Module 10: IoT and OT Attacks and Countermeasures

Scenario

The significant development of the paradigm of the Internet of Things (IoT) is contributing to the proliferation of devices in daily life. From smart homes to automated healthcare applications, IoT is ubiquitous. However, despite the potential of IoT to make our lives easier and more comfortable, we cannot underestimate its vulnerability to cyber-attacks. IoT devices lack basic security, which makes them prone to various cyber-attacks.

The objective of a hacker in exploiting IoT devices is to gain unauthorized access to users' devices and data. A hacker can use compromised IoT devices to build an army of botnets, which, in turn, is used to launch DDoS attacks.

Owing to a lack of security policies, smart devices are easy targets for hackers who can compromise these devices to spy on users' activities, misuse sensitive information (such as patients' health records, etc.), install ransomware to block access to the devices, monitor victims' activities using CCTV cameras, commit credit-card-related fraud, gain access to users' homes, or recruit the devices in an army of botnets to carry out DDoS attacks.

You must have sound knowledge of hacking IoT and OT platforms using various tools and techniques. The labs in this module will provide you with real-time experience in performing footprinting and analyzing traffic between IoT and OT devices.

Objectives

The objective of the lab is to perform IoT and OT platform hacking and other tasks that include, but are not limited to:

- Performing IoT and OT device footprinting
- Capturing and analyzing traffic between IoT devices

Overview of IoT and OT Hacking

Using the IoT and OT hacking methodology, an attacker acquires information using techniques such as information gathering, attack surface area identification, and vulnerability scanning, and uses such information to hack the target device and network.

The following are the various phases of IoT and OT device hacking:

- Information gathering
- Vulnerability scanning

- Launch attacks
- · Gain remote access
- Maintain access

Lab Tasks

We will use numerous tools and techniques to hack the target IoT and OT platforms.

Recommended labs that will assist you in learning various IoT platform hacking techniques include:

- 1. Perform footprinting using various footprinting techniques
 - Gather information using online footprinting tools
- 2. Capture and analyze IoT device traffic
 - Capture and analyze IoT traffic using Wireshark

Lab 1: Perform Footprinting using Various Footprinting Techniques

Lab Scenario

Here, the first step is to gather maximum information about the target IoT and OT devices by performing footprinting through search engines, advanced Google hacking, Whois lookup, etc.

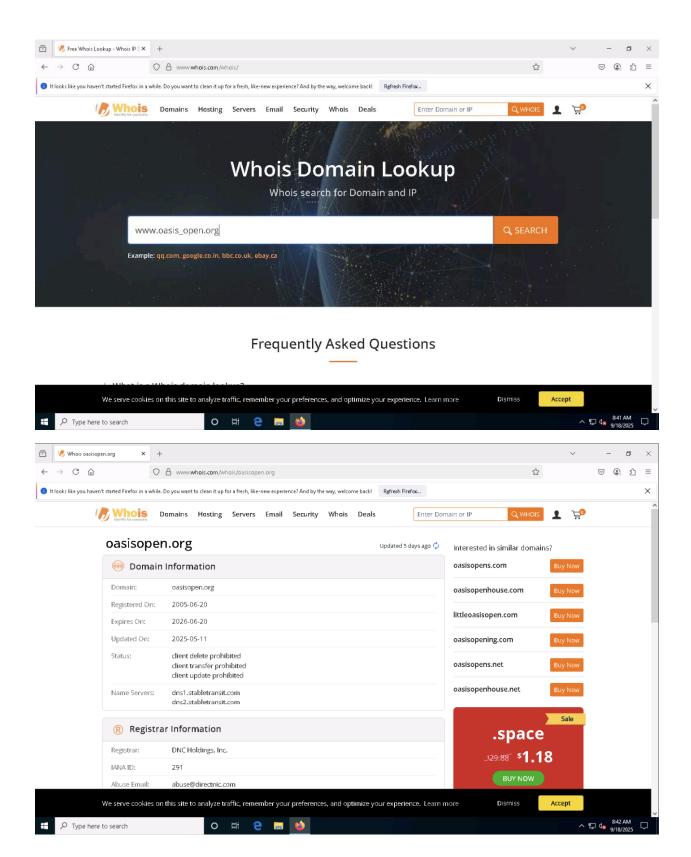
The first step in IoT and OT device hacking is to extract information such as IP address, protocols used (MQTT, ModBus, ZigBee, BLE, 5G, IPv6LoWPAN, etc.), open ports, device type, geolocation of the device, manufacturing number, and manufacturer of the device.

