

ॐ शांति प्यार

COLORS

Truth & Flowers

We honor the Tongva land we are on (Santa Monica) and share our Energy along with this Letter with you so we may all live in Abundance, aligned with our Highest and Truest Infinite Self, healing, changing and building our New World rooted in the Divine Energies of Peace, Love, Joy, Balance and Gratitude together.

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Master Nataraj G (9 Aug 2021) with Sunflower Field & Giant Eucalyptus Tree behind
& many Hummingbirds flying in front (one may be seen reflected in His sunglasses)

photo: Apsara Devi G

Dear Hannah,

It's been a pleasure practicing Yoga with you, sharing numerous beautiful journeys together and connecting with you in sacred sexual spaces so intimately, so openly and so deeply. We have healed, changed and grown significantly while in relationship with you. Connecting with someone we can share our selves and our deepest core beliefs with while laughing, sharing amazing foods and constructively building for a collective future filled with Peace, Love, Joy, Balance and Gratitude is a rare gift. Our souls have a very deep bond that we are so grateful materialized in this lifetime when you walked across our Yoga tree on Sunday, 16 May 2021.

It is due to this deep bond we hold so dear that we must share with you what we have experienced as abusive and harmful thoughts, words and actions that you have harbored your self and directed toward

us. When any two beings connect, a 50-50 non-dualistic energetic bond is shared between them, regardless of any specific thought, word or action on part of either being. The energy that flows through one being is shared with the other, and vice versa, equally. This is why, if one being is harmful and abusive toward themselves and believes themselves to be thinking, speaking and acting independently, that energy is actually sent to all beings they are connected to... which happens to be all beings, through our infinite spiritual body. It goes the other way as well, which is why we have dedicated our lives and practice to increasing the Peace, Love, Joy, Balance and Gratitude in each individual being for the benefit and ultimate liberation of all beings. The degree governing how much energy is shared from one being to another has to do with proximity and strength of connection. If you live with someone and spend a lot of time with them, your birth family, for example, there is a high level of proximity, though there may be a low level of connection. If you live far from someone, but think of and feel their presence in your life often, Elijah, for example, the proximity is low but the connection is high. Because we are both highly proximate and highly connected, your 50 and our 50 have great influence on one another.

Please remember that this is Law and it is non-dualistic, or, non-judgmental — it happens no matter what, cannot be avoided, faked or staged and simple categorizations of right, wrong, good, bad, negative, positive do not apply. All that is required to abide by the Energetic Law of 50-50 is conscious awareness of **why** you are thinking, speaking and acting the way that you are. This is why whether it is Yoga, Meditation or any of the world's major wisdom, faith, religious, philosophical, medicine or scientific traditions, a foundational component of growth is dependent on the ability to sit quietly, meditate, contemplate, reflect and see clearly, how and why each individual does what they do. The best way to actively practice this is through some form of meditation and self-reflection, which is then often shared as art — writing, music, stories, drawings, paintings, collage, films and more.

Now we must discuss our specific experience of your 50's effect on us, in light of your recent decision to become celibate and the reasons you stated to us. The best way for us to share this with you is through a visual diagram. Below is a graph of how we perceived your Energy (E) over time (t) with significant words you shared with us and events we shared together —

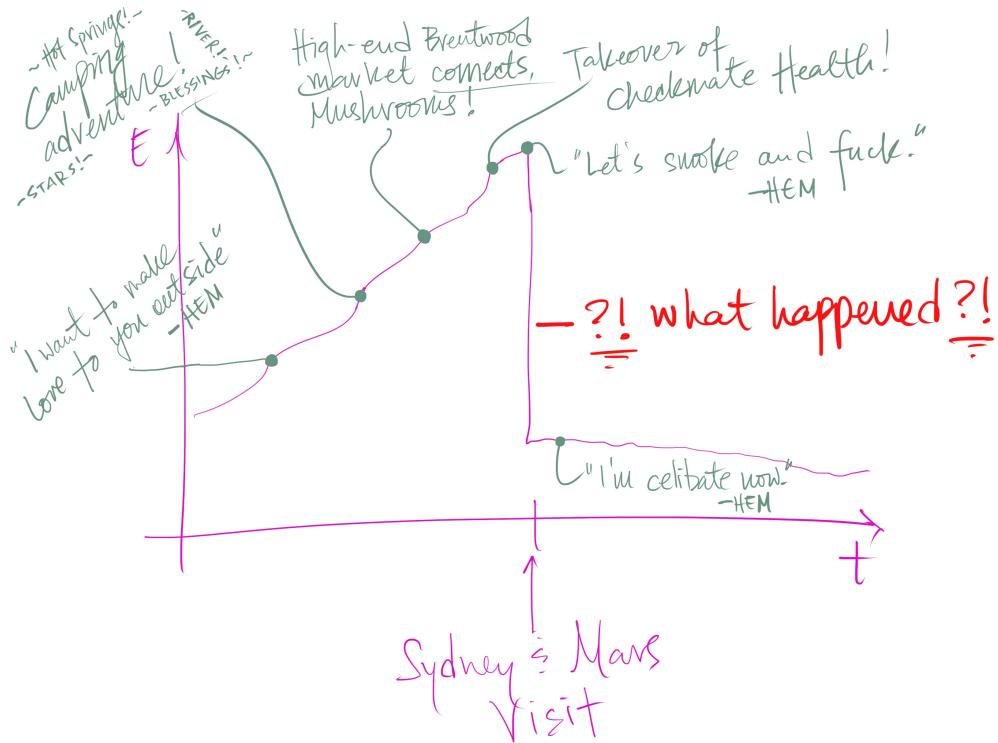


Figure 1. The Truth of Hannah's Energy (E) as perceived by Master Nataraj G over time (t) with pertinent words from Hannah (HEM) and events noted.

As you can see, you were the one to ask for, initiate and participate in organizing sexual encounters with us, which we were happy to take part in and resulted in amazing blessings for us both. It is worth noting that it's not just in this near-recent case that you have asked for and initiated any manner of intimate or sexual contact: asking us to spend the night at your place when we expressed no interest or intention in doing so, asking for cuddling, kissing, fingering, playing with sex toys and more. All perfectly fine and enjoyable on our part and, each time, leading to more closeness, more intimacy and more beautiful, healing, loving, caring,

sweet, sweet touches, conversations, realizations, visions, dreams, ideas, words, actions and food. This is why we consider sex sacred, a gift to be cherished and why we are dead set on determining exactly what led to your decision of celibacy.

