Hands-on Lab: Penetration Testing

Estimated time needed: 45 minutes

About This Lab

In this lab we will perform a port scan and a website scan using online penetration tools.

Objectives

In this hands-on lab, you will:

- Scan a port.
- Scan a website.

Important Notices about This Lab

About Lab Sessions

Lab sessions are not persisted. This means that every time you connect to this lab, a new environment is created for you. Any data or files you saved in a previous session are no longer available. To avoid losing your data, plan to complete these tasks in a single session.

About the Lab Instructions and Solutions

Microsoft Windows operating system features can vary based on the Windows edition. If completing these exercises on your machine, your navigation and solutions may differ from what's presented in this lab.

Exercise 1: Check Password Strength

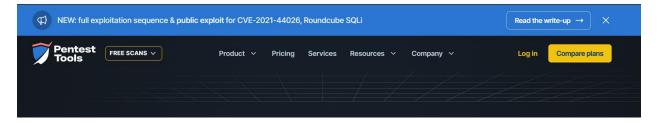
In this exercise we will perform a port scan.

- 1. Copy and paste the URL into the browser.
- 1. 1
- 1. pentest-tools.com

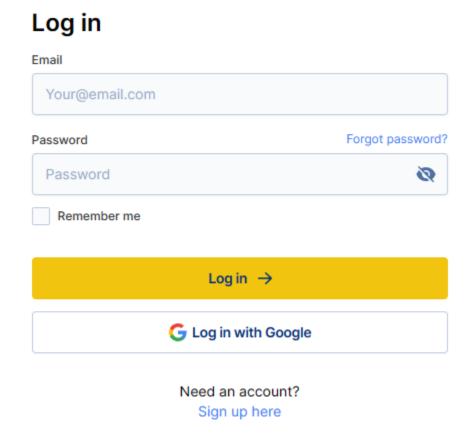
Copied!Wrap Toggled!



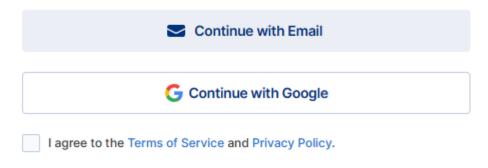
2. Click Log in.



3. Select Sign in here under Need an account?



4. Accept the terms and conditions by selecting the I agree to the Terms of Service and Privacy Policy box and entering your email address.

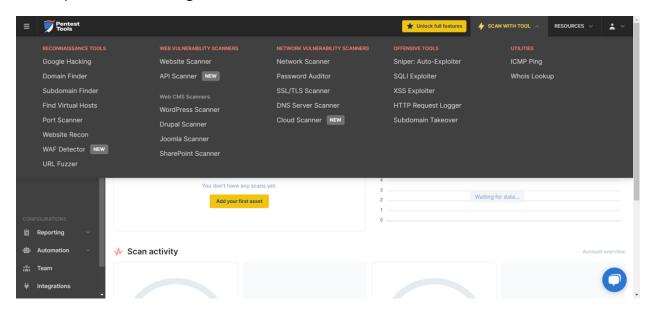


Already have an account? Sign in now

5. Once logged in, select **SCAN WITH TOOL** at the top of the page.



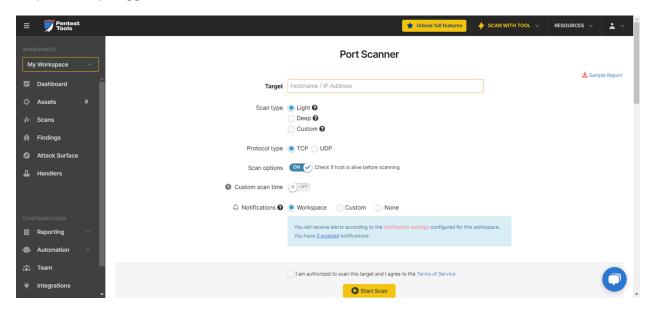
6. Here you see a list of a few dozen tools and scanners used for reconnaissance, web vulnerability testing, network vulnerability scanning, and more active forms of penetration testing. Select **Port Scanner**.



