



15401 S Main St.
Gardena, CA 90248 - 2214
PH: 424 292-3260
FAX: 424 292-3266

TELEMEDICINE FOLLOW UP VISIT PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Francis	Blasi	07-04-1972	Male
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Minh Nguyen, DO, MPH, FACOEM		09-19-2023	SCL57523
Insurance:	Employer:	Claim Number:	Date of Injury:
Intercare Holdings Insurance Services	Salinas City Elementary School District	23-169056	08-25-2023
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Gardena		15401 S Main St., Gardena CA 90248 - 2214	

Telehealth Statement: I advised the patient that this visit will be performed using a HIPAA compliant telehealth tool, including a live video connection between the patient's location and my location. I answered all the patient's questions, and the patient gave his/her consent for telehealth visit. Subsequently, I performed consultation using telehealth and live video conference. I performed a virtual musculoskeletal or neurological examination based on specific set of guidelines to enhance the information obtained when evaluating the musculoskeletal and neurological systems. Most of these tests are based on validated physical exam maneuvers under my observation. REFERENCE: Mayo Clinic: The Telemedicine Musculoskeletal Examination [https://www.mayoclinicproceedings.org/article/S0025-6196\(20\)30542-5/fulltext](https://www.mayoclinicproceedings.org/article/S0025-6196(20)30542-5/fulltext). Neurology: Primer on the In-home Teleneurologic Examination. Clinical Practice April 2021 vol. 11 no. 2 <https://cp.neurology.org/content/11/2/e157.full>.

History of Present Illness

Patient is a 51 year old male.

Patient following up on LIF. Patient had cut his LIF with scissor on 8/25/23. Completed antibiotics. LIF still stiff. Flap attached. Patient works as a kindergarten teacher.

Past Medical History

No Known Past Medical History

Surgical History

Umbilical Hernia : 2019.

Allergy

No Known Drug Allergies. Injections .

Current Medication

Cephalexin 500mg

Social History

Use of Drugs/Alcohol/Tobacco: Never drinks any alcohol. Smoking Status (MU) never smoker. Does not drink caffeinated beverages. He has never used any illicit drugs. He denies using street drugs with a needle.

Review of Systems

Constitutional Symptoms: Normal Appearance. Denies Any kind of disability, for any reason, fever, weight loss or fatigue.

Eyes: Denies blurred vision, double vision, glaucoma, discharge, itching, lacrimation, pain or redness of eyes.

Ears/Nose/Throat/Mouth: Denies poor hearing, dry mouth or sore throat.

Cardiovascular: Denies chest pain, chest tightness, tightness/pressure/squeezing, palpitations, prior heart attack, heart murmur or fainting.

Respiratory: Denies shortness of breath with exertion, shortness of breath with lying flat, chest tightness, asthma, COPD or Pneumonia.

Gastrointestinal: Denies blood in stool, ulcers, diarrhea or constipation.

Genitourinary: Denies kidney stones, frequent urination or bladder infection.

Skin: Denies cancer, bruising, rash, infection/ulcer or discoloration in legs.

Musculoskeletal: Denies arthritis, gout or sore muscles.

Hematologic/Lymphatic: Denies anemia, swelling or leukemia.

Endocrine: Denies diabetes, thyroid disease or Cushing disease.

Neurologic: Denies dizziness, strokes, headaches or difficulty walking.

Psychiatric: Denies anxiety or depression.

Allergic / Immunologic: Denies hay fever, sinusitis or immune deficiency.

Vitals

Pain scale was 2 out of 10.

Weight: 290.00 lbs.

Height: 69.00 inches.

Temperature: 98.40 F.

Pulse: 76 per min.

Pulse rhythm regular: Yes

Respiration: 13 breaths per min.

BMI: 43.

BP Systolic: 138 mm Hg.

BP Diastolic: 86 mmHg.

Pulse Oximetry: 99

Physical Examination

Wound - LIF wound flap and healed. No evidence of infection. Neurovascular intact. Full ROM in LIF but stiff.

Assessment and Plan

ICD: Laceration of left index finger without foreign body without damage to nail, subsequent encounter (S61.211D)

Assessment: LIF wound flapped and healed and granulated tissue in space of flap. No evidence of infection.

Plan: Patient is asymptomatic with no functional deficits, met all treatment goals, requires no further skilled attention and is medically released from care. The patient is permanent and stationary with no need for future medical care. The patient has been released to full duty without any permanent restrictions. No PR-4 report required.

CPT Codes:

Office O/p Est Low 20-29 Min (99213)

WC002 (WC002)

Follow up: -

A handwritten signature in black ink, appearing to read 'Minh Nguyen'.

Minh Nguyen DO, MPH, FACOEM

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.

Clinic Address: 15401 S Main St., Gardena CA 90248 - 2214

A handwritten signature in black ink, appearing to read 'Minh Nguyen'.

Minh Nguyen DO, MPH, FACOEM

Rendering Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.