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**But 98% don't know the
best professors on its virtual
campus.**

**Here are the top 8 channels
to accelerate your learning:**

1. Andrew Huberman, Ph.D.

Learn from the Professor of Neurobiology at Stanford

Lessons:

- How to improve your brain health**
- How to control your motivation and focus**
- Get tactics to improve your sleep, energy, and learning**



Andrew Huberman

@hubermanlab

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3. MIT Open CourseWare

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Lessons:

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CrashCourse

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7. Daily Stoic

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