

Interventions for Balance following Spinal Cord Injury

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Sitting Balance

Virtual Reality

- Effectiveness of immersive virtual reality training to improve sitting balance control among individuals with acute and sub-acute paraplegia: A randomized clinical trial¹
 - Combined Effect of Virtual Reality Training (VRT) and Conventional Therapy on Sitting Balance in Patients with Spinal Cord Injury (SCI): Randomized Control Trial²
1. Goel T, Sharma N, Gehlot A, Srivastav AK. Effectiveness of immersive virtual reality training to improve sitting balance control among individuals with acute and sub-acute paraplegia: A randomized clinical trial. *The Journal of Spinal Cord Medicine*. 2023;46(6):964-974. doi:[10.1080/10790268.2021.2012053](https://doi.org/10.1080/10790268.2021.2012053)
 2. Nair MS, Kulkarni VN, Shyam AK. Combined Effect of Virtual Reality Training (VRT) and Conventional Therapy on Sitting Balance in Patients with Spinal Cord Injury (SCI): Randomized Control Trial. *Neurology India*. 2022;70(Supplement):S245-S250. doi:[10.4103/0028-3886.360934](https://doi.org/10.4103/0028-3886.360934)