

# Advanced Analysis

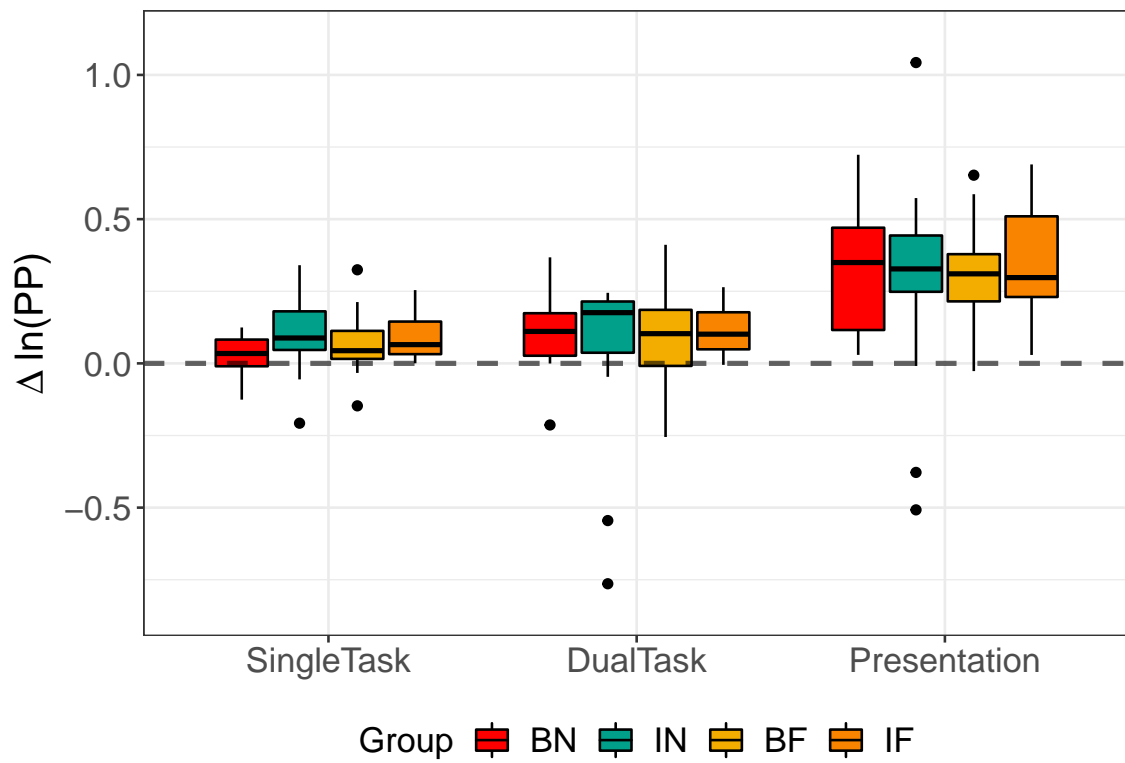
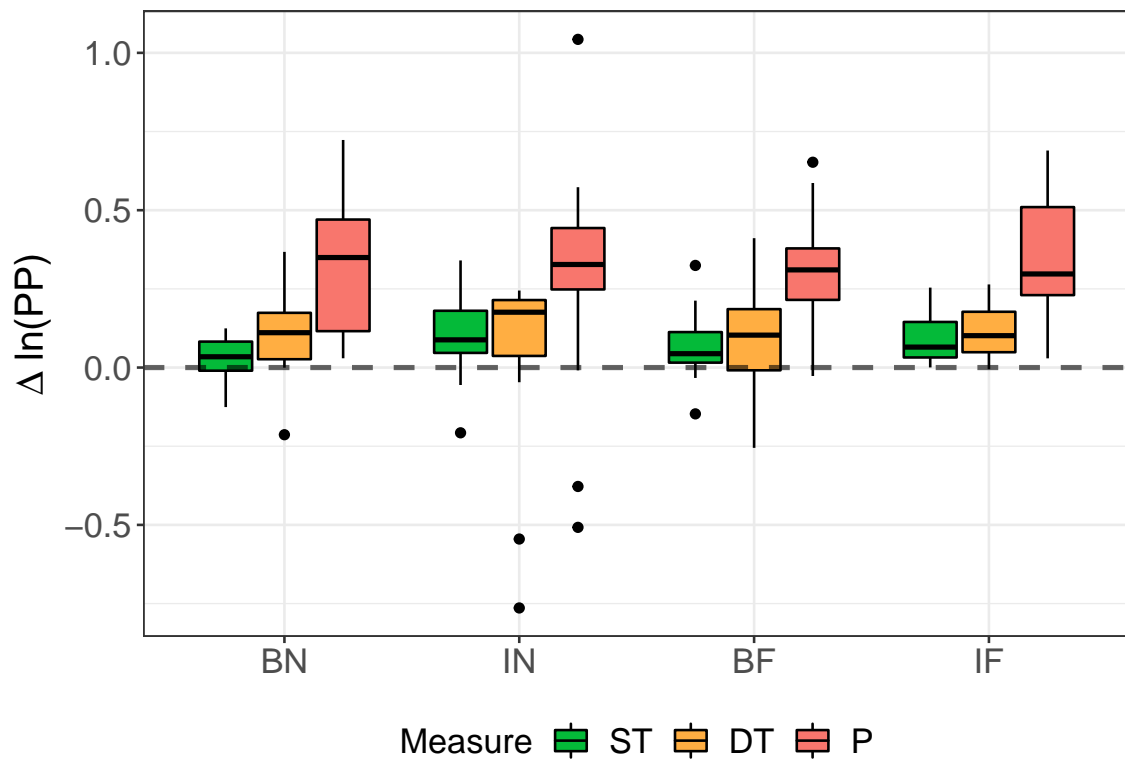
**PP, 4 Groups:**

## Stress Levels Across Activities

Our Linear Model:

$$\Delta \ln(\bar{P}P) = 1 + \text{Group} + \text{Activity} + 1|\text{Subject}$$

```
## Linear mixed-effects model fit by REML
## Data: diff_df
##      AIC      BIC    logLik
## -150.9245 -119.9817 84.46223
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept) Residual
## StdDev:   0.1435299 0.1269264
##
## Fixed effects: PP ~ 1 + Group + Activity
##              Value Std.Error DF   t-value p-value
## (Intercept)  0.03123336 0.04754120 174   0.656975  0.5121
## GroupIN      0.03959086 0.05862947  56   0.675272  0.5023
## GroupBF      0.04358168 0.06085467  56   0.716160  0.4769
## GroupIF      0.07475329 0.06085467  56   1.228390  0.2244
## ActivityB    -0.04700478 0.02317349 174  -2.028386  0.0440
## ActivityDT    0.00965452 0.02317349 174   0.416619  0.6775
## ActivityP     0.24165228 0.02355694 174  10.258219  0.0000
## Correlation:
##      (Intr) GropIN GropBF GropIF ActvtB ActvDT
## GroupIN    -0.740
## GroupBF    -0.712  0.578
## GroupIF    -0.712  0.578  0.557
## ActivityB  -0.244  0.000  0.000  0.000
## ActivityDT -0.244  0.000  0.000  0.000  0.500
## ActivityP  -0.237  0.002 -0.005 -0.005  0.492  0.492
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -3.62186699 -0.39719073 -0.06878317  0.44239770  4.22642320
##
## Number of Observations: 237
## Number of Groups: 60
```