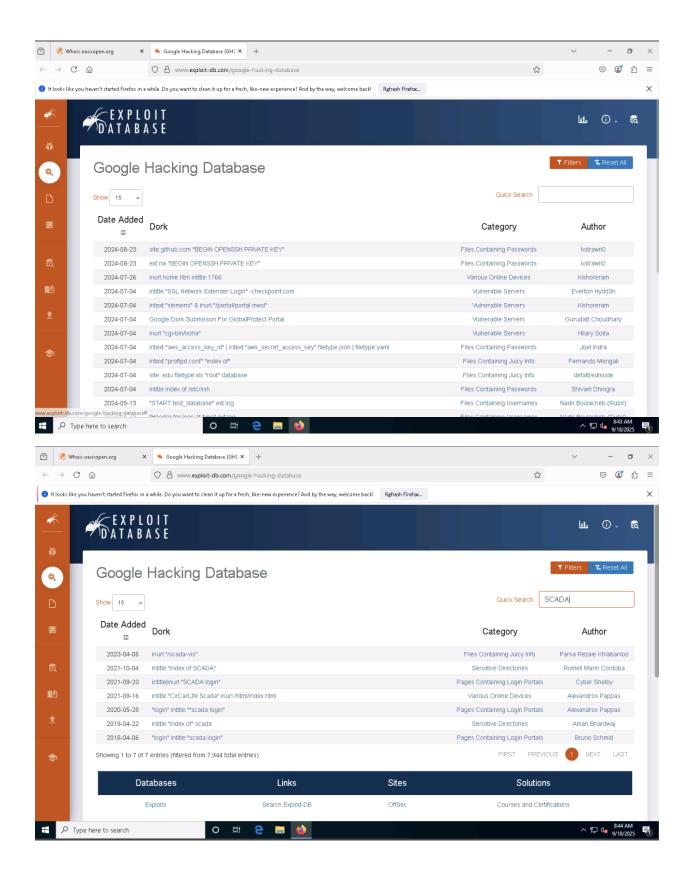
Lab Objectives

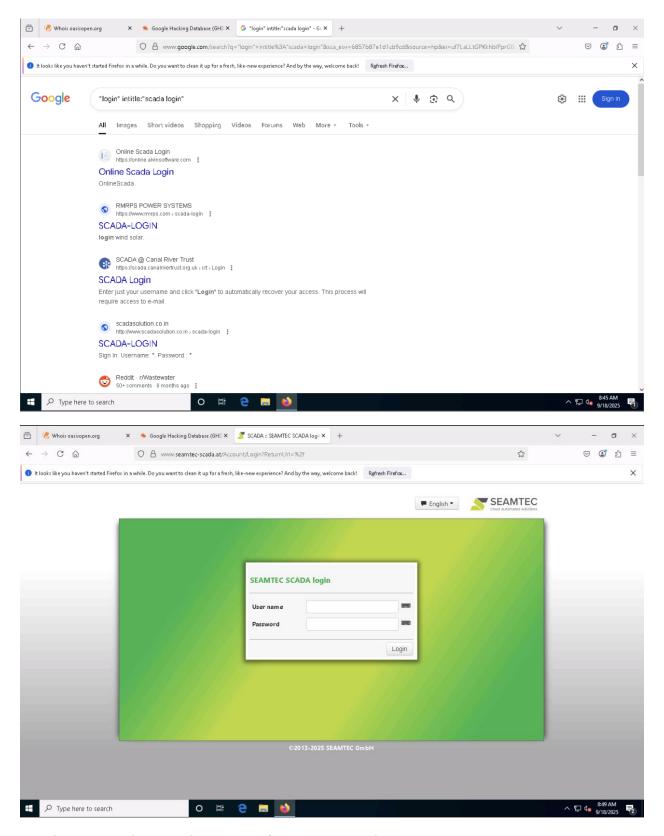
Gather Information using Online Footprinting Tools

Task 1: Gather Information using Online Footprinting Tools

The information regarding the target IoT and OT devices can be acquired using various online sources such as Whois domain lookup, advanced Google hacking, and Shodan search engine. The gathered information can be used to scan the devices for vulnerabilities and further exploit them to launch attacks.







Lab Summary: Shodan Search Engine - Task Not Completed

This task was designed to demonstrate the use of the Shodan search engine to identify exposed devices and services on the Internet, including SCADA/ICS systems, using filters such as port:1883 for MQTT or port:502 for Modbus. The steps involved logging into Shodan, conducting targeted searches, and analyzing metadata for devices accessible over public IPs.

