

2.2 PATTERN DANCES 2023/24

All Novice categories	<p>All Pattern Dances will be skated in the order listed and must be performed with the first sequence executed in front of the judges' stand. If not, the Referee will stop the couple and instruct them to restart on the correct side without deduction. The first Step of the dance must be on beat 1 of a measure.</p> <p>Couples shall provide their own music for all Pattern Dances. May be ISU Ice Dance music (tune 1-5).</p> <p>Each team's music for the official practice will be played for both Pattern Dances (Each couple skate the first Pattern Dance to their own music and then each couple skate the second dance to their own music)</p> <p>Warm-up 3 minutes, max 6 couples. The first 30 seconds are without music, followed by 2 minutes and 30 seconds of the 6th tune of the ISU Ice Dance music has to be played</p>						
		Pattern Dance	# of sequences	Music	Pattern	Components/ Factors	Warm up Music
Basic Novice No Key Points, Called to max Level 1	Pattern Dance 1	Fourteenstep	4 Sequences	Rhythm: March 2/4 and 4/4; Tempo 56 measures of 2 beats per minute and 28 measures of 4 beats per minute (112 beats per minute) plus or minus 2 beats per minute	Set Pattern	Timing Presentation Skating Skills Factor: 0.7	the 6 th (last) tune of the Fourteenstep ISU Ice Dance music
	Pattern Dance 2	Willow Waltz	2 Sequences	Rhythm: Waltz 3/4; Tempo (the same as "European Waltz") 45 measures of 3 beats (135 beats per minute) plus or minus 3 beats per minute	Set Pattern		the 6 th (last) tune of the European Waltz ISU Ice Dance music
	Pattern Dance 3	Tango Canasta	3 Sequences	Rhythm: Tango 4/4; Tempo 26 measures of 4 beats (104 beats per minute) plus or minus 2 beats per minute	Set Pattern		the 6 th (last) tune of the Tango ISU Ice Dance music
Intermediate Novice Key points called to max Level 2	Group 2 Pattern Dance 1	Fourteenstep	4 Sequences	Rhythm: March 2/4 and 4/4; Tempo 56 measures of 2 beats per minute and 28 measures of 4 beats per minute (112 beats per minute) plus or minus 2 beats per minute	Set Pattern	Timing Presentation Skating Skills Factor: 0.7	the 6 th (last) tune of the Fourteenstep ISU Ice Dance music
	Group 2 Pattern Dance 2	Tango	2 Sequences	Rhythm: Tango 4/4; Tempo 27 measures of 4 beats (108 beats per minute) plus or minus 2 beats per minute	Optional Pattern		the 6 th (last) tune of the Tango ISU Ice Dance music
	Group 3 Pattern Dance 1	Foxtrot	4 Sequences	Rhythm: Foxtrot 4/4; Tempo 25 measures of 4 beats (100 beats per minute) plus or minus 2 beat per minute	Optional Pattern		the 6 th (last) tune of the Foxtrot ISU Ice Dance music
	Group 3 Pattern Dance 2	European Waltz	2 Sequences	Rhythm: Waltz 3/4; Tempo 45 measures of 3 beats (135 beats per minute) plus or minus 3 beats per minute	Set Pattern		the 6 th (last) tune of the European Waltz ISU Ice Dance music
Advanced Novice Key points called to max Level 3	Pattern Dance 1	Rocker Foxtrot	4 Sequences	Rhythm: Foxtrot 4/4; Tempo 26 measures of 4 beats (104 beats per minute) plus or minus 2 beats per minute	Set Pattern	Timing Presentation Skating Skills Factor: 0.93	the 6 th (last) tune of the Rocker Foxtrot ISU Ice Dance music
	Pattern Dance 2	Starlight Waltz	2 Sequences 4 sections Steps 1-17 & 18-32	Rhythm: Waltz 3/4; Tempo 58 measures of 3 beats (174 beats per minute) plus or minus 3 beats per minute	Set Pattern		the 6 th (last) tune of the Starlight Waltz ISU Ice Dance music