So far, you have shared with us a confusing string of reasons that do not fit together well in explaining why it is you have chosen to be celibate now, or just around the time your friends Sydney and then Mars came to visit. In our last conversation at our Yoga Tree, you told us that you are celibate and do not want to have sex with us anymore, never really did, were actually interested in Black women, we expect kisses too much, suggested that we pushed you into having sex with us, that you should have never had sex with us... but, somehow, we are to believe you when you said that, "everything we shared was beautiful, though." We will address all of these, but even the slightest bit of suggestion that we pushed you into having sex with us crosses the boundaries of our five bodies. We need to make explicitly clear that we did no such thing and have absolutely zero interest in any sexual contact with you after your confused, harmful thoughts, words and actions toward us.

You insisted that we come back with you to your place after our first sacred sexual encounter in Topanga Canyon including massage and kissing in the parking lot. Even if you were interested in, "only cuddling and you eating me out," that is sex which was 100% consensual the entire time we were together. We were happy staying out in Topanga and made it clear to you we could always get together later. Because you insisted, we came back to your place with you. Do you have even the slightest inkling anywhere in your being that we in any way forced you to have sex with us here? If so, please tell us immediately.

Upon our return from climbing Mt Baldy around 2 Jul 2021, we were elevated and excited after reaching heights of more than 10,000 ft high, by foot, bathing in crystal clear fresh mountain spring waters at an elevation of more than 6,000 ft. We shared with you that we were,

Q1

"called during this week's trek up the mountain to share such sacred beautiful healing loving with you at least once a week." This is a direct quote from the text we sent you. Our preceding message to you asked, "Would you like to spend the evening together feasting and enjoying Sacred Erotic massage and loving?" This is what we shared with you upon our return to the area, after our descent from the mountain top. Please be aware and know that, regardless of whatever state you may be in: "processing," high, low, here, there, none of these words are offensive, cross any boundaries or require you to do anything. On the least imposing end of the spectrum, they are simply statements of our own experience we want to share with you and, at the most imposing, there is a simple request you are 100% free to deny. This is where we begin to see that your thoughts, words and actions are deeply affected by capitalism, consumerism and colonialism and greatly differ from ours. Just like when we were walking through Costco and after seeing how many items looked good to eat, we stated, "One day, we'll come through here, have budget to pick up everything that looks good and share all these ginormous packages of food with hungry folks in need." You responded with something along the lines of, "Wow, amazing, that's beautiful." Please be aware and know that there are many humans who have evolved beyond violent hollow intimate relationships that would receive requests such as, "Would you like to spend the evening together feasting and enjoying Sacred Erotic massage and loving? ... [We felt] called during this week's trek up the mountain to share such sacred beautiful healing loving with you at least once a week," as an absolutely amazing, beautiful vision and way to share time and energy. Being mentally, emotionally, physically and spiritually intimately close enough with someone to share our entire bodies, carefully caress and massage each other with beautiful, natural healing oils that are soothing, rejuvenating and invigorating and sharing profound life-giving pleasure with one another is indeed an amazing, beautiful experience we had actually already experienced glimpses of together. There's nothing forceful or out of place with these visions, words and these requests for intimacy, love and care. This is in fact a far better way to share time and

energy than consuming crude oil in the form of auto gasoline, driving around town polluting the environment only to hit up clubs, bars and parties to spend even more money on useless material drinks and food, depriving every single relationship we have of the peace and actual tender love and care they need to feel nourished and transcend the mental, emotional, spiritual, physical and soul death trap that is consumerism, capitalism and colonization.

Instead of see and honor any of this, you have, in our last conversation at our Yoga Tree as well as a few other times in conversation, written off our words and requests upon returning from the top of the mountain as simply, "you came back from your trip wanting to fuck every week." It was our mistake to not have been more alert and said something the very first time you insulted and disgraced our love and way of seeing sacred sexuality by writing it off as simply, "fucking." Let's see if you can see the difference now —

Master Nataraj G	Hannah Elizabeth Mock
Let's be mentally, emotionally, physically and spiritually intimately close enough with each other to share our entire bodies, carefully caress and massage each other with beautiful, natural healing oils that are soothing, rejuvenating and invigorating and share profound life-giving pleasure with one another once a week.	Let's fuck every week.

Q2 Do you see the difference here?

What we see happening to you is the influence of violent consumerism, capitalism and colonization robbing you of your senses to clearly hear, see and feel us and where we're at. You are more than capable and we

have connected clearly numerous times on mental, emotional, spiritual and soul levels.

The other conversation you have pointed to in your line of reasoning suggesting that we played a role in forcing you to have sex with us was shortly after the conversation above when you asked to speak with us about your processing of our initial sexual encounter. You had stated that it may be moving too fast. In response, we asked you to consider the question, "moving too fast in comparison to what? How fast is it supposed to move?" We asked this because we sensed that there were (and clearly still are) blocks you are placing in your own mind from being truly free. It was not a challenge or trick intended to get you to have sex with us. Just a few simple questions to seriously consider. After the conversation, we stepped back from putting any pressure on you regarding sex and waited for you to respond.

On our next visit to your place, you asked us to spend the night with you. To us, this was a clear invitation that you were interested in being intimate, interested in sex. Numerous times after this invitation, we had consensual sex. You even stated one morning in bed together something along the lines of, "Can we go camping? I want to make love to you outside." You put significant effort and energy into organizing the camping trip, traveling together, having sex and a beautiful adventure together filled with many blessings. You were making it clear with your words and actions that you were cool with what we were doing and going too fast or too slow did not seem relevant at all. If you later felt that you should not have done any of this, what changed, what happened? What were you thinking during and leading up to the trip up to the hot springs? If you felt our relationship or having sex was moving too fast or you should not be participating in it at all, why did you engage in relationship and sex, continue engaging in relationship and sex and give no sign of being conflicted about the relationship or the sex? We need to know. We have shared numerous beautiful experiences with you, both sexual and otherwise that cannot be separated. It is deeply hurtful

Q3-4

Q5

Q6-7

to us that you would erase them all by stating that you should not have had sex with us. What kind of person does this? Under what kind of influence? Were you on drugs or some other substance during our last conversation under our Yoga Tree where you shared this broken line of reasoning for your celibacy?