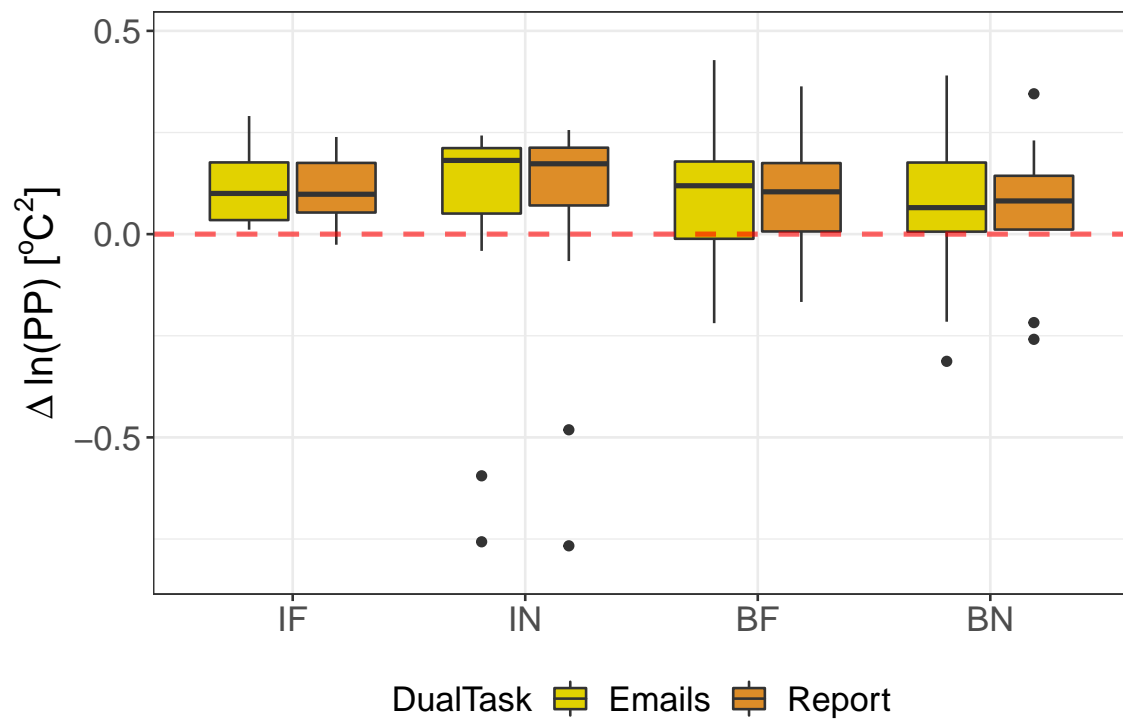


## Stress Levels for Dual Task

Our Linear Model:

$$\Delta \ln(\bar{P}\bar{P}) = 1 + \text{Group} + \text{DualTask} + 1|\text{Subject}$$

```
## Linear mixed-effects model fit by REML
## Data: total_df
##      AIC      BIC    logLik
## -218.7157 -199.624 116.3579
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept) Residual
## StdDev:    0.1911576 0.0252267
##
## Fixed effects: PP ~ 1 + Group + DualTask
##              Value Std.Error DF   t-value p-value
## (Intercept)  0.06173848 0.05547082 58 1.1129902 0.2703
## GroupIN      0.00010137 0.07154974 55 0.0014168 0.9989
## GroupBF      0.03217941 0.07552771 55 0.4260610 0.6717
## GroupIF      0.04922469 0.07435667 55 0.6620077 0.5107
## DualTaskReport 0.00193656 0.00464461 58 0.4169470 0.6783
## Correlation:
##      (Intr) GropIN GropBF GropIF
## GroupIN      -0.774
## GroupBF      -0.733 0.568
## GroupIF      -0.745 0.577 0.547
## DualTaskReport -0.042 0.000 0.000 0.000
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -2.41064783 -0.40223859 -0.01642899 0.35676171 1.99954999
##
## Number of Observations: 118
## Number of Groups: 59
```



```
## Paired t-test
## For IF, p = 0.9656 > 0.05

## Paired t-test
## For IN, p = 0.5344 > 0.05

## Paired t-test
## For BF, p = 0.9283 > 0.05

## Paired t-test
## For BN, p = 0.7877 > 0.05
```

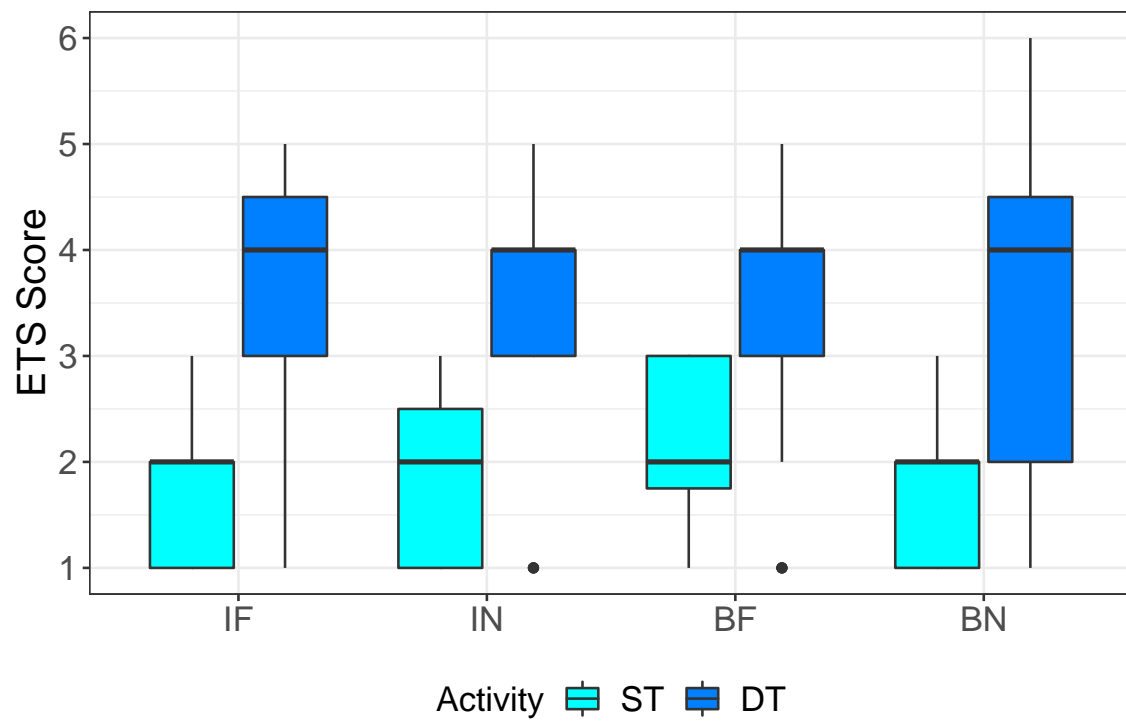
## Linear Modelling for Writing Quality

Our Linear Model:

$$WritingQuality = 1 + Group + Activity + 1|Subject$$

---

```
## Linear mixed-effects model fit by REML
## Data: full_df
##      AIC      BIC    logLik
##  737.5097 763.6431 -361.7548
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept) Residual
## StdDev:   0.7966704  0.61909
##
## Fixed effects: Score ~ 1 + Group + Activity
##              Value Std.Error DF   t-value p-value
## (Intercept) 1.7321244 0.2554118 256   6.781693  0.0000
## GroupIN      0.2392640 0.3253733  53   0.735352  0.4654
## GroupBF      0.2449738 0.3383328  53   0.724061  0.4722
## GroupIF      0.1507651 0.3341128  53   0.451240  0.6537
## ActivityDT   1.7070064 0.0698745 256  24.429592  0.0000
## Correlation:
##      (Intr) GropIN GropBF GropIF
## GroupIN    -0.770
## GroupBF    -0.741  0.582
## GroupIF    -0.750  0.589  0.566
## ActivityDT -0.137  0.000  0.000  0.000
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -2.381972717 -0.472130565 -0.004067653  0.532609215  2.025925302
##
## Number of Observations: 314
## Number of Groups: 57
```



Activity	Group	n
ST	BN	31
ST	IN	47
ST	BF	40
ST	IF	39
DT	BN	31
DT	IN	47
DT	BF	40
DT	IF	39



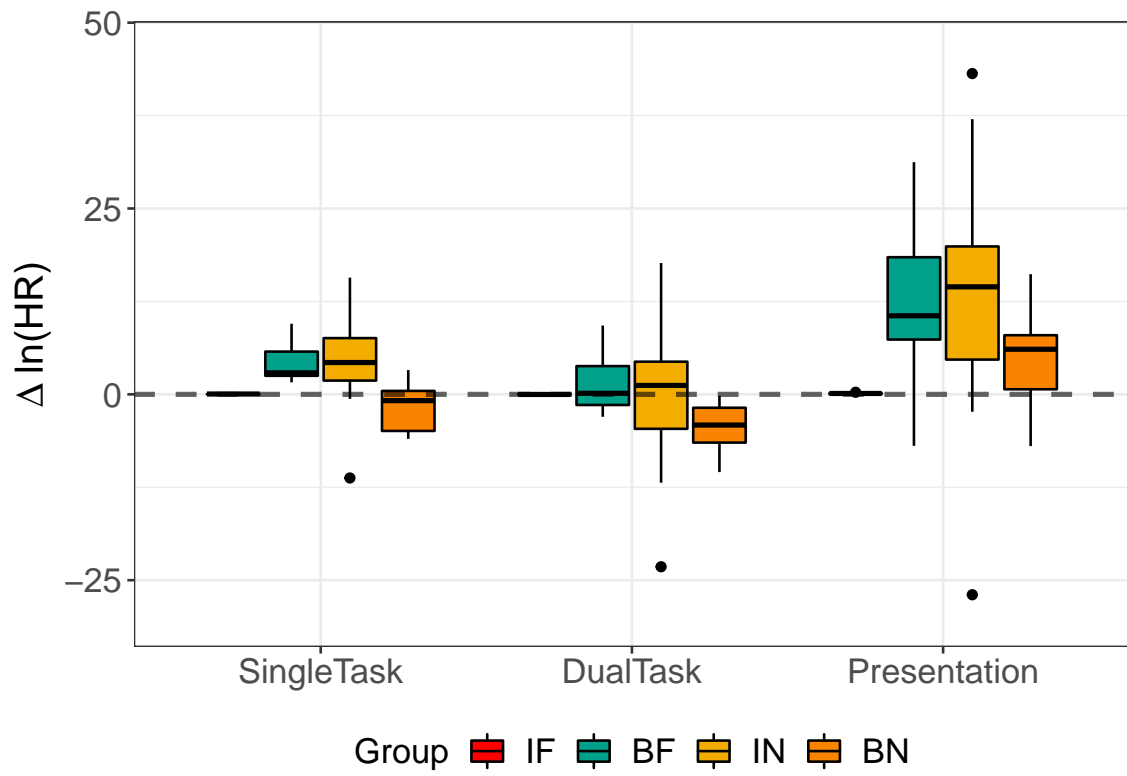
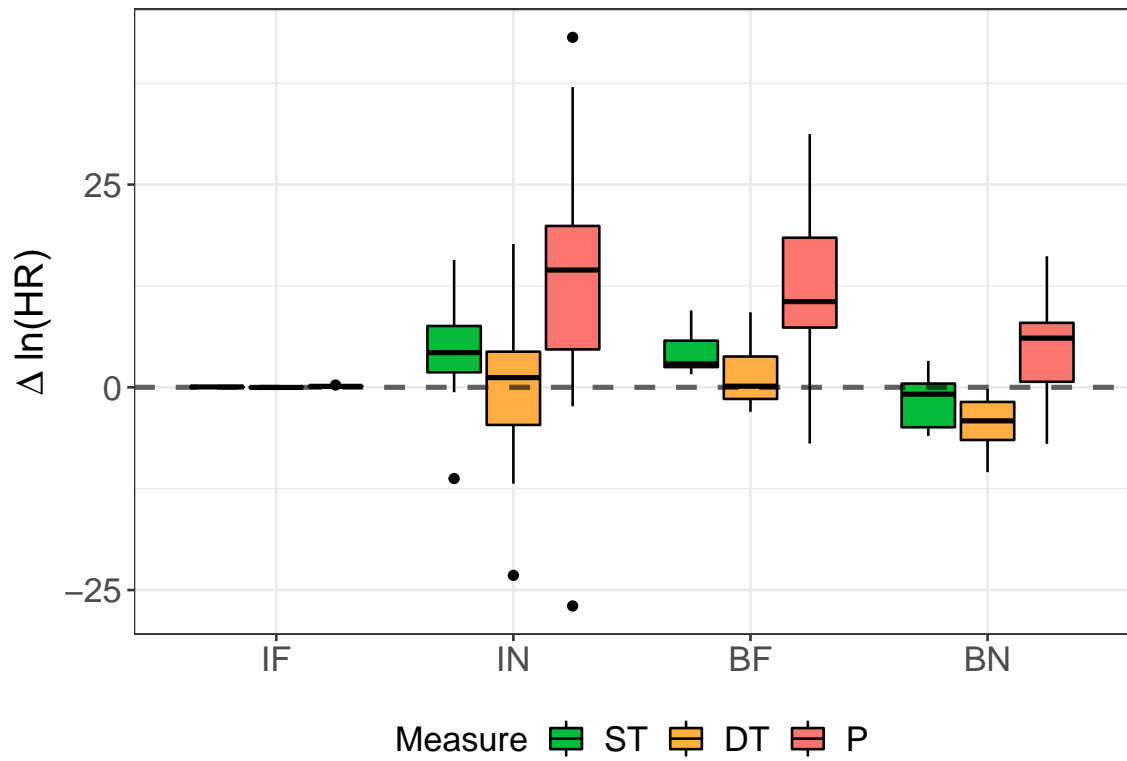
**HR, 4 Groups:**