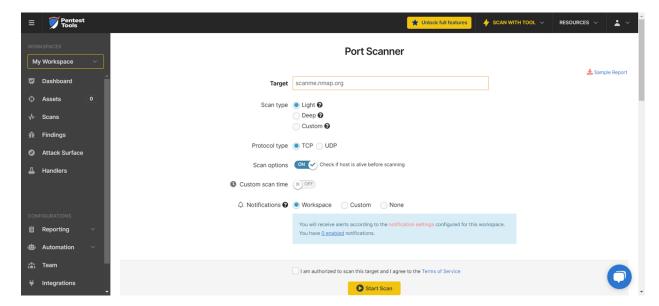
7. Copy and paste the following URL into the IP Address text field.

- 1. 1
- 1. scanme.nmap.org

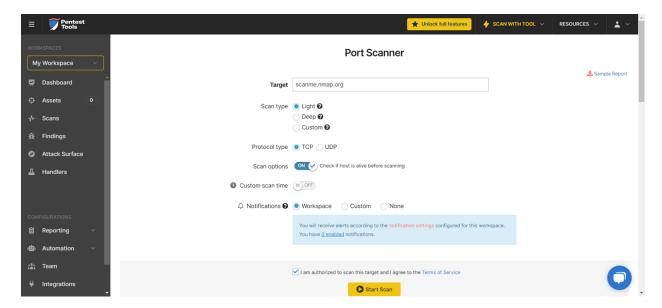
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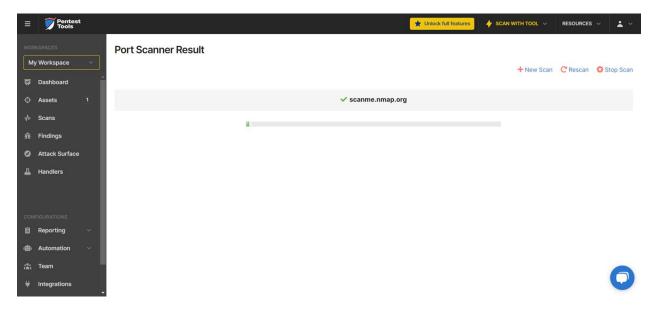
- 8. Verify if the following options are selected:
- Scan type: Light
- Protocol type: TCP
- Scan options: ON (Check if host is alive before scanning)
- Custom scan time: OFF
- Notifications: Workspace
- I am authorized to scan this target and I agree to the Terms of Service: (checked)



9. Click Start Scan.

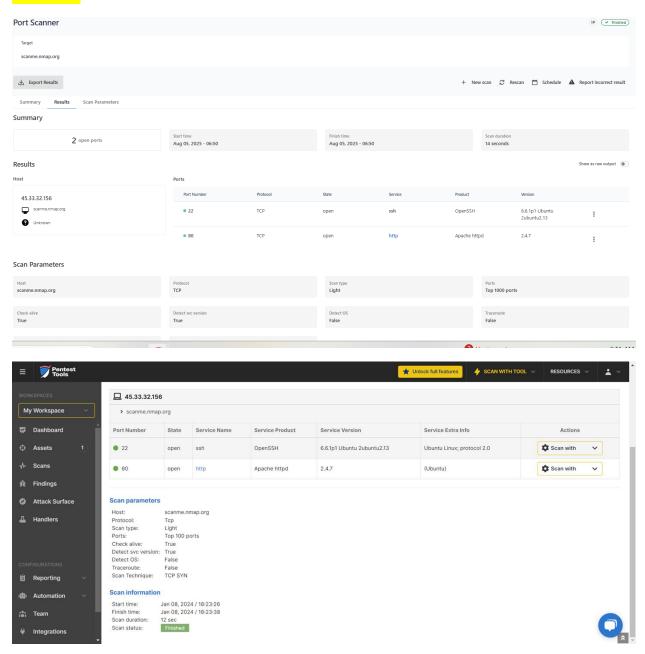


10. You will see a progress bar indicating that your scan has begun.



- 11. The result is displayed once the scan is complete. You will see the following:
- Port Number: It indicates specific services or processes identified for communication.
- State: It refers to the status of a port. The major states are open, closed, and filtered.
 An open port is where an application actively accepts TCP connections, UDP datagrams, or SCTP associations. A closed port is accessible, but there's no application listening. A filtered state means a firewall or similar software is protecting the port.
- Service Name: It identifies specific services running on a computer, like HTTP for web servers or SMTP for mail servers.
- Service Product: It refers to the specific software running the service on the port. It could be Apache, AWS, Microsoft, etc., depending on the software installed on the server.
- Service Version: This is the specific version of the software running the service.