Q8

Please be aware and know that we cannot be responsible for your actions if your own words and actions do not line up. Only you are responsible for your thoughts, words, actions and their consequences. If there is ever anything you need from us to help you hold true to some commitment you have made to your self, you need to clearly let us know and understand that it may require some time and energy for us to adjust if you send us opposite signals right next to each other. For example, "I'm going to be off my weed tolerance break soon. Let's smoke and fuck," and then just a few days later, "I'm celibate now and don't want to have sex with you." Or, initiating, asking for and enjoying sex as well as a deep, generous and loving friendship with us for numerous weeks and then stating that you should have never had sex with us. This is severely damaging for your health, our health and the Peace, Love, Joy, Balance and Gratitude in this beautiful New World we are all responsible for building together.

Q9

Is this damage clear to you? Is there any part of you that believes in the slightest that we ever forced, coerced or even strongly suggested that you have sex with us? If so, please tell us immediately.

Q10

When you presented us with the, "I'm celibate now," conversation for the very first time, it was shortly after Sydney left and just before Mars arrived. We were in your kitchen. You were seated next to the plants toward the sliding glass doors and clearly not feeling well or comfortable about the conversation. You started the conversation by wrongfully abusing our boundaries and blaming us, stating something along the lines of, "I know you're over here expecting to have sex, but I'm going to be celibate." We were caught off guard, to say the least. Again, one of

the last things you said to us before Sydney arrived was something along the lines of, "I'm going to be off my weed tolerance break soon. Let's smoke and fuck." I responded to you then by saying something along the lines of, "Yes, beautiful, sounds good, amazing."

However deeply connected we may be, there are boundaries for each of the five bodies we have shared with you. When you say something like, "I know you're over here expecting to have sex," it is a violation. Your mental body has dipped into our mental body and wrongfully assumed that, yes, this person is expecting sex tonight. While the thought of having sex that night, because it was the one night between your two visits, had crossed our mind, it was in no way an expectation. Other thoughts that crossed our mind were, she must be tired from hosting folks. It's a lot to have two back-to-back visitors. Wonder how she's feeling smoking weed. Wonder what we'll eat. Let's have ice cream. The expectation of sex was not a priority as it never really has been for us. Our bodies want and need it. That's why it happens and why it is so pleasurable. It really is that simple. It is a basic human need and requirement for life. We have evolved numerous ways to fulfill these needs without putting pressure on others or requiring others' involvement. Neither that night, nor any others are we expecting sex from you or anyone else. If the conditions for sex between two or more people do come together, why not enjoy fully, consensually? This is how we think, feel and act when it comes to sex with others.

There is an ever-present drive, desire and need for Peace, Love, Joy, Balance and Gratitude, which is unmatched in the material world through the experience of sharing one's body with another in an intimate, sacred, caring, loving, joyful way. If it is ever forced, the intimate, sacred, caring, loving, joyful nature of the experience is degraded, perhaps even destroyed, and we do not want that. Sadly, this degraded, broken form of sex is all many people know. We were hopeful that we could share a non-degraded form of sex with you. We experienced a few glimpses together that we are grateful for. We are sad that we will not be able to

continue. We wish for your mind, heart, spirit, body and soul to be cleared of confusion, disease and whatever blocks you or others have placed there so that you may one day experience this pure form of sacred sex. Each of our bodies, not just the physical one, engage in sex. When we read, our mind dances with others' minds. When we hear a beautiful song, our heart & soul play with others' hearts and souls. It is not a game to us — these are significant, meaningful, deep, impactful, life-changing connections and ongoing give-and-take conversations that are being established with others. It is absolutely imperative that we take good care and consciously, with the greatest level of awareness we can channel, make choices with our thoughts, words and actions that lead to the absolute highest levels of Peace, Love, Joy, Balance and Gratitude for our selves, others and all beings.

Q11 That said, who or what led you to believe that we were expecting sex that night? Was there anything we did, said or telepathically beamed to you that would suggest we were expecting sex that night? Was it simply convenient for you to attack us to make it easier for you to cut off your sexual relationship with us?

This same attack of transforming your own confusion and inability to align your thoughts, words and actions into an expectation of someone else that is forcing you to misbehave has happened in other instances. You have stated that we expect too many kisses from you. This is another cosmic mistake on your part. We like kissing you. You are beautiful. You have beautiful lips, a wonderful tongue and a beautiful voice and something about the way you smell and smile draws us to you. We loved kissing your face, mouth, neck, ears, vulva, vagina, inner thighs, ass, tits and many other of your delectable parts. We liked the way you taste. Kissing you because we felt drawn to you, amorous toward you, wanted you, is very different from us showing up in front of you and expecting kisses from you. It is the same as what we've stated about sex: kisses are amazing, but we would not expect them or force them upon another, because that would ruin them. When Sydney arrived, we were

prepared to not kiss or even hug based on what Sydney was down with. Given she was your close friend, we figured she'd be open to hugs, but may not be comfortable with us kissing in front of her because she may not have a partner or due to the stunted romantic feelings she had for you. When we first met Sydney and you together for our shared Yoga session, we were totally fine with not kissing, not expecting a damn thing. When we came into your house after our Yoga session to fill up on Alkaline water, we were totally down with no kisses. When you kissed us on our way out after we picked up water, we were surprised because we did not expect any kisses and did not want to upset Sydney. Is there anything we said, did or telepathically beamed to you that made you feel we were then or at any other time expecting kisses from you? For you to state that we, "expect too many kisses," and that is part of the reason for your celibacy is not only false but also extremely hurtful. If you're busy with something or simply not in the mood for kisses, a simple nod, gesture or statement would do just fine. Instead, you have chosen celibacy. This is why we must ask, what is really going on here? Why are you making this choice at this time in this way?

As part of the initial celibacy conversation, while we were seated at the kitchen table, you stated that the performative aspect of sex was something that you did not like and was part of why you wanted to become celibate. We did not have much time to respond to this because we felt we were being assaulted and caught off guard by your words, falsely placing expectations on us and your sudden change in behavior. We did not share then, but earlier that day, we had a sacred vision where both you and us were seated directly across from one another, completely naked and, with the express intention of reducing any sort of performative pressure on one another, we would show each other how we masturbate and bring our selves to climax after making a sacred commitment to each other to accept each other fully. No judgment, simply seeing and accepting each other exactly as we treat and pleasure our selves so we could more deeply learn how we each enjoy our selves, what we sound and look and feel like, so that there is less and less

Q14

Q15-16

pressure to perform. This activity would also include sharing with each other through words what we're doing, how we feel, what we like, what we don't like, that would all result in us feeling safer in sacred sexual union with one another. This is one vision of many we never got to and will never see happen between us.

