

B1 Phrasal verbs

This list of B1 phrasal verbs provides useful review material for any classes following a B2 preparation course for the *Cambridge English: First* examination. The list is taken from the *English Vocabulary Profile*, an online resource developed by Cambridge University Press, which covers the words and phrases known by learners at each level of the Common European Framework (visit www.englishprofile.org for more information).

Headword	Phonetics	Guideword	Definition
add up (sth) or add (sth) up	æd ʌp		to calculate the total of two or more numbers
base sth on sth	bēs ɒn		If you base something on facts or ideas, you use those facts or ideas to develop it.
believe in sth	br'li:v ɪn		to be certain that something exists
belong to sth	br'lɔŋ tu:		to be a member of a group or organization
blow away (sth) or blow (sth) away	bləʊ ə'weɪ		If something blows away, or if the wind blows something away, that thing moves because the wind blows it.
blow down (sth) or blow (sth) down	bləʊ daʊn		If something blows down, or if the wind blows something down, that thing falls to the ground because the wind blows it.
blow out (sth) or blow (sth) out	bləʊ aʊt		If a flame blows out or you blow it out, it stops burning when a person or the wind blows on it.
blow up (sth/sb) or blow (sth/sb) up	bləʊ ʌp		to destroy something or kill someone with a bomb, or to be destroyed or killed by a bomb
book sb in or book sb into sth	bʊk ɪn bʊk ɪntu:		to arrange for someone to stay at a hotel
break down	breɪk daʊn		If a machine or vehicle breaks down, it stops working.
break in or break into sth	breɪk ɪn breɪk 'ɪntu:		to get into a building or car using force, usually to steal something
break up	breɪk ʌp	END RELATIONSHIP	If two people break up, they stop having a relationship.
break up	breɪk ʌp	END CLASSES	When schools or colleges break up, the classes end and the holidays begin.
bring up sb or bring sb up	brɪŋ ʌp		to care for a child until it is an adult
call for sb	kɔ:l fɔ:		to go to a place in order to collect someone
call in	kɔ:l ɪn		to visit a place or person for a short time, usually while you are going somewhere else
care for sb/sth	keə fɔ:		to look after someone or something, especially someone who is young, old or ill
carry on (sth) or carry (sth) on	'kæri ɒn		to continue doing something, or to cause something to continue
carry out sth or carry sth out	'kæri aʊt		to do or complete something, especially something that you have said you would do or that you have been told to do

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catch up with sb	kætʃ ʌp wið		to meet someone you know after not seeing them for a period of time and talk about what you have been doing
check in	tʃek ɪn		to go to the desk at an airport, so that you can be told where you will be sitting and so that your bags can be put on the aircraft
check in or check into sth	tʃek ɪn tʃek 'ɪntu:		to say who you are when you arrive at a hotel so that you can be given a key for your room
check out	tʃek aʊt		to leave a hotel after paying and returning your room key
come along	kʌm ə'lɔŋ		to go somewhere with someone
come on	kʌm ɒn		said to encourage someone to do something, especially to hurry or try harder
come out	kʌm aʊt	BECOME AVAILABLE	If a book, record, film, etc. comes out, it becomes available for people to buy or see.
come out	kʌm aʊt	SUN	When the sun, moon or stars come out, they appear in the sky.
complain of sth	kəm'pleɪn ɒv		to tell other people that something is making you feel ill
consist of sth	kən'sɪst ɒv		to be made of or formed from something
cut up sth or cut sth up	kʌt ʌp		to cut something into pieces
deal with sth	dɪ:l wɪð		to take action in order to achieve something or in order to solve a problem
depend on or depend upon sb/sth	dɪ'pend ɒn dɪ'pend ə'pən		If something depends on someone or something, it is influenced by them, or changes because of them.
eat out	i:t aʊt		to eat in a restaurant
end up	end ʌp		to finally be in a particular place or situation
fall down	fɔ:l daʊn		to fall onto the ground
fall over	fɔ:l 'əʊvə		If something falls over, it falls onto its side.
fill up (sth) or fill (sth) up	fil ʌp		to become full, or to make something become full
get back sth or get sth back	get bæk		to be given something again that you had before
get in	get ɪn	ENTER	to succeed in entering a place, especially a building
get in	get ɪn	ARRIVE	to arrive at a place at a particular time
get in	get ɪn	BE CHOSEN	to succeed in being chosen or elected
get on	get ɒn	RELATIONSHIP	to have a good relationship
get on	get ɒn	MANAGE	to manage or deal with a situation, especially successfully
get out	get aʊt		to leave a closed vehicle, building, etc.
get together	get tə'geðə		to meet in order to do something or spend time together
give away sth or give sth away	gɪv ə'weɪ		to give something to someone without asking for payment
give in sth or give sth in	gɪv ɪn		to give a piece of written work or a document to someone for them to read, judge or deal with

