



#### Cambridge English



# Objective First

Wordlist with definitions

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
11	add to sth	pv	æd tuː	PUT WITH	to put something with something else
RS	bargain	n	'baːgɪn	PRICE	something that is sold for less than its usual price or its real value
10	bracelet	n	'breɪslət		a piece of jewellery that you wear around your wrist
10	casual	adj	'kæʒjuəl	CLOTHING	Casual clothing is comfortable and not suitable for formal occasions.
12	comparison	n	kəm'pærīsən	EXAMINING DIFFERENCES	when two or more people or things are compared
11	cut down sth or cut sth down	pv	kʌt daʊn	REDUCE	to eat or drink less of something, or to reduce the amount or number of something
13	distinguish	V	dı'stıŋgwı∫	SHOW DIFFERENCES	to make one person or thing seem different from another
12	dominate	V	'dɒmɪneɪt	BE IMPORTANT	to be the largest, most important, or most noticeable part of something
11	dress up	pv	dres np	FORMAL	to put on formal clothes for a special occasion
11	fit in with	pv	fit in wið		If one thing fits in with another thing, they look pleasant together or are suitable for each other.
13	genuine	adj	'dʒenjuɪn	REAL	If something is genuine, it is really what it seems to be.
11	go ahead	pv	gəʊ ə'hed	PERMISSION	something that you say to someone to give them permission to do something
11	go back	pv	gəʊ bæk		to return to a place where you were or where you have been before
11	go for sth	pv	gəʊ fɔː	CHOOSE	to choose something
11	go on	pv	gəʊ ɒn	HAPPEN	to happen
11	go out	pv	gəʊ aʊt	LEAVE	to leave a room or building, especially in order to do something for entertainment
11	go over sth	pv	gəʊ 'əʊvə		to talk or think about something in order to explain it or make certain that it is correct
11	go up	pv	gəʊ ʌp	INCREASE	to become higher in level
10	hood	n	hʊd	HEAD	a part of a coat or jacket that covers your head and neck
10	helmet	n	'helmət	HEAD	a hard hat that protects your head
12	image	n	'ımıdʒ	IDEA	a picture in your mind or an idea of how someone or something is
11	keep up (with sb/sth)	pv	kizp np	UNDERSTAND	to be able to understand or deal with something that is happening or changing very fast

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13	label	n	'leɪbəl	COMPANY	a company which produces goods for sale, the goods themselves, or the company's name or symbol
10	matter	n	'mætə	SUBJECT	a subject or situation that you need to think about, discuss, or deal with
11	outfit	n	'autfit	CLOTHES	a set of clothes for a particular event or activity
11	outrageous	adj	aut'reidzəs,		shocking or extreme
11	pull on sth or pull sth on	pv	рʊl ɒn	CLOTHES	to put on clothes quickly
11	put together sth or put sth together	pv	pʊt təˈɡeðə	JOIN PARTS	to create something by joining or combining different things
12	represent	V	repri'zent,	DESCRIBE	to show or describe something or someone
11	save up (sth) or save (sth) up	pv	seɪv лр	MONEY	to keep money so that you can buy something with it in the future
12	slightly	adv	'slaɪtli		a little
11	slip on sth or slip sth on	pv	slīp vn		to quickly put on a piece of clothing
10	smart	adj	smaːt	STYLISH	having a clean, tidy and stylish appearance
12	stall	n	licts	SHOP	a small shop with an open front or a table from which goods are sold
11	stand out	pv	stænd aut	NOTICE	to be very easy to see or notice
10	stuff	n	st∧f	SUBSTANCE	(informal) used to refer to a substance or a group of things or ideas, etc. without saying exactly what they are
11	stunning	adj	ˈstʌnɪŋ		very beautiful
10	stylish	adj	'staɪlɪ∫		fashionable and attractive
10	sweatshirt	n	'swet∫3ːt		a piece of clothing made of soft cotton which covers the top of your body and is pulled on over your head
11	take back sth or take sth back	pv	teik bæk	THING	to return something to the place you borrowed or bought it from
11	take off sth or take sth off	pv	teik of	REMOVE	to remove something

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18	accessible	adj	ək'sesəbl	UNDERSTAND	easy to understand
16	action	n	'æk∫ən	ACTIVITY	things which are happening, especially exciting or important things
16	appliance	n	ə'plaɪəns		a device, machine or piece of equipment, especially an electrical one that is used in the house, such as a cooker or washing machine
18	application/app	n	ˌæplɪˈkeɪ∫ən/æp	COMPUTER PROGRAM	a computer program designed for a particular purpose (informal)
17	complex	adj	'kømpleks		difficult to understand or find an answer to because of having many different parts
17	control	n	kən'trəʊl	POWER	the power to make a person, organization, or object do what you want
17	demanding	adj	dɪ'maːndɪŋ		needing a lot of your time, attention, or effort
17	disappointed	adj	disə'pɔɪntɪd		unhappy because someone or something was not as good as you hoped or expected, or because something did not happen
17	facility	n	fə'sɪləti	PART	a part of a system or machine which makes it possible to do something
19	favourable	adj	'feɪvərəbl	JUDGMENT	showing that you like or approve of someone or something, or making you like or approve of them
16	feature	n	'fiːt∫ə	PART	a typical quality, or important part of something
17	find out (sth) or find (sth) out	pv	faind aut		to get information about something, or to learn a fact for the first time
17	fortune	n	'fɔːt∫uːn	MONEY	a lot of money
17	get through sth	pv	get 0ruz	FINISH	to use up or finish something
17	goal	n	gəʊl	AIM	something you want to do successfully in the future
18	Google™	V	'guːgl		to search for something on the Internet using the Google search engine (= computer program that finds information)
16	graphics	n	'græfɪks		images shown on a computer screen
16	hopeless	adj	ˈhəʊpləs	NOT ABLE	very bad at a particular activity
16	impressive	adj	ım'presiv		Someone or something that is impressive makes you admire and respect them.
17	intelligence	n	ın'telıdzəns	ABILITY	the ability to learn, understand, and think about things
19	meaningful	adj	'miːnɪŋfəl	USEFUL	useful, serious, or important
16	messy	adj	'mesi	UNTIDY	untidy or dirty

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17	muddy	adj	'mʌdi		covered by or containing mud (=mixture of soil and water)
17	opponent	n	ə'pəʊnənt	COMPETE	someone who you compete against in a game or competition
16	pace	n	peis	SPEED	the speed at which someone or something moves or does something
19	popularity	n	ˌpɒpjəˈlærəti		the quality of being liked by many people
17	reach a conclusion	V	riːt∫ə kən'kluːʒən		to make a decision/agreement, etc. about something
16	review	n	rī'vjuː	REPORT	a report in a newspaper, magazine, or programme that gives an opinion about a new book, film, etc.
16	solve	V	splv		to find the answer to something
16	sophisticated	adj	səˈfɪstɪkeɪtɪd	SYSTEM	A sophisticated machine or system is very advanced and works in a clever way.
16	soundtrack	n	'saʊntræk		the music used in a film
18	submit	V	səb'mɪt	DOCUMENT	to send a document, plan, etc. to someone so that they can consider it
17	tricky	adj	'trɪki		difficult to deal with or do
16	turn on sth or turn sth on	pv	tsin on		to move the switch on a machine, light, etc so that it starts working, or to start the supply of water, electricity, etc.
19	unhelpful	adj	ʌnˈhelpfʊl	NOT IMPROVE	not improving a situation
17	version	n	¹vɜː∫ən	FORM	one form of something that is slightly different to other forms of the same thing
16	violent	adj	'vaɪələnt	ACTION	involving violence
16	virtual	adj	'vɜːt∫uəl	COMPUTER	using computer images and sounds that make you think an imagined situation is real
16	yawn	V	nzcj		to take a deep breath with your mouth wide open, because you are tired or bored