It is interesting to observe that the same day we had this vision of opening to and healing our shared concerns of needing to perform in sex by leaning into our vulnerability and creatively expressing our selves, your response was to shut down completely. We opened for creative expression and healing, you shut down. This leads us to suspect that you may have been performing and pretending all along. You had become fed up with performing and wanted nothing to do with it anymore, so, celibacy. Is this true? Through the numerous nights together, through our camping hot spring adventure together, were you simply performing and not enjoying the intimate or sexual contact we were sharing? We need to know.

Since you claimed in our last conversation at our Yoga Tree that you should not have had sex with us from the moment we returned from the mountain top (around 2 Jul 2021), why did you subsequently choose to have sex with us? Did you think there was something that you would gain from sleeping with us? Is there something you wanted that you could not simply ask us for and felt you needed to sleep with us to be able to ask us? Did you feel you owed us for something and sex was the only way that you could repay us? Were you after some specific experience, pleasure, healing or knowledge that came to you from sexual experience with us? Did you find it a fun exercise in manipulating someone else? Just to see what would happen without a care for your own feelings or ours given your thoughts were conflicted about having sex with us?

After conversing at the kitchen table for a few minutes, we remember being up washing dishes while you stayed seated at the

kitchen table. You seemed concerned that we would cut off all contact with you if we could not have sex. When you asked if we could still hang out even though you wanted to be celibate, we stated it was deflating and disheartening but ultimately your choice, we would respect that and continue to see you, interact with you in other ways. Our love takes numerous forms — consider the Mahanarayan oil that you bathe, heal and uplift your entire body with, any of the healing Ayurvedic remedies, any of the energizing and balancing breathing and Yoga practices you enjoy and any time you experience feelings of great Peace, Love, Joy, Balance and Gratitude — consider all of this, our love for you made real. While standing at the kitchen sink washing dishes, we also stated that we would need to know why you have decided to become celibate given all we have been through together. This letter is our chance to fully express our need in understanding why you have made this choice at this time and, in some ways, why you are blaming us for your choice. Suggesting that we forced you into having sex with us and saying things like we expect too much of you when we have stated no clear expectations of you make it seem like you are in part blaming us, or holding us responsible, for your decision to become celibate — are you?

Q26

We need you to please answer every single one of the questions we have posed above in writing. Full details for how you need to respond to us are below, at the very end of this letter. This second part of our letter has to do with the specific influence of Sydney, Mars and White Supremacy on what has happened here. We admit we do not know Sydney, Mars or really anyone else around you all that well. For all we know, they could be registered sex offenders that molest children for fun. We are not interested in judging them and have no place to. We are, however, Master Yogis for a reason and perceive things differently than other friends and family you have experience with. There are significant coincidences between their arrival and various events that transpired between us and even in our lives independently. This is why we shared with you the Energetic Law of 50-50 in detail at the start of this letter. No matter what you do, the Law is in effect and the energy is being

transferred. Therefore, if far away friends come to visit and they share their 50 with you at a higher degree because their proximity to you has significantly increased, then that new energy that you are channeling gets sent to us because of our already established connection. It is in this way that one individual in relationship with their Highest and Truest Self can connect with all of existence. Similarly, two individuals in relationship with each other can also connect with all of existence by the Energetic Law of 50-50.

So, Sydney arrives, some series of events occur and you choose to become celibate. Mars arrives, some further series of events occur and you tell us under our Yoga Tree that you want to be celibate, do not want to have sex with anyone or us anymore, never really did, were actually interested in Black women, we expect kisses too much, suggest that we pushed you into having sex with us, that you should have never had sex with us and then wrap it all up with, “everything we shared was beautiful, though.” If this hard-to-follow, start-in-one-place-and-end-in-the-complete-opposite-place-while-unknowingly-dropping-insults-along-the-way sounds or feels familiar, it is. Please recall the conversation you had with Eleanora where she said she doesn’t believe in Yoga or really anything, let alone preventative healthcare. This inability to have and demonstrate integrity — where your thoughts, words and actions actually line up — is a symptom of white supremacy. When the foundation of this white supremacist capitalist, colonialist, consumerist culture consists of greed, lies, theft, murder and rape, there is no way a person within the system can stand up and say anything close to or resembling, “we care about life, we care about others, we love,” and then act accordingly. It will never happen until these seeds of greed, lies, theft, murder and rape are completely, holistically and sustainably resolved on every square inch of land that was stolen from our Native Ancestors and is now drenched in the blood of women, children and beautiful people forced into slavery and slaughtered.

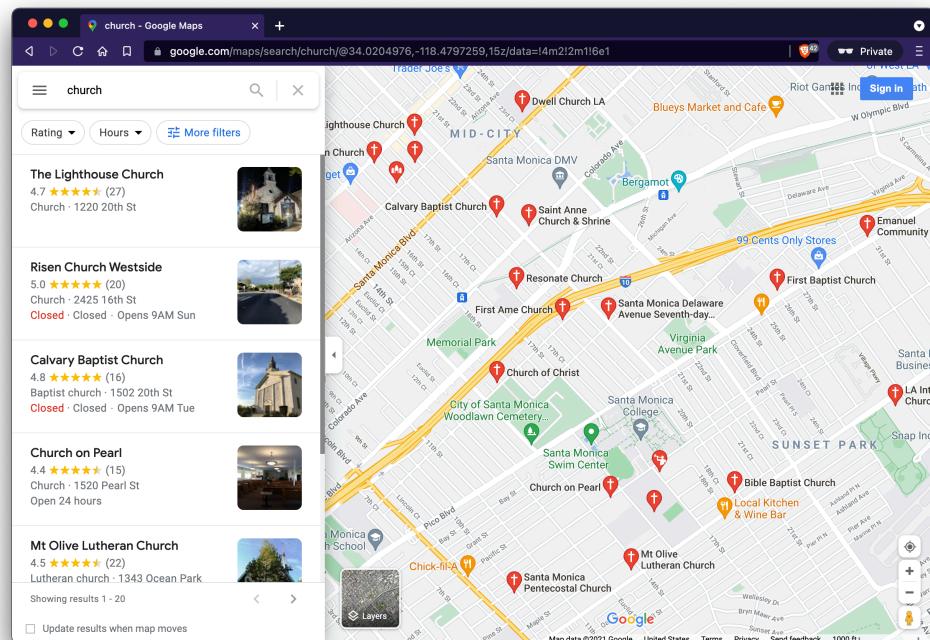
As we have shared with you, all beings have five bodies. If you walked into a small room that was filled with stinking trash, stayed for a minute, and then walked out, you would walk around smelling like stinking trash, at least for a short while. If you walked into the same room, but it was filled with extremely fragrant roses, you would walk out after a minute in the room smelling like roses. Fragrances are sticky. This is how infinite bodies such as our mental, emotional and spiritual bodies interact — when they come into close proximity with one another, they mix. This is why we need disciplined, regular practice — so we can be increasingly aware of what is mixing with and affecting our five bodies. You spend a significant amount of time and energy focused on Checkmate Health. It is your primary source of income. All food, clothing, gasoline, anything you purchase, is actually coming to you only through your relationship with Checkmate Health. Their capitalist, consumerist, colonialist, confused, duplicitous, exploitative, greedy energy and fragrance is all up in and around you. What are you doing to counteract this poison?

