



15401 S Main St.
Gardena, CA 90248 - 2214
PH: 424 292-3260
FAX: 424 292-3266

TELEMEDICINE FOLLOW UP VISIT PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Irma	Saldivar	12-09-1962	Female
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Shayla Matthews, FNP-C		09-19-2023	SCL58409
Insurance:	Employer:	Claim Number:	Date of Injury:
Zenith	Las Lomas Farms	PENDING	09-11-2023
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Gardena		15401 S Main St., Gardena CA 90248 - 2214	

Telehealth Statement: I advised the patient that this visit will be performed using a HIPAA compliant telehealth tool, including a live video connection between the patient's location and my location. I answered all the patient's questions, and the patient gave his/her consent for telehealth visit. Subsequently, I performed consultation using telehealth and live video conference. I performed a virtual musculoskeletal or neurological examination based on specific set of guidelines to enhance the information obtained when evaluating the musculoskeletal and neurological systems. Most of these tests are based on validated physical exam maneuvers under my observation. REFERENCE: Mayo Clinic: The Telemedicine Musculoskeletal Examination [https://www.mayoclinicproceedings.org/article/S0025-6196\(20\)30542-5/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(20)30542-5/fulltext). Neurology: Primer on the In-home Teleneurologic Examination. Clinical Practice April 2021 vol. 11 no. 2 <https://cp.neurology.org/content/11/2/e157.full>.

History of Present Illness

Patient is a 60 year old female.

Patient returns for follow up visit after sustaining a closed fracture of the distal left radius. Patient reports no pain at rest. Patient describes positional, 2 out 10 pain with movement. Patient scheduled on 9/21 with orthopedist specialist Dr. Cantor. Patient c/o of GI upset due to ibuprofen. Patient will stop using Ibuprofen for now and will continue with Tylenol ES for pain.

Past Medical History

No Known Past Medical History

Surgical History

Gallbladder 1998. C-Section 1992. Gall Bladder : 1998. C- section : 1992.

Allergy

No Known Drug Allergies.

Saldivar, Irma DOB:12-09-1962

Current Medication

Ibuprofen 800 mg

Tylenol 500 mg

Social History

Work History: She is employed - full time. She has been in the current profession for AG.

Use of Drugs/Alcohol/Tobacco: Never drinks any alcohol. Smoking Status (MU) never smoker. Does not drink caffeinated beverages. She has never used any illicit drugs. She denies using street drugs with a needle.

Vitals

Pain scale was 2 out of 10.

Weight: 156.40 lbs.

Height: 60.00 inches.

Temperature: 98.00 F.

Pulse: 64 per min.

Pulse rhythm regular: Yes

Respiration: 14 breaths per min.

BMI: 31.

BP Systolic: 135 mm Hg.

BP Diastolic: 68 mmHg.

Pulse Oximetry: 99

Physical Examination

Physical exam left hand patients already in a sling and in AA splint. Has normal range of motion of the fingers the fingers are warm and intact sensation there and also at the elbow and upper arm. And there's no neurovascular

Assessment and Plan

ICD: Closed fracture of distal end of left radius with delayed healing, unspecified fracture morphology, subsequent encounter (S52.502G)

Assessment: Patient evaluated today for follow up visit after sustaining a closed fracture of distal left radius. Patient reports improvement in range of motion with no numbness and tingling.

Plan: Tylenol ES as needed for pain. 9/21 appointment with orthopedist specialist Dr. Cantor. Will remain on TTD and will follow up in 1 week to re evaluation injury progression

CPT Codes:

Office O/p Est Low 20-29 Min (99213)

E and M Time Factor/ Medical Decision Making Notes:

Saldivar, Irma DOB:12-09-1962

Number and Complexity of Problems Addressed

1 acute, uncomplicated illness or injury

Risk of Complications and/or Morbidity or Mortality of Patient Management

Low risk of morbidity from additional diagnostic testing or treatment

Follow up: -

A handwritten signature in black ink, appearing to read "Shayla Matthews". To the right of the signature, the text "FNP-C" is written in a smaller, less legible font.

Shayla Matthews FNP-C

This has been electronically signed by Shayla Matthews FNP-C for visit dated 09-19-2023.

Clinic Address: 15401 S Main St., Gardena CA 90248 - 2214

A handwritten signature in black ink, appearing to read "Minh Nguyen".

Minh Nguyen DO, MPH, FACOEM
Rendering Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.