Advanced Analysis

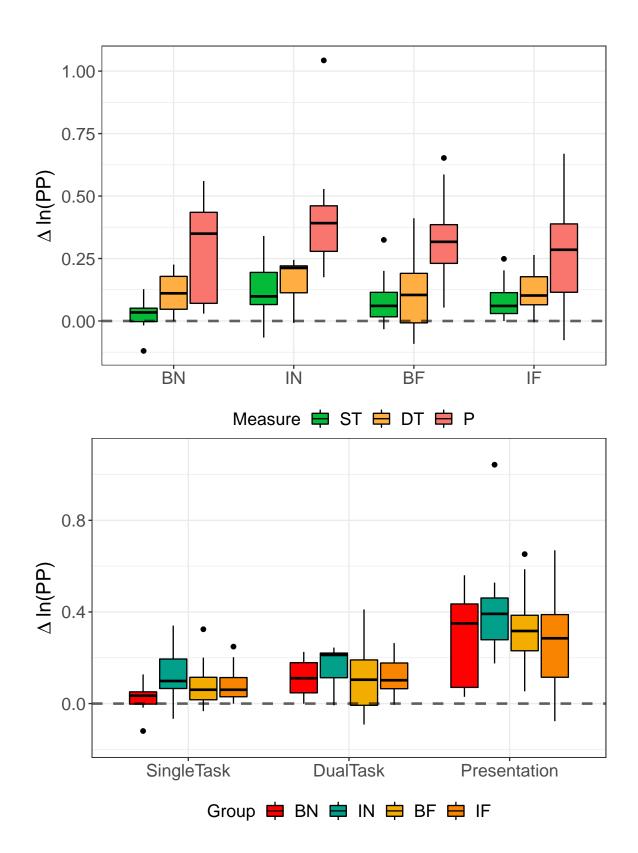
PP, 4 Groups:

Stress Levels Across Activities

```
Our Linear Model:
```

```
\Delta ln(\bar{PP}) = 1 + Group + Activity + 1 | Subject
```

```
## Linear mixed-effects model fit by REML
## Data: diff_df
##
          AIC
                   BIC
                         logLik
##
    -213.5853 -184.2211 115.7927
##
## Random effects:
## Formula: ~1 | Subject
         (Intercept) Residual
## StdDev: 0.06091274 0.1132371
##
## Fixed effects: PP ~ 1 + Group + Activity
                   Value Std.Error DF t-value p-value
## (Intercept) 0.05156410 0.03095955 146 1.665531 0.0980
## GroupIN 0.07925830 0.03622203 47 2.188124 0.0337
## GroupBF
              0.03363399 0.03559917 47 0.944797 0.3496
## GroupIF 0.02112532 0.03512462 47 0.601439 0.5504
## ActivityB -0.02876631 0.02268813 146 -1.267901 0.2069
## ActivityDT 0.03645022 0.02242428 146 1.625480 0.1062
              0.23776070 0.02269128 146 10.478065 0.0000
## ActivityP
## Correlation:
             (Intr) GropIN GropBF GropIF ActvtB ActvDT
##
## GroupIN
             -0.688
## GroupBF
             -0.698 0.596
## GroupIF
             -0.708 0.604 0.615
## ActivityB -0.362 0.000 0.007 0.006
## ActivityDT -0.362 0.000 0.000 0.000 0.494
## ActivityP -0.362 0.014 0.000 0.000 0.488 0.494
## Standardized Within-Group Residuals:
                      Q1
                                 Med
                                              QЗ
## -2.81179604 -0.45901472 -0.06617092 0.41949537 5.18908197
##
## Number of Observations: 200
## Number of Groups: 51
```

