittent left inguinal discomfort at times. Discomfort not functional debilitating. Patient able to perform his full duties. Patient did see his primary care physician on 9/11 for the left groin discomfort and was told he may have varicocele.

Interpreter - Keith Weber

#### Past Medical History

Sleep apmnia . HTN . Hyperlipidemia . Depression .

#### Surgical History

Right Inguinal Hernia: 7/18/23 by Jeff Islas.

#### Allergy

No Known Drug Allergies.

#### Current Medication

Aspirin 81mg  
Celexa 20mg  
Losartan 100 mg-HCL 12.5 mg QD  
Metoprolol 1000 mg  
Rasovostatin 5mg QD

#### Social History

**Work History:** He is employed - full time. Landscaping . He has been in the current profession for Landscaping - 38 years. He previously worked for Gardening as a

**Use of Drugs/Alcohol/Tobacco:** Never drinks any alcohol. Does not drink caffeinated beverages. He has never used any illicit drugs.

Takes walks

**Vitals**

Pain scale was 6 out of 10.

**Pulse:** 76 per min.

Pulse rhythm regular: Yes

**Respiration:** 16 breaths per min.

**BP Systolic:** 101 mm Hg.

**BP Diastolic:** 68 mmHg.

**Physical Examination**

Right inguinal area - 6 inches scar well healed, no hematoma, no tenderness, and no hernia noted on exam.

**Orders:**

**Assessment and Plan**

**ICD: Status post right inguinal hernia repair (Z98.890)**

**Assessment:** Patient with right inguinal hernia repair and s/p open hernia repair with mesh on 7/18/23. Patient doing well and exam unremarkable.

**Plan:** Patient is has intermittent symptomatic discomfort in left groin with no functional deficits, met all treatment goals, requires no further skilled attention and is medically released from care. The patient is permanent and stationary with no need for future medical care. The patient has been released to full duty without any permanent restrictions. No PR-4 report required.

**ICD: Right inguinal hernia (K40.90)**

**CPT Codes:**

Office O/p Est Low 20-29 Min (99213)

WC002 (WC002)

**Follow up: -**

A handwritten signature in black ink, appearing to read 'Minh Nguyen'.

Minh Nguyen DO, MPH, FACOEM

Ramirez, Fidel DOB:03-22-1956

*This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.*

Clinic Address: 15401 S Main St., Gardena CA 90248 - 2214

A handwritten signature in black ink, appearing to read "Minh Nguyen", is positioned above the provider's name.

Minh Nguyen DO, MPH, FACOEM  
Rendering Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.