

# Central Sensitization

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Central sensitization refers to increase in the excitability and responsiveness of neurons in the spinal cord. Central sensitization may explain the persistence of pain beyond the removal or resolution of the initiating stimulus<sup>1</sup>

1. Ballantyne J, Fishman S, Rathmell JP, eds. *Bonica's Management of Pain*. 5th ed. Wolters Kluwer; 2019.