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23	airline	n	'eəlaɪn		a company that provides regular flights to places
23	approach	n	ə'prəʊt∫		when something or someone gets nearer in distance or time
23	approach	V	ə'prəʊt∫	COME CLOSE	to come close in distance or time
23	backpacker	n	'bækpækə		a person who travels with a backpack
23	book (sb) into	pv	bʊk 'ɪntuː		to arrange for someone to stay at a hotel
22	cabin	n	'kæbɪn	SHIP	a small room to sleep in on a ship
23	campsite	n	'kæmpsaɪt		an area where people can stay in tents for a holiday
23	check in	pv	t∫ek ɪn	HOTEL	to go to the desk at a hotel in order to say that you have arrived, and to get the key to your room
23	check out	pv	t∫ek aʊt		to leave a hotel after paying your bill
23	cliff	n	klɪf		an area of high, steep rocks beside the sea
23	coast	n	kəʊst		the land beside the sea
23	crew	n	kruː	SHIP/AIRCRAFT	the people who work together on a ship, aircraft, or train
23	destination	n	,destɪ'neɪ∫ən		the place where someone or something is going
22	disturb	V	dɪˈstɜːb	CHANGE	to change something by touching it or moving it from its original position
23	domestic	adj	də'mestɪk	COUNTRY	inside one country and not international
22	evidence	n	'evɪdəns	FACTS	something that makes you believe that something is true or exists
22	expedition	n	¦ekspī'dī∫ən		an organized journey, especially a long one for a particular purpose
23	ferry	n	'feri		a boat that regularly carries passengers and vehicles across an area of water
24	fill in sth or fill sth in	pv	fīl īn		to write the necessary information on an official document
22	forbid	V	fə'bɪd		to order someone not to do something, or to say that something must not happen
26 EF2	friendship	n	'fren∫ɪp		when two people are friends
23	get away	pv	get ə'weɪ	HOLIDAY	to go somewhere to have a holiday, especially because you need to rest
23	get in	pv	get in	VEHICLE ARRIVING	If a train or other vehicle gets in at a particular time, that is when it arrives.
22	get rid of sth	р	get rid øv		to remove or throw away something unwanted
23	ground	n	graʊnd		the surface of the Earth
23	harbour	n	'haːbə		an area of water near the coast where ships are kept and are safe from the sea

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23	land	V	lænd	ARRIVE	If an aircraft lands, it arrives on the ground after a journey, and if you land it, you make it arrive on the ground.
23	landing	n	'lændɪŋ	ARRIVAL	an arrival on the ground, usually of an aircraft or boat
23	set off	pv	set of		to start a journey
23	stop over	pv	stɒp ˈəʊvə		to stay at a place for one night or a few nights on the way to somewhere else or before returning home
23	take off	pv	teik of	AIRCRAFT	If an aircraft takes off, it begins to fly.
23	terminal	n	ˈtɜːmɪnəl	TRANSPORT	a building where you can get onto an aircraft, bus, or ship
23	travel agent	n	'trævəl 'eɪdʒənt		someone whose job is making travel arrangements for people
RS	wildlife	n	'waɪldlaɪf		animals, birds, and plants living in their natural environment
23	yacht	n	jøt		a large boat with sails used for pleasure or in races

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28	absence	n	'æbsəns	NOT THERE	a time when you are not in a particular place
31	bad-tempered	adj	,bæd'tempəd		a bad-tempered person gets angry or annoyed easily
29	breed	V	briid		to keep animals for the purpose of producing young animals in a controlled way
29	breeze	n	briːz		a gentle wind
29	conservation	n	ˌkɒnsəˈveɪ∫ən	PROTECTION	the protection of nature
29	conserve	V	kən'sɜːv	NOT HARM	to prevent harm or damage to animals or places
28	cut down sth or cut sth down	pv	kʌt daʊn	REMOVE	to make a tree or other plant fall to the ground by cutting it near the bottom
28	destruction	n	dı'str∧k∫ən		when something is destroyed
28	endangered	adj	ın'deındʒəd		endangered birds/plants/species are animals or plants which may soon not exist because there are very few now alive
31	feather	n	'feðə		one of the soft, light things that grow from and cover a bird's skin
31	from time to time	р	frəm taım tə taım		sometimes, but not often
31	fur	n	fзː	HAIR	the thick hair that covers the bodies of some animals like cats and rabbits
28	global warming	n	ˈgləʊbəl ˈwɔːmɪŋ		when the air around the world becomes warmer because of pollution
31	in time	р	ın taım	SUITABLE POINT	early enough
29	live up to	pv	līv λp tuː		to be as good as someone hopes
33 WF2	look forward to sth/doing sth	pv	lʊk 'fɔːwəd tuː		to feel happy and excited about something that is going to happen
31	one at a time	р	wʌn ət ə taɪm		separately
28	parrot	n	'pærət		a tropical bird with a curved beak and colourful feathers that can be taught to copy what people say
31	pass the time	р	pars ðə tarm		to spend time doing something
31	paw	n	ıcq		the foot of certain animals, such as cats and dogs
28	polar bear	n	'pəʊlə beə		a large, white bear that lives in the North Pole (= most northern part of the Earth)
28	pollute	V	pə'luːt		to make water, air, soil, etc. dirty or harmful
29	souvenir	n	,suːvən'ıə	_	something which you buy or keep to remember a special event or holiday

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28	species	n	'spiː∫iːz		a group of plants or animals which share similar characteristics
28	suffer	V	'sʌfə	EXPERIENCE	to experience something bad
28	support	V	sə'pɔːt	PAY	to look after someone by paying for their food, clothes, etc.
31	tail	n	teɪl	ANIMAL	the long, narrow part that sticks out at the back of an animal's body
31	times	pr	taɪmz		multiplied by
29	wild	n	waɪld		'in the wild' means in a natural environment
31	wing	n	wɪŋ	CREATURE	one of the two parts that a bird or insect uses to fly

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34	absolutely	adv	,æbsə'luːtli		completely
34	anxious	adj	'æŋ∫əs	WORRIED	worried and nervous
34	astonished	adj	ə'stɒnɪ∫t		very surprised
36	blow	V	bləʊ	WIND	If the wind blows, it moves and makes currents of air.
36	calm down	pv	kaım daun		to stop feeling upset, angry, or excited, or to make someone stop feeling this way
36	come down	pv	kʌm daʊn	FALL	to fall and land on the ground
34	content	adj	kən'tent		happy or satisfied
34	delighted	adj	dı'laıtıd		very pleased
36	draw up	pv	droː ʌp		If a vehicle draws up, it arrives somewhere and stops.
35	end up	pv	end ʌp		to finally be in a particular place or situation
34	extremely	adv	ık'striːmli		very, or much more than usual
34	frightened	adj	'fraɪtənd		afraid or nervous
34	furious	adj	ˈfjʊəriəs	ANGRY	extremely angry
36	grab	V	græb	TAKE SUDDENLY	to take hold of something or someone suddenly
34	irritated	adj	'ırıteıtıd		annoyed
34	petrified	adj	'petrɪfaɪd		extremely frightened
36	pour	V	ıcq	RAIN	to rain, producing a lot of water
36	pull away	pv	pʊl əˈweɪ	START MOVING	If a vehicle pulls away, it starts moving.
36	pull up	pv	ρυΙ ∧ρ		If a vehicle pulls up, it stops, often for a short time.
34	relieved	adj	rɪ'liːvd		feeling happy because something unpleasant did not happen or you are not worried about something any more
34	satisfied	adj	'sætisfaid		pleased because you have got what you wanted, or because something has happened in the way that you wanted
34	scared/worried stiff	adv	skeəd/'wʌrid stɪf		very frightened or worried
35	shake	V	∫eīk	MOVE	If you are shaking, your body makes quick short movements, or you feel as if it is doing so, because you are frightened or nervous.
37	shoot	V	∫uːt	FIRE BULLET	to fire a bullet from a gun
37	steady	adj	'stedi	STILL	still and not shaking
34	tense	adj	tens	FEELING	nervous, worried, and not able to relax
34	terrified	adj	'terəfaɪd		very frightened
34	totally	adv	ˈtəʊtəli		completely
34	uneasy	adj	Λη'iːzi		worried because you think something bad might happen