However, I chose not to complete this task due to the requirement to register for a Shodan account. Creating yet another third-party login solely for this lab was not feasible or necessary for my current learning objectives. As a result, I did not proceed with the login process or conduct the intended device enumeration tasks. All other windows were closed, and no data was collected from the Shodan interface.

This task remains incomplete by design, as part of a conscious decision to avoid additional account creation.

Lab 2: Capture and Analyze IoT Device Traffic

Lab Scenario

You must have sound knowledge to capture and analyze the traffic between IoT devices. Using various tools and techniques, you can capture the valuable data flowing between the IoT devices, analyze it to obtain information on the communication protocol used by the IoT devices, and acquire sensitive information such as credentials, device identification numbers, etc.

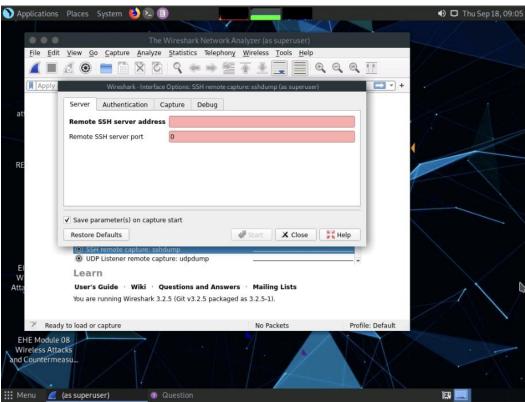
Lab Objectives

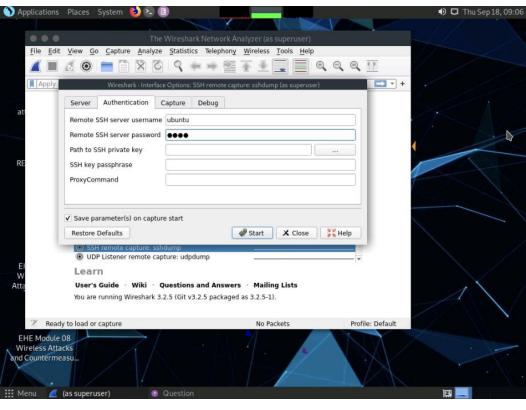
• Capture and Analyze IoT Traffic using Wireshark

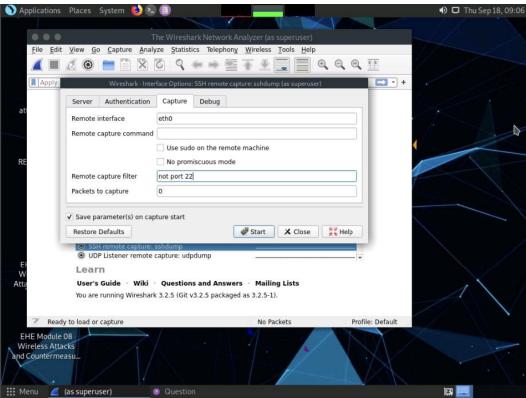
Task 1: Capture and Analyze IoT Traffic using Wireshark

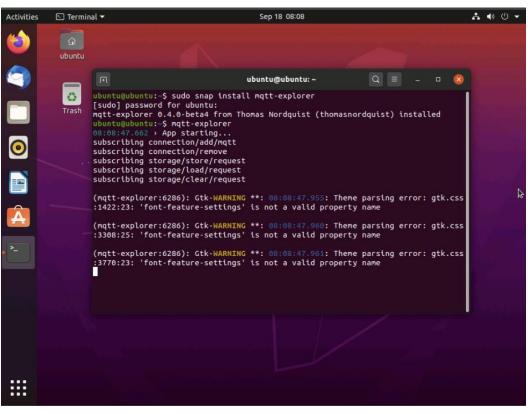
Wireshark is a free and open-source packet analyzer. It facilitates network troubleshooting, analysis, software and communications protocol development, and education. It is used to identify the target OS and sniff/capture the response generated from the target machine to the machine from which a request originates.