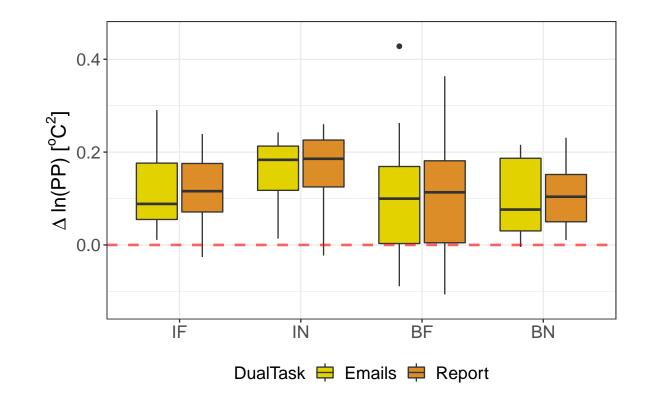


Stress Levels for Dual Task

```
Our Linear Model:
```

```
\Delta ln(\bar{PP}) = 1 + Group + DualTask + 1|Subject
```

```
## Linear mixed-effects model fit by REML
## Data: total_df
##
         AIC
                   BIC
                         logLik
##
    -242.319 -224.4419 128.1595
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept)
                        Residual
## StdDev: 0.09434278 0.02582581
##
## Fixed effects: PP ~ 1 + Group + DualTask
##
                      Value Std.Error DF
                                           t-value p-value
## (Intercept)
                 0.09955053 0.03213526 49 3.0978596 0.0032
## GroupIN
                 0.05905911 0.04166913 46 1.4173347 0.1631
## GroupBF
                 0.00871294 0.04166913 46 0.2090983 0.8353
## GroupIF
                 0.01385414 0.04051677 46 0.3419359 0.7340
## DualTaskReport 0.00574647 0.00516516 49 1.1125435 0.2713
## Correlation:
##
                 (Intr) GropIN GropBF GropIF
## GroupIN
                 -0.766
## GroupBF
                 -0.766 0.591
## GroupIF
                 -0.788 0.608 0.608
## DualTaskReport -0.080 0.000 0.000 0.000
##
## Standardized Within-Group Residuals:
          Min
                       Q1
                                  Med
## -1.93774892 -0.38963744 0.00213078 0.40140242 1.92401086
## Number of Observations: 100
## Number of Groups: 50
```



```
## Paired t-test
## For IF, p = 0.5208 > 0.05
## Paired t-test
## For IN, p = 0.4597 > 0.05
## Paired t-test
## For BF, p = 0.751 > 0.05
```

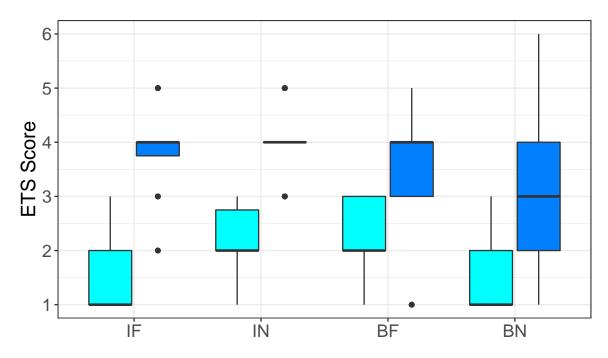
Paired t-test
For BN, p = 0.4167 > 0.05

Linear Modelling for Writing Quality

Our Linear Model:

WritingQuality = 1 + Group + Activity + 1|Subject

```
## Linear mixed-effects model fit by REML
## Data: full_df
##
         AIC
                  BIC
                         logLik
##
    814.8919 842.8146 -400.4459
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept) Residual
##
## StdDev: 0.7374618 0.5464401
##
## Fixed effects: Score ~ 1 + Group + Activity
                  Value Std.Error DF t-value p-value
## (Intercept) 1.6564731 0.2319287 351 7.14217 0.0000
## GroupIN
          0.4285587 0.3034433 48 1.41232 0.1643
## GroupBF
             0.4207053 0.3191191 48 1.31833 0.1936
## GroupIF
              0.1373943 0.3091324 48 0.44445 0.6587
## ActivityDT 1.8366337 0.0543728 351 33.77853 0.0000
## Correlation:
##
             (Intr) GropIN GropBF GropIF
## GroupIN
             -0.754
## GroupBF
             -0.717 0.548
## GroupIF
             -0.740 0.566 0.538
## ActivityDT -0.117 0.000 0.000 0.000
## Standardized Within-Group Residuals:
          Min
                       Q1
                            Med
                                              QЗ
## -2.69792826 -0.70715999 -0.02912959 0.74059321 2.49318766
## Number of Observations: 404
## Number of Groups: 52
```



Activity 🖨 ST ᄇ DT

Activity	Group	n
ST	BN	45
ST	IN	58
ST	BF	47
ST	IF	52
DT	BN	45
DT	IN	58
DT	BF	47
DT	IF	52

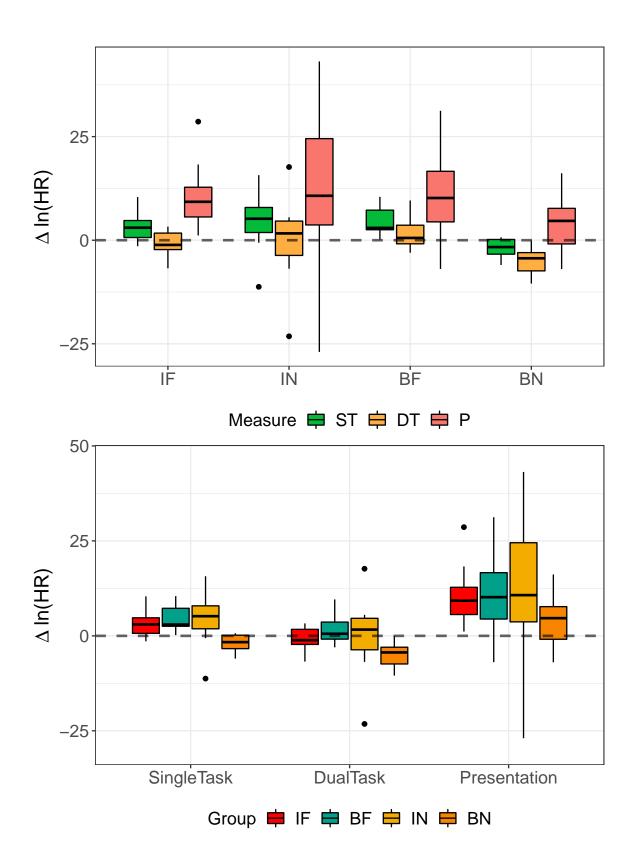
HR, 4 Groups:

