



445 E Anaheim Street Suite L
Wilmington, CA 90744 - 4600
PH: 562 267-3798
FAX: 562-222-3883

PROGRESS NOTE

Patient First Name:	Patient Last Name:	Date of Birth:	Sex:
Kevin	Keliipio	05-09-1986	Male
Attending Provider:	Referring Provider:	Visit Date:	Chart No.:
Shayla Matthews, FNP-C		09-19-2023	SCL52919
Insurance:	Employer:	Claim Number:	Date of Injury:
US Dept Of Labor	Customs And Border Protection	550438743	08-04-2023
Appointment Location:		Appointment Location Address:	
Agile Occupational Medicine, Wilmington		445 E Anaheim Street, Suite L, Wilmington CA 90744 - 4600	

History of Present Illness

Patient is a 37 year old male.

Patient returns for follow up visit for left shoulder strain. Patient reports no change in condition however on 9/17 patient was driving when he drove and hit a pot hole. Patient reports holding steering wheel and felt shoulder drop and pop out of place. Patient felt immediate pain. He states pain comes and goes. Patient also reports clicking sensation with range of motion exercises. Pain is 1 out 10 and positional.

Past Medical History

Induced coma tbi since 06-14-2008.

Surgical History

Laparoscopic hernia: 09-13-2021.

Allergy

No Known Drug Allergies.

Current Medication

No Known Current Medication

Social History

Work History: He is employed - full time. He has been in the current profession for years. He previously worked for Years as a Prior occupation: Pilot.

Use of Drugs/Alcohol/Tobacco: Drinks alcohol rarely. Smoking Status (MU) never smoker. Reports consuming caffeine/cafeinated drinks 1-2 cup a day. He has never used any illicit drugs. He denies using street drugs with a needle.

Vitals

Pain scale was 7 out of 10.

Weight: 186.00 lbs.

Height: 72.00 inches.

Temperature: 98.10 F.

Pulse: 79 per min.

Pulse rhythm regular: Yes

Respiration: 16 breaths per min.

BMI: 25.

BP Systolic: 131 mm Hg.

BP Diastolic: 82 mmHg.

Pulse Oximetry: 98

Physical Examination

SHOULDER EXAM

A. LATERALITY: LEFT

B. VISUAL INSPECTION: No gross deformity. No swelling, no ecchymosis, or open wounds noted.

C. PALPATION: mild tenderness to palpation, at the supraspinatus and subacromial space.

D. ACTIVE RANGE OF MOTION:

FLEXION 0 to 180 degrees

EXTENSION 0 to 30 degrees

ABDUCTION 0 to 180 degrees

ADDUCTION 0 to 50 degrees

INTERNAL ROTATION 0 to 60 degrees reaches to L1

EXTERNAL ROTATION 0 to 90 degrees

E. NEUROVASCULAR: Brisk capillary refill less than 2 seconds. 5/5 motor strength and light touch sensation intact throughout.

F. SPECIALTY TESTS: Positive Neer and Hawkins testing.

G. CONTRALATERAL SIDE: Exam is normal.

Orders:

Assessment and Plan

ICD: Strain of rotator cuff of left shoulder (S46.012A)

Assessment: Patient evaluated today for follow up visit with left shoulder strain and contusion. Patient continues to have mild tenderness along the right trapezius muscle with limited range of motion.

Plan: Pending PT and MRI of right shoulder still not authorized yet. Will have PT scheduled in San Diego where he works. Continue home exercises and will follow up in 2 week to re evaluate injury progression.

ICD: Fall from slip, trip, or stumble (W01.0XXA)

ICD: Contusion of shoulder, left (S40.012A)

Keliipio, Kevin DOB:05-09-1986

CPT Codes:

Office O/p Est Low 20-29 Min (99213)

Follow up: -

Handwritten signature of Shayla Matthews in cursive, with the letters "FNP-C" written in small capital letters above the signature.

Shayla Matthews FNP-C

This has been electronically signed by Shayla Matthews FNP-C for visit dated 09-19-2023.

Clinic Address: 445 E Anaheim Street, Suite L, Wilmington CA 90744 - 4600

Handwritten signature of Minh Nguyen in cursive.

Minh Nguyen DO, MPH, FACOEM
Supervising Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.

Handwritten signature of Minh Nguyen in cursive.

Minh Nguyen DO, MPH, FACOEM
Rendering Provider

This has been electronically signed by Minh Nguyen DO, MPH, FACOEM for visit dated 09-19-2023.