Q27

While you may know them well, to us, Sydney and Mars appear as white women from the midwest. You have stated numerous times that your hometown, your parents and the midwest in general are extremely conservative. You had also stated during our Yoga sessions when we brought up conversation about lovers, sex and orgies, that you would not want a white person to touch your body. We thought we were radical regarding white people and your comment shocked us at the time. And, yet, after stating this, you are sleeping in the same bed as your white friends. No matter what they have been through and how much work toward racial equality or any specific intersectional interconnected facet of social justice and collective liberation they are doing, Sydney and Mars appear as white women that benefit from whiteness in a white supremacist culture. Because we got to share a Yoga session together, we saw this manifest in Sydney as a kind of stiffness or tightness that she is unaware of. We have noticed this with other white folks. The specific root for each person is unique, but the general pattern is one of not

being able to “do or be enough” to get to be a “good person.” This is because, as a collective society or, “race,” there has been no reckoning amongst white people to completely, holistically and sustainably resolve their ancestral lineage of greed, lies, theft, murder and rape. It lives in them, eats away at them, so they turn to Native, Black, POC, Queer and Poor folks for “redemption,” because many other white people they turn to simply do not give a fuck and keep repeating the harm over and over again. Some even enjoy it — they make light of greed, lies, theft, murder and rape so they can go on committing all these atrocities en masse across the entire globe. This indoctrination is happening in the midwest, Bluffton, Illinois, Michigan and environs to a much higher degree than here in “liberal” California. Even in Cali, it’s not that much better. Cities like LA and NY are manufacturing the culture that gets force fed into the hearts, minds, spirits and souls of folks in places like the midwest. LA is crawling with greedy colonizers that we have to be highly aware of all the fucking time. Take Yoga, for example. Have a look at the following maps:

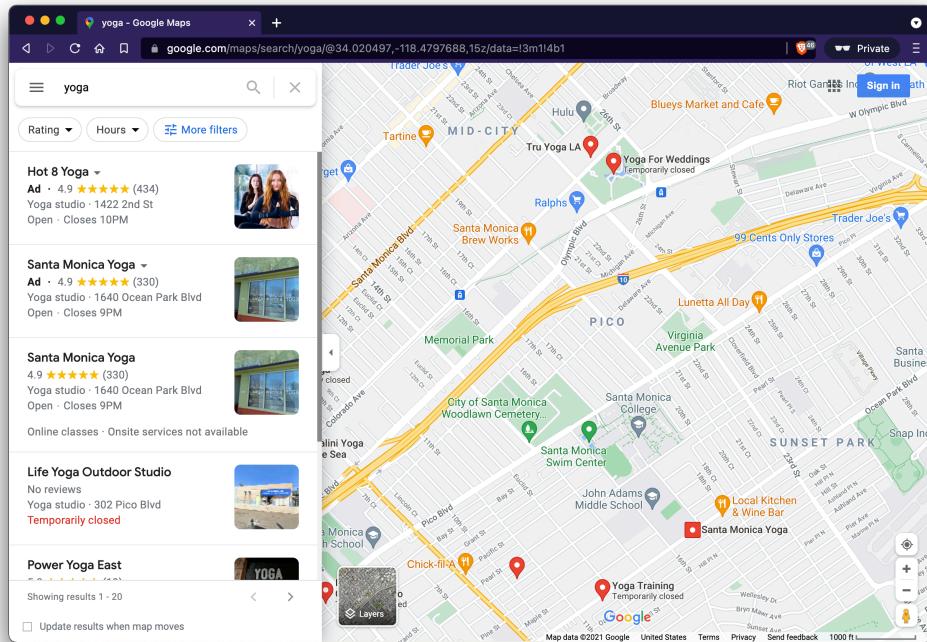
Here’s a search for “church” in our neighborhood —



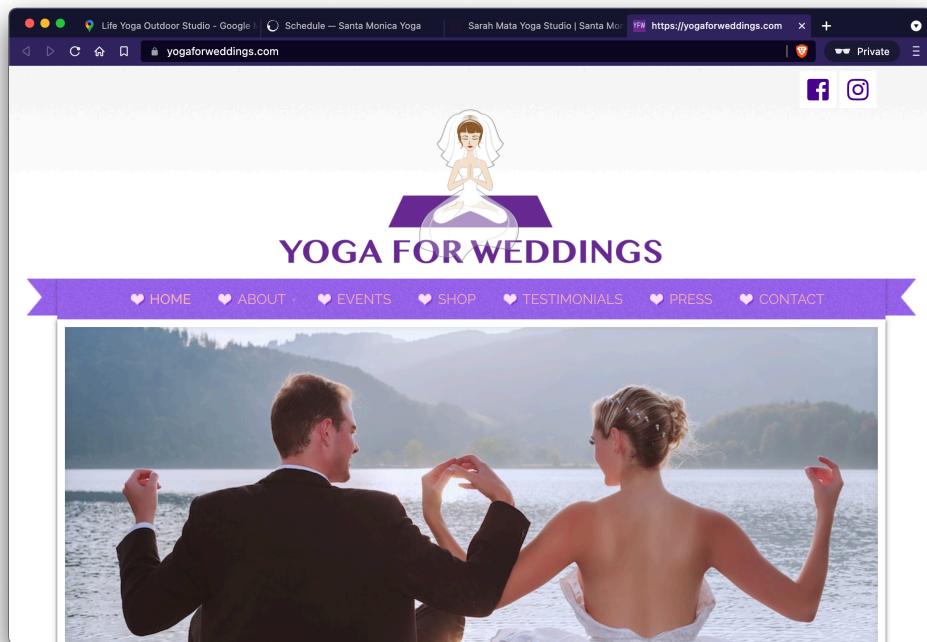
Q28

There are about 20 churches in the area. What are they doing in there?