Stress Levels Across Activities

Our Linear Model:

```
\Delta \bar{HR} = 1 + Group + Activity + 1|Subject
```

```
## Linear mixed-effects model fit by REML
## Data: diff_df
##
         AIC
                  BIC
                         logLik
##
    1254.437 1283.273 -618.2186
##
## Random effects:
## Formula: ~1 | Subject
##
          (Intercept) Residual
## StdDev:
             4.97023 5.689257
##
## Fixed effects: HR ~ 1 + Group + Activity
                  Value Std.Error DF t-value p-value
## (Intercept) -0.885644 2.046130 137 -0.432838 0.6658
## GroupIN 4.278192 2.467344 45 1.733926 0.0898
## GroupBF
               6.069422 2.430091 45 2.497611 0.0162
## GroupIF
              4.094181 2.590288 45 1.580589 0.1210
## ActivityB -2.462404 1.149404 137 -2.142332 0.0339
## ActivityDT -3.730290 1.149404 137 -3.245413 0.0015
             7.202201 1.207142 137 5.966327 0.0000
## ActivityP
## Correlation:
             (Intr) GropIN GropBF GropIF ActvtB ActvDT
##
## GroupIN
             -0.734
## GroupBF
             -0.744 0.618
## GroupIF
             -0.698 0.580 0.589
## ActivityB -0.281 0.000 0.000 0.000
## ActivityDT -0.281 0.000 0.000 0.000 0.500
## ActivityP -0.260 -0.001 -0.013 -0.010 0.476 0.476
## Standardized Within-Group Residuals:
                       Q1
                                 Med
                                              QЗ
## -3.59568167 -0.40905907 0.02708004 0.35913603 4.51555818
##
## Number of Observations: 189
## Number of Groups: 49
```

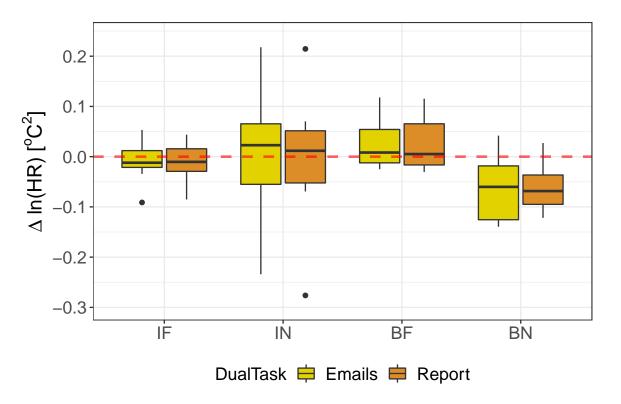


Stress Levels for Dual Task

Number of Observations: 96

Number of Groups: 48

```
Our Linear Model:
                      \Delta \bar{HR} = 1 + Group + DualTask + 1|Subject
## Linear mixed-effects model fit by REML
## Data: total_df
##
          AIC
                    BIC
                           logLik
##
     -312.3311 -294.7551 163.1655
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept)
                        Residual
## StdDev: 0.06913645 0.01468389
##
## Fixed effects: HR ~ 1 + Group + DualTask
##
                       Value Std.Error DF
                                               t-value p-value
## (Intercept)
                 -0.06062827 0.023352067 47 -2.5962698 0.0125
## GroupIN
                  0.06472257 0.029869574 44 2.1668393 0.0357
## GroupBF
                  0.08704844 0.029869574 44 2.9142846 0.0056
## GroupIF
                  0.05357653 0.031423010 44 1.7050094 0.0952
## DualTaskReport -0.00287140 0.002997337 47 -0.9579828 0.3430
## Correlation:
##
                  (Intr) GropIN GropBF GropIF
## GroupIN
                 -0.779
                 -0.779 0.609
## GroupBF
                 -0.740 0.579 0.579
## GroupIF
## DualTaskReport -0.064 0.000 0.000 0.000
##
## Standardized Within-Group Residuals:
           Min
                          Q1
## -1.889191063 -0.417144413 -0.001957543 0.361793415 2.070980710
```