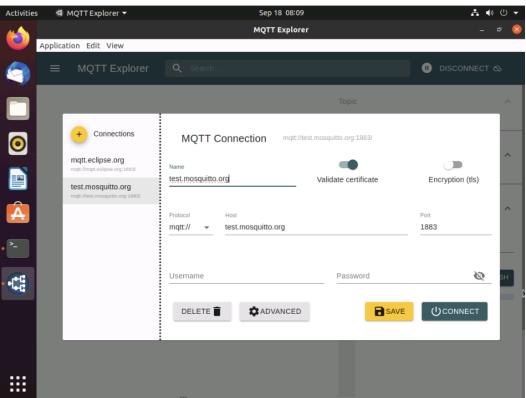


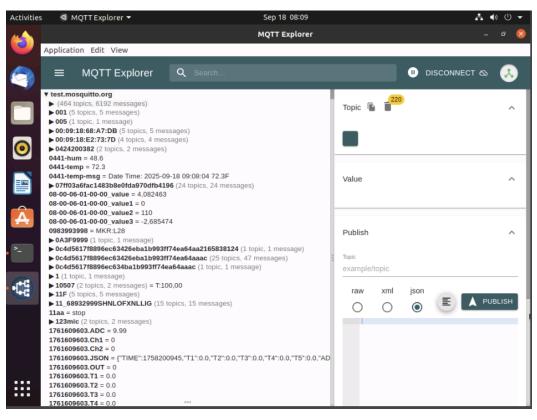


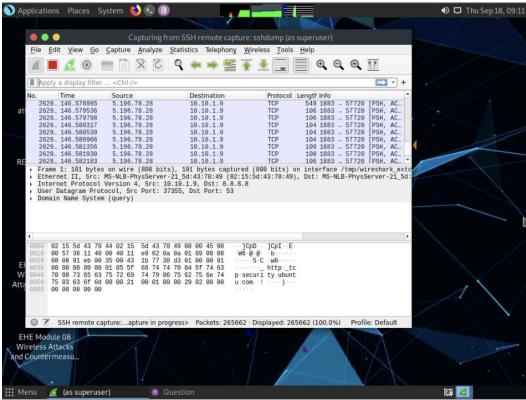


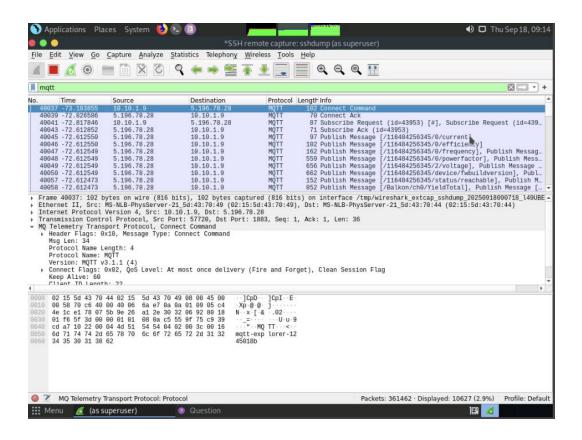












Module 10: IoT and OT Attacks and Countermeasures - Lab Summary

This module introduced offensive security testing techniques against IoT (Internet of Things) and OT (Operational Technology) devices. These systems, increasingly embedded in homes, industries, and critical infrastructure, are often deployed with weak or default security configurations. The labs emphasized how attackers exploit insecure device interfaces, gather intelligence through passive and active reconnaissance, and intercept communications to extract sensitive information.

In Lab 1, I began the process of footprinting IoT and OT systems using open-source intelligence tools. The task focused on online methods such as advanced Google hacking, Whois lookups, and the Shodan search engine to extract metadata about exposed devices. While I reviewed the steps required to use Shodan to search for vulnerable endpoints (e.g., port:1883 for MQTT devices or SCADA identifiers like "Schneider Electric"), I did not complete the task. Creating a new Shodan account was not necessary for my objectives, and I opted out of registering for yet another third-party platform. No data was collected from Shodan during this task.

In Lab 2, I conducted IoT traffic analysis using Wireshark. This lab focused on capturing network traffic between connected devices to inspect packets for clues about

communication protocols (e.g., MQTT, Zigbee, BLE) and potentially exposed credentials or device IDs. Wireshark enabled inspection of packet headers, payloads, and flow characteristics, reinforcing how easily attackers can intercept sensitive data if encryption or segmentation is lacking. The exercise demonstrated the importance of defensive controls such as encrypted channels, proper device segmentation, and updated firmware in IoT/OT environments.

Together, these labs highlighted the real-world risks posed by insecure IoT deployments and the ease with which attackers can gather intelligence and conduct surveillance across poorly secured smart environments. The module also reinforced the critical role of reconnaissance and traffic analysis in any red team or penetration testing operation targeting embedded and connected devices.