

Rectus Capitis Posterior Minor

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1 OIAN

Table 1: Rectus Capitis Posterior Minor OIAN

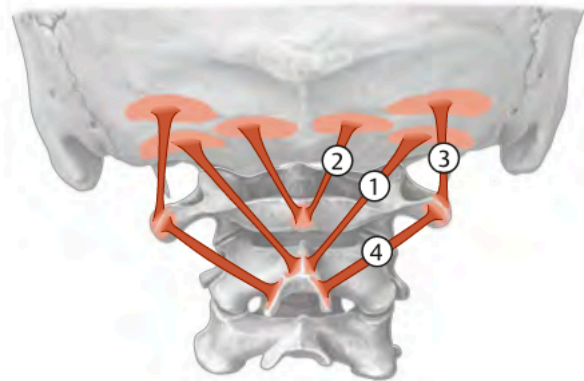
| Muscle | Origin | Insertion | Nerve | Action |
|--|-------------------------|--|---------------------------------|---|
| Rectus Capitis Posterior Minor | C1 (posterior tubercle) | Occipital bone (inferior nuchal line, inner 1/3) | Suboccipital N. | BIL: Extend head; UNIL: I/L head rotation |

1.1 Origin

C1 (posterior tubercle)¹

1.2 Insertion

Occipital bone (inferior nuchal line, inner 1/3)¹



A Posterior view, schematic.

Figure 1: Schematic view of Suboccipital muscles (posterior view)¹

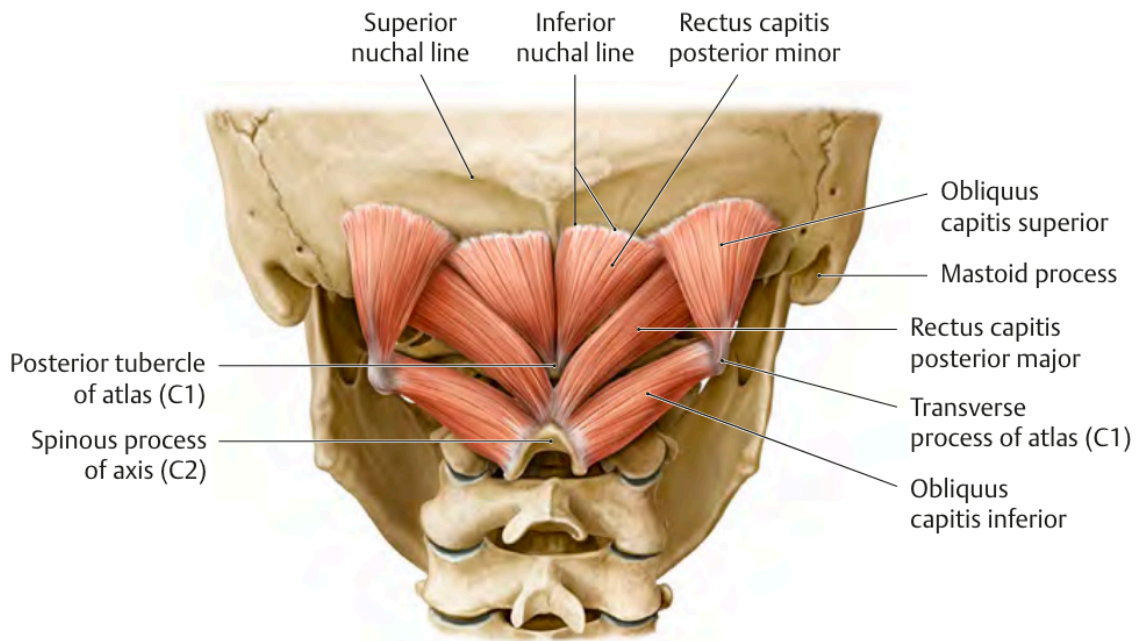


Figure 2: Suboccipital muscles (posterior view)¹

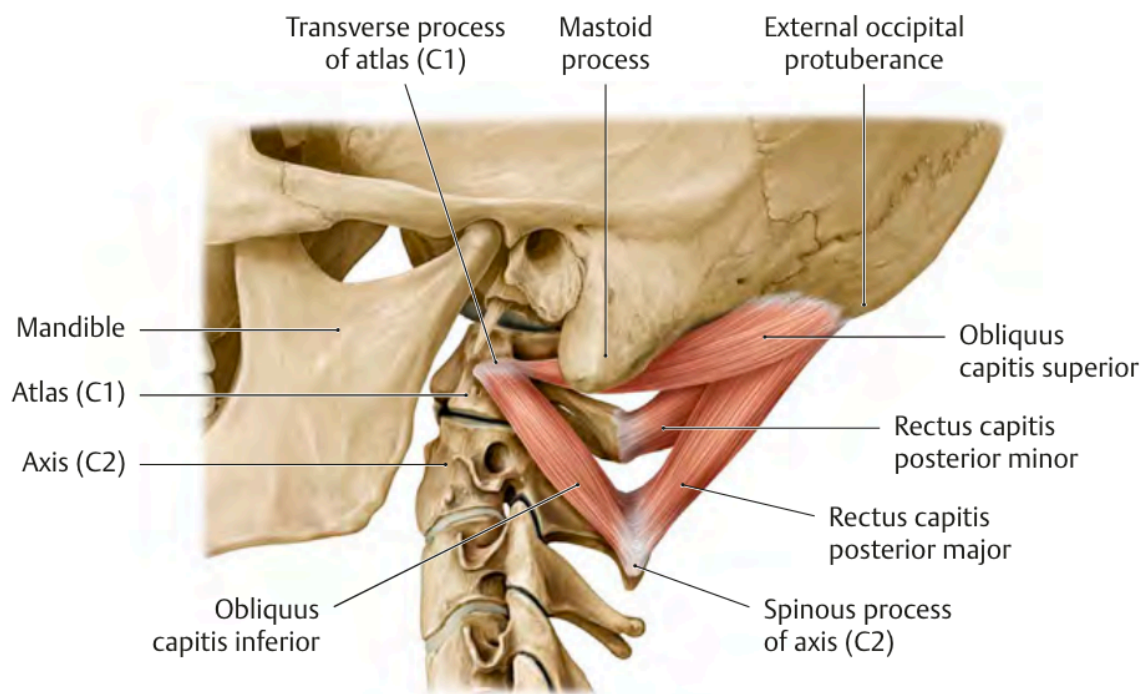


Figure 3: suboccipital muscles (left lateral view)¹

1.3 Innervation

Suboccipital N. AKA Posterior ramus of C1¹

1.4 Action

- **Bilateral:** Extend head
- **Unilateral:** I/L head rotation

2 Palpation

Clinical significance

1. Gilroy AM, MacPherson BR, Wikenheiser JC, Voll MM, Wesker K, Schünke M, eds. *Atlas of Anatomy*. 4th ed. Thieme; 2020.