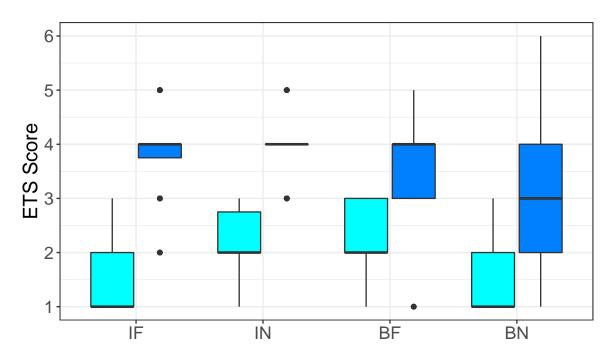
```
## Paired t-test
## For IF, p = 0.8626 > 0.05
## Paired t-test
## For IN, p = 0.1416 > 0.05
## Paired t-test
## For BF, p = 0.9277 > 0.05
## Paired t-test
## For BN, p = 0.7531 > 0.05
```

Linear Modelling for Writing Quality

Our Linear Model:

WritingQuality = 1 + Group + Activity + 1|Subject

```
## Linear mixed-effects model fit by REML
## Data: full_df
##
         AIC
                  BIC
                         logLik
##
    814.8919 842.8146 -400.4459
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept) Residual
##
## StdDev: 0.7374618 0.5464401
##
## Fixed effects: Score ~ 1 + Group + Activity
                  Value Std.Error DF t-value p-value
## (Intercept) 1.6564731 0.2319287 351 7.14217 0.0000
## GroupIN
          0.4285587 0.3034433 48 1.41232 0.1643
## GroupBF
             0.4207053 0.3191191 48 1.31833 0.1936
## GroupIF
              0.1373943 0.3091324 48 0.44445 0.6587
## ActivityDT 1.8366337 0.0543728 351 33.77853 0.0000
## Correlation:
##
             (Intr) GropIN GropBF GropIF
## GroupIN
             -0.754
## GroupBF
             -0.717 0.548
## GroupIF
             -0.740 0.566 0.538
## ActivityDT -0.117 0.000 0.000 0.000
## Standardized Within-Group Residuals:
          Min
                       Q1
                            Med
                                              QЗ
## -2.69792826 -0.70715999 -0.02912959 0.74059321 2.49318766
## Number of Observations: 404
## Number of Groups: 52
```



Activity 🖨 ST ᄇ DT

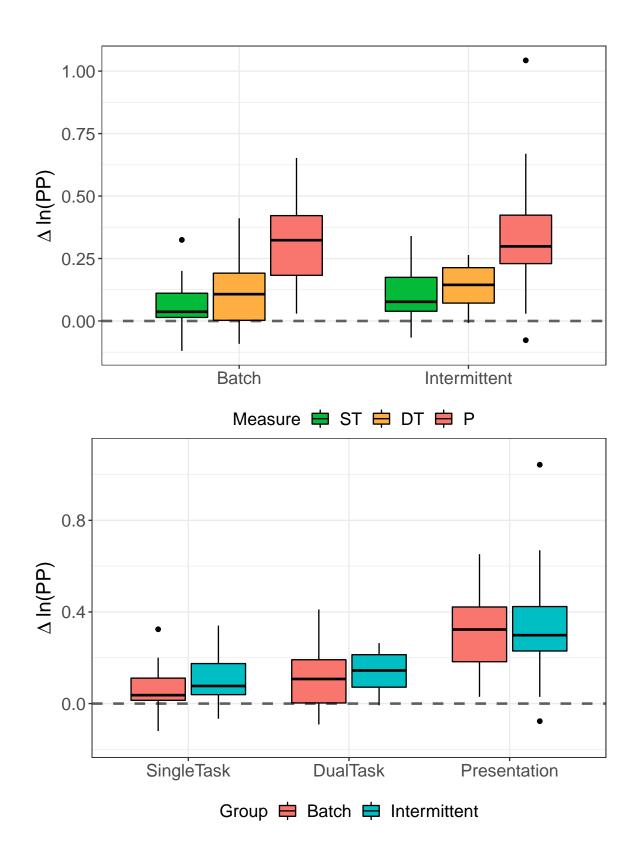
Activity	Group	n
ST	BN	45
ST	IN	58
ST	BF	47
ST	IF	52
DT	BN	45
DT	IN	58
DT	BF	47
DT	IF	52

PP, 2 Groups:

