



445 E Anaheim Street Suite L
Wilmington, CA 90744 - 4600
PH: 562 267-3798
FAX: 562-222-3883

PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Alberto	Guevara	05-31-1981	Male
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Shayla Matthews, FNP-C		09-19-2023	SCL58693
Insurance:	Employer:	Claim Number:	Date of Injury:
City of Long Beach	City of Long Beach_Workers' Compensation	PENDING	09-11-2023
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Wilmington		445 E Anaheim Street, Suite L, Wilmington CA 90744 - 4600	

History of Present Illness

Patient is a 42 year old male.

Patient evaluated today for crushing injury to left middle finger. Patient reports no improvement with pain. He states a part of his nail was lifting and he was able to trim it off with a razor. Patient reports no pain however if he bumps his finger against an object pain will worsen.

Past Medical History

No Known Past Medical History

Surgical History

No Known Surgical History

Allergy

No Known Drug Allergies.

Current Medication

No Known Current Medication

Social History

Work History: He is employed - full time. He has been in the current profession for 15 years.

Use of Drugs/Alcohol/Tobacco: Drinks alcohol rarely. Smoking Status (MU) former smoker. He denies his alcohol consumption as being problem to self or family or others. Reports consuming caffeine/cafeinated drinks 1-2 cup a day. He has never used any illicit drugs. He denies using street drugs with a needle.

Vitals

Pain scale was 7 out of 10.

Weight: 255.00 lbs.

Height: 72.00 inches.

Temperature: 97.10 F.

Pulse: 66 per min.

Pulse rhythm regular: Yes

Respiration: 18 breaths per min.

BMI: 35.

BP Systolic: 137 mm Hg.

BP Diastolic: 91 mmHg.

Pulse Oximetry: 98

Physical Examination

HAND EXAM

A. LATERALITY: Left

B. VISUAL INSPECTION: No gross deformity, swelling, minimal ecchymosis, damage to nail with 1 cm laceration on Left middle finger

C. PALPATION: Mild tenderness to palpation on DIP of left middle finger

D. ACTIVE RANGE OF MOTION:

DIGITS 2-5

MCP FLEXION 0 to 90 degrees

MCP EXTENSION 0 degrees

MCP ABDUCTION 0 to 25 degrees

MCP ADDUCTION 0 to 20 degrees

PIP FLEXION 0 to 100 degrees

PIP EXTENSION 0 degrees

DIP FLEXION 0 to 70 degrees

DIP EXTENSION 0 degrees

THUMB

MCP FLEXION 0 to 60 degrees

MCP EXTENSION 0 degrees

MCP ABDUCTION 0 to 50 degrees

MCP ADDUCTION 0 to 8 centimeters

IP FLEXION 0 to 80 degrees

IP EXTENSION 0 degrees

E. NEUROVASCULAR: 5/5 motor strength, no sensory deficit to light touch, and brisk capillary refill less than 2 seconds throughout the hand.

F. SPECIALTY TESTS: Negative Tinel's and Phalen's signs.

G. CONTRALATERAL SIDE: Exam is normal.

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Orders:

Assessment and Plan

ICD: Crushing injury of left middle finger, initial encounter (S67.193A)

Assessment: Patient returns for crushing injury to left middle finger. Continues to have mild tenderness and swelling to DIP with nail damage.

Guevara, Alberto DOB:05-31-1981

Plan: Ice twice a day as needed for pain. Clean nail with Normal Saline or water. Apply bacitracin ointment and cover with band aid daily. Follow up in 1 week re-evaluate injury progression.

ICD: Crushing injury of left middle finger, subsequent encounter (S67.193D)

CPT Codes:

Office O/p Est Low 20-29 Min (99213)

E and M Time Factor/ Medical Decision Making Notes:

Number and Complexity of Problems Addressed

1 acute, uncomplicated illness or injury

Risk of Complications and/or Morbidity or Mortality of Patient Management

Low risk of morbidity from additional diagnostic testing or treatment

Follow up: -

Handwritten signature of Shayla Matthews in black ink, with the letters "FNP-C" written in small capital letters to the right of the signature.

Shayla Matthews FNP-C

This has been electronically signed by Shayla Matthews FNP-C for visit dated 09-19-2023.

Clinic Address: 445 E Anaheim Street, Suite L, Wilmington CA 90744 - 4600

Handwritten signature of Minh Nguyen in black ink, appearing to read "Minh Nguyen".

Minh Nguyen DO, MPH, FACOEM
Supervising Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.

Handwritten signature of Minh Nguyen in black ink, appearing to read "Minh Nguyen".

Minh Nguyen DO, MPH, FACOEM
Rendering Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.

Guevara, Alberto DOB:05-31-1981