Virtualization and Cloud Computing

Exercise 1: Auditing Docker Host Security Using Docker-Bench-Security Tool

Lab Scenario

Docker has been used extensively by organizations that use containers for development or production. Therefore, Docker security plays a key role in safeguarding containers. Although Docker provides many security benefits, its default configuration during installation has some security issues that a network defender must fix.

Lab Objectives

This lab will demonstrate how to audit the security of a default Docker installation on an Ubuntu host using Docker-Bench-Security Tool and how to fix some of the identified security warnings. In this lab, you will learn how to do the following:

- Install Docker on Ubuntu OS
- Audit Docker Security using Docker-Bench-Security Tool

Overview of the Lab

Docker is an open-source technology used for developing, packaging, and running applications, and all its dependencies in the form of containers ensure that the application works in a seamless environment. Docker provides Platform-as-a-Service (PaaS) through OS-level virtualization and delivers containerized software packages. Docker-Bench-Security is a tool for auditing Docker; this tool checks the configuration of Docker and reports the status of a current setting or configuration. Docker configuration status has four categories: note, info, warn, pass.

- NOTE shows recommended settings.
- INFO shows the required secure configuration.
- WARN indicates the low-security.
- PASS indicates the protected configuration.

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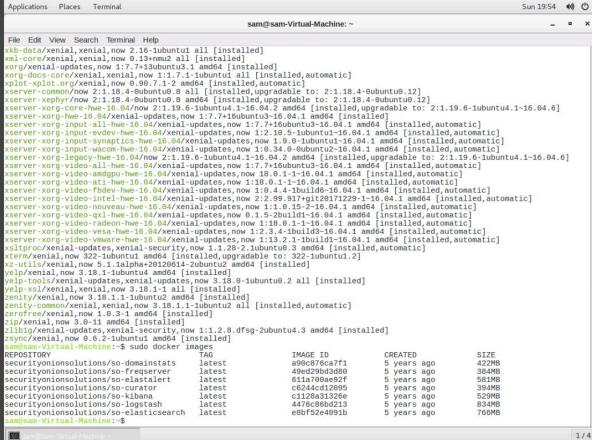
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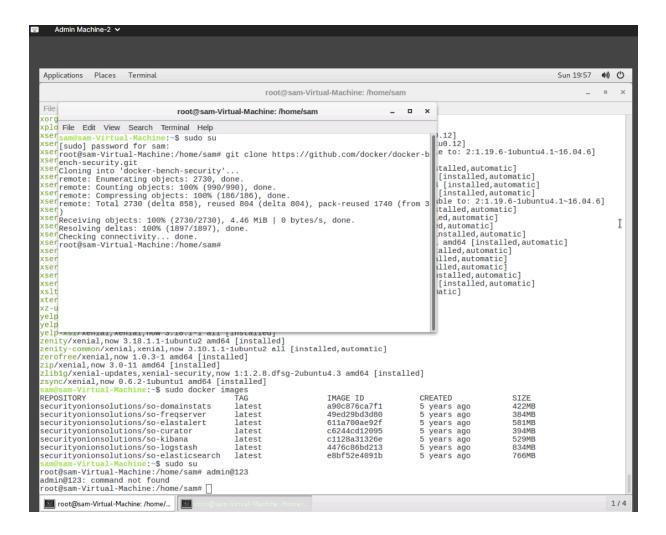
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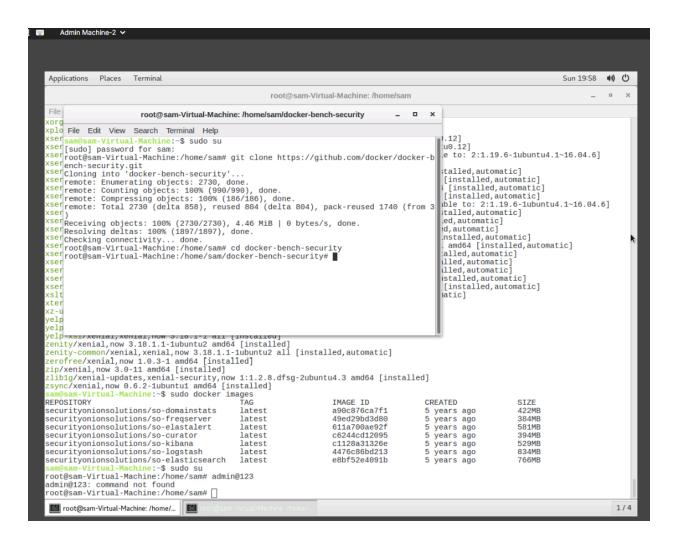
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Reading package lists... Done
Building dependency tree
Reading state information... Done
Package 'docker-engine' is not installed, so not removed
Package 'docker-io' is not installed, so not removed
Package 'docker.io' is not installed, so not removed
The following packages were automatically installed and are no longer required:
 gir1.2-appindicator3-0.1 gir1.2-javascriptcoregtk-4.0 gir1.2-nma-1.0 gir1.2-timezonemap-1.0 gir1.2-webkit2-4.0
 libtimezonemap-data libtimezonemap1
Use 'sudo apt autoremove' to remove them.
0 upgraded, 0 newly installed, 0 to remove and 251 not upgraded.
sam@sam-virtual-Machine:-\$ ■ hine:~\$ 1/4