Stress Levels Across Activities

Number of Groups: 51

```
Our Linear Model:
                     \Delta ln(\bar{PP}) = 1 + Group + Activity + 1|Subject
## Linear mixed-effects model fit by REML
## Data: diff_df
##
          AIC
                    BIC logLik
##
    -223.2959 -200.3849 118.648
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept) Residual
## StdDev: 0.06373975 0.1131608
##
## Fixed effects: PP ~ 1 + Group + Activity
                          Value Std.Error DF t-value p-value
##
## (Intercept)
                    0.07205950 0.02248987 146 3.204088 0.0017
## GroupIntermittent 0.02760173 0.02409844 49 1.145374 0.2576
## ActivityB -0.02859734 0.02267348 146 -1.261268 0.2092
                   0.03645022 0.02240918 146 1.626576 0.1060
## ActivityDT
## ActivityP
                     0.23710316 0.02267461 146 10.456771 0.0000
## Correlation:
                    (Intr) GrpInt ActvtB ActvDT
## GroupIntermittent -0.588
## ActivityB
                    -0.492 -0.001
## ActivityDT
                    -0.498 0.000 0.494
## ActivityP
                    -0.498 0.010 0.488 0.494
##
## Standardized Within-Group Residuals:
          Min
                       Q1
                                  Med
## -2.88763667 -0.44455680 -0.09344073 0.43010634 5.28658361
## Number of Observations: 200
```

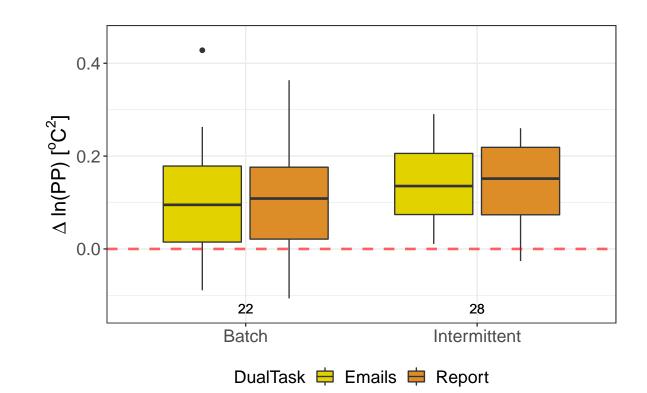


Stress Levels for Dual Task

Number of Observations: 100

Number of Groups: 50

```
Our Linear Model:
                     \Delta ln(\bar{PP}) = 1 + Group + DualTask + 1|Subject
## Linear mixed-effects model fit by REML
## Data: total_df
##
          AIC
                     BIC
                           logLik
##
    -254.0418 -241.1683 132.0209
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept)
                         Residual
## StdDev: 0.09391864 0.02582581
##
## Fixed effects: PP ~ 1 + Group + DualTask
##
                          Value
                                Std.Error DF t-value p-value
## (Intercept)
                    0.10469908 0.020561361 49 5.092031 0.0000
## GroupIntermittent 0.02969360 0.027258676 48 1.089327 0.2814
## DualTaskReport
                     0.00574647 0.005165162 49 1.112544 0.2713
## Correlation:
##
                     (Intr) GrpInt
## GroupIntermittent -0.742
## DualTaskReport
                    -0.126 0.000
##
## Standardized Within-Group Residuals:
                          Q1
## -1.932781106 -0.365497754 0.008058312 0.375388557 1.928979053
##
```



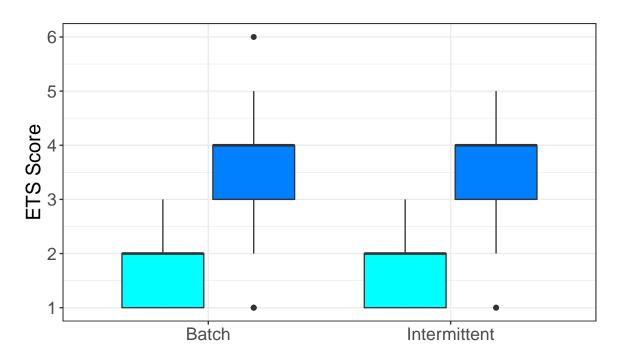
Paired t-test ## For Intermittent, p = 0.3135 > 0.05

Linear Modelling for Writing Quality

Our Linear Model:

WritingQuality = 1 + Group + Activity + 1 | Subject

Linear mixed-effects model fit by REML ## Data: full_df ## AIC BIC logLik ## 812.652 832.6218 -401.326 ## ## Random effects: ## Formula: ~1 | Subject (Intercept) Residual ## ## StdDev: 0.7456625 0.5463159 ## ## Fixed effects: Score ~ 1 + Group + Activity ## Value Std.Error DF t-value p-value 1.9034998 0.15392016 351 12.36680 0.0000 ## (Intercept) ## GroupIntermittent 0.0223334 0.21479505 50 0.10398 0.9176 1.8366337 0.05436047 351 33.78620 0.0000 ## ActivityDT ## Correlation: (Intr) GrpInt ## GroupIntermittent -0.694 ## ActivityDT -0.177 0.000 ## ## Standardized Within-Group Residuals: ## Min Q1 QЗ Med ## -2.719407670 -0.704546662 -0.001241215 0.726094288 2.472887653 ## Number of Observations: 404 ## Number of Groups: 52