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40	appearance	n	ə'pıərəns	IN PUBLIC	an occasion when someone appears in public
41	argument	n	'aːgjəmənt	REASON	a reason or reasons why you support or oppose an idea, action, etc.
42	breakdown	n	'breɪkdaʊn	NOT WORKING	when a vehicle or machine stops working for a period of time
40	broadcast	V	'brɔːdkaːst		to send out a programme on television or radio
41	case	n	keis	SITUATION	a particular situation or example of something
40	celebrity	n	sə'lebrəti		a famous person
40	contest	n	'køntest		a competition or election
43	delicate	adj	'delɪkət	EASY TO DAMAGE	easy to damage or break
40	fame	n	feɪm		when you are known by many people because of your achievements, skills, etc.
RS	fluent	adj	'fluːənt	ABILITY	able to use a language naturally without stopping or making mistakes
41	gossip	n	'gɒsɪp	CONVERSATION	conversation or reports about other people's private lives that might or might not be true
40	headline	n	'hedlaɪn		a line of words printed in large letters as the title of a story in a newspaper, or the main points of the news that are broadcast on television or radio
40	inspiration	n	,ınspır'eı∫ən		an example which people admire
41	keep (sb/sth) away	pv	kiːp əˈweɪ		to not go somewhere or near something, or to prevent someone from going somewhere or near something
41	keep down sth or keep sth down	pv	kiːp daʊn	NO INCREASE	to stop the number, level, or size of something from increasing
41	keep sb in	pv	kizp In		to make a child stay inside as a punishment, or to make someone stay in hospital
41	keep on (doing sth)	pv	kizp vn		to continue to do something, or to do something again and again
41	keep to sth	pv	kirp tur	NOT CHANGE PLANS	to do what you have promised or planned to do
41	keep up (with sb/sth)	pv	кіхр лр	SAME SPEED	to move at the same speed as someone or something that is moving forward so that you stay level with them
41	keep up (with sb/sth)	pv	kiːp ʌp	UNDERSTAND	to be able to understand or deal with something that is happening or changing very fast

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41	look up to sb	pv	lσk ∧p tuː		to respect and admire someone
42	lottery	n	'løtəri		a way of making money by selling numbered tickets to people who then have a chance of winning a prize if their number is chosen
41	the press	р	ðə pres		newspapers and magazines, or the people who write them
41	privacy	n	'prīvəsi		when you are alone and people cannot see or hear what you are doing
43	the pros and cons	р	ðə prəʊz ənd kønz		the advantages and disadvantages of something
40	regional	adj	ˈriːdʒənəl		relating to a region (= particular area in a country)
41	scandal	n	'skændəl		something that shocks people because they think it is morally wrong
41	sensation	n	sen'seɪ∫ən	EXCITEMENT	a lot of excitement, surprise, or interest, or the person or event that causes these feelings
40	talent	n	'tælənt		a natural ability to do something
41	understandable	adj	م,۸ndəˈstændəbl		An understandable feeling or action is one that you would expect in that particular situation.

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48	can't stand sb/ sth	pv	kaːnt stænd		(informal) to hate someone or something
49	cheer	V	t∫īə		to shout loudly in order to show your approval or to encourage someone
50	course	n	kɔːs	SPORT	an area used for horse races or playing golf
49	course	n	kɔːs	LESSONS	a series of lessons about a particular subject
50	court	n	kɔːt	SPORT	an area for playing particular sports
50	do business (with sb)	р	duː ˈbɪznɪs		to be involved in the activity of buying and selling goods and services, or a particular company that does this, or work you do to earn money
50	do damage	р	duː ˈdæmɪdʒ		to cause harm or injury
50	do sb a favour	р	duː ə ˈfeɪvə	HELP	to do something to help someone
50	do sth for a living	р	duː fər ə 'lɪvɪŋ		to earn money by doing a job
50	do without (sb/ sth)	pv	duː wɪˈðaʊt		to manage without having someone or something
RS	extreme sport	n	ık'striım spoit		a sport that is very dangerous and exciting
52 EF4	fall apart	pv	fɔːl əˈpaːt	HAVE PROBLEMS	to start having problems that you cannot deal with
52 EF4	fall for sb	pv	forl for		to suddenly have strong, romantic feelings about someone
52 EF4	fall out (with sb)	pv	foːl aʊt		to argue with someone and stop being friendly with them
52 EF4	fall through	pv	fɔːl θruː		If a plan or agreement falls through, it fails to happen.
53	field	n	'fiːld	SPORT	an area of grass where you can play a sport
51	fitness	n	'fɪtnəs	HEALTHY	the condition of being physically strong and healthy
50	gym	n	dʒɪm	BUILDING	a building with equipment for doing exercises
50	gymnastics	n	dʒɪm'næstɪks		a sport in which you do physical exercises on the floor and on different pieces of equipment, often in competitions
48	ice skate	V	'aıs skeit		to move across ice using ice skates
50	lap	n	læp	RACE	one journey around a circular race track
53	net	n	net	OBJECT	something made with a piece of net, for example for catching fish or insects, or for sports
50	penalty	n	'penəlti	SPORTS ADVANTAGE	in sports, an advantage given to a team when the opposing team has broken a rule

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49	pitch	n	pɪt∫	SPORT	an area of ground where a sport is played
50	referee	n	ˌrefərˈiː		someone who makes sure that players follow the rules during a sports game
50	take a risk	р	teik ə risk	BAD POSSIBILITY	to do something although something bad might happen because of it
48	row	V	rəʊ		to move a boat or move someone in a boat through the water using oars (=poles with flat ends)
RS	scary	adj	'skeəri		frightening
52 EF4	ski	V	skir		to move over snow wearing skis
50	spectator	n	spek'teɪtə		someone who watches an event, sport, etc.
48	team	n	tixm	SPORT	a group of people who play a sport or game together against another group of players
48	track	n	træk	RACE	a path, often circular, used for races

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57	affect	V	ə'fekt	INFLUENCE	to have an influence on someone or something, or to cause them to change
56	be accustomed to sth/doing sth	pv	biː əˈkʌstəmd tuː		If you are accustomed to something, you have experienced it often enough for it to seem normal to you.
54	be friends with	pv	biː frendz wɪð		to know and like someone
54	confident	adj	ˈkɒnfɪdənt	ABILITY	certain about your ability to do things well
54	critical	adj	'krɪtɪkəl	NOT PLEASED	saying that someone or something is bad or wrong
54	disapprove	V	disə'pruːv		to think that someone or something is bad or wrong
57	get on (with sb)	pv	get ɒn		(UK) If two or more people get on, they like each other and are friendly to each other.
55	housework	n	'haʊswɜːk		the work that you do to keep your house clean
56	keep/break a promise	р	kiːp/breɪk ə 'prɒmɪs	SAY CERTAINLY	to do/not do what you said that you would do
54	keep a secret	р	kiːp ə ˈsiːkrət		to not tell anyone a secret that you know
56	keep sb awake	р	kiːp əˈweɪk		to prevent someone from sleeping
54	kid	n	kɪd	CHILD	a child or young person
56	make a fortune	р	meīk ə 'fɔːt∫uːn		to make a lot of money
57	make friends (with sb)	p	meɪk frendz		to begin to know and like someone
56	mood	n	muːd	FEELING	the way someone feels at a particular time
54	neighbourhood	n	'neɪbəhʊd		an area of a town or city that people live in
54	proud	adj	praud	PLEASED	feeling very pleased about something you have done, something you own, or someone you know
55	selfish	adj	'selfɪ∫		caring only about yourself and not other people
54	sensible	adj	'sensɪbl	JUDGMENT	showing good judgment
54	share	V	∫eə	AT SAME TIME	to have or use something at the same time as someone else
54	storey	n	'stɔːri		a level of a building
54	struggle	V	'strʌgəl	TRY	to try very hard to do something difficult
56	taste good/bad/ sweet etc.	V	teist gud/bæd/ swiːt	FOOD/DRINK	to have a particular flavour