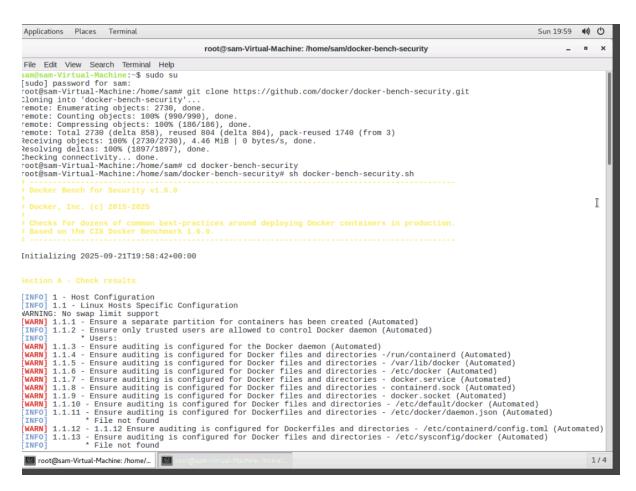
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Reading package lists... Done
sam@sam-Virtual-Machine:-$ sudo apt-get remove docker docker-engine docker.io
Reading package lists... Done
Building dependency tree
Reading state information... Done
Package 'docker-engine' is not installed, so not removed
Package 'docker' is not installed, so not removed
Package 'docker' is not installed, so not removed
Package 'docker'.o' is not installed, so not removed
The following packages were automatically installed and are no longer required:
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libtimezonemap-data libtimezonemap1
Use 'sudo apt autoremove' to remove them.
0 upgraded, 0 newly installed, 0 to remove and 251 not upgraded.
sam@sam-Virtual-Machine:-$ sudo apt install docker.io
Reading package lists... Done
Building dependency tree
Reading state information... Done
The following packages were automatically installed and are no longer required:
    gir1.2-appindicator3-0.1 gir1.2-javascriptcoregtk-4.0 gir1.2-nma-1.0 gir1.2-timezonemap-1.0 gir1.2-webkit2-4.0
libtimezonemap-data libtimezonemap1
Use 'sudo apt autoremove' to remove them.
The following packages wird to remove them.
The following additional packages will be installed:
    containerd runc ubuntu-fan
Suggested packages:
    debootstrap docker-doc rinse zfs-fuse | zfsutils
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  Suggested packages:
debootstrap docker-doc rinse zfs-fuse | zfsutils
The following packages will be REMOVED:
containerd.io docker-ce docker-ce-cli
The following NeW packages will be installed:
containerd docker.io runc ubuntu-fan
0 upgraded, 4 newly installed, 3 to remove and 251 not upgraded.
Need to get 52.2 MB of archives.
After this operation, 127 MB disk space will be freed.
Do you want to continue? [Y/n] Y
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Setting up containerd (1.2.6-0ubuntu1-16.04.6+esm1) ...
Setting up docker.io (18.09.7-0ubuntu1-16.04.7) ...
Installing new version of config file /etc/init.d/docker ...
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Setting up ubuntu-fan (0.12.8-16.04.3) ...
Processing triggers for systemd (229-4ubuntu21.27) ...
Processing triggers for ureadahead (0.100.0-19.1) ...
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Listing... Done
accountsservice/now 0.6.40-2ubuntui1.3 amd64 [installed, upgradable to: 0.6.40-2ubuntui1.6]
acj/kenial, now 1:2.9.26-1ubuntu2 amd64 [installed]
acpid/kenial, now 1:2.9.26-1ubuntu2 amd64 [installed]
aduser/kenial, kenial, now 3.113-mmu3ubuntu4 all [installed]
aduser/kenial, kenial, now 3.113-mmu3ubuntu4 all [installed]
adwalta-icon-theme-full/xenial-updates, xenial-updates, now 3.18.0-2ubuntu3.1 all [installed]
alsa-base/xenial, xenial, now 1.0.25-dfsg-0ubuntu5 all [installed]
alsa-base/xenial, xenial, now 1.0.25-dfsg-0ubuntu5 all [installed]
alsa-utils/kenial, now 1.3.-23 amd64 [installed]
amd64-microcode/xenial-updates, xenial-security, now 3.2019012.1+really3.20180524.1-ubuntu0.16.04.2 amd64 [installed, amcron/xenial, now 2.3-23 amd64 [installed, upgradable to: 2.4.18-2ubuntu3.17]
apache2-bin/now 2.4.18-2ubuntu3.14 amd64 [installed, upgradable to: 2.4.18-2ubuntu3.17]
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app-install-data/xenial, xenial, now 15.10 all [installed, automatic]
app-install-data/xenial, xenial, now 15.0 all [installed, automatic]
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apt-transport-https/now 1.2.32 amd64 [installed, upgradable to: 1.2.35]
apt-transport-https/now 1.2.32 amd64 [installed, upgradable to: 1.2.35]
apt-detect-fow/xenial, xenial, now 0.4.1ubuntu1.4 all [installed, upgradable to: 1.1.1+bzr982-0ubuntu14.5]
apt-demon-data/now 1.1.1-bzr982-0ubuntu14.2 all [installed, upgradable to: 1.1.1+bzr982-0ubuntu14.5]
apt-demon-data/now 1.1.3-branal-
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Exercise 2: Implementing AWS Identity and Access Management