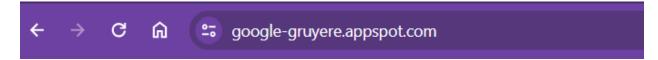
MY SCAN



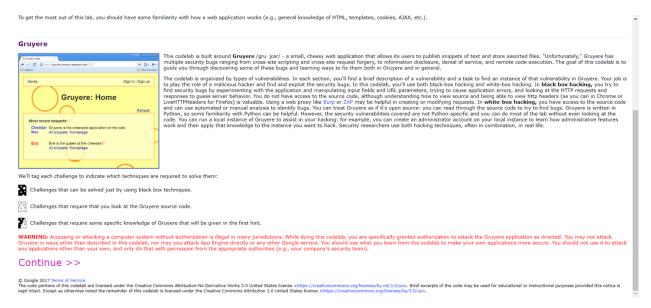
Note: scanme.nmap.org is a service provided by the Nmap Security Scanner Project. It is setup for learning and testing. Anyone is authorized to scan this maching with Nmap or other port scanners. Other penetration tests are not permitted. For additional information, visit scanme.nmap.org.

Exercise 2: Perform a Website Scan

1. In a second browser window, visit google-gruyere.appspot.com.



2. Scroll down to the bottom of the page. Carefully read the warning at the bottom of the page and click **Continue**.



3. Select the URL at the top of the page - https://google-gruyere.appspot.com/start.



4. Read the page carefully and click Agree & Start.

Start Gruyere

Your Gruyere instance id is 531643138450435746918947915538943383519.

WARNING: Gruyere is not secure. Do not upload any personal or private data.

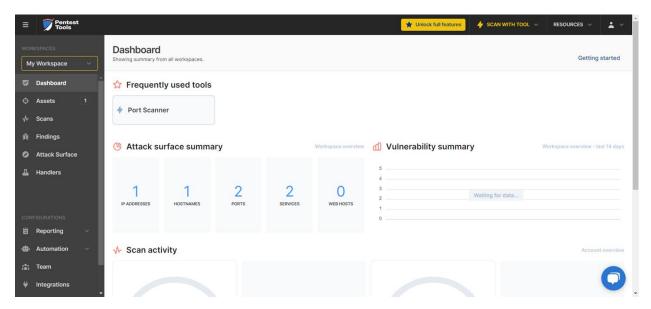
By using Gruyere you agree to the terms of service.

Agree & Start

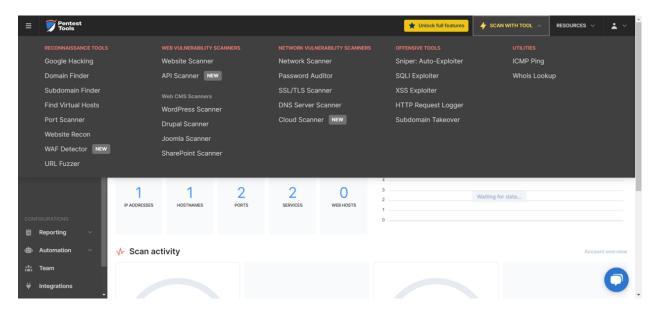
5. Copy and paste the URL from the address bar into your browser (yours will look similar to this screenshot, but the instance numbers will be differ).



