

Nathaniel Yomogida

San Diego, CA

✉ nate.yomogida@gmail.com ☎ (714) 625-5883 📧 nateyomogida ✖ @NateYomogida

Licensure

Licensed Physical Therapist

PT Board of California

May 2025-Present

Clinical Experience

B project (Out-of-Network OP Ortho)

Encinitas, CA

Physical Therapy Internship

Jan. 2025 - May 2025

- CPI score: Entry level
- Managed acute/same-day to chronic musculoskeletal injuries for patients ranging from adolescents to older adults
- Managed scheduling and recruitment of my own caseload
- Participated in community outreach by performing *pro bono* physical therapy at the *Boardriders Surf Competition*

Stretch-Affect (Cash-based OP Ortho)

Mira Mesa, CA

Physical Therapy Internship

Oct. 2024 - Dec. 2024

- CPI score: Entry level
- Developed a recovery program for the *San Diego Mojo Pro Volleyball team*
- Filmed and wrote descriptions for their return to running online course
- Participated in community outreach at the *SDSU Adaptive Athletics Liftathon*
- Inservice: *Dual task training: Therapeutic distraction*
- EMR: *MyPTHub & Zenoti*

Kaiser Permanente (Inpatient)

Irvine, CA

Physical Therapy Internship

Aug. 2024 - Oct. 2024

- CPI score: Entry level
- Patient and family education and coordination on the plan of care and discharge planning
- Inservice: *Total Joint Repair Complications: Detection, Prevention, and Treatment*

All Star Physical Therapy (In-Network OP Ortho)

Miramar, CA

Physical Therapy Internship

July 2023 - Aug 2023

- Rehabilitation of total joint replacements, low back pain, chronic pain, and overuse injuries for patients returning to sport or daily life
- Met average CPT/patient productivity metrics
- EMR: *Clinicient*

Education

Doctor of Physical Therapy

San Diego, CA

San Diego State University

2022 - May 2025

Bachelor of Science in Kinesiology & Exercise Science

Long Beach, CA

California State University Long Beach

2018 - 2022

- *President's Honor List and Summa cum laude*

Research Experience

Impact of Neurocognitive performance on sport performance and injury risk in athletes

SDSU

Doctoral Thesis

Sept 2022 - May 2025

Research Assistant

UCSD

Assessing risk factors and predictors for crossover to surgery for physical therapy patients with lumbar spinal stenosis

May 2024 - Present

Certifications and Continued Education

Functional Techniques Certification

Gray Institute

AFS foundational training in functional movement spectrum for adaptable, effective programming. Focus on joint integration, proprioception, and force optimization to enhance performance and reduce injury risk.

Dec. 2024