Amazon Web Services (AWS) cloud security provides step-by-step security tasks through Identity Access Management (IAM). A network defender can easily manage and control AWS services and resources for AWS users using IAM.

Lab Scenario

AWS IAM enables network defenders to control access to AWS services and resources securely. It allows to establish access rules and permissions for specific users and applications. It controls who is authenticated (signed in) and authorized (has permissions) for resource access. This helps network defenders assign role-based access control for accessing critical information within the enterprise.

Lab Objectives

This lab will demonstrate how to create an IAM Group and IAM User, attach a policy to the user, and enable Multi-Factor Authentication (MFA) that enables adding two-factor authentication for individual users in order to ensure additional security for the user accounts in AWS.

In this lab, you will learn to do the following:

- Create IAM Group in AWS
- Create IAM User in AWS
- Assign permission policy to user
- Create custom IAM policy in AWS
- Enable MFA

Overview of IAM

IAM enables role-based access control for accessing critical information within the enterprise. It comprises business processes, policies, and technologies that allow monitoring electronic or digital identities. IAM provides tools and technologies to regulate user access (creating, managing, and removing access) to systems or networks based on the roles of individual users within the enterprise. Organizations generally prefer all-in-one authentication, which can be extended to Identity Federation. Identity Federation includes IAM with single sign-on (SSO) and centralized Active directory (AD) account for secure management. For the root user account of cloud, and its associated user accounts, MFA is enabled. MFA is used to control access to Cloud Service APIs. However, the best option is choosing either Virtual MFA or a hardware device.

Before starting this lab, you should create an AWS account using the following: https://portal.aws.amazon.com/billing/signup. Once the registration is completed, perform the following tasks.

Exercise 3: Securing Amazon Web Services Storage

Lab Scenario

In the cloud, data are stored on Internet-connected servers in data centers. It is important that network defenders understand and implement the data storage security features for data encryption and access management tools provided by service providers to secure the data stored in the data centers.

Lab Objectives

This lab will demonstrate how to restrict access to S3 resources by creating bucket policies, Access Control Lists (ACLs), and IAM policies to provide access to selected entities.

In this lab, you will learn to do the following:

- Assign Permissions to Amazon S3 Using ACL
- Assign Permissions to Amazon S3 Using Bucket Policy

Overview of AWS Storage

Amazon S3 allows uploading and retrieving data at anytime from anywhere on the internet. It stores data as objects (text file/photo/video) within buckets. In the default state, all the Amazon S3 buckets are accessed by authorized users. Restrict access to S3 resources by combining bucket policies, ACLs and IAM polices to give access to the right entities.

Lab Tasks

Before starting this lab, you should create an AWS account using the following: https://portal.aws.amazon.com/billing/signup. Once the registration is completed, perform the following tasks.

Lab Summary: Virtualization and Cloud Computing

Exercise 1: Auditing Docker Host Security Using Docker-Bench-Security Tool

This exercise demonstrated how to secure a Docker host by auditing its default configuration with the **Docker-Bench-Security** tool on Ubuntu. Docker was installed and benchmarked, with results categorized as **NOTE**, **INFO**, **WARN**, **PASS**. Warnings highlighted weaker security configurations that required attention, while PASS confirmed protected configurations. This exercise reinforced the importance of auditing container environments since Docker's default setup often leaves unnecessary risks open.

Exercise 2: Implementing AWS Identity and Access Management (IAM)

This exercise was designed to demonstrate IAM controls in AWS, including creating groups, users, custom policies, and enabling multi-factor authentication (MFA). However, this task was not completed because it required creating a new AWS account. A new account was not created for this course, so the exercise was not executed.

Exercise 3: Securing Amazon Web Services Storage (S3)

This exercise focused on securing Amazon S3 storage using bucket policies, access control lists (ACLs), and IAM policies to restrict access to resources. Similar to Exercise 2, this task was not completed because it required setting up an AWS account, which was not created for this course.

Reflection

The virtualization labs demonstrated two key areas of cloud and container defense:

- **Docker Security** showed how to identify weak default settings and apply auditing tools to harden containers.
- **AWS Security** highlighted IAM and S3 access controls conceptually, though account setup limitations prevented hands-on completion.

This module reinforced the need for auditing and enforcing least-privilege access across both virtualized and cloud-hosted environments.