



6001 Shellmound St. Suite 115
Emeryville, CA 94608 - 1924
PH: 510-653-5200
FAX: 510 956-8192

TELEMEDICINE FOLLOW UP VISIT PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Darrell	Garner	07-27-1972	Male
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Dennis James, PA		09-19-2023	SCL41206
Insurance:	Employer:	Claim Number:	Date of Injury:
Tristar Risk Management	VTA-Valley transportation	231090652	05-26-2021
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Emeryville		6001 Shellmound St., Suite 115, Emeryville CA 94608 - 1924	

Telehealth Statement: I advised the patient that this visit will be performed using a HIPAA compliant telehealth tool, including a live video connection between the patient's location and my location. I answered all the patient's questions, and the patient gave his/her consent for telehealth visit. Subsequently, I performed consultation using telehealth and live video conference. I performed a virtual musculoskeletal or neurological examination based on specific set of guidelines to enhance the information obtained when evaluating the musculoskeletal and neurological systems. Most of these tests are based on validated physical exam maneuvers under my observation. REFERENCE: Mayo Clinic: The Telemedicine Musculoskeletal Examination [https://www.mayoclinicproceedings.org/article/S0025-6196\(20\)30542-5/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(20)30542-5/fulltext). Neurology: Primer on the In-home Teleneurologic Examination. Clinical Practice April 2021 vol. 11 no. 2 <https://cp.neurology.org/content/11/2/e157.full>.

History of Present Illness

Patient is a 51 year old male.

Patient with anxiety and PTSD being seen by Dr. Bokarius for Psychiatry and now seeing Dr. Hernandez for CBT. Patient states he is having less nightmares and fewer panic attacks. He is on TTD until his visit with Dr. Bokarius on October 20. His adjustor would like to have Dr. Bokarius become his PTP. Patient notes no new issues today.

Past Medical History

Stroke since 09-06-2018.

Surgical History

No Known Surgical History

Allergy

No Known Drug Allergies.

Current Medication

Amlodipine 1 10 mg tab
Atorvastatin 1 80 mg tab
Clopidogrel 1 75 mg tab
klonopin 25 mg
Lisinopril 1 40 mg tab
Sertraline 2 50 mg tabs
Sertraline 200 MG
Zoloft 100 mg
Zoloft 100 mg QD

Social History

Work History: He is employed - full time. He has been in the current profession for years. He previously worked for Service Worker as a Prior occupation: 3.5 years.

Use of Drugs/Alcohol/Tobacco: Never drinks any alcohol. Smoking Status (MU) never smoker. Does not drink caffeinated beverages. He has never used any illicit drugs. He denies using street drugs with a needle.

Review of Systems

Psychiatric: Denies anxiety.
Comments: PTSD.

Physical Examination

Constitutional: NAD, and appears stated age
Eyes: Eyes exhibit normal tracking and conjugate movement and no conjunctival erythema
HENT: Head is atraumatic and normocephalic and atraumatic external ears
Respiratory: Non-labored breathing and no audible wheezing
CV: Extremities appear well perfused and no visible varicosities
Neurological: Alert and Orientated Psych: appropriate affect and cooperative
Skin: No visible rashes, masses, scars, atraumatic
Patient with no SI or HI.
Alert, with normal speech, orientated, non anxious, friendly and with good mood.

Assessment and Plan

ICD: PTSD (post-traumatic stress disorder) (F43.10)

Assessment: Patient with PTSD/Anxiety obtaining treatment. On TTD until Oct. 20, 2023. TTD per Dr. Bokarius.

Plan: Patient to continue CBT, Therapy/medications. Return to work will be determined by Dr. Bokarius. Follow up in one month.

CPT Codes:

Garner, Darrell DOB:07-27-1972

Office O/p Est Low 20-29 Min (99213)
WC002 (WC002)

E and M Time Factor/ Medical Decision Making Notes:

Number and Complexity of Problems Addressed

1 stable chronic illness;

Amount and/or Complexity of Data to be Reviewed and Analyzed

Category 2:Assessment requiring an independent historian(s)

Risk of Complications and/or Morbidity or Mortality of Patient Management

Low risk of morbidity from additional diagnostic testing or treatment

Follow up: 1 Month



Dennis James PA

This has been electronically signed by Dennis James PA for visit dated 09-19-2023.

Clinic Address: 6001 Shellmound St., Suite 115, Emeryville CA 94608 - 1924



Minh Nguyen DO, MPH, FCOEM
Supervising Provider

This has been electronically signed by Minh Nguyen DO, MPH, FCOEM for visit dated 09-19-2023.



Minh Nguyen DO, MPH, FCOEM
Rendering Provider

This has been electronically signed by Minh Nguyen DO, MPH, FCOEM for visit dated 09-19-2023.