



15401 S Main St.
Gardena, CA 90248 - 2214
PH: 424 292-3260
FAX: 424 292-3266

PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Gilbert	Lopez	09-24-1965	Male
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Minh Nguyen, DO, MPH, FACOEM		09-19-2023	SCL56395
Insurance:	Employer:	Claim Number:	Date of Injury:
Sedgwick	Ralphs Warehouse/Paramount Transportation	4A2308X2H2T0001	08-28-2023
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Gardena		15401 S Main St., Gardena CA 90248 - 2214	

History of Present Illness

Patient is a 57 year old male.

Patient following up for asymptomatic umbilical hernia. Has appointment with general surgeon on 9/21/23. No new symptoms. Patient doing regular work. Mild dull ache around umbilicus intermittently.

Past Medical History

No Known Past Medical History

Surgical History

Hernia: 2006.

Social History

Work History: He is employed - full time. Operator . He has been in the current profession for 25 years.

Use of Drugs/Alcohol/Tobacco: Drinks alcohol occasionally. Reports drinking other. He denies his alcohol consumption as being problem to self or family or others. Does not drink caffeinated beverages. He has never used any illicit drugs.

Vitals

Pain scale was 2 out of 10.

Pulse: 59 per min.

Pulse rhythm regular: Yes

Respiration: 16 breaths per min.

BP Systolic: 129 mm Hg.

BP Diastolic: 79 mmHg.

Physical Examination

Patient is alert and appears in no acute distress. Obese male.

ABDOMINAL EXAM

A. VISUAL INSPECTION: Obese abdomen. Examination of the abdomen reveals a small umbilical hernia, open wounds, or skin lesions.

B. AUSCULTATION: Normal bowel sounds.

C. PALPATION: No guarding. Abdomen is soft. No tenderness to palpation or rebound tenderness. No palpable organomegaly.

D. SPECIALTY TEST: Palpable small umbilical hernia, reducible. No evidence of strangulation.

.

Orders:

Assessment and Plan

ICD: Umbilical hernia without obstruction and without gangrene (K42.9)

Assessment: Umbilical hernia - asymptomatic and reducible with overall low risk for incarceration. Patient has appointment on 9/21/23 with general surgery.

Plan: Will allow patient to return to full duty while general surgery performs evaluation and definitive treatment as scheduled. Follow up in a month.

CPT Codes:

Office O/p Est Low 20-29 Min (99213)

Follow up: -



Minh Nguyen DO, MPH, FACOEM

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.

Clinic Address: 15401 S Main St., Gardena CA 90248 - 2214

Lopez, Gilbert DOB:09-24-1965

A handwritten signature in black ink, appearing to read 'Minh Nguyen DO'. The signature is fluid and cursive, with the first name 'Minh' and last name 'Nguyen' clearly visible, followed by the initials 'DO'.

Minh Nguyen DO, MPH, FACOEM
Rendering Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.