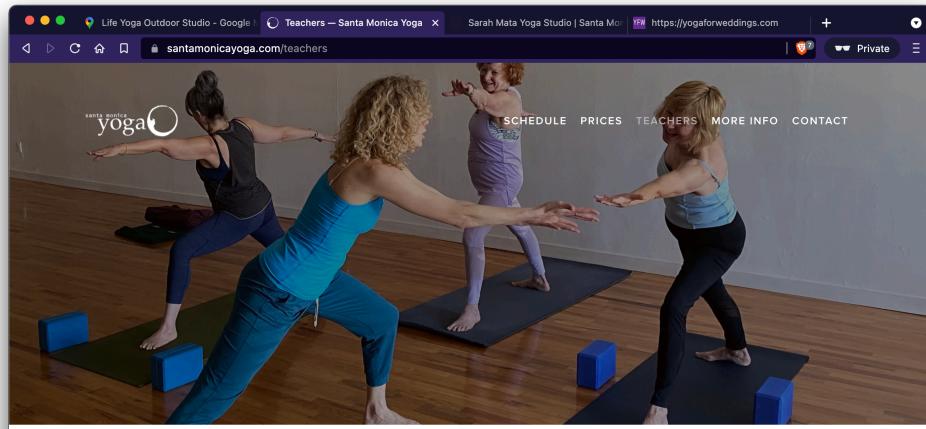
Here's a search for "yoga" in our neighborhood —



There are about five. Of these five, three have active websites. Here are the leaders, teachers, vibes of these three Yoga studios in our area:



This is a fun one.

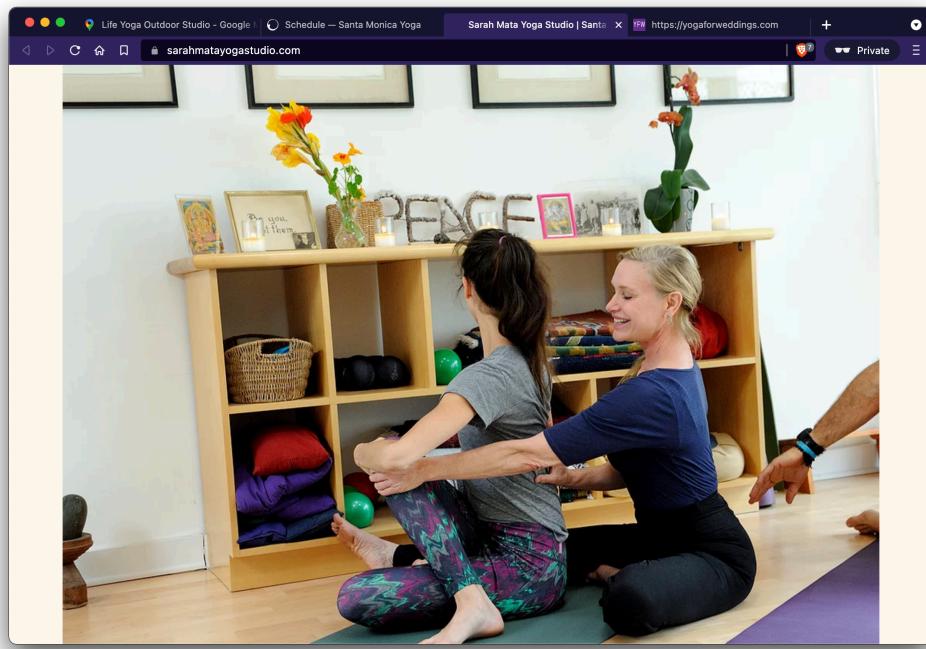


The screenshot shows a group of four women of European descent performing a warrior yoga pose on a wooden floor. They are wearing athletic clothing (tanks, leggings) and using blue yoga blocks. The website's header includes the logo "santa monica yoga", a navigation bar with links for SCHEDULE, PRICES, TEACHERS, MORE INFO, and CONTACT, and a search bar.

TEACHERS

CINDY FRASER
Cindy Fraser teaches a slow, deep practice influenced by

Hmm... more white people.



And, yet, more white people doing yoga.

The reason we bring this up here is to demonstrate that even in seemingly liberal places, sacred, ancient spiritual practices have been

colonized, stolen and co-opted to make white people money, while eradicating the tradition's potency to uplift people of color and those in need (Native and Black folks, Poor folks that need healthcare and housing and more). It's just a nice lil hobby for Deb to relax, don'tcha know.

While we practice Yoga in the middle of this map area and there are likely other more dedicated practitioners that direct their practice at the liberation of beings actively marginalized and oppressed, we are in the minority. Those who are walking in, around and out of this area will have the fragrance and energy of white-people-yoga sticking to them, not ours. This is spiritual oppression and warfare in action. The white folks steal your shit, dumb it down, make it their own and then steal away in their 20 castles built to continue serving their own ends. Highway robbery. Consider a "blank" spiritualist, a seeker, an open-minded, open-hearted person that walks in, around and out of this area — what fragrance will stick to them? There are 20 churches, some of them literally fortress-like towering over all other buildings in their vicinity and five storefront Yoga studios, all run by white people.

Q29

You had mentioned that you were interested in getting more involved in community. Because you have significant background and experience with Christianity and are a conscious woman of color, you can

Q30

walk into these 20 churches and ask them: what are you up to? Observe. Talk scripture. Observe. Talk programs. Observe. Talk funding.

Observe. And then hold them to account — are they truly serving Jesus

Q31

and the scriptures? Are they truly serving those in need and embodying the fruits of the spirit, Peace, Love and Joy? This is something you are

Q32

well suited to do, where we are not. Because we were not brought up Christian and do not have the geographic and familial context that you do, we do not have the same level of authority with which to engage these churches and their leadership.