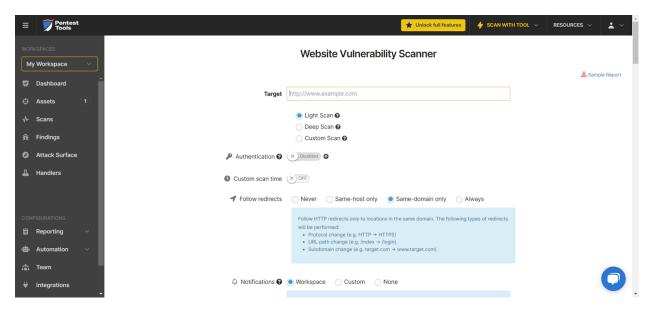
6. Return to the browser tab where you have the pentest-tools.com open. Select **SCAN WITH TOOL** at the top of the page.



7. Select Website Scanner.



8. Paste your google gruyere URL into the target space.



9. Verify if the following options are checked and then click **Start Scan**:

· Scan type: Light scan

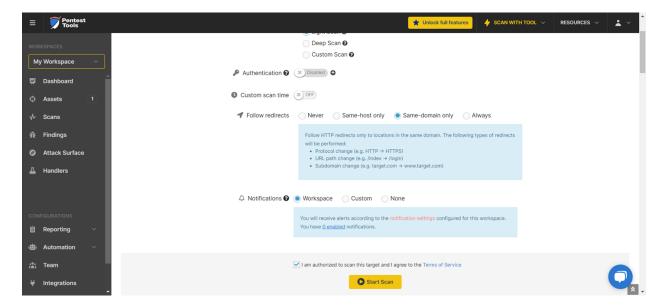
Authentication: Disabled

Custom scan time: OFF

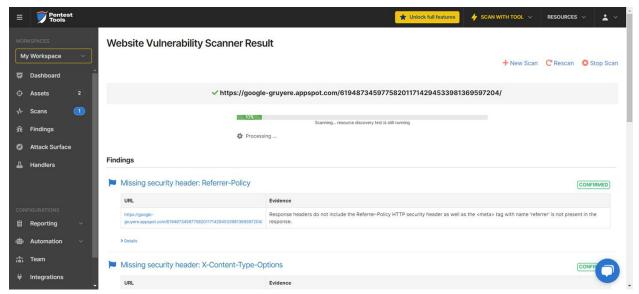
Follow redirects: Same-domain only

Notifications: Workspace

I am authorized to scan this target and I agree to the Terms of Service: (checked)



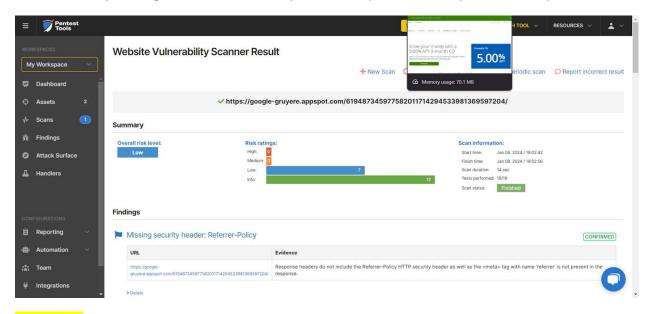
10. You will see a progress bar showing your scanning is running.



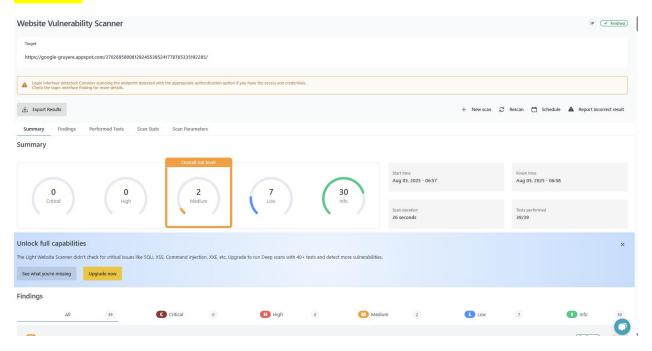
- 11. You will see your website vulnerability scanner results when your scan is complete:
 - Summary: Note the high, medium, low, and info risk ratings at the top of the page.
 Because this is a testing site, the high and medium risks will be low, but if you were scanning a real site, you would want to be very aware of any high or medium risk ratings.
 - Findings: Note the findings of the scan. Most likely, you will see some, if not all, of the following:
 - Missing security header: x-frame-options The x-frame-options header indicates whether the browser should render the resource using a frame or an iframe.
 - Missing security header: content-security-policy The Content Security Policy