## Stress Levels Across Activities

Our Linear Model:

$$\Delta \bar{H}R = 1 + \text{Group} + \text{Activity} + 1|\text{Subject}$$

```
## Linear mixed-effects model fit by REML
## Data: diff_df
##      AIC      BIC    logLik
## 1257.591 1286.427 -619.7954
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept) Residual
## StdDev:      4.841465 5.783267
##
## Fixed effects: HR ~ 1 + Group + Activity
##              Value Std.Error DF   t-value p-value
## (Intercept) -0.677878  1.931551 137 -0.350950  0.7262
## GroupIN      4.260478  2.321139  45  1.835512  0.0730
## GroupBF      6.043981  2.349008  45  2.572993  0.0135
## GroupIF      0.804433  2.537471  45  0.317022  0.7527
## ActivityB    -2.438127  1.175862 137 -2.073480  0.0400
## ActivityDT   -3.254193  1.168396 137 -2.785179  0.0061
## ActivityP     6.082290  1.217420 137  4.996049  0.0000
## Correlation:
##      (Intr) GropIN GropBF GropIF ActvtB ActvDT
## GroupIN    -0.721
## GroupBF    -0.711  0.593
## GroupIF    -0.658  0.549  0.542
## ActivityB  -0.303  0.005  0.000  0.000
## ActivityDT -0.302  0.000  0.000  0.000  0.497
## ActivityP  -0.282 -0.006 -0.011 -0.008  0.476  0.480
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -3.43550274 -0.46645616  0.03414297  0.41278914  4.63294641
##
## Number of Observations: 189
## Number of Groups: 49
```

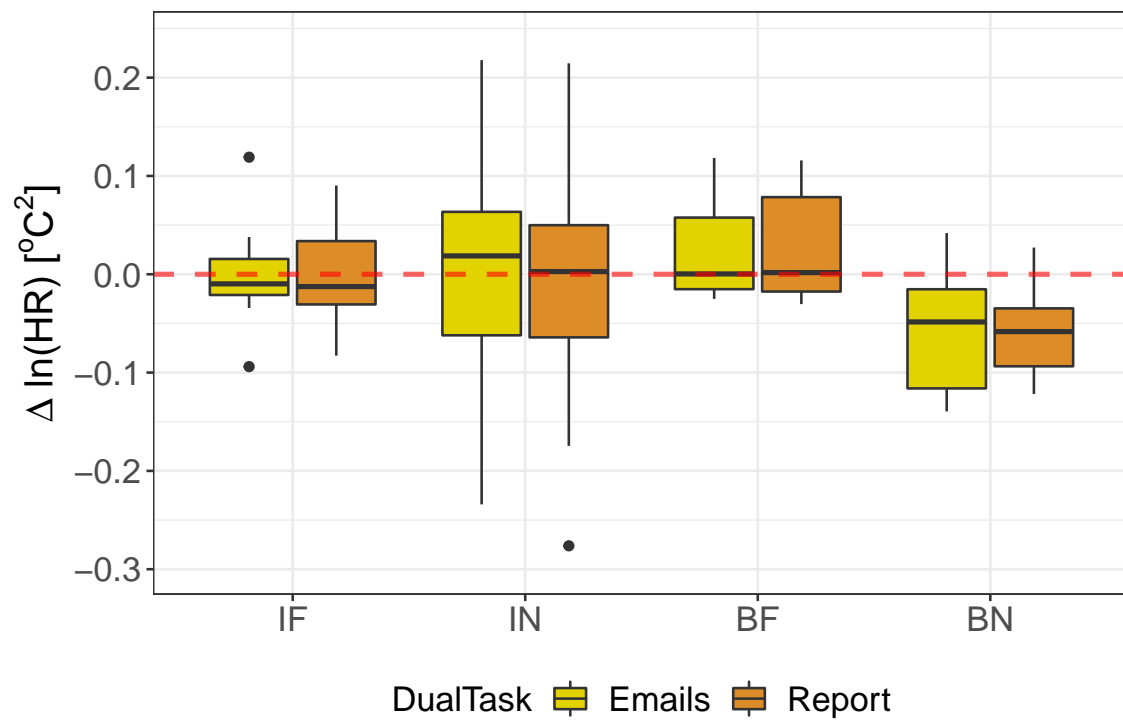


## Stress Levels for Dual Task

Our Linear Model:

$$\Delta \bar{HR} = 1 + Group + DualTask + 1|Subject$$

```
## Linear mixed-effects model fit by REML
## Data: total_df
##      AIC      BIC    logLik
## -300.4569 -282.8809 157.2285
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept)  Residual
## StdDev:    0.0742646 0.01558454
##
## Fixed effects: HR ~ 1 + Group + DualTask
##              Value Std.Error DF   t-value p-value
## (Intercept) -0.05541103 0.02379489 47 -2.328694 0.0242
## GroupIN      0.05243390 0.03065037 44  1.710711 0.0942
## GroupBF      0.08190075 0.03157937 44  2.593489 0.0129
## GroupIF      0.05652590 0.03357579 44  1.683531 0.0994
## DualTaskReport -0.00407769 0.00318118 47 -1.281817 0.2062
## Correlation:
##      (Intr) GropIN GropBF GropIF
## GroupIN      -0.773
## GroupBF      -0.750 0.582
## GroupIF      -0.706 0.548 0.532
## DualTaskReport -0.067 0.000 0.000 0.000
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -1.81996706 -0.37641399 0.02682264 0.34551833 1.98874408
##
## Number of Observations: 96
## Number of Groups: 48
```



```
## Paired t-test
## For IF, p = 0.9405 > 0.05

## Paired t-test
## For IN, p = 0.0656 > 0.05

## Paired t-test
## For BF, p = 0.9901 > 0.05

## Paired t-test
## For BN, p = 0.7149 > 0.05
```

