The number of mutations carried by a single cell is given by the sum over all mutations occurring during each of its past divisions:

$$m = \sum_{i}^{l} u_i \tag{1}$$

Without making any assumptions about the distributions of the number of past divisions l and the number of mutations per division u, The expected value of m can easily be found from the law of total expectation

$$E(m) = E(l) E(u)$$
 (2)

and the variance of m can be written through the law of total variance

$$Var(m) = E(l) Var(u) + E(u)^{2} Var(l)$$
(3)

Now we introduce the fact that the number of mutations per division are Poisson distributed with parameter μ (i.e. $E(u) = Var(u) = \mu$) and subtract the mean from the variance:

$$\operatorname{Var}(m) - \operatorname{E}(m) = \mu^{2} \operatorname{Var}(l)$$

$$\Rightarrow \frac{\operatorname{Var}(m) - \operatorname{E}(m)}{\operatorname{E}(m)} = \mu \frac{\operatorname{Var}(l)}{\operatorname{E}(l)}$$

so finally we can find the mutation rate from

$$\mu = \left(\frac{\operatorname{Var}(m)}{\operatorname{E}(m)} - 1\right) \frac{\operatorname{E}(l)}{\operatorname{Var}(l)} \tag{4}$$

If the number of divisions is Poisson distributed, then E(l) = Var(l) so that $\mu = Var(m)/E(m) - 1$. This is the compound Poisson estimate which we will denote as $\tilde{\mu}$. If we take the $\mu = 1.2$ as true, then the CPD estimate $\tilde{\mu}$ gives an indication of how the system dynamics differ from the Poisson model. In particular, if $\tilde{\mu} < \mu$ then we must have Var(l) < E(l), which could be an indication of the existence memory in the system, for example in the form of divisions occurring according to a timed cell cycle. Conversely, if $\tilde{\mu} > \mu$, we have Var(l) > E(l), which implies that various lineages actually divided far more or far less than what would be appropriate for a memoryless system. Interestingly, the latter observation need not be at odds with current knowledge of stem cell dynamics, as the possibility of a quiescence state – which cells enter and exist according to some complex dynamics – could potentially lead to overdispersion compared to the Poisson model.