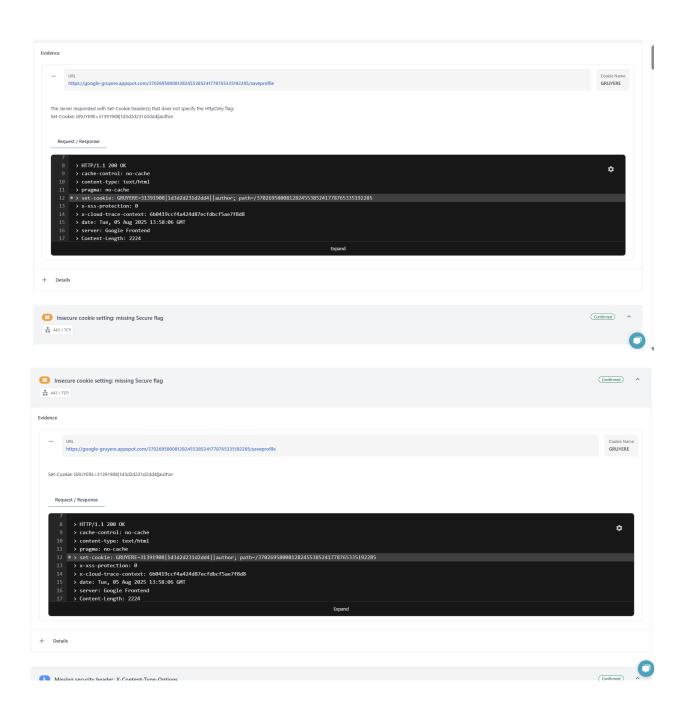
(CSP) is an HTTP header that site owners use to set security rules that the browser must follow – such as approved content sources. It's used to help mitigate cross-site scripting and clickjacking attacks.

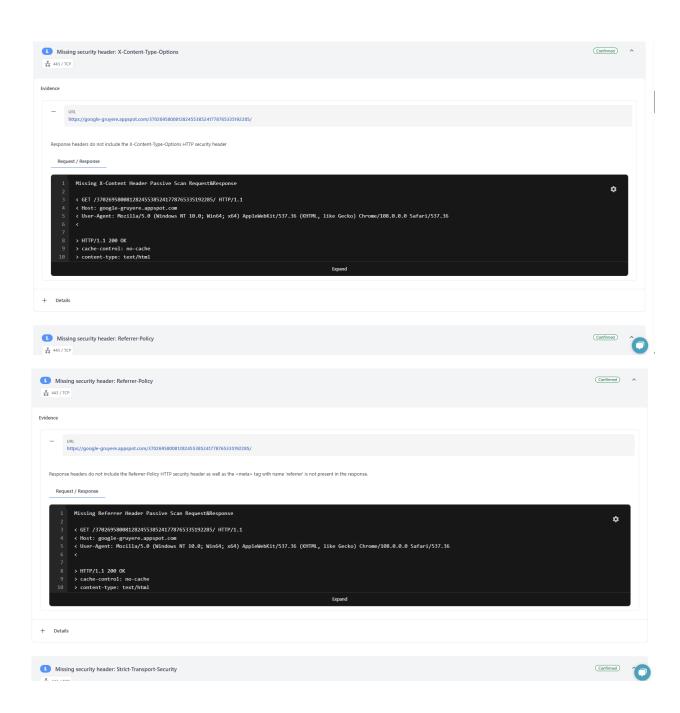
- txt file found Any .txt files stored on the site are listed.
- Security.txt file not found: Although there is no actual risk associated with not having a security.txt file, many cybersecurity experts recommend that every site have one. The file is designed to make it easier for ethical hackers or researchers to reach your organization when they want to report a security vulnerability.

