

YouTube is free education.

But 98% don't know the best professors on its virtual campus.

Here are the top 8 channels to accelerate your learning:

1. Andrew Huberman, Ph.D.

Learn from the Professor of Neurobiology at Stanford

Lessons:

- How to improve your brain health
- How to control your motivation and focus
- Get tactics to improve your sleep, energy, and learning



Andrew Huberman @hubermanlab 1.86M subscribers



3. MIT Open CourseWare

1000+ free courses from one of the top universities in the world.

Lessons:

- Sample any course from Microeconomy Theory to Special Relativity
- Follow the syllabus and reading lists real-time to supplement your learning



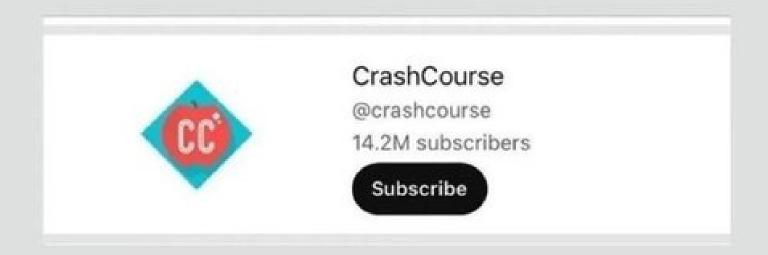
MIT OpenCourseWare @mitocw 4.26M subscribers

Subscribe

4. CrashCourse

Lessons:

- 42+ courses breaking down core educational topics
- A great range of videos covering everything from World History to Organic Chemistry



5. In a Nutshell

Lessons:

- ·Learn science's role in our world
- Get breakdowns across science fields (psychology, astronomy, biology)
- Complex topics are broken down through clear visuals and storytelling



Kurzgesagt – In a Nutshell @kurzgesagt 19.7M subscribers

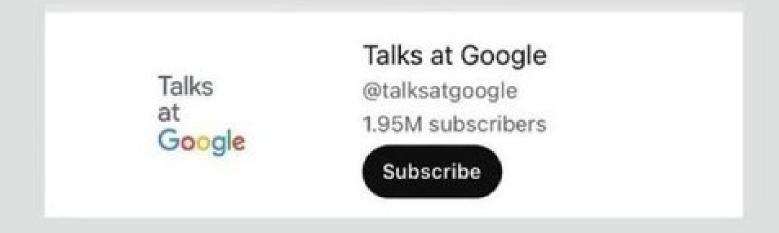
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6. Talks at Google

Learn from the brightest minds in the world.

Lessons:

- Why we age and why we don't have to
- How to never split the difference Thinking, fast and slow



7. Daily Stoic

Breaking down Stoicism to be applied in everyday life.

Lessons:

- Stoic rules for a better life
- Lessons from Marcus Aurelius
 other Stoics
- Building habits & asking important questions

