



1710 Churn Creek Rd.  
 Redding, CA 96002 - 0236  
 PH: 530 646-4242  
 FAX: 530 255-4934

#### TELEMEDICINE FOLLOW UP VISIT PROGRESS NOTE

| Patient First Name:                  | Patient Last Name:  | Date of Birth:                                | Sex:            |
|--------------------------------------|---------------------|---|-----------------|
| Marissa                              | Escalante           | 12-03-1989                                    | Female          |
| Attending Provider:                  | Referring Provider: | Visit Date:                                   | Chart No.:      |
| Frederic Butler, MD, MPH             |                     | 09-19-2023                                    | SCL21226        |
| Insurance:                           | Employer:           | Claim Number:                                 | Date of Injury: |
| School Insurance Authority           | Mountain Valley JPA | 23-3698                                       | 04-19-2023      |
| Appointment Location:                |                     | Appointment Location Address:                 |                 |
| Agile Occupational Medicine, Redding |                     | 1710 Churn Creek Rd., Redding CA 96002 - 0236 |                 |

*Telehealth Statement: I advised the patient that this visit will be performed using a HIPAA compliant telehealth tool, including a live video connection between the patient's location and my location. I answered all the patient's questions, and the patient gave his/her consent for telehealth visit. Subsequently, I performed consultation using telehealth and live video conference. I performed a virtual musculoskeletal or neurological examination based on specific set of guidelines to enhance the information obtained when evaluating the musculoskeletal and neurological systems. Most of these tests are based on validated physical exam maneuvers under my observation. REFERENCE: Mayo Clinic: The Telemedicine Musculoskeletal Examination [https://www.mayoclinicproceedings.org/article/S0025-6196\(20\)30542-5/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(20)30542-5/fulltext). Neurology: Primer on the In-home Teleneurologic Examination. Clinical Practice April 2021 vol. 11 no. 2 <https://cp.neurology.org/content/11/2/e157.full>.*

#### History of Present Illness

Patient is a 33 year old female.

Patient with knee contusion with Osgood Schlatter disease continues to have moderate pain in her left knee. She is scheduled for a MRI of the left knee tomorrow and will follow up with Dr Dotson. She is currently not working at mountain Valley JPA.

#### Past Medical History

PCOS since June 2016.

#### Surgical History

No Known Surgical History

#### Allergy

No Known Drug Allergies.

### **Current Medication**

Birth control Tri-Lo-Milli

### **Social History**

**Work History:** She is employed - part-time. She has been in the current profession for 1.5 years. She previously worked for 2 years as a Prior occupation: Self-employed.

**Use of Drugs/Alcohol/Tobacco:** Drinks alcohol rarely. Reports drinking Hard lemonade and hard liquor. Smoking Status (MU) never smoker. She denies her alcohol consumption as being problem to self or family or others. Reports consuming caffeine/cafeinated drinks very rarely. She has never used any illicit drugs. She denies using street drugs with a needle.

### **Physical Examination**

Constitutional: Well developed, well nourished, and well kempt. In no apparent distress.

Head: Normocephalic and atraumatic

Eyes: Sclera is clear. Extraocular eye movement is grossly intact.

Ears: Ears are symmetrical. No redness or swelling of external ears is appreciated.

Nose: No excessive nasal discharge is appreciated.

Neck: Supple with full ROM.

Resp: Breathing is non-labored.

Abdomen: Non-distended.

Neurological: Alert and oriented. CN II-XII grossly intact. Motor and sensation grossly normal and non-focal.

Musculoskeletal: Mobility is age appropriate. EROM grossly intact with 5/5 motor gross motor strength in four extremities.

Skin: Appropriate color for ethnicity.

Psych: Calm, cooperative, answering questions appropriately, and pleasant.

### **Assessment and Plan**

#### **ICD: Contusion of knee, left (S80.02XA)**

**Assessment:** Significant contusion to the anterior knee s/p fall; anterior knee pain X-ray of left knee reviewed and reveals fragmentation and the distal patella tendon and inflammation of the tibial tuberosity, consistent with Osgood-Schlatter disease d/t trauma

**Plan:** MRI scheduled 9/20/23

Follow up with Dr Dotson

Continue ice, elevation, rest.

Wear knee as directed

Currently TTD

F/u in 3 weeks

#### **ICD: Contusion of left knee, subsequent encounter (S80.02XD)**

### **CPT Codes:**

WC002 (WC002)

Office O/p Est Low 20-29 Min (99213)

Escalante, Marissa DOB:12-03-1989

**Follow up: -**

A handwritten signature in black ink, appearing to read "Frederic Butler". The signature is fluid and cursive, with a long horizontal stroke at the end.

Frederic Butler MD, MPH

*This has been electronically signed by Frederic Butler MD, MPH for visit dated 09-19-2023.*  
Clinic Address: 1710 Churn Creek Rd., Redding CA 96002 - 0236

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Frederic Butler MD, MPH  
Rendering Provider

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