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
63	admit	V	əd'mɪt	SOMETHING BAD	to agree that you did something bad, or that something bad is true
60	advertise	V	'ædvətaɪz	TRY TO SELL	to tell people about a product or service, for example in newspapers or on television, in order to persuade them to buy it
60	brand	n	brænd	PRODUCT	a product that is made by a particular company
61	budget	n	'bʌdʒɪt	AMOUNT	the amount of money you have for something
61	character	n	'kærəktə	STORY	a person in a book, film, etc.
61	commercial	n	kə'mɜː∫əl		an advertisement on the radio or television
60	deadline	n	'dedlaɪn		a time by which something must be done
63	doubt	V	daʊt	FEEL UNCERTAIN	to feel uncertain about something or think that something is not probable
62	dramatic	adj	drə'mætık	EXCITING	full of action and excitement
62	element	n	'elɪmənt	PART	a part of something
62	ending	n	'endɪŋ	END	the last part of a story or film
61	huge	adj	hjuːdʒ		extremely large
61	location	n	ləʊˈkeɪ∫ən		a place or position
61	message	n	'mesɪdʒ	IDEA	the most important idea of a film, book, etc.
61	narrow	adj	'nærəʊ	NOT WIDE	Narrow things measure a small distance from one side to the other.
62	personality	n	pɜːsənˈæləti	FAMOUS	a famous person
62	powerful	adj	'paʊəfəl	EFFECT	having a strong effect on people
62	production	n	prə'd∧k∫ən	ORGANIZING FILM/PLAY	when someone controls how a film, play, programme, or musical recording is made
63	reckon	V	'rekən	THINK	to think that something is probably true
62	setting	n	'setɪŋ	PLACE	the place where something is or where something happens, often in a book, play, or film
61	shallow	adj	'∫æləʊ	NOT DEEP	not deep
63	stress	V	stres	EMPHASIZE	to emphasize something in order to show that it is important
61	view	n	vjuː	OPINION	your opinion
63	what's more	р	wots mor		used to add something surprising or interesting to what you have just said

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
66	access	n	'ækses	OPPORTUNITY	when you have the right or opportunity to use or see something
66	achievement	n	ə't∫iːvmənt	GOOD THING	something good that you achieve
69	at first	р	ət 'fɜːst		at the beginning of a situation or period of time
69	at last	р	ət larst		finally
69	at least	р	ət lizst		as much as, or more than, a number or amount
69	at once	р	ət wʌns		immediately
69	at peace	р	ət piːs		not fighting, not at war
69	at present	р	ət 'prezənt		now
69	at rest	р	ət rest	STOP	not doing anything active, or not moving
67	at the same time	р	ət ðə seim taim		despite this
69	at war	р	et wo:		when there is fighting between two or more countries, or two or more groups inside a country
66	commercial	adj	kəˈmɜː∫əl	BUY/SELL	relating to buying and selling things
66	concept	n	ˈkɒnsept		an idea or principle
66	decade	n	'dekeɪd		a period of ten years
66	expedition	n	'eksbī,qī}əu		an organized journey, especially a long one for a particular purpose
67	illegal	adj	ɪˈliːɡəl		not allowed by law
67	immoral	adj	ɪˈmɒrəl		morally wrong
67	impatient	adj	ım'peı∫ənt	EASILY ANNOYED	easily annoyed by someone's mistakes or because you have to wait
67	inappropriate	adj	,ɪnəˈprəʊpriət		unsuitable for a particular situation or person
67	inexperienced	adj	,ınık'spıəriəntst		without much experience or knowledge of something
67	irregular	adj	ı'regjələ	TIME	Irregular actions or events happen with a different amount of time between each one.
67	irresponsible	adj	lrɪˈspɒnsəbl		not thinking about the possible bad results of what you are doing
66	need	n	nizd		something that is necessary to have or do
66	proposal	n	prə'pəʊzəl	PLAN	a suggestion for a plan
66	prove	V	pruːv		to show that something is true
66	rocket	n	'røkɪt	VEHICLE	a tube-shaped vehicle for travelling in space
67	scientific	adj	ˌsaɪən'tɪfɪk		relating to science, or using the organized methods of science
66	significant	adj	sig'nifikənt		important or noticeable

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
67	solution	n	səˈluː∫ən	ANSWER	the answer to a problem
66	space	n	speis	OUTSIDE EARTH	the area outside the Earth
66	sponsor	V	'spʊnsə		to give money to someone to support an activity, event, or organization, sometimes as a way to advertise your company or product
66	technology	n	tek'nølədʒi		knowledge, equipment, and methods that are used in science and industry
66	willingness	adj	'wɪlɪŋnes		to be willing (to do sth) is to be happy to do something, if you need to

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
74	aggressive	adj	ə'gresīv	ANGRY	behaving in an angry and violent way towards another person
75	blush	V	bl∧∫		If you blush, your face becomes red, especially because you are embarrassed.
74	bossy	adj	'bɒsi		always telling other people what to do
73	characteristic	n	ˌkærəktəˈrɪstɪk		a typical or obvious quality that makes one person or thing different from others
74	cheerful	adj	't∫ɪəfəl	PERSON	happy
74	competitive	adj	kəm'petɪtɪv	PERSON	wanting to win or to be more successful than other people
73	demanding	adj	dɪ'maːndɪŋ		needing a lot of your time, attention, or effort
72	discourage	V	dı'skʌrɪdʒ	LESS CONFIDENT	to make someone less confident or enthusiastic about something
72	identical	adj	aı'dentıkəl		exactly the same
72	identity	n	aɪ'dentəti	PERSON	who someone is
74	impatient	adj	ım'peı∫ənt	EASILY ANNOYED	easily annoyed by someone's mistakes or because you have to wait
74	jealous	adj	'dʒeləs	LOVE	upset and angry because someone you love seems too interested in another person
74	lazy	adj	'leɪzi	WORK	Someone who is lazy does not like working or using any effort.
74	loyal	adj	leicl		always liking and supporting someone or something, sometimes when other people do not
73	only child	n	'əʊnli t∫aɪld		someone who has no brothers or sisters
74	optimistic	adj	ptɪˈmɪstɪk,		always believing that good things will happen
72	resemble	V	rı'zembəl		to look like or be like someone or something
72	similarity	n	ˌsɪmɪˈlærəti		when two things or people are similar, or a way in which they are similar
74	stubborn	adj	'stʌbən		determined not to change your ideas, plans, etc., although other people want you to
74	take account of	р	teik ə'kaunt øv		to consider something when judging a situation
72	take after sb	pv	teik 'aiftə		to be similar to an older member of your family
74	take charge	р	teīk t∫aːdʒ		to take control of or make yourself responsible for something

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
74	take for granted	р	teɪk fə 'graːntɪd		to not show that you are grateful for someone or something, and forget that you are lucky to have them
74	take off	pv	teik of	SUCCESSFUL	to suddenly become successful
74	take out sth or take sth out	pv	teik aut		to remove something from somewhere
74	take sb/sth seriously	р	teɪk 'sɪəriəsli		to believe that someone or something is important and that you should pay attention to them
72	take turns	р	teik tsinz		If two or more people take turns, one person does something, then another person does something, etc.
73	twin	n	twin		one of two children who are born to the same mother at the same time
74	unpopular	adj	۸n'pɒpjələ		disliked by most people
74	unreliable	adj	,ʌnrɪˈlaɪəbl		not able to be trusted or depended on
74	witty	adj	'wɪti		using words in a funny and clever way

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
78	appliance	n	ə'plaɪəns		a piece of electrical equipment with a particular purpose in the home
81	attic	n	'ætɪk		a room at the top of a house under the roof
79	cart	n	kaːt	SHOP	(US) a metal structure on wheels that is used for carrying things
79	come to a conclusion	р	kʌm tuː ə kənˈkluːʒən		to have an opinion after considering all the information about something
81	come to a decision	р	kʌm tuː ə dɪˈsɪʒən		make a choice about something after thinking about several possibilities
80	crockery	n	'krøkəri		plates, cups, and other dishes, especially those made from clay
79	crunchy	adj	'kr∧nt∫i		Crunchy food is hard and makes a noise when you eat it.
80	cutlery	n	ˈkʌtləri		knives, forks, and spoons
79	devise	V	dı'vaız		to design or invent something such as a system, plan, or piece of equipment
79	duplicate	V	'djuːplɪkeɪt	DO THE SAME	to do something that has already been done, in exactly the same way
81	fall asleep	р	fɔːl əˈsliːp		to start sleeping
81	fall ill	р	fz:l ɪl		to become unwell
81	fall in love	р	val ni lich		to be very attracted to someone and begin to love them
79	fed up	adj	,fed 'Λp		(informal) annoyed or bored by something that you have experienced for too long
79	fulfil	р	fʊlˈfɪl	MAKE HAPPEN	to do something that is expected, hoped for or promised or to cause it to happen
78	groceries	n (plural)	'grəʊsəriz		goods bought to be used in the home such as food and cleaning products
79	infection	n	ın'fek∫ən		a disease in a part of your body that is caused by bacteria or a virus
81	inventor	n	ın'ventə		someone who designs and makes new things
79	research	V	rɪˈsɜːtʃ		to study a subject in detail in order to discover new information about it
79	ritual	n	'rɪtjuəl		an activity or a set of actions that are always done in the same way or at the same time, sometimes as part of a religion
79	soggy	adj	'søgi		very wet and soft
79	stale	adj	steɪl	OLD	old and not fresh
79	stick	V	stīk	JOIN	to become joined to something else or to make something become joined to something else, usually with a substance like glue
78	substance	n	'sʌbstəns	MATERIAL	a solid, liquid, or gas