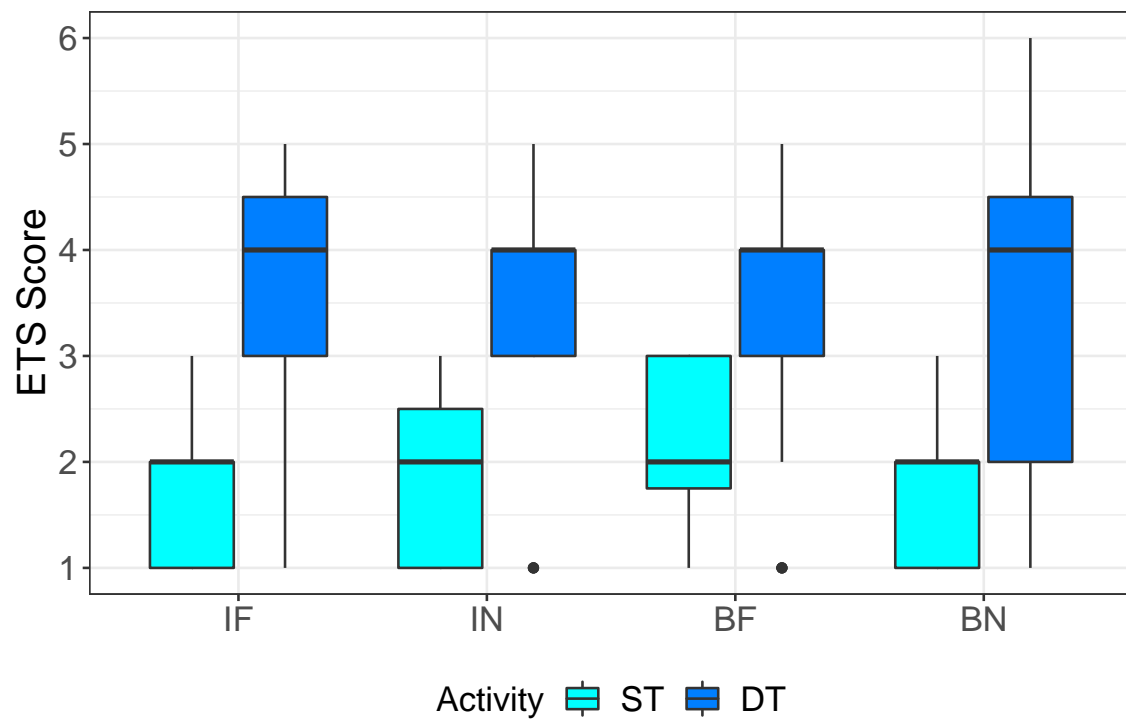
## Linear Modelling for Writing Quality

Our Linear Model:

$$WritingQuality = 1 + Group + Activity + 1|Subject$$

---

```
## Linear mixed-effects model fit by REML
## Data: full_df
##      AIC      BIC    logLik
##  737.5097 763.6431 -361.7548
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept) Residual
## StdDev:   0.7966704  0.61909
##
## Fixed effects: Score ~ 1 + Group + Activity
##              Value Std.Error DF   t-value p-value
## (Intercept) 1.7321244 0.2554118 256   6.781693  0.0000
## GroupIN      0.2392640 0.3253733  53   0.735352  0.4654
## GroupBF      0.2449738 0.3383328  53   0.724061  0.4722
## GroupIF      0.1507651 0.3341128  53   0.451240  0.6537
## ActivityDT   1.7070064 0.0698745 256  24.429592  0.0000
## Correlation:
##      (Intr) GropIN GropBF GropIF
## GroupIN    -0.770
## GroupBF    -0.741  0.582
## GroupIF    -0.750  0.589  0.566
## ActivityDT -0.137  0.000  0.000  0.000
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -2.381972717 -0.472130565 -0.004067653  0.532609215  2.025925302
##
## Number of Observations: 314
## Number of Groups: 57
```



Activity	Group	n
ST	BN	31
ST	IN	47
ST	BF	40
ST	IF	39
DT	BN	31
DT	IN	47
DT	BF	40
DT	IF	39

**PP, 2 Groups:**

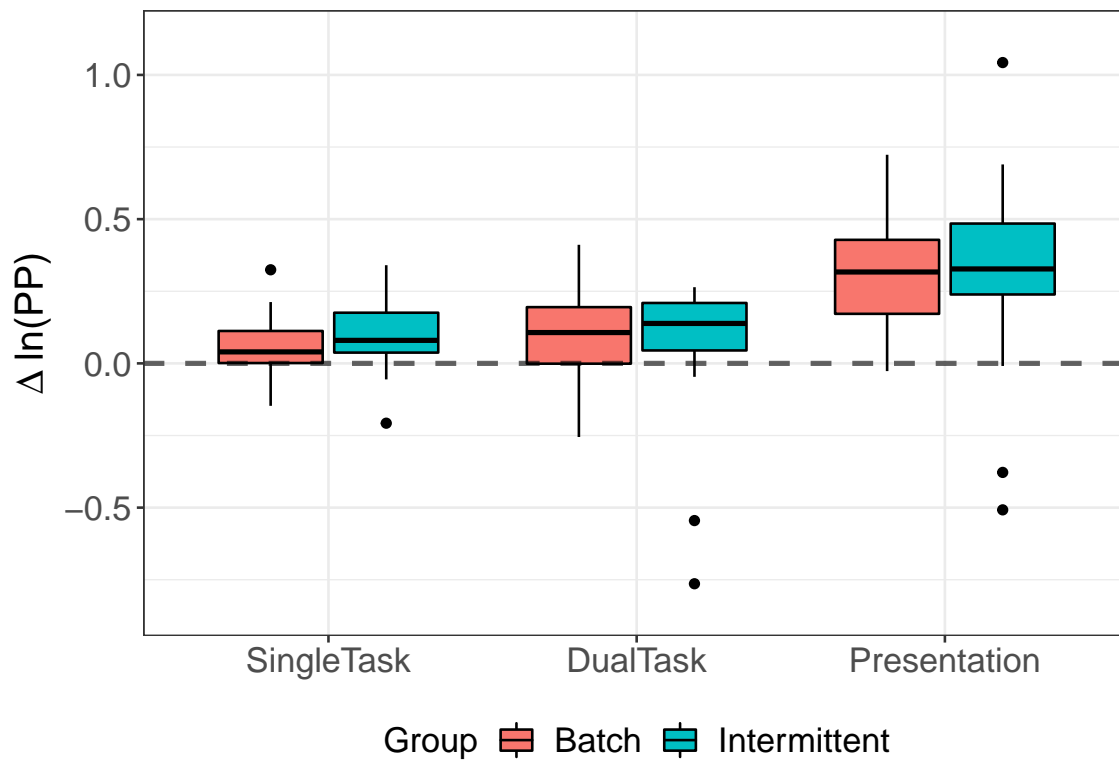
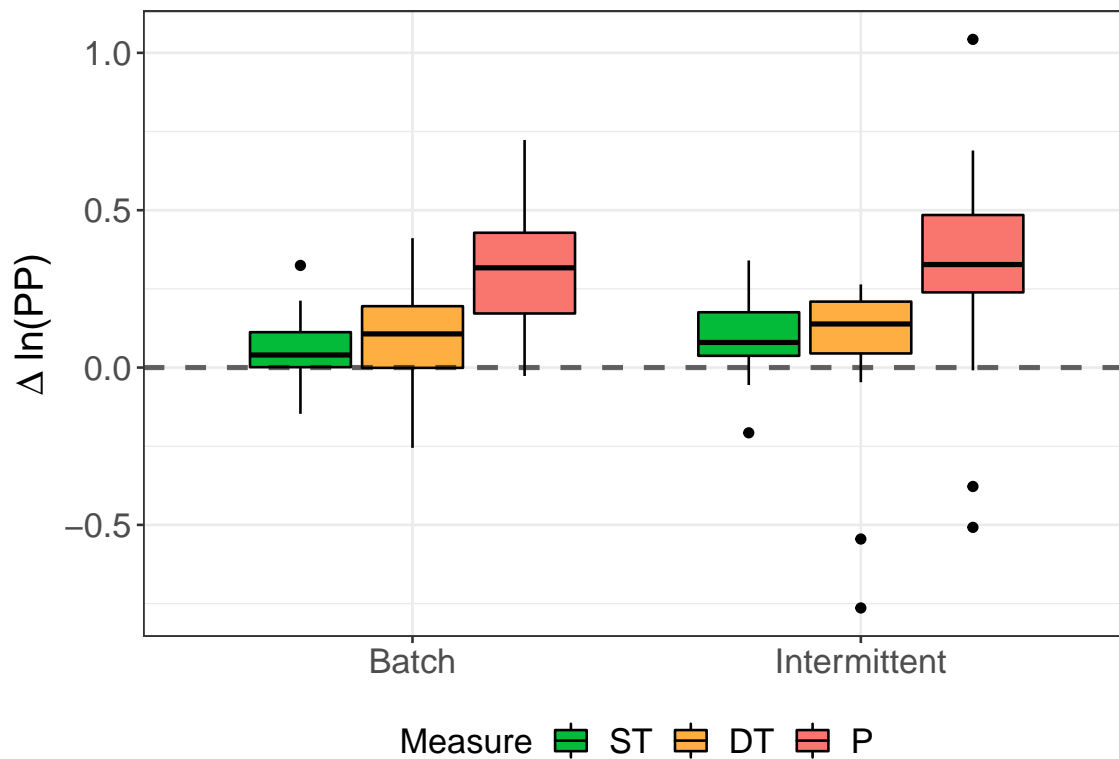