Activity 🖨 ST 🖨 DT

Activity	Group	n
ST	Batch	103
ST	Intermittent	99
DT	Batch	103
DT	Intermittent	99

HR, 2 Groups:

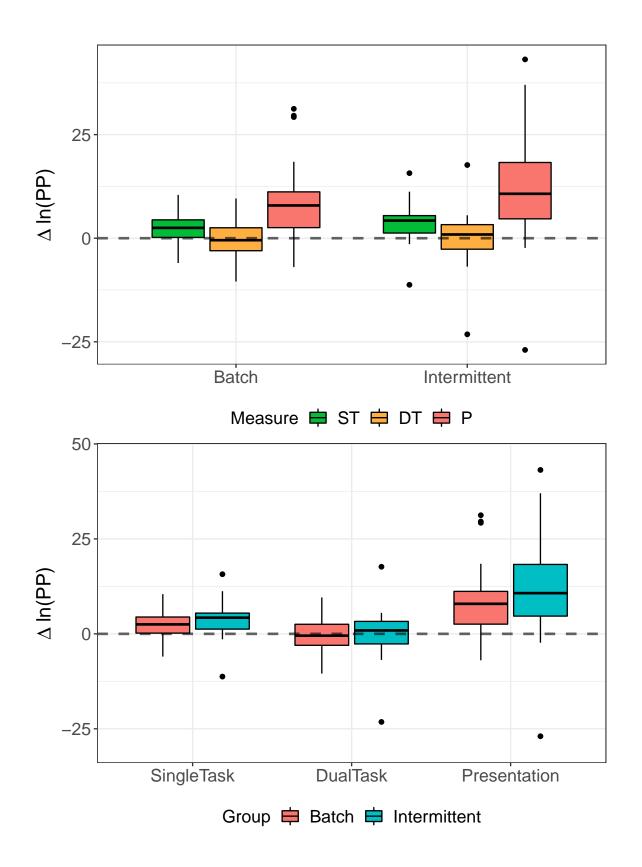
Stress Levels Across Activities

Number of Observations: 189

Number of Groups: 49

Our Linear Model:

```
\Delta \bar{HR} = 1 + Group + Activity + 1|Subject
## Linear mixed-effects model fit by REML
## Data: diff_df
##
         AIC
                  BIC
                         logLik
##
    1263.631 1286.135 -624.8154
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept) Residual
## StdDev: 5.265315 5.688525
##
## Fixed effects: HR ~ 1 + Group + Activity
##
                        Value Std.Error DF
                                            t-value p-value
## (Intercept)
                    2.917119 1.412513 137 2.065198 0.0408
## GroupIntermittent 0.385465 1.718789 47 0.224265 0.8235
## ActivityB -2.462404 1.149255 137 -2.142608 0.0339
                   -3.730290 1.149255 137 -3.245831 0.0015
## ActivityDT
## ActivityP
                    7.236803 1.207183 137 5.994786 0.0000
## Correlation:
                    (Intr) GrpInt ActvtB ActvDT
## GroupIntermittent -0.621
                    -0.407 0.000
## ActivityB
## ActivityDT
                   -0.407 0.000 0.500
## ActivityP
                    -0.390 0.004 0.476 0.476
##
## Standardized Within-Group Residuals:
          Min
                       Q1
                                 Med
## -3.51427366 -0.38364517 -0.02197133 0.34038343 4.48138157
```

