

Ligaments of the Knee Joint

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1 Extrinsic ligaments

- Anterior side
 - Patellar ligament
 - Medial longitudinal patellar retinaculum
 - Lateral longitudinal patellar retinaculum
 - Medial transverse patellar retinaculum
 - Lateral transverse patellar retinaculum
- Medial and Lateral sides
 - Medial (tibial) collateral ligament
 - Lateral (fibular) collateral lig.
- Posterior side
 - Oblique popliteal ligament
 - Arcuate popliteal ligament

2 Intrinsic Ligaments

- Anterior cruciate ligament
- Posterior cruciate lig.
- Transverse lig. of knee
- Posterior meniscomfemoral lig.