## Stress Levels Across Activities

Our Linear Model:

$$\Delta \ln(\bar{P}P) = 1 + \text{Group} + \text{Activity} + 1|\text{Subject}$$

```
## Linear mixed-effects model fit by REML
## Data: diff_df
##      AIC      BIC    logLik
## -161.7385 -137.6114 87.86927
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept) Residual
## StdDev:    0.1418716 0.1269382
##
## Fixed effects: PP ~ 1 + Group + Activity
##              Value Std.Error DF   t-value p-value
## (Intercept)  0.05545193 0.03312582 174   1.673979  0.0959
## GroupIntermittent 0.03134988 0.04038270  58   0.776320  0.4407
## ActivityB      -0.04700478 0.02317565 174  -2.028197  0.0441
## ActivityDT      0.00965452 0.02317565 174   0.416580  0.6775
## ActivityP       0.24187460 0.02355773 174  10.267312  0.0000
## Correlation:
##              (Intr) GrpInt ActvtB ActvDT
## GroupIntermittent -0.670
## ActivityB          -0.350  0.000
## ActivityDT          -0.350  0.000  0.500
## ActivityP          -0.346  0.002  0.492  0.492
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -3.6548748 -0.3862613 -0.0615164  0.4178499  4.2095527
##
## Number of Observations: 237
## Number of Groups: 60
```

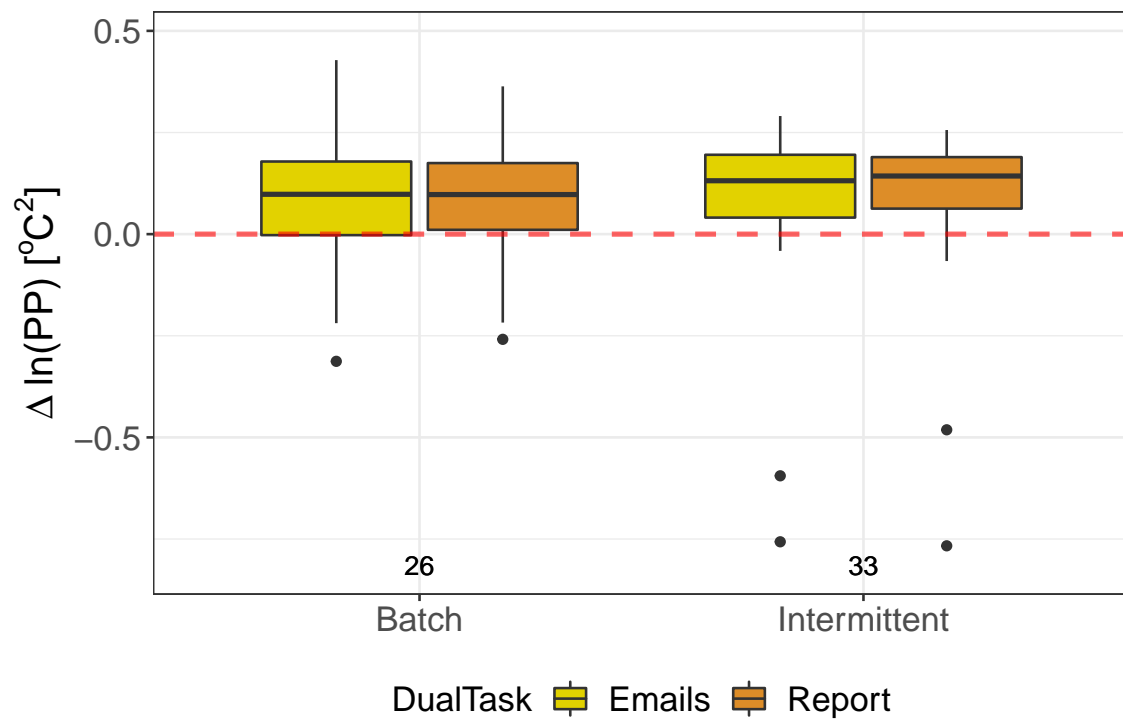


## Stress Levels for Dual Task

Our Linear Model:

$$\Delta \ln(\bar{P}P) = 1 + \text{Group} + \text{DualTask} + 1|\text{Subject}$$

```
## Linear mixed-effects model fit by REML
## Data: total_df
##      AIC      BIC    logLik
## -228.9065 -215.1818 119.4533
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept)  Residual
## StdDev:    0.1889753 0.02522671
##
## Fixed effects: PP ~ 1 + Group + DualTask
##              Value Std.Error DF   t-value p-value
## (Intercept)    0.07906585 0.03729821 58 2.1198295 0.0383
## GroupIntermittent 0.00510278 0.04977527 57 0.1025163 0.9187
## DualTaskReport    0.00193656 0.00464461 58 0.4169469 0.6783
## Correlation:
##              (Intr) GrpInt
## GroupIntermittent -0.746
## DualTaskReport    -0.062 0.000
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -2.42319674 -0.39591074 -0.02380016 0.36113803 1.98699965
##
## Number of Observations: 118
## Number of Groups: 59
```



```
## Paired t-test
## For Batch, p = 0.9411 > 0.05

## Paired t-test
## For Intermittent, p = 0.5758 > 0.05
```

