

Lower Limb Muscle Index

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1 Muscles of the hip

- Iliopsoas
 - Psoas Major
 - Psoas Minor (Iliacus)
- Gluteus Maximus
- Gluteus Medius
- Gluteus Minimus
- TFL
- Piriformis
- Obturator internus
- Superior gemellus
- Inferior Gemellus
- Quad fem

2 Medial thigh muscles

- Pectineus
- Adductor Longus
- Adductor Brevis

- Gracilis
- Obturator Externus
- Adductor Magnus
- Sartorius
- Quadricep group
 - Rectus femoris
 - Vastus Medialis
 - Vastus intermedius
 - Vastus Lateralis
 - Articularis Genus

3 Posterior Thigh muscles

- Biceps Femoris
 - Biceps Femoris Long head
 - Biceps femoris short head
- Semimembranosus
- Semitendinosus
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