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
80	suspicion	n	sə'spɪ∫ən		a feeling or belief that someone has done something wrong
80	talk sb into (doing) sth	pv	tork 'ıntur		to persuade someone to do something
81	tell sb/sth apart	pv	tel ə'paːt		to be able to see the difference between two very similar things or people
81	tell a lie	р	tel ə laı		to say something/things that are not true
81	tell a story	р	tel ə 'stɔːri	DESCRIPTION	to entertain people with a description of a series of real or imaginary events
79	transform	V	træns'fɔːm		to change something completely, usually to improve it

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
86	accuse	V	ə'kjuːz		to say that someone has done something bad
88	affect	V	ə'fekt	CAUSE CHANGE	to influence someone or something, or cause them to change
88	ambition	n	æm'bɪʃən	HOPE	something you want to achieve in your life
88	apologise (UK) / apologize	V	ə'pɒlədʒaɪz		to tell someone that you are sorry about something you have done
88	claim	V	kleim	SAY	to say that something is true, although you have not proved it
88	deny	V	dı'naı	NOT TRUE	to say that something is not true, especially something that you are accused of
88	educate	V	'edʒʊkeɪt	TEACH	to teach someone at a school or college
89	educated	adj	'edʒʊkeɪtɪd		Someone who is educated has learned a lot at school or university and has a good level of knowledge.
88	educational	adj	ˌedʒʊˈkeɪ∫ənəl		providing education or relating to education
89	face up to	pv	feis vp tuː		to accept that a difficult situation exists
86	feel	V	fiːl	OPINION	to think something or have an opinion
88	insist	V	ın'sıst	SAY	to say firmly that something is true, especially when other people do not believe you
86	mention	V	'men∫ən		to briefly speak or write about something or someone
87	opportunity	n	ppə'tjuːnəti,	CHANCE	a situation in which it is possible for you to do something, or a possibility of doing something
88	performance	n	pəˈfɔːməns	SUCCESS	how successful someone or something is
87	position	n	pəˈzɪ∫ən	JOB	a job
89	progress	n	'prəʊgres	DEVELOPMENT	development and improvement of skills, knowledge, etc.
88	promise	V	'prømis	SAY	to say that you will certainly do something or that something will certainly happen
87	qualification	n	ˌkwɒlɪfɪˈkeɪ∫ən		an official record showing that you have finished a training course or have the necessary skills, etc.
88	refuse	V	rɪˈfjuːz		to say that you will not do or accept something
87	relevant	adj	'reləvənt		related or useful to what is happening or being talked about
87	standard	n	'stændəd	QUALITY	a level of quality, especially a level that is acceptable
88	urge	V	31d3		to strongly advise an action
88	warn	V	wɔːn	ADVISE	to advise someone not to do something that could cause danger or trouble
86	wish	V	wɪʃ	WANT	to want a situation that is different from the one that exists

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
92	adventurous	adj	əd'vent∫ərəs	NEW THINGS	willing to try new and often difficult things
93	above all	р	lıc vvq,e		more than anything
93	all along	р	วะไ อ'ไซŋ		from the beginning of a period of time
93	all in all	р	וגכ חז וגכ		considering everything
93	all of a sudden	р	nebvs, e ne līc		unexpectedly
93	at all	р	ət ɔːl		in any way
92	career	n	kə'rɪə	JOB	a job that you do for a long period of your life and that gives you the chance to move to a higher position and earn more money
95	commitment	n	kə'mɪtmənt	LOYALTY	when you are willing to give your time and energy to something that you believe in
92	concerned	adj	kən's31nd	WORRIED	worried
93	dishonest	adj	dı'sɒnɪst		not honest and likely to lie or do something illegal
93	disorganised	adj	dı'sɔːgənaɪzd	EVENT	not planned or organised well
93	dissatisfied	adj	dıs'sætısfaıd		not pleased or happy with something
92	employer	n	ım'plɔɪə		a person or company that pays people to work for them
95	enthusiasm	n	ın'θjuːziæzəm		when you feel very interested in something and would very much like to be involved in it
95	enthusiastic	adj	ın,θjuːzi'æstık		showing enthusiasm
92	flexible	adj	'fleksɪbəl	ABLE TO CHANGE	able to change or be changed easily according to the situation
92	inexperienced	adj	,ınık'spıəriəntst		without much experience or knowledge of something
93	irresponsible	adj	וזו'spønsəbl,		not thinking about the possible bad results of what you are doing
92	redundant	adj	rɪ'dʌndənt	NOT WORKING	not working because your employer has told you there is not enough work
93	responsibility	n	rı,spønsə'bıləti		something that it is your job or duty to deal with
93	responsible	adj	rɪˈspɒnsəbl	JOB	showing good judgment and able to be trusted
92	routine	n	ruːˈtiːn	REGULAR ACTIVITY	the things you regularly do and how and when you do them
92	secure	adj	รɪˈkjʊə	SAFE	safe from danger
92	self-confident	adj	self 'kønfidənt		feeling sure about yourself and your abilities
92	support	n	sə'pɔːt	HELP	help or encouragement
92	uncertain	adj	۸n'sɜːtən	SITUATION	not known, or not completely certain
95	unemployment benefit	n	,ʌnɪmˈplɔɪmənt ˈbenɪfɪt		money that the government gives to people who don't have a job and are looking for a job

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
93	unsuccessful	adj	ˌʌnsəkˈsesfəl		not achieving what was wanted or intended

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
RS	accessible	adj	ək'sesəbl	FIND	easy to find or reach
101	bar	n	ba:	DRINKING	a place where alcoholic drinks are sold and drunk, or the area behind the person serving the drinks
98	canal	n	kə'næl		an artificial river built for boats to travel along or to take water where it is needed
101	clap	n	klæp		a sudden loud noise made by thunder
101	consist of sth	pv	kən'sıst vv		to be formed or made from two or more things
98	dam	n	dæm		a strong wall built across a river to stop the water and make a lake
99	economical	adj	liːkəˈnɒmɪkəl		not using a lot of money, fuel, etc.
99	environment	n	ın'vaırənmənt		the air, water and land in or on which people, animals and plants live
99	environmentally friendly	adj	ın,vaırən'mentəli 'frendli		not harmful to the environment
101	flash	n	flæ∫	BRIGHT LIGHT	a sudden bright light
98	flood	n	fl∧d	WATER	when a lot of water covers an area that is usually dry, especially when a river becomes too full
99	fossil fuel	n	'fɒsəl 'fjuːəl		fuels such as gas, coal and oil, which were formed underground from plant and animal remains millions of years ago
99	household	n	'haʊsəʊld		a family or group of people who live together in a house
98	lake	n	leīk		a large area of water which has land all around it
100	lightning	n	'laɪtnɪŋ		a sudden flash of light in the sky during a storm
99	litter	n	'lɪtə	WASTE	pieces of paper and other waste that are left in public places
101	pane	n	peɪn		a flat piece of glass in a window or door
98	pond	n	pond		a small area of water, especially one that has been made artificially in a park or garden
98	rapids	n (pl)	'ræpɪdz		a part of a river where the water moves very fast
99	recycle	V	riz'sazkəl,		to put used paper, glass, plastic, etc. through a process so that it can be used again
98	reservoir	n	'rezəvwaː		an artificial lake where water is stored before it goes to people's houses
98	river	n	'rɪvə		a long, natural area of water that flows across the land and into a sea, lake, or another river