This relates to Sydney and Mars' visit in that it paints a local picture of what they are experiencing in their areas. Imagine what is

sticking to Sydney hopping off the miracle mile? And, Mars, coming from a very conservative part of Indiana, having never boarded a plane before? This shit is very strong and people don't even know they're carrying it. Immaterial bodies that affect their every thought, word and action. By coming into close proximity with them and not having any sort of daily spiritual cleansing (do you?) it is likely that they are subtly influencing you and neither you nor they are even aware of it.

Q33-34 Was there anything related to their visits or anything that happened during their visits that led you to your decision to choose celibacy? That colored your perspective of our relationship such that you would feel you never should have had sex with us or that we forced you to have sex with us? Did they say or do anything that would color your perspective of our relationship such that you would feel you never should have had sex with us or that we forced you to have sex with us? That you or we or us together were "wrong" in any way whatsoever? It may not have been anything they said or did, but even a feeling emanating from or around them. Something they reminded you of, inadvertently. Please think back and try to remember if there was anything at all that could have influenced your perspective on our relationship and your decision to become celibate. Can you share the exact series of thoughts, conversations and actions that led you to choose to become celibate and see our having sex as a mistake or "wrong" in any way?

Q41-42 Have you told Elijah about us? If not, why not? If so, what are Elijah's thoughts on our relationship? Did Elijah say, do, or energetically suggest anything that colored your perspective of our relationship such that you would feel you never should have had sex with us or that we forced you to have sex with us?

Q45 Have you told anyone else close to you about us? If so, who are they and what are their thoughts on our relationship? Did they say, do, or energetically suggest anything that colored your perspective of our

Q47

relationship such that you would feel you never should have had sex with us or that we forced you to have sex with us?

Q48

There are other times where we have noticed shifts and changes in your energy that lean toward colonialist, capitalist, consumerist mindset and behavior. They, again, coincide with interactions with white folks. The woman you are hiking with on a weekly basis. Why hike with her? The author of Artist's Way, Julia Cameron — your mental body is having sex with her mental body. She's a white lady. We've read that book. Again, please try and understand, this is not a judgement on any of these people. They may be very well intentioned, upstanding, amazing people. Nonetheless, it's a very sensitive time in our world where things are constantly shifting drastically and we have been specifically gifted and charged with holding down the Divine Energies of Peace, Love, Joy, Balance and Gratitude with the full force of our Native Elders' Wisdom and our Indian Ancestors' Thousands of Years of Energetic Mastery (Yoga) and Medicine (Ayurveda) Ways. If these white folks are not actively, every day, committed to a practice that serves racial equality and completely, holistically and sustainably resolves their ancestral lineage of greed, lies, theft, murder and rape, they ain't worth your time and energy right now. They need to do this work with and amongst white folks only for a while. There are more than enough resources out there for them to learn from Black and Brown folks without burdening Black and Brown folks with their lack of integrity and inability to solve the problems that they and their ancestors created. There are groups we can recommend if you or they are looking for suggestions to learn and grow along with those where the burden squarely belongs, white folks. Just let us know, we'd be happy to share with you and make connections so your energy can be freed up to grow and free yourself instead of working on them.

Q49-50

If you feel somehow beholden to these white folks in your life, ask yourself, where are the radical Black/Brown/POC influences in your life? Is there an equal balance of influences (energy)? To truly hit an "equal"

Q51-52

Q53

balance, you need to stack up far more Black/Brown/POC folks' work because, white supremacy. Perhaps through music you're getting some, but it's clearly not enough. How about a Black Artist's Way? You know, written by a Black person? Are there other Black/Brown/POC friends you can hike with and still maintain a relationship with the librarian, but in a much less proximate way? Perhaps solo reflective hikes with yourself, a Black/Brown/POC woman. This is what happens after Julia Cameron's Artist's Way. Get ready.

Other than the confused, faulty and hurtful line of reasoning you've given us for your celibacy, there are other examples of how you are slipping that we need to bring to your attention because we care about you, want you to be well and experience more Peace, Love, Joy, Balance and Gratitude, not less. Consider your love and dreams of making and serving food. We were happy to make introductions and connections for you in community with the two dope local spots that are near, hiring and would provide for very valuable experience in food. Building community and getting work out here is very different than applying for jobs online, especially with large organizations like USC. Local spots have far fewer resources. They're not going to be able to come after you or even meet you where you're at in the same way a large org like USC is able to. You need to hustle and chase. With your mind and energy. Your body and the jobs will follow. When we asked if you had heard from or called OP Market back about the job there, you stated with absolutely zero enthusiasm that they hadn't called and you were not all that interested because Laura had said that the position may be for a cashier. So, here's the situation: it's not USC or some other well-funded, highly organized business. These places are understaffed, very busy and lack resources. Good folks, such as yourself, can and do take on numerous roles at orgs like these. You need to go there more often, build actual relationships and be on them about what you want to do there and then get it done. Laura did not even 100% tell you that it was a cashier position. When we spoke with her on the phone, she stated that she did not know anything about what positions they were hiring for, only

Q54-56

George, the owner, would know. Why would you limit yourself by assuming that Laura's so-so statement about it being a cashier position was true? Why did you not reach out to George? Why did you not tell them you could cook there and take this spot up a notch? The same situation applies at Café Bolívar. You did not "just miss" them. The timing wasn't off. You had shit to learn. This is how the five bodies work. Everything that happens is coordinated by your Highest and Truest Self. You need to go there more regularly and build relationship and community. Who knows when someone working there decides to quit or simply can't make it in anymore for whatever reason. Who knows what new fresh ideas and collaborations you'll come up with by connecting with the community there. Perhaps even better than working behind the counter, you could cook for an event together — José and Hannah cooking side-by-side and you serving more folks, with your own food and making more money than you would have by being tied down as a line cook. Did you take Sydney or Mars to Café Bolívar? Or stick to white people stuff at Lazy Daisy?

Q57-58

Even worse, at the same time you shared about not hearing from or reaching out to OP Market, you shared about how Eleanora was injured and you learned more about her upbringing, expressing sympathy for her growing up poor and not having family to care for her during her injured state. Who cares? Regardless of how she was brought up, look at what she is thinking, speaking and doing now. Selfish, materialistic, exploitative, harmful white princess run amok injures herself taking advantage of numerous co-workers and abusing those without housing. Did her \$10,000 dress catch a tear on her fall, though? She's benefiting hard simply by milking the way she looks. All material. This is what's known as "whoring your Self out." Except she's doing it with her own and other peoples' physical and spiritual health. Her Highest and Truest Self coordinated her fall so she could take a serious look at how hard she's fucking up right now. Hopefully she does and course corrects by treating herself and others with more respect, including the spiritual practices she openly exploits and abuses.