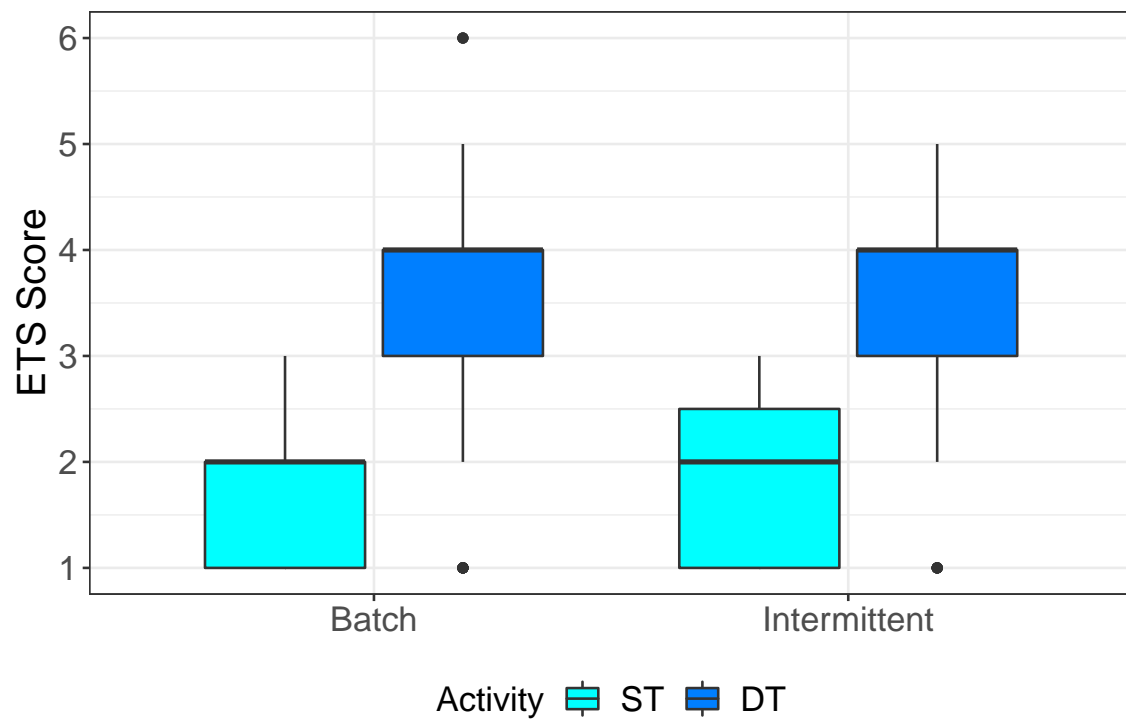
## Linear Modelling for Writing Quality

Our Linear Model:

$$WritingQuality = 1 + Group + Activity + 1|Subject$$

---

```
## Linear mixed-effects model fit by REML
## Data: full_df
##      AIC      BIC    logLik
##  733.2329 751.9319 -361.6165
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept) Residual
## StdDev:   0.7859882 0.6190207
##
## Fixed effects: Score ~ 1 + Group + Activity
##              Value Std.Error DF   t-value p-value
## (Intercept)   1.8767558 0.16100340 256 11.656622  0.0000
## GroupIntermittent 0.0520014 0.22048697  55  0.235848  0.8144
## ActivityDT      1.7070064 0.06986672 256 24.432323  0.0000
## Correlation:
##              (Intr) GrpInt
## GroupIntermittent -0.696
## ActivityDT        -0.217  0.000
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -2.380600057 -0.462434685 -0.008520332  0.528346784  2.000316882
##
## Number of Observations: 314
## Number of Groups: 57
```



Activity	Group	n
ST	Batch	78
ST	Intermittent	79
DT	Batch	78
DT	Intermittent	79

**HR, 2 Groups:**

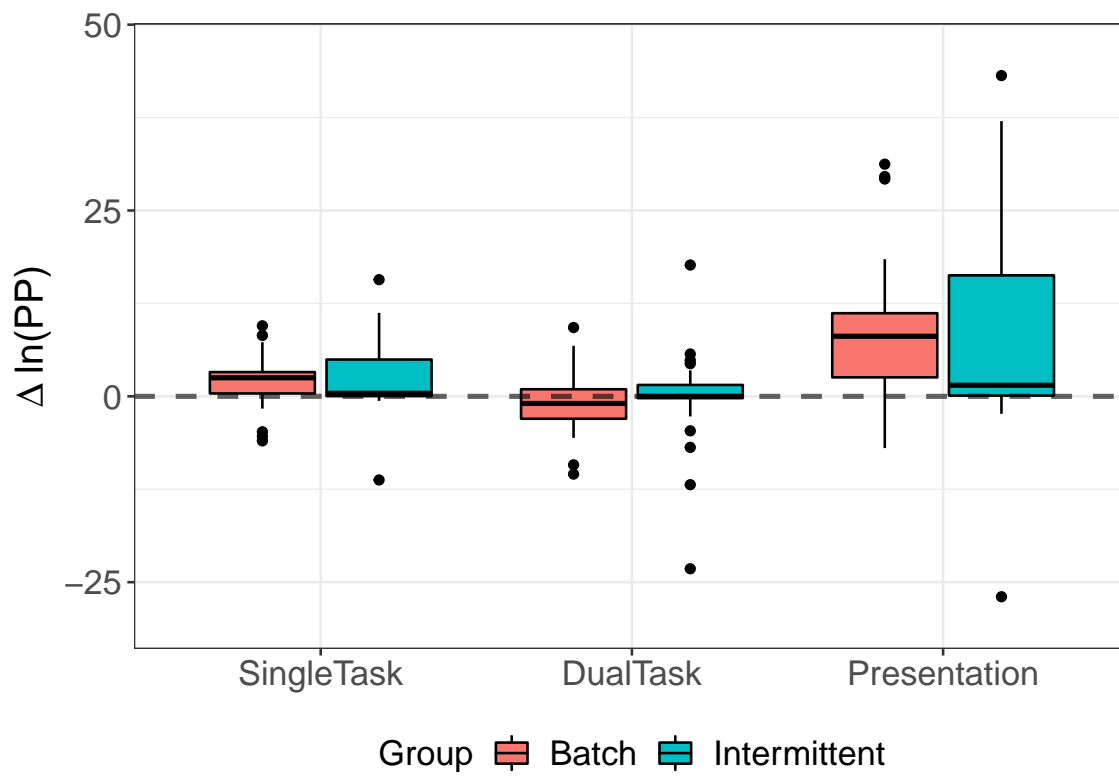
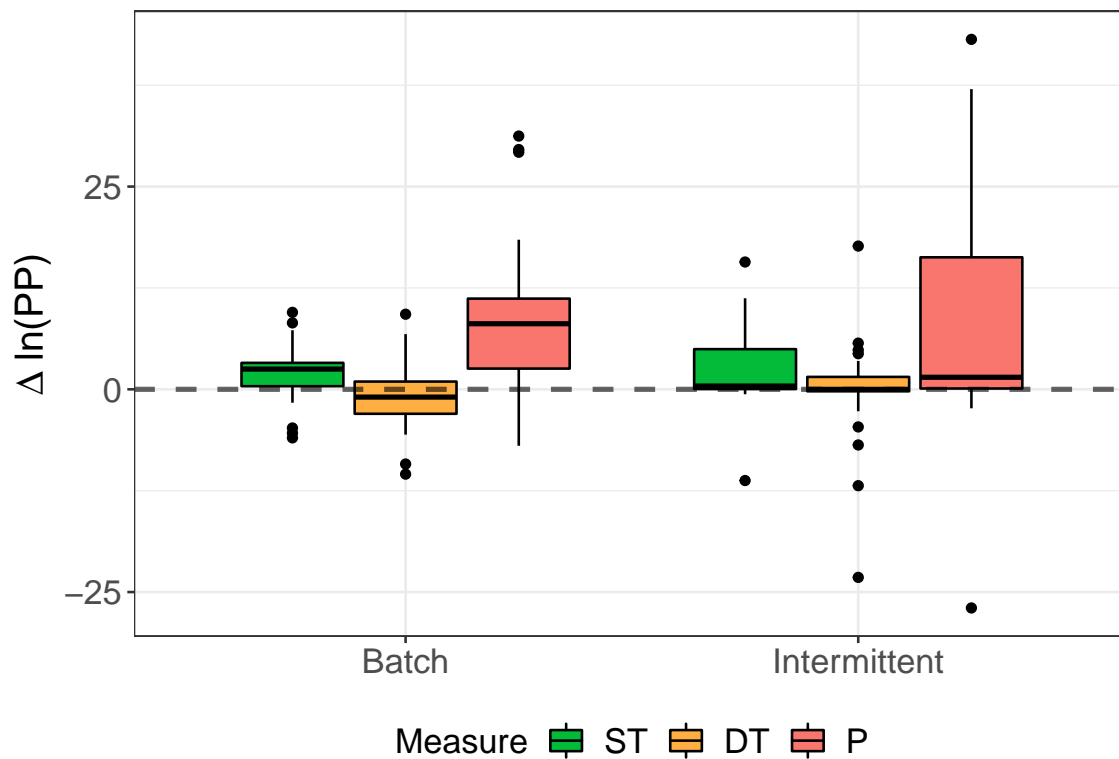
## Stress Levels Across Activities