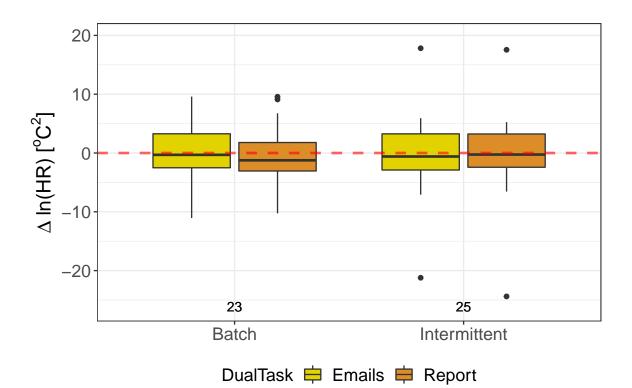


Stress Levels for Dual Task

Number of Observations: 96

Number of Groups: 48

```
Our Linear Model:
                      \Delta \bar{HR} = 1 + Group + DualTask + 1|Subject
## Linear mixed-effects model fit by REML
## Data: total_df
##
          AIC
                   BIC
                          logLik
##
     492.5249 505.1879 -241.2625
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept) Residual
##
             6.016257 1.111417
## StdDev:
##
## Fixed effects: HR ~ 1 + Group + DualTask
##
                          Value Std.Error DF
                                                t-value p-value
## (Intercept)
                    -0.6280509 1.2702091 47 -0.4944468 0.6233
## GroupIntermittent 0.3254378 1.7530211 46 0.1856440 0.8535
## DualTaskReport
                    -0.1808579 0.2268671 47 -0.7971979 0.4293
## Correlation:
##
                     (Intr) GrpInt
## GroupIntermittent -0.719
## DualTaskReport
                    -0.089 0.000
##
## Standardized Within-Group Residuals:
                          Q1
## -2.103401267 -0.397769399 0.007921389 0.384854891 2.328488769
##
```



```
## Paired t-test ## For Batch, p = 0.8989 > 0.05
```

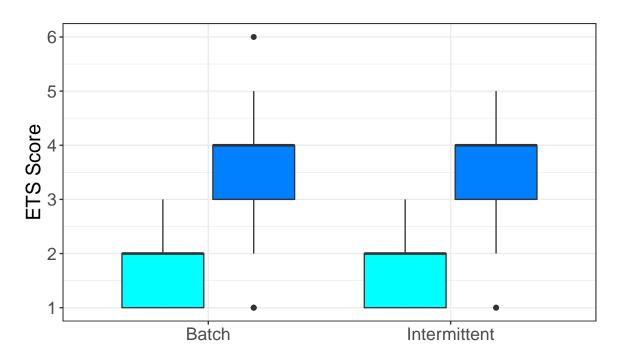
Paired t-test ## For Intermittent, p = 0.2465 > 0.05

Linear Modelling for Writing Quality

Our Linear Model:

WritingQuality = 1 + Group + Activity + 1 | Subject

Linear mixed-effects model fit by REML ## Data: full_df ## AIC BIC logLik ## 812.652 832.6218 -401.326 ## ## Random effects: ## Formula: ~1 | Subject (Intercept) Residual ## ## StdDev: 0.7456625 0.5463159 ## ## Fixed effects: Score ~ 1 + Group + Activity ## Value Std.Error DF t-value p-value 1.9034998 0.15392016 351 12.36680 0.0000 ## (Intercept) ## GroupIntermittent 0.0223334 0.21479505 50 0.10398 0.9176 1.8366337 0.05436047 351 33.78620 0.0000 ## ActivityDT ## Correlation: (Intr) GrpInt ## GroupIntermittent -0.694 ## ActivityDT -0.177 0.000 ## ## Standardized Within-Group Residuals: ## Min Q1 QЗ Med ## -2.719407670 -0.704546662 -0.001241215 0.726094288 2.472887653 ## Number of Observations: 404 ## Number of Groups: 52



Activity 🖨 ST 🖨 DT

Activity	Group	n
ST	Batch	103
ST	Intermittent	99
DT	Batch	103
DT	Intermittent	99

Let's Get to 10 * with Four Groups

Our Linear Model:

```
\Delta ln(PP) = 1 + ETSScore + Group + Activity + 1|Subject
```

```
## Linear mixed-effects model fit by REML
## Data: full_df
##
          AIC
                    BIC
                          logLik
##
    -156.0199 -136.5734 86.00995
##
## Random effects:
## Formula: ~1 | Subject
##
          (Intercept)
                        Residual
## StdDev: 0.05562276 0.06105279
##
## Fixed effects: PP ~ 1 + ETSScore + Group + Activity
                   Value Std.Error DF t-value p-value
## (Intercept) 0.04776135 0.02800533 43 1.7054378 0.0953
## ETSScore 0.00121452 0.00966818 43 0.1256205 0.9006
## GroupIN
              0.09854878 0.03179433 41 3.0995710 0.0035
## GroupBF
              0.00707537 0.03221195 41 0.2196504 0.8272
## GroupIF
              0.01761621 0.03068881 41 0.5740270 0.5691
## ActivityDT 0.03214267 0.02164531 43 1.4849721 0.1448
## Correlation:
             (Intr) ETSScr GropIN GropBF GropIF
##
## ETSScore -0.495
## GroupIN
             -0.512 -0.215
## GroupBF
             -0.518 -0.186 0.578
## GroupIF
             -0.591 -0.101 0.586 0.576
## ActivityDT 0.261 -0.804 0.173 0.150 0.081
## Standardized Within-Group Residuals:
                       01
          Min
                                  Med
                                               QЗ
                                                          Max
## -2.38826656 -0.60187748 -0.01387275 0.35970150 2.17009514
##
## Number of Observations: 90
## Number of Groups: 45
```

Hey! Let's ANOVA!

