Spinalis Muscle

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1 OIAN

Table 1: Spinalis Muscle OIAN

| Muscle | Origin | Insertion | Nerve | Action |
|----------------------|------------|------------|--------------------------------|--------------------------------------------------------------------|
| Spinalis Cervicis | C5-T2 (SP) | C2-C5 (SP) | Spinal nn. (Posterior Rami) | BIL: Extends C/S and T/S; UNIL: I/L SB cervical and thoracic spine |

| Muscle | Origin | Insertion | Nerve | Action |
|----------------------|-----------------------------|-------------------------|--------------------------------|--------------------------------------------------------------------------------|
| Spinalis Thoracis | T10-L3 (SP, lat surface) | T2-T8 (SP, lat surface) | Spinal nn. (Posterior Rami) | BIL: Extends C/S and T/S; UNIL: I/L SB cervical and thoracic spine |

2 Spinalis Cervicis

2.1 Origin

 $C5-T2 (SP)^1$

2.2 Insertion

 $C2-C5 (SP)^1$

2.3 Innervation

Spinal nn. (Posterior Rami)¹

2.4 Action

• BIL: Extends C/S and T/S^1

• UNIL: I/L SB cervical and thoracic spine¹

3 Spinalis Thoracis

3.1 Origin

T10-L3 (SP, lat surface) 1

3.2 Insertion

T2-T8 (SP, lat surface)¹

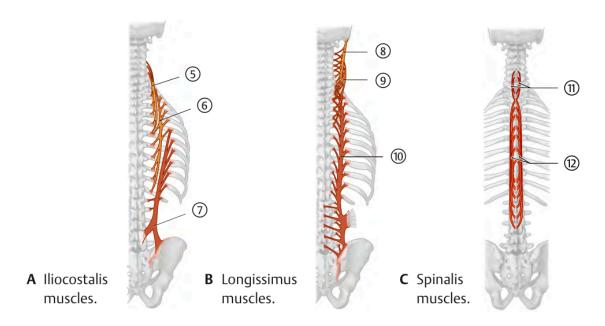


Figure 1: Schematic view of the intermediate intrinsic muscles of the back (Erector spinae)¹

3.3 Innervation

Spinal nn. (Posterior Rami)¹

3.4 Action

- BIL: Extends C/S and T/S^1
- UNIL: I/L SB cervical and thoracic spine¹
- 1. Gilroy AM, MacPherson BR, Wikenheiser JC, Voll MM, Wesker K, Schünke M, eds. *Atlas of Anatomy*. 4th ed. Thieme; 2020.

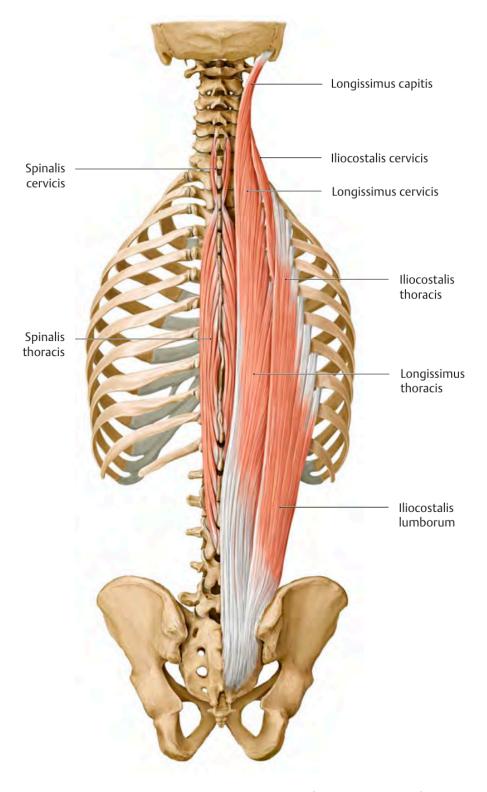


Figure 2: Intermediate intrinsic muscles of the back / Erector spinae (Posterior view) 1