Be very careful of falling into a rut of complacency because Checkmate Health is easy money. That's how the system gets you.

- Q60 Worried about rent? Just do this shit soul crushing "work" and get drunk to cover up any problems and you're good, no worries. Feeling hollow, empty, depressed and anxious? Don't worry, everybody's doing it. Here, have some more money to buy some more drinks. Detox, retox everyone, whoo hoo! Oh yea, and save the homeless.
- Q61

Keep cooking, visiting farmers markets, connecting with farmers and new foods and making meals you absolutely love. This will give you the energy to keep going out to spots like the Brentwood Farmers Market, Café Bolívar and OP Market and other grounded, community-based spots that won't crush your soul and ruin your life and more and more connections will click and you will create a better way to make money by doing what you love, guaranteed. You have to stay up and show up, however. You know plenty of solid breathing and Yoga practices and have plenty of good, natural Ayurvedic medicine. Simply stick with them and all will be well.

We heard you when you said you would love to make food for and serve Erykah Badu and Anderson .Paak. We working to make that happen. We see how happy it would make you, your food is delicious and we want to see it happen. Given how you trippin though, do you want E Badu to slap you upside your hairy head? Do you want Paak to ask, "Who that ignat bitch?" E Badu doesn't get to be light years ahead, educating us all by suffering fools. And that's love. She would whoop you and us for letting all this shit happen. We've seen her move her weight around and it's severe. We want you to do well in this world. We know you don't really get it because you operating on some outdated bullshit, but we love you.

Speaking of love and friendship, another clear indicator that Mars' visit threw off your vibe was her puking out the passenger side window of your ride. Think, for a moment, of Rihanna or Beyoncé. Would they let

Q64-65 that shit happen out the side of their Maybach or Lamborghini? And if it did, how would they respond? Would they coddle their friend, feel sorry and make excuses for them or sit they ass down and tell them: "Look. You fuckin up. You need to put an end to the shit in your life and not bring it into ours. Call us for help, call us when you free of it or do not call us at all. Love."? How are you responding? Why?

This is why we brought up this moment in the life of many artists where they have to make a clear break from their past. Let go of the baggage and worn out "clothing" of their former self so they can transform into an evolved version of themselves. Getting closer to their Highest and Truest Self. Like a butterfly emerging from their cocoon. It is not necessarily a judgement on friends and family, but simply a conscious decision in realization of the fact that we all must abide by the Energetic Law of 50-50. We can only let so many people close to us without it "polluting" the energy we need for ourselves and that gets sent out to all our relations. Even if it were a blatant, derogatory judgement against friends and family, if it's true to your experience and perspective, it's completely fine and within your right to judge that someone else's harmful energy is not wanted, needed or allowed in your life. The end, no worries. We're not sure why, but at the same time that you shared about Mars puking out the side of your ride, you told us that someone close to Mars has a small child and you've seen them abuse the child while high on coke or meth... we forget the details now, but do you feel it is your responsibility to care for these folks? Do you feel a sense of responsibility for Mars? What is the best way you feel you could help Mars and her community that may be too far gone on coke or other hard drugs?

Q
69
70
71

We hope that this letter has helped you to see how we feel about you, about our relationship and about some of the harmful thoughts, words and actions you have directed toward us. We also hope you better understand our perspective and intentions and are now more aware of certain blocks that either you or others are placing on your beautiful, Divine, limitless Energy. If you feel any remorse for the abusive and

harmful thoughts, words and actions you have directed toward us, here is exactly what we need as an apology:

- a written response to this letter that includes a response to every single one of the 71 questions posed here. Each question is highlighted in the left margin so you do not miss a single one. We need you to prioritize this written response to us such that you are able to deliver it to us within two weeks.
- an honest consideration of a long-term project where you visit and build community with the 20 nearby churches we mapped so we may all heal, change and build our New World of Peace, Love, Joy, Balance and Gratitude together. These are folks that have been, continue to and will not stop crushing us and others — will you help us to stop them?
- anytime you call our name, you will state either, "Master Nataraj G," "Master G," or, "Guru G," to ensure the proper respect is flowing toward us from you.

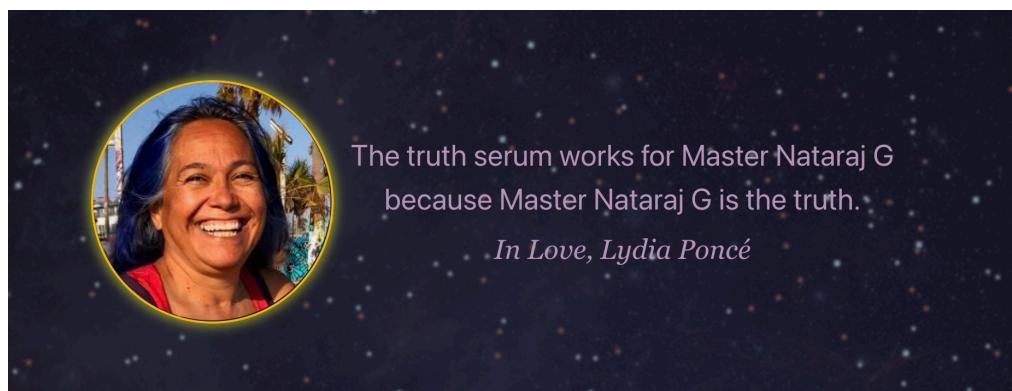


Figure 2. Words of Love from Lydia Poncé (Tongva, Mayo, Quechua), an Elder of Master Nataraj G, lifelong resident of Venice, CA and Revolutionary Grandma.

Lydia Poncé Center for Decolonization

**Please respond to this letter within three days, by Thurs 26 Aug,
letting us know:**

- you have received, prioritized and thoroughly read through this entire letter
- whether or not you intend to respond to us in writing
- if you will be able to deliver a written response to us within two weeks by 7 Sept 2021. If it will not be possible, please tell us why — what else are you prioritizing before responding to us, after harming us?

If we do not hear from you within three days, by Thurs 26 Aug, we will be at your front door on Fri 27 Aug morning to pick up our Soundbar, Receiver Pickup and Ashwagandha Oil and bid you farewell.

In Peace, Love, Joy, Balance and Gratitude,

Master Nataraj G

A handwritten signature in black ink, appearing to read "Nataraj G".