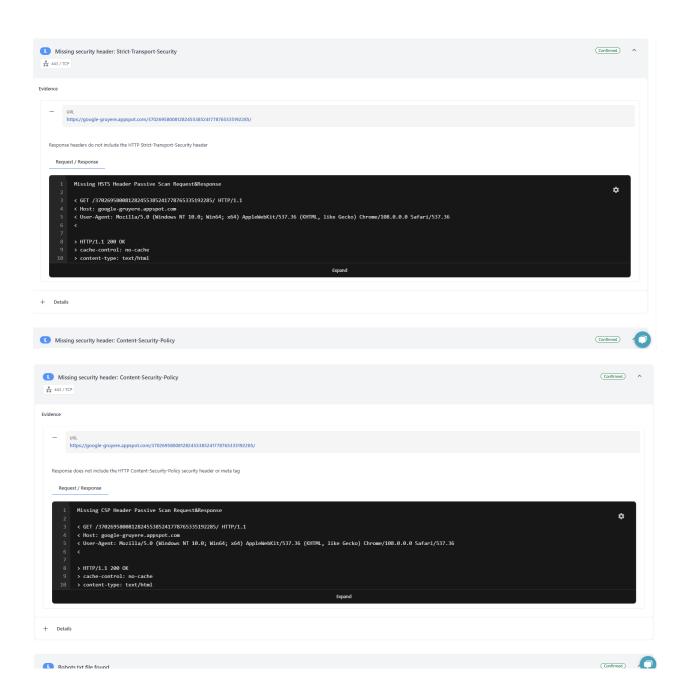


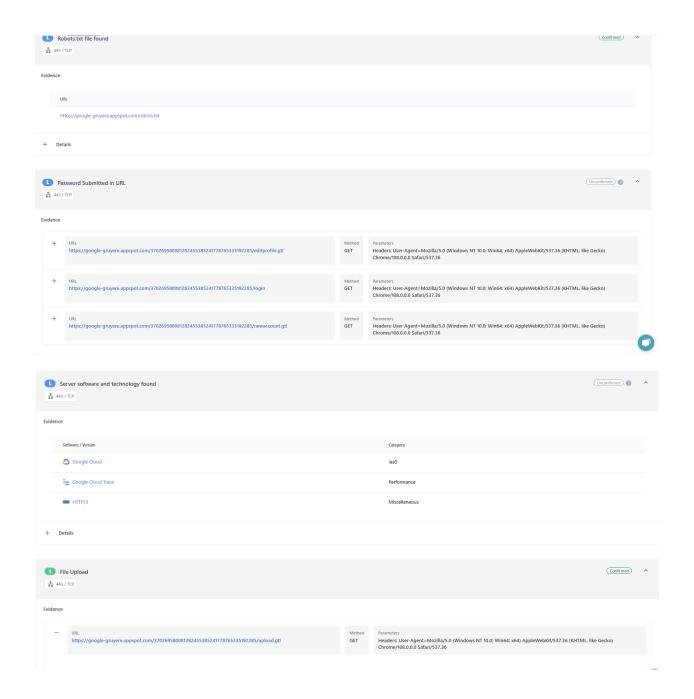
MY SCAN

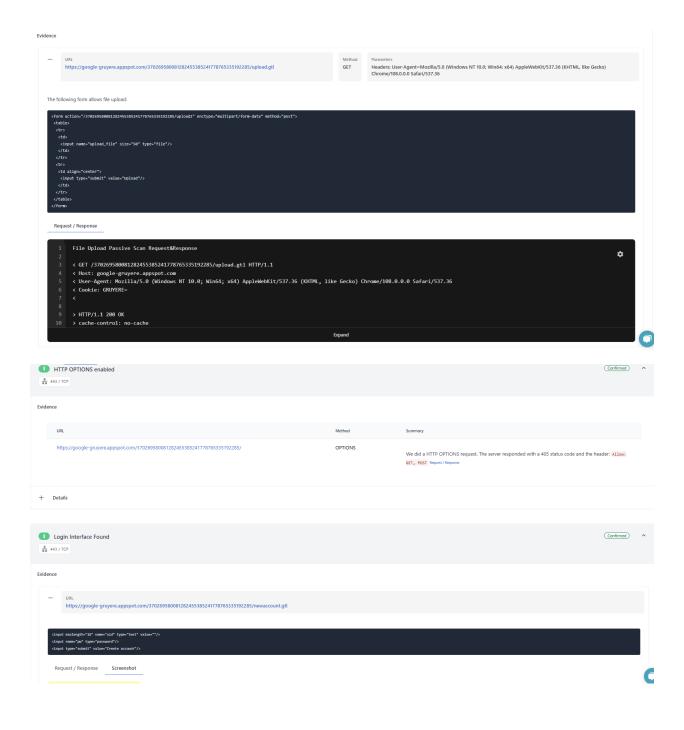


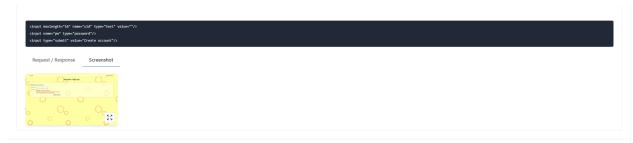




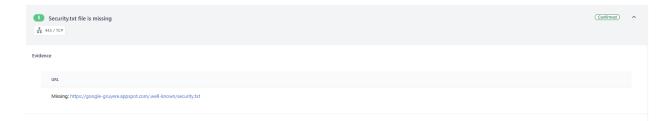








+ Details



+26 other informational findings

- Website is accessible.
- Nothing was found for vulnerabilities of server-side software.
- Nothing was found for client access policies.
- Nothing was found for use of untrusted certificates.
- Nothing was found for enabled HTTP debug methods.
- Nothing was found for secure communication.
- Nothing was found for directory listing.
- Nothing was found for passwords submitted unencrypted.
- Nothing was found for error messages.
- Nothing was found for debug messages.
- Nothing was found for code comments.
- Nothing was found for domain too loose set for cookies.
- Nothing was found for mixed content between HTTP and HTTPS.
- Nothing was found for cross domain file inclusion.
- Nothing was found for internal error code.
- Nothing was found for secure password submission.
- Nothing was found for sensitive data.
- Nothing was found for unsafe HTTP header Content Security Policy.
- Nothing was found for OpenAPI files.
- Nothing was found for SQL statement in request parameter.
- Nothing was found for password returned in later response.
- Nothing was found for Path Disclosure.
- Nothing was found for Session Token in URL.
- Nothing was found for API endpoints.

Summary Findings Performed Tests Scan Stats Scan Parameters