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give in	gɪv ɪn		to finally agree to what someone wants, after refusing for a period of time
give out sth or give sth out	gɪv əʊt		to give something to a large number of people
give up sth or give sth up	gɪv ʌp		to stop owning and using something
give up (sth) or give (sth) up	gɪv ʌp		If you give up a habit, such as smoking, or something such as alcohol, you stop doing it or using it.
go away	gəʊ ə'weɪ	LEAVE	to leave a place
go away	gəʊ ə'weɪ	HOLIDAY	to leave your home in order to spend time in different places
go back	gəʊ bæk		to return to a place where you were or have been before
go down	gəʊ daʊn	BECOME LESS	to become lower in level
go down	gəʊ daʊn	SUN	When the sun goes down, it moves down in the sky until it cannot be seen any more.
go for sth	gəʊ fɔ:		to choose something
go off	gəʊ ɒf	LEAVE	to leave a place and go somewhere else
go off	gəʊ ɒf	STOP WORKING	If a light or a machine goes off, it stops working.
go on	gəʊ ɒn	CONTINUE	to continue to happen or exist
go on	gəʊ ɒn	HAPPEN	to happen
go out	gəʊ aʊt	RELATIONSHIP	If two people go out together, they have a romantic relationship with each other.
go out	gəʊ aʊt	LIGHT/FIRE	If a light or something that is burning goes out, it stops producing light or heat.
go up	gəʊ ʌp		to become higher in level
hand in sth or hand sth in	hænd ɪn		to give a piece of written work to a teacher
hand out sth or hand sth out	hænd əʊt		to give something to each person in a group or place
hang about or hang around (sth)	hæŋ ə'baʊt hæŋ ə'rəʊnd		to spend time somewhere, usually doing very little
hang on	hæŋ ɒn	WAIT	to wait for a short time
hang out	hæŋ aʊt		to spend a lot of time in a place or with someone
hang up	hæŋ ʌp		to finish a conversation on the telephone
hang up sth or hang sth up	hæŋ ʌp		to put something, especially a piece of clothing, somewhere where it can hang
have (got) on sth or have (got) sth on	hæv ɒn		If you have clothes or shoes on, you are wearing them.
hear from sb	hɪə frəm		If you hear from someone, you get a letter or telephone call from them, or they tell you something.
hold on	həʊld ɒn		to wait for a short time
hold up sb/sth or hold sb/sth up	həʊld ʌp		to make something or someone slow or late
hurry up	'hʌri ʌp		to do something more quickly
join in (sth)	dʒɔɪn ɪn		to become involved in an activity with other people
keep sb in	kɪ:p ɪn		to make a child stay inside as a punishment, or to make someone stay in hospital

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keep (sb/sth) off sth	ki:p ɒf		to not go onto an area, or to stop someone or something going onto an area
keep on doing sth	ki:p ɒn		to continue to do something, or to do something again and again
keep (sb/sth) out	ki:p aut		to not go into a place, or to stop someone or something from going into a place
keep up sth or keep sth up	ki:p ʌp		to not allow something that is at a high level to fall to a lower level
knock sb down	nɒk daʊn		to hit someone with a vehicle and injure or kill them
laugh at sb/sth	la:f æt		to show that you think someone or something is stupid
leave behind sb/sth or leave sb/sth behind			to leave a place without taking someone or something with you
look around (sth)	lʊk ə'raʊnd		to visit a place and look at the things in it
look forward to sth/doing sth	lʊk 'fɔ:wəd tu:		to feel happy and excited about something that is going to happen
Look out!	lʊk aut		something you say when someone is in danger
look up sth or look sth up	lʊk ʌp		to try to find a piece of information by looking in a book or on a computer
move in	muv ɪn		to begin living in a new home
move out	muv aut		to stop living in a particular home
pass on sth or pass sth on	pɑ:s ɒn	TELL	to tell someone something that another person has told you
pass on sth or pass sth on	pɑ:s ɒn	GIVE	to give something to someone else
pay back sb/sth or pay sb/sth back	peɪ bæk		to pay someone the money that you owe them
put away sth or put sth away	put ə'weɪ		to put something in the place or container where you usually keep it
put back sth or put sth back	put bæk		to put something where it was before it was moved
put down sb/sth or put sb/sth down	put daʊn		to put someone or something that you are holding onto the floor or onto another surface
put down sth or put sth down	put daʊn		If you put the phone down, you put the part of the telephone that you speak into back to its usual position.
put down sb or put sb down	put daʊn		to write someone's name on a list or document, usually in order to arrange for them to do something
put off sth/doing sth or put sth off	put ɒf		to arrange to do something at a later time
put on sth or put sth on	put ɒn	EQUIPMENT	to make a piece of equipment work by pressing a switch
put on sth or put sth on	put ɒn	WEIGHT	If someone puts on weight, they become heavier.
put out sth or put sth out	put aut		to make something that is burning stop burning
put sb through	put θru:		to connect a person using a telephone to the person they want to speak to
put up sth or put sth up	put ʌp	RAISE	to raise something, or to fix something in a raised position

