

Central Sensitization

Nathaniel Yomogida, SPT

Chloë Kerstein, SPT

Table of contents

Central sensitization refers to increase in the excitability and responsiveness of neurons in the spinal cord. Central sensitization may explain the persistence of pain beyond the removal or resolution of the initiating stimulus¹

1. Ballantyne J, Fishman S, Rathmell JP, eds. *Bonica's Management of Pain*. 5th ed. Wolters Kluwer; 2019.