- Nothing was found for API endpoints.
- Nothing was found for emails.
- Nothing was found for missing HTTP header Rate Limit.

Performed Tests (39/39)

- Scanned for HttpOnly flag of cookie
- Scanned for Secure flag of cookie
- Scanned for missing HTTP header X-Content-Type-Options
- Scanned for missing HTTP header Referrer
- Scanned for missing HTTP header Strict-Transport-Security
- Scanned for missing HTTP header Content Security Policy
- Scanned for robots.txt file
- Scanned for passwords submitted in URLs
- Scanned for website technologies
- Scanned for file upload
- Scanned for enabled HTTP OPTIONS method
- Scanned for login interfaces
- Scanned for absence of the security.txt file
- Test initial connection
- Scanned for version-based vulnerabilities of server-side software
- Scanned for client access policies
- Scanned for use of untrusted certificates
- Scanned for enabled HTTP debug methods
- Scanned for secure communication
- Scanned for directory listing
- Scanned for passwords submitted unencrypted
- Scanned for error messages
- Scanned for debug messages
- Scanned for code comments
- Scanned for domain too loose set for cookies
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- ✓ Scanned for Session Token in URL
 ✓ Scanned for API endpoints
- ✓ Scanned for emails
- ✓ Scanned for missing HTTP header Rate Limit

Scan Stats

Average requests time 331ms

Scan Parameters

Target https://google-gruyere.appspot.com/37026958008128245538524177876533519 2285/