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
RS	route	n	ruɪt	ROADS	the roads or paths you follow to get from one place to another place
99	rubbish	n	'r∧bɪ∫	WASTE	things that you throw away because you do not want them
99	second-hand	adj	'sekənd hænd		If something is second-hand, someone else owned or used it before you.
101	slice	n	slais		a flat piece of food that has been cut from a larger piece
100	storm	n	stɔːm		very bad weather with a lot of rain, snow, wind, etc.
98	stream	n	strixm		a small river
RS	tackle	V	'tækəl	DEAL WITH	to try to deal with a problem
100	traffic	n	'træfɪk	CARS ETC	the cars, trucks, etc using a road
RS	vegetation	n	,vedʒɪˈteɪ∫ən		plants and trees
98	waterfall	n	'wɔːtəfɔːl		a stream of water that flows from a high place, often to a pool below

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
104	appealing	adj	ə'piːlɪŋ		attractive or interesting
105	appetite	n	'æpɪtaɪt		the feeling that makes you want to eat
105	bitter	adj	'bɪtə	TASTE	having a strong, sharp, usually unpleasant taste
105	canned	adj	kænd		Canned food is sold in metal containers.
104	consume	V	kən'sjuːm	EAT OR DRINK	(formal) to eat or drink something
104	consumer	n	kən'sjuːmə	EAT OR DRINK	someone who eats or drinks something
105	dairy	adj	'deəri		relating to milk or products made using milk
104	finding	n	'faɪndɪŋ		(usually plural) a piece of information that has been discovered as a result of an official study
104	fizzy	adj	'fızi		A fizzy drink has lots of bubbles of gas in it.
104	flat	adj	flæt	WITHOUT GAS	If a drink is flat, it does not contain enough bubbles of gas.
104	flavour	n	'fleɪvə	TASTE	the taste of a particular type of food or drink
RS	grill	V	grɪl	COOK	to cook food using direct heat
104	influence	V	'ɪnfluəns		to affect or change how someone or something develops, behaves, or thinks
105	juicy	adj	'dʒuːsi	FOOD	full of juice
105	melt	V	melt	BECOME LIQUID	If something melts, it changes from a solid into a liquid because of heat and if you melt something, you heat it until it becomes liquid.
105	mild	adj	maɪld	WEAK	not having a strong effect
104	packaging	n	'pækɪdʒɪŋ		the paper, box, etc. that something is inside so that it can be sold or sent somewhere
RS	reject	V	ri'dʒekt	NOT ACCEPT	to refuse to accept or agree with something
105	rich	adj	rɪt∫	FOOD	Rich food has a lot of butter, cream, or eggs in it.
104	ripe	adj	raɪp		developed enough and ready to be eaten
105	rotten	adj	'rɒtən	DECAYING	Rotten vegetable or animal substances are decaying.
105	sense	n	sens	NATURAL ABILITY	one of the five natural abilities of sight, hearing, touch, smell, and taste

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
113	amount	n	ə'maʊnt		how much there is of something
113	challenge	n	't∫ælɪndʒ	DIFFICULT	something that is difficult and that tests someone's ability or determination
110	collector	n	kə'lektə	HOBBY	someone who collects objects because they are interesting or beautiful
113	collection	n	kə'lek∫ən	OBJECTS	a group of objects of the same type that have been collected by one person or in one place
111	condition	n	kən'dı∫ən	STATE	the state that something or someone is in
113	delightful	adj	dı'laɪtfəl		very pleasant, attractive, or enjoyable
113	elegant	adj	'elɪgənt		stylish or attractive in appearance or behaviour
113	exceptional	adj	ık'sep∫ənəl	GOOD	extremely good
RS	the former	р	ðə ˈfɔːmə		the first of two people or things that have just been talked about
RS	the latter	n	ðə 'lætə		the second of two people or things that have just been talked about
110	look after sb/sth	pv	lʊk ˈaːftə		to take care of or be in charge of someone or something
111	look at sth	pv	lʊk æt	EXAMINE	If someone, usually an expert, looks at something, they examine it.
111	look for sth/sb	pv	lʊk fɔː		to try to find someone or something
111	look into sth	pv	lok 'ıntuı		to examine the facts about a problem or situation
111	the look of	р	ðə lʊk əv		the appearance of someone or something
111	Look out!	р	lʊk aʊt		something you say when someone is in danger
113	massive	adj	'mæsɪv		very big
113	memory	n	'meməri	ABILITY	your ability to remember
113	obsession	n	əb'se∫ən		someone or something that you think about all the time
112	passion (for sth)	n	'pæ∫ən		an extreme interest in or wish for doing something, such as a hobby, activity, etc.
113	remarkable	adj	rɪ'maːkəbl		very unusual or noticeable in a way that you admire
113	scale	n	skeɪl	SIZE	the size or level of something
113	substantial	adj	səb'stæn∫əl	AMOUNT	large in amount
111	technique	n	tek'ni <u>r</u> k		a particular or special way of doing something
113	vast	adj	vaist		extremely big

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
118	alternative	n	vl'tɜːnətɪv		one of two or more things that you can choose between
118	biography	n	baɪˈɒgrəfi		the story of a person's life written by another person
117	calm sb/sth down	pv	kaːm daʊn		to stop feeling upset, angry, or excited, or to make someone stop someone feeling this way
117	come across sth	pv	kʌm əˈkrɒs		to find something by chance
119	come out	pv	kʌm aʊt	BECOME AVAILABLE	If a book, record, film, etc. comes out, it becomes available for people to buy or see.
117	come up with	pv	клт лр wɪð		to suggest or think of an idea or plan
117	cope	V	kəʊp		to deal quite successfully with a difficult situation
118	documentary	n	ុdøkjʊˈmentəri		a film or television programme that gives facts about a real situation or real people
117	doubtful	adj	'daʊtfəl	NOT CERTAIN	not feeling certain about something
118	effective	adj	ı'fektıv	ACHIEVING RESULT	successful or achieving the result that you want
116	extract	n	'ekstrækt	WRITING	a particular part of a book, poem, etc. that is chosen so that it can be used in a discussion, article, etc.
118	form	n	mːch	TYPE	a type of something or way of doing something
117	go ahead	pv	gəʊ əˈhed	START	to start to do something
117	go by	pv	gəʊ baɪ	TIME	If time goes by, it passes.
117	go off sb/sth	pv	gəʊ ɒf		to stop liking or being interested in someone or something
117	go through	pv	gəʊ θruː		to experience a difficult or unpleasant situation
117	go up	pv	gəʊ ʌp	INCREASE	to become higher in level
117	irritated	adj	'ırı,teıtıd		annoyed
116	nod	V	nυd		to move your head up and down as a way of agreeing, to give someone a sign, or to point to something
117	relieved	adj	rɪˈliːvd		feeling happy because something unpleasant did not happen or you are not worried about something any more
118	science fiction	n	saɪəns ˈfɪk∫ən		stories about life in the future or in other parts of the universe
118	strength	n	streŋθ	STRONG	when someone or something is strong
118	technological	adj	ˌteknəˈlɒdʒɪkəl		relating to, or involving, technology
118	threat	n	θret	DAMAGE	someone or something that is likely to cause harm or damage

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
118	thriller	n	'θrɪlə		a book or film with an exciting story, often about crime
118	visual	adj	'vɪʒuəl		relating to seeing

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125	ankle	n	'æŋkəl		the part of your leg that is just above your foot
125	bandage	n	'bændɪdʒ		a long piece of soft cloth that you tie around an injured part of the body
125	break	V	breīk	NOT WORK	If you break a machine, object, etc., or if it breaks, it stops working because it is damaged.
127	break	n	breik		where something has separated in an accident
125	break down	pv	breik daun		If a machine or vehicle breaks down, it stops working.
127	bug	n	bvg	ILLNESS	a bacteria or virus, or the illness that it causes
125	burn	V	рзги	DAMAGE	to (cause something to) be hurt, damaged or destroyed by fire or extreme heat
125	chest	n	t∫est	BODY	the front of your body between your neck and your waist
125	cough medicine	n	køf 'medisən		a type of sweet liquid medicine
125	Elastoplast ™	n	ı'læstəplæst		a common type of plaster (= a small piece of sticky material to cover and protect a cut in the skin)
125	elbow	n	'elbəʊ		the part in the middle of your arm where it bends
124	exercise	n	'eksəsaız	PHYSICAL ACTIVITY	physical activity that you do to make your body strong and healthy
124	exercise	V	'eksəsaız	BODY	to do physical activities to make your body strong and healthy
125	eyebrow	n	'aɪbraʊ		the thin line of hair that is above each eye
125	faint	V	feɪnt		to suddenly become unconscious for a short time, usually falling down onto the floor
125	graze	V	greiz	INJURE	to injure your skin by rubbing it against something rough
126	hurt	V	hɜːt	BE PAINFUL	If a part of your body hurts, it is painful.
125	jaw	n	dʒɔː		either of the two bones in your mouth that contain your teeth
125	knee	n	niː	LEG	the middle part of your leg where it bends
126	needle	n	'niːdl	MEDICAL	the thin, sharp, metal part of a piece of medical equipment used to take blood out of the body, or to put medicine or drugs in
125	on average	р	pn ˈævərɪdʒ		usually, or based on an average
125	on balance	р	vn 'bæləns		used to give your opinion after you have considered all the facts about something
125	on behalf of	р	טח bɪˈhaːf טע		representing; instead of