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put up sth or put sth up	put \wedge p	SPREAD	to spread something that is folded or rolled up, such as a tent, umbrella, etc. so that it is ready to be used
put up sth or put sth up	put \wedge p	MONEY	to increase the price or value of something
remind sb of sth/sb	rɪ'maɪnd δ v		to be similar to, or make you think of, something or someone else
ring sb back	rɪŋ bæk		to telephone someone who rang you earlier or to telephone someone for a second time
ring (sb) up or ring up (sb)	rɪŋ \wedge p		to telephone someone
run out	rʌn aʊt		to finish, use or sell all of something, so that there is none left
send sth back or send back sth	send bæk		to return something to the person who sent it to you, especially because it is damaged or not suitable
set off	set δ f		to start a journey
set out	set aʊt		to start a journey
set up sth or set sth up	set \wedge p		to formally establish a new company, organization, system, way of working, etc.
show sb around	ʃəʊ ə'raʊnd		to go with someone and show them a place
show up	ʃəʊ \wedge p		to arrive somewhere
shut (sth) down or shut down (sth)	ʃʌt daʊn		If a computer or machine shuts down or someone shuts it down, it stops operating.
sign up	sain \wedge p		to arrange to do an organized activity
split up	split \wedge p		If two people who have a romantic relationship, finish their relationship.
start (sth) off or start off (sth)	sta:t δ f		to begin by doing something, or to make something begin by doing something
stay behind	steɪ bɪ'hæɪnd		to not leave a place when other people leave it
stay in	steɪ ɪn		to stay in your home
switch off sth or switch sth off	swɪtʃ δ f		to turn off a light, television, etc. by using a switch
switch on sth or switch sth on	swɪtʃ ɒn		to turn on a light, television, etc. by using a switch
take away sth or take sth away	teɪk ə'weɪ	FOOD	to buy food in a shop or restaurant and eat it somewhere else
take away sth or take sth away	teɪk ə'weɪ	NUMBERS	to remove one number from another number
take back sth or take sth back	teɪk bæk		to return something to the place you borrowed or bought it from
take out sb or take sb out	teɪk aʊt		to go somewhere with someone and pay for them
take out sth or take sth out	teɪk aʊt	REMOVE	to remove something from somewhere
take up sth or take sth up	teɪk \wedge p		to start doing a particular activity or job
throw away/out sth or throw sth away/out	θrəʊ ə'weɪ θrəʊ aʊt		to get rid of something that you do not want any more
tidy up (sth) or tidy (sth) up	'tɔɪdi \wedge p		to make a place or a collection of things tidy
turn down sth or turn sth down	tɜ:n daʊn		to reduce the level of sound or heat that something produces

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turn (sb/sth) into sb/sth	tɜːn 'ɪntuː		to change and become someone or something different, or to make someone or something do this
turn up sth or turn sth up	tɜːn ʌp ɔː tɜːn ʌp		to increase the level of sound or heat that a machine produces
wear (sth) out or wear out (sth)	weə aut		to use something so much that it is damaged and cannot be used any more, or to become damaged in this way
work out	wɜːk aut		to exercise in order to improve the strength or appearance of your body
wrap sth up or wrap up sth	ræp ʌp		to fold paper, cloth, etc. around something to cover it
write sth down or write down sth	raɪt daʊn		to write something on a piece of paper so that you do not forget it