

Shoulder Labrum

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1 SLAP Lesion

- The compression rotation test
 - “was performed with the patient supine and by elevating the patient’s arm 90° and rotating the arm while applying an axial load”
 - “The test was positive if the patient reported pain or a click deep in the shoulder”¹
- “Active compression test was performed with the affected arm slightly adducted and forward-flexed 90°”
 - “The patient tried to elevate the arm with the palm up and then with the thumb pointing downward against resistance”¹
 - Positive: “Pain in the front of the arm with either maneuver was noted, recorded”¹
- The anterior slide test¹
 - “The patient stood with the hand on the hip of the affected side, and the examiner applied an axial load along the humerus”¹
 - “The test was considered positive when this maneuver produced pain or a click.”

1. Gill C, Cho TA. Neurologic Complications of COVID-19. *CONTINUUM: Lifelong Learning in Neurology*. 2023;29(3):946-965. doi:[10.1212/CON.0000000000001272](https://doi.org/10.1212/CON.0000000000001272)