```
std::integral_constant
< bool, is_constructible
_convertible_from_optional
< T, U >::value||std::is_assignable
< T &, optional< U > & >::value|
|std::is_assignable< T &, optional
< U > && >::value||std::is_assignable
< T &, const optional< U > & >::value|
|std::is_assignable< T &, const optional
         < U > && >::value >
```

absl::optional_internal
::is_constructible_convertible
_assignable_from_optional< T, U >