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
125	on condition that	р	ɒn kən'dı∫ən ðət		only if
125	on duty	р	νn 'djuːti		If a doctor, police officer, etc. is on duty, they are working, and if they are off duty, they are not working.
125	on offer	р	on 'pfə		at a cheaper price than usual
125	on purpose	р	n 'psːpəs		intentionally
125	plaster	n	'plaːstə	FOR CUTS	a small piece of sticky material that you put on cuts on your body
127	scar	n	skar	BODY	a permanent mark left on the body from a cut or other injury
125	spot	n	spøt	SKIN	an unpleasant, small, red mark on your skin
125	sprain	V	sprein		to injure part of your body by twisting it, but not so badly that it breaks
125	sting	V	stɪŋ	CAUSE PAIN	If an insect, plant, etc. stings you, it causes pain by putting poison into your skin.
125	stitch		stɪt∫		(usually plural) a length of special thread used to join the edges of a deep cut in the flesh
127	surgery	n	'sɜːdʒəri	TREATMENT	when a doctor cuts your body open and repairs or removes something
127	sweat	n	swet		the salty colourless liquid that comes through your skin when you are hot, nervous or ill
127	symptom	n	'sɪmptəm	ILLNESS	a physical feeling or problem which shows that you have a particular illness
125	thigh	n	θаι		the top part of your leg above your knee
125	waist	n	weist	BODY	the part around the middle of your body where you wear a belt
127	ward	n	b:cw		a room in a hospital where people receiving treatment stay, often for the same type of illness
125	wrist	n	rɪst		the part of your body between your hand and your arm

Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
133	accuse	V	ə'kjuːz		to say that someone has done something bad
130	arrest	V	ə'rest		If the police arrest someone, they take them away to ask them about a crime which they might have committed.
132	burglar	n	'bɜːglə		someone who gets into buildings illegally and steals things
133	cell	n	sel	ROOM	a small room in a prison or police station where a prisoner is kept
133	charge	V	t∫aːdʒ	ACCUSE	If the police charge someone, they accuse them officially of a crime.
130	commit a crime	р	kə'mɪt ə kraim	CRIME	to do something that is considered wrong, or that is illegal
130	court	n	kɔːt	LAW	the place where a judge decides whether someone is guilty of a crime
131	criminal	n	'krımınəl		someone who has committed a crime
132	detective	n	dɪˈtektɪv		someone, especially a police officer, whose job is to discover information about a crime
131	DNA	n	,diren'er		deoxyribonucleic acid; a chemical in the cells of living things which contains genetic information
131	evidence	n	'evɪdəns	LAW	information that is given or objects that are shown in a court of law to help to prove if someone has committed a crime
130	fine	V	fain		to make someone pay an amount of money as a punishment for breaking a law or rule
132	fine	n	fain		an amount of money that you must pay for breaking a law or rule
131	fingerprint	n	'fɪŋgəprɪnt		the mark made on something by the pattern of curved lines on the end of someone's finger
130	forensic	adj	fə'rensık		relating to scientific methods of solving crimes
130	guilty	adj	'gɪlti	LAW	having broken a law
133	illegal	adj	ı'liːgəl		not allowed by law
131	innocent	adj	'ɪnəsənt	NOT GUILTY	not guilty of committing a crime
133	jury	n	'dʒʊəri	LAW	a group of people in a court of law who decide if someone is guilty or not
133	kidnap	V	'kɪdnæp		to take someone away using force, usually to obtain money in exchange for releasing them
133	offence	n	ə'fens	CRIME	a crime

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
133	penalty	n	'penəlti	PUNISHMENT	a punishment for doing something which is against a law or rule
133	pickpocket	n	'pɪkˌpɒkɪt		someone who steals things from people's pockets
130	proof	n	pruːf		a fact or a piece of information that shows something exists or is true
133	punishment	n	'p∧nɪ∫mənt		when someone is punished
132	robbery	n	'røbəri		the crime of stealing from someone or somewhere
133	sentence	V	'sentəns		to give a punishment to someone who has committed a crime
133	shoplift	V	'∫ɒplɪft		to take goods illegally from a shop without paying for them
132	steal	V	stiːl		to secretly take something that does not belong to you, without intending to return it
130	suspect	n	'sʌspekt		someone who may have committed a crime
133	suspicious	adj	səˈspɪ∫əs	WRONG/BAD	making you feel that something is wrong or that something bad or illegal is happening
130	take sb to court	р	teik tui koit		to take legal action against someone
132	thief	n	θiːf		someone who steals things
131	trace	n	treis		a small amount of something
133	trial	n	traɪəl	LAW	a legal process to decide if someone is guilty of a crime

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
138	absence	n	'æbsəns	NOT EXIST	when something does not exist
136	architecture	n	'aːkɪtekt∫ə	STYLE	the design and style of buildings
136	collection	n	kə'lek∫ən	TAKING AWAY	when something is taken away from a place
136	community	n	kə'mjuːnəti	AREA	the people living in a particular area
138	consumer	n	kən'sjuːmə		someone who buys or uses goods or services
138	cut	n	kлt		an electricity/power cut is when the supply of electricity suddenly stops
136	environmental	adj	ın,vaırən'mentəl		relating to the environment
138	lack	n	læk		when something is not available or when there is not enough of it
138	level	n	'levəl	AMOUNT	the amount or number of something
138	lifestyle	n	'laɪfstaɪl		the way that you live
136	lighting	n	'laɪtɪŋ		the light created by electrical equipment, candles, etc.
136	maintenance	n	'meɪntənəns	WORK	the work that is done to keep something in good condition
136	mall	n	lıcm		a large, covered shopping area
136	neighbourhood	n	'neɪbəhʊd		an area of a town or city that people live in
138	pollution	n	pəˈluː∫ən		damage caused to water, air, etc. by harmful substances or waste
136	property	n	'prøpəti	BUILDING	a building or area of land
136	regulation	n	ˌregjəˈleɪ∫ən	RULE	an official rule that controls how something is done
139	renew	V	rɪ'njuː	MAKE NEW	to increase the life of or replace something old
139	renewal	n	rɪˈnjuːəl		when you renew something
136	requirement	n	rɪˈkwaɪəmənt		something that is needed or demanded
136	resident	n	'rezɪdənt	PERSON	someone who lives in a particular place
138	shortage	n	'∫ɔːtɪdʒ		when there is not enough of something
138	suburb	n	'sʌbɜːb		an area where people live outside the centre of a city
136	suburban	adj	sə'bɜːbən		relating to a suburb
138	system	n	'sɪstəm	METHOD	a way or method of doing things
136	traffic jam	n	'træfik dʒæm		a line of cars, trucks, etc. that are moving slowly or not moving at all
136	urban	adj	'ɜːbən		belonging or relating to a town or city