Our ANOVA Model:

```
\Delta ln(\bar{PP}) = 1 + StressFactor + IntermittentFactor
```

```
##
                     Df Sum Sq Mean Sq F value Pr(>F)
                      1 0.0083 0.008336
                                         0.872 0.355
## StressFactor
## IntermittentFactor 1 0.0112 0.011163
                                          1.168 0.285
## Residuals
                     48 0.4587 0.009557
##
    Tukey multiple comparisons of means
##
       95% family-wise confidence level
## Fit: aov(formula = PP ~ 1 + StressFactor + IntermittentFactor, data = diff_df, na.action = na.om
##
## $StressFactor
##
                  diff
                                lwr
                                           upr
                                                   p adj
## High-Low -0.02581454 -0.08138882 0.02975975 0.3550043
## $IntermittentFactor
                                     diff
                                                                     p adj
                                                   lwr
                                                             upr
## Intermittent-Non-Intermittent 0.0296524 -0.02566239 0.0849672 0.2864949
```

Now a Linear Model Very Close to the ANOVA One Above:

Our Linear Model:

 $\Delta ln(PP) = 1 + StressIndicator + IntermittencyIndicator + 1|Subjects$

```
## Linear mixed-effects model fit by REML
## Data: diff_df
          AIC
                   BIC logLik
##
    -68.01505 -58.65904 39.00752
##
## Random effects:
## Formula: ~1 | Subject
         (Intercept) Residual
##
## StdDev: 0.09153654 0.0343262
## Fixed effects: PP ~ 1 + StressFactor + IntermittentFactor
##
                                      Value Std.Error DF t-value p-value
                                0.12072588 0.02645985 48 4.562606 0.0000
## (Intercept)
## StressFactorHigh
                               -0.02361831 0.02771477 48 -0.852192 0.3983
## IntermittentFactorIntermittent 0.02981269 0.02758536 48 1.080743 0.2852
## Correlation:
                                 (Intr) StrsFH
## StressFactorHigh
                                -0.638
## IntermittentFactorIntermittent -0.616 0.073
## Standardized Within-Group Residuals:
                       Q1
                                 Med
                                              QЗ
## -0.67704729 -0.25357969 -0.01902068 0.23809486 1.12775758
## Number of Observations: 51
## Number of Groups: 51
```

Hey! Let's ANOVA 2: With Interaction Effects

Our ANOVA Model:

 $\Delta ln(PP) = 1 + StressFactor + IntermittentFactor + StressFactor * IntermittentFactor$

```
##
                                   Df Sum Sq Mean Sq F value Pr(>F)
## StressFactor
                                    1 0.0083 0.008336
                                                       0.866 0.357
## IntermittentFactor
                                    1 0.0112 0.011163
                                                        1.160 0.287
## StressFactor:IntermittentFactor 1 0.0064 0.006437
                                                        0.669 0.418
## Residuals
                                   47 0.4523 0.009624
##
    Tukey multiple comparisons of means
##
       95% family-wise confidence level
##
## Fit: aov(formula = PP ~ 1 + StressFactor * IntermittentFactor, data = diff_df, na.action = na.om
##
## $StressFactor
##
                   diff
                                lwr
                                          upr
## High-Low -0.02581454 -0.08161217 0.0299831 0.356753
## $IntermittentFactor
                                      diff
                                                            upr
                                                                    p adj
## Intermittent-Non-Intermittent 0.0296524 -0.0258847 0.0851895 0.2882571
##
## $`StressFactor:IntermittentFactor`
##
                                                      diff
## High:Non-Intermittent-Low:Non-Intermittent 0.002026867 -0.10960351
## Low:Intermittent-Low:Non-Intermittent
                                               0.056229790 -0.05706818
## High:Intermittent-Low:Non-Intermittent
                                               0.012438425 -0.09772628
## Low:Intermittent-High:Non-Intermittent
                                               0.054202923 -0.04643228
## High:Intermittent-High:Non-Intermittent
                                               0.010411558 -0.08668260
## High:Intermittent-Low:Intermittent
                                              -0.043791365 -0.14279826
##
                                                     upr
                                                             p adj
## High: Non-Intermittent-Low: Non-Intermittent 0.11365724 0.9999588
## Low:Intermittent-Low:Non-Intermittent
                                              0.16952776 0.5539309
## High:Intermittent-Low:Non-Intermittent
                                              0.12260313 0.9904277
## Low:Intermittent-High:Non-Intermittent
                                              0.15483812 0.4846737
## High:Intermittent-High:Non-Intermittent
                                              0.10750571 0.9917712
## High:Intermittent-Low:Intermittent
                                              0.05521553 0.6435213
```