



15401 S Main St.  
Gardena, CA 90248 - 2214  
PH: 424 292-3260  
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## TELEMEDICINE FOLLOW UP VISIT PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Pedro	Ortega Mejia	06-08-1981	Male
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Minh Nguyen, DO, MPH, FACOEM		09-19-2023	SCL59368
Insurance:	Employer:	Claim Number:	Date of Injury:
CCMSI	Pinnacle Application	PENDING	09-11-2023
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Gardena		15401 S Main St., Gardena CA 90248 - 2214	

*Telehealth Statement: I advised the patient that this visit will be performed using a HIPAA compliant telehealth tool, including a live video connection between the patient's location and my location. I answered all the patient's questions, and the patient gave his/her consent for telehealth visit. Subsequently, I performed consultation using telehealth and live video conference. I performed a virtual musculoskeletal or neurological examination based on specific set of guidelines to enhance the information obtained when evaluating the musculoskeletal and neurological systems. Most of these tests are based on validated physical exam maneuvers under my observation. REFERENCE: Mayo Clinic: The Telemedicine Musculoskeletal Examination [https://www.mayoclinicproceedings.org/article/S0025-6196\(20\)30542-5/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(20)30542-5/fulltext). Neurology: Primer on the In-home Teleneurologic Examination. Clinical Practice April 2021 vol. 11 no. 2 <https://cp.neurology.org/content/11/2/e157.full>.*

**History of Present Illness**

Patient is a 42 year old male.

Patient following up on exposure to chemicals to bilateral eyes. Today still feeling burning on left eye and also blurred vision which is worse. Patient applying erythromycin eye drops. Visual acuity 20/20 on both eyes.

**Past Medical History**

No Known Past Medical History

**Surgical History**

No Known Surgical History

**Allergy**

No Known Drug Allergies.

**Current Medication**

Erythromycin Eye Drops 3.5mg

### Social History

**Work History:** He is employed - full time. He has been in the current profession for 2 years.

**Use of Drugs/Alcohol/Tobacco:** Drinks alcohol occasionally. Smoking Status (MU) never smoker. He has never used any illicit drugs. He denies using street drugs with a needle.

### Review of Systems

**Constitutional Symptoms:** Normal Appearance. Denies Any kind of disability, for any reason, fever, weight loss or fatigue.

**Eyes:** Denies blurred vision, double vision, glaucoma, discharge, itching, lacrimation, pain or redness of eyes.

**Ears/Nose/Throat/Mouth:** Denies poor hearing, dry mouth or sore throat.

**Cardiovascular:** Denies chest pain, chest tightness, tightness/pressure/squeezing, palpitations, prior heart attack, heart murmur or fainting.

**Respiratory:** Denies shortness of breath with exertion, shortness of breath with lying flat, chest tightness, asthma, COPD or Pneumonia.

**Gastrointestinal:** Denies blood in stool, ulcers, diarrhea or constipation.

**Genitourinary:** Denies kidney stones, frequent urination or bladder infection.

**Skin:** Denies cancer, bruising, rash, infection/ulcer or discoloration in legs.

**Musculoskeletal:** Denies arthritis, gout or sore muscles.

**Hematologic/Lymphatic:** Denies anemia, swelling or leukemia.

**Endocrine:** Denies diabetes, thyroid disease or Cushing disease.

**Neurologic:** Denies dizziness, strokes, headaches or difficulty walking.

**Psychiatric:** Denies anxiety or depression.

**Allergic / Immunologic:** Denies hay fever, sinusitis or immune deficiency.

### Vitals

Pain scale was 2 out of 10.

**Weight:** 215.00 lbs.

**Height:** 65.00 inches.

**Temperature:** 98.50 F.

**Pulse:** 72 per min.

Pulse rhythm regular: Yes

**Respiration:** 12 breaths per min.

**BMI:** 36.

**BP Systolic:** 115 mm Hg.

**BP Diastolic:** 69 mmHg.

**Pulse Oximetry:** 99

**Distance Vision: Uncorrected R:** 20/20/20. **Distance Vision: Uncorrected L:** 20/20/20. **Distance Vision: Uncorrected B:** 20/20/20.

### Physical Examination

General: No acute distress. Awake and conversant.

Mental Status: Alert and oriented. Appropriate affect.

Cardiovascular: No appreciable lymphedema. No appreciable cyanosis.

Respiratory: Non-labored breathing. No respiratory distress.

Neck: No appreciable masses. No appreciable tracheal deviation.

Skin: No appreciable rashes. No appreciable ulcers.

**EYE EXAM:**

VISUAL ACUITY: 20/30 Right eye, 20/30 Left eye, 20/30 bilateral eyes, uncorrected.

VISUAL INSPECTION: Bilaterally intact accommodation, extraocular movements are intact, vision grossly normal.

Method of inspection: bilateral eyes, viewed with fluorescein, tetracaine applied. Pupil: bilateral midrange with minimal reactivity, no irregularities. External: bilateral no edema, no exophthalmia, no ecchymosis, no erythema. Eyelids: bilateral no edema although symmetrical bilat upper lids w mild STS , lashed w/o crusting scales.

Conjunctiva: bilateral with ?chemosis, + uptake to ~ 5:00 -7:00 in wispy configuration , not ulcer .

Cornea: bilateral clear. Negative Seidel's Sign. Sclera: bilateral clear. Anterior chambers: bilateral no hypopion, no hyphemia, no cell or flare.

Erythromycin OO ribbon placed p exam and dispensed to pt

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**Assessment and Plan**

**ICD: Abrasion of conjunctiva, unspecified laterality, initial encounter (S05.00XA)**

**Assessment:** Limited eye exam due to telemedicine.

**Plan:** Given patient persistent and worsening symptoms of burning in left eye, will recommend ophthalmology consultation today (STAT). Follow up after ophthalmology evaluation. Monterey County Eye Associates - will contact them for patient to be seen today.

**ICD: Chemical injury of eye, unspecified laterality, initial encounter (T26.90XA)**

**CPT Codes:**

WC002 (WC002)

Office O/p Est Low 20-29 Min (99213)

**Follow up: -**



Minh Nguyen DO, MPH, FACOEM

*This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.*

Clinic Address: 15401 S Main St., Gardena CA 90248 - 2214

Ortega Mejia, Pedro DOB:06-08-1981

A handwritten signature in black ink, appearing to read 'Minh Nguyen DO', written in a cursive style.

Minh Nguyen DO, MPH, FACOEM  
Rendering Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.