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
145	audience	n	'ɔːdiəns	GROUP	the people who sit and watch a performance at a theatre, cinema, etc.
142	choir	n	kwaiə		a group of people who sing together
145	composer	n	kəm'pəʊzə		someone who writes music
145	composition	n	ˌkømpəˈzɪ∫ən	MUSIC	a piece of music that someone has written
142	conductor	n	kən'd∧ktə	MUSIC	someone who stands in front of a group of musicians or singers and controls their performance
142	festival	n	'festɪvəl	PERFORMANCE	a series of special events, performances, etc. that often takes place over several days
142	gig	n	gıg		a performance of pop or rock music
145	impression	n	ɪm'pre∫ən	EFFECT	the way that something seems, looks or feels to a particular person
145	memorable	adj	'memrəbəl		If an occasion is memorable, you will remember it for a long time because it is so good.
142	musician	n	mjuːˈzɪ∫ən		someone who plays a musical instrument, often as a job
142	orchestra	n	'ɔːkɪstrə	MUSIC	a large group of musicians who play different instruments together
145	orchestral	adj	ɔːˈkestrəl		of or belonging to an orchestra
143	organiser (UK)/ organizer	n	'ɔːgənaɪzə		someone who plans an event or activity
142	participate	V	paːˈtɪsɪpeɪt		to be involved with other people in an activity
145	partnership	n	'paːtnə∫ɪp	WORKING TOGETHER	when two people or organizations work together to achieve something
142	perform	V	pə'fɔːm	ENTERTAIN	to entertain people by acting, singing, dancing, etc.
142	performer	n	pə'fɔːmə		a person who entertains people by acting, singing, dancing or playing music
142	rehearsal	n	rɪ'hɜːsəl		a time when all the people involved in a play, dance, etc. practise in order to prepare for a performance
142	solo	n	'səʊləʊ		a piece of music for one person or one instrument
143	specialise (UK)/ specialize	V	'spe∫əlaīz		to spend most of your time studying one particular subject or doing one type of business
143	venue	n	'venjuː		a place where a sports game, musical performance, or special event happens
		adj	juːˈniːk	SPECIAL	unusual and special

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
148	ash	n	æſ	POWDER	the soft grey or black powder that is left after a substance, especially tobacco, coal or wood, has burnt
149	break off (sth) or break (sth) off	pv	breik of		to end (something) suddenly
149	call off sth or call sth off	pv	kɔːl ɒf		to decide that a planned event, especially a sports event, will not happen, or to end an activity because it is no longer useful or possible
148	crack	n	kræk	LINE	a line on the surface of something that is damaged
149	cut sb/sth off or cut off sb/sth	pv	knt of		to cause a person or place to become separate, or cause someone to be or feel alone
149	damage	V	'dæmɪdʒ		to harm or break something
151	damp	adj	dæmp		slightly wet, usually in an unpleasant way
RS	drought	n	draut		a long period when there is no rain and people do not have enough water
149	earthquake	n	'3ːθkweɪk		a sudden movement of the Earth's surface, often causing severe damage
148	eruption	n	ı'r∧p∫ən		when a volcano explodes and flames and rocks come out of it
148	gas	n	gæs	SUBSTANCE	a substance in a form like air and not solid or liquid
151	humid	adj	'hjuːmɪd		Humid air or weather is hot and slightly wet.
151	hurricane	n	'hʌrɪkən		a violent storm with very strong winds
149	injure	V	'ɪndʒə		to hurt a person, animal, or part of your body
149	invaluable	adj	ɪnˈvæljʊbl		extremely useful
149	let off sb or let sb off	pv	let of		to not punish someone who has committed a crime or done something wrong, or to not punish them severely
149	log off	pv	log of		to stop a computer being connected to a computer system, usually when you want to stop working
148	peak	n	pizk	MOUNTAIN TOP	the top of a mountain, or the mountain itself
149	planet	n	'plænɪt		a large, round object in space that moves around the sun or another star
149	preserve	V	prī'zɜːv	KEEP THE SAME	to keep something the same or prevent it from being damaged or destroyed
149	priceless	adj	'praɪsləs	IMPORTANT	very important or useful
149	send off sth or send sth off	pv	send of		to send a letter, document or parcel by post

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
149	sensitive	adj	'sensitiv	EASILY UPSET	easily upset by the things people say or do
148	shake	V	∫eīk	MOVE	to make quick, short movements from side to side or up and down, or to make something or someone do this
149	tell off sb or tell sb off	pv	tel øf		to speak angrily to someone because they have done something wrong
148	thunder	n	'θʌndə		the loud noise in the sky that you hear during a storm
148	tremble	V	'trembl		to shake slightly, especially because you are nervous, frightened, or cold
151	undo	V	ʌnˈduː	OPEN	to open something that is tied or fastened
151	unfasten	V	λn'faːsən		to open something that is closed or fixed together
151	untie	V	Λη'taɪ		to open a knot or something that has been tied with a knot
151	unwrap	V	лп'ræp		to remove the paper, cloth, etc. that is covering something
149	volcano	n	vɒl'keɪnəʊ		a mountain with a large hole at the top which sometimes explodes and produces hot, melted rock and smoke
151	weather forecast	n	'weðə 'fɔːkaːst		a description of what the weather will be like
149	wear off	pv	weə pf		If a feeling or the effect of something wears off, it gradually disappears.

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
154	apology	n	ə'pɒlədʒi		something you say or write to say that you are sorry about something you have done
154	apparently	adv	ə'pærəntli	OTHERS SAY	used to say that you have read or been told something although you are not certain it is true
154	cashpoint	n	'kæ∫pɔɪnt		a machine, usually in a wall outside a bank, that you can get money from using a plastic card
156	catch up on sth	pv	kæt∫ ∧p øn		to do something that you did not have time to do earlier
158 WF12	comedian	n	kə'miːdiən		someone who entertains people by telling jokes
154	comedy	n	'kɒmədi		entertainment such as a film, play, etc which is funny
157	complaint	n	kəm'pleɪnt	NOT SATISFACTORY	when someone says that something is wrong or not satisfactory
155	disguise	n	dīs'gaīz		clothes and other things that you wear to change the way you look so that people cannot recognize you
154	disguise	v	dīs'gaīz		to give a new appearance to a person or thing, especially in order to hide its true form
157	earnings	n	'ɜːnɪŋz		money that you get from working
157	estimate	V	'estɪmeɪt		to guess the cost, size, value, etc. of something
156	get sth over with	pv	get 'əʊvə wɪð		to do or finish an unpleasant but necessary piece of work or duty so that you do not have to worry about it in the future
157	hang around (with sb)	pv	hæŋ əˈraʊnd		to spend time (with someone)
157	humour	n	'hjuːmə	ABILITY	the ability to laugh and recognize that something is funny
155	ignore	V	ɪg'nɔː		to pay no attention to something or someone
157	have a bad/ good influence on	р	hæv ə bæd/gʊd 'ɪnfluəns ɒn	PERSON/THING	to have the power to have an effect on people or things
154	key in sth or key sth in	pv	kiː ɪn		to put information into a computer or a machine using a keyboard
156	keep up sth or keep sth up	pv	kirp vb		to not allow something that is at a high level to fall to a lower level
157	landlord/ landlady	n	'lænlɔːd/'lænleɪdi		a man/woman who you rent a room or house from
156	look up sth or look sth up	pv	Ιυκ νρ		to try to find a piece of information by looking in a book or on a computer
154	make for	pv	meɪk fɔː		to move towards a place

Page no. or Recording script (RS)	Headword	Part of speech	Phonetics	Guideword	Definition
156	make sth/sb out	pv	meik aut		to see, hear or understand something or someone with difficulty
155	make up for sth	pv	meik vb to:		to reduce the bad effect of something, or make something bad become something good
156	pick up sth or pick sth up	pv	рік лр		to learn a new skill or language by practising it rather than being taught it
156	put off sb or put sb off	pv	put of		to make someone dislike something or someone, or to discourage someone from doing something
155	put out sth or put sth out	pv	put aut	STOP BURNING	to make something that is burning, such as a fire or cigarette, stop burning
155	put up a fight	pv	pυt ∧p ə faɪt		to show or express a particular type of opposition to something
156	put up with sb/ sth	pv	ρυτ λρ ωιδ		to accept unpleasant behaviour or an unpleasant situation, although you do not like it
154	rule	n	ruːl	INSTRUCTION	an official instruction about what you must or must not do
157	star	V	star		If you star in a film, play, etc., you are the main person in it.
157	start out	pv	staːt aʊt		to begin your life, or the part of your life when you work, in a particular way
157	take off sth or take sth off	pv	teik of	NOT WORK	to spend time away from your work
154	treatment	n	'triːtmənt	MEDICAL	something which you do to try to cure an illness or injury, especially something suggested or done by a doctor
157	weird	adj	wied		very strange
157	work on sth	pv	wsik pn		to spend time repairing or improving something
156	work out sth or work sth out	pv	wɜːk aʊt	PROBLEM	to understand something or to find the answer to something by thinking about it