Our Linear Model:

$$\Delta \bar{H}R = 1 + \text{Group} + \text{Activity} + 1|\text{Subject}$$

```
## Linear mixed-effects model fit by REML
## Data: diff_df
##      AIC      BIC    logLik
## 1269.039 1291.544 -627.5195
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept) Residual
## StdDev:      5.304679 5.782853
##
## Fixed effects: HR ~ 1 + Group + Activity
##              Value Std.Error DF   t-value p-value
## (Intercept)   2.858349  1.428502 137   2.000941  0.0474
## GroupIntermittent -0.668315  1.735306  47  -0.385128  0.7019
## ActivityB        -2.443897  1.175838 137  -2.078430  0.0395
## ActivityDT       -3.254193  1.168313 137  -2.785379  0.0061
## ActivityP        6.110504  1.217761 137   5.017821  0.0000
## Correlation:
##              (Intr) GrpInt ActvtB ActvDT
## GroupIntermittent -0.620
## ActivityB          -0.409  0.004
## ActivityDT         -0.409  0.000  0.497
## ActivityP          -0.392 -0.001  0.476  0.480
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -3.25153958 -0.42325300 -0.01768185  0.34722672  4.63109134
##
## Number of Observations: 189
## Number of Groups: 49
```



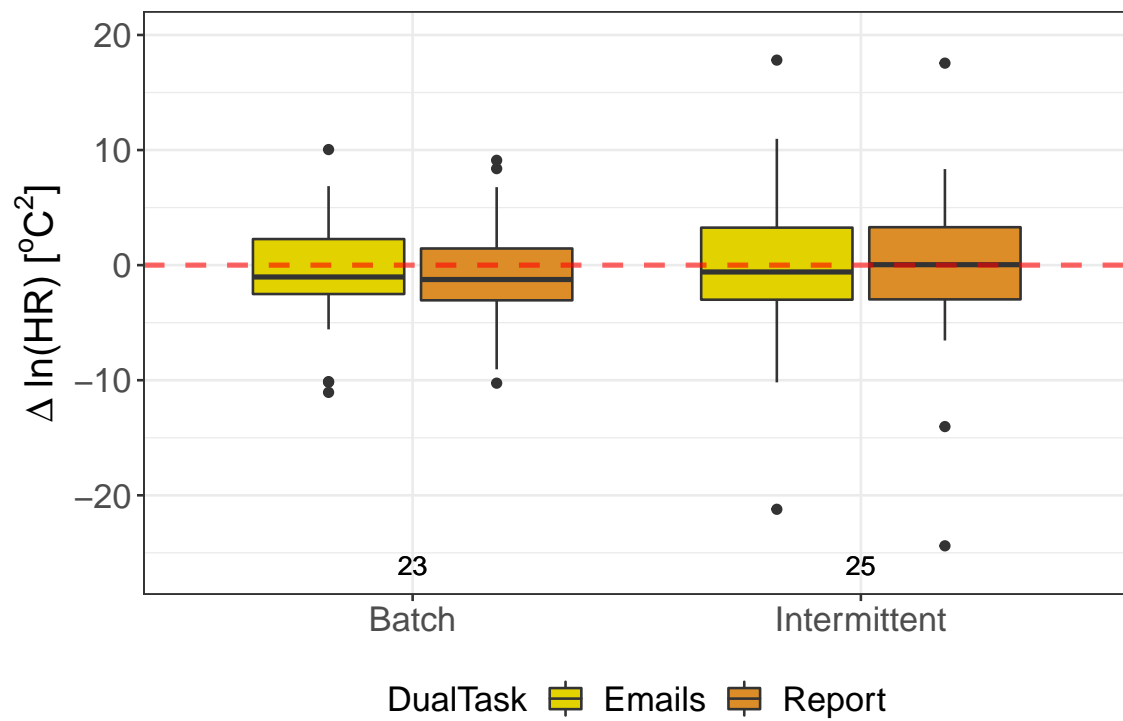


## Stress Levels for Dual Task

Our Linear Model:

$$\Delta \bar{HR} = 1 + \text{Group} + \text{DualTask} + 1|\text{Subject}$$

```
## Linear mixed-effects model fit by REML
## Data: total_df
##      AIC      BIC    logLik
## 504.5318 517.1948 -247.2659
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept) Residual
## StdDev:      6.375872 1.192841
##
## Fixed effects: HR ~ 1 + Group + DualTask
##              Value Std.Error DF   t-value p-value
## (Intercept)  -0.7631232 1.3465588 47 -0.5667211 0.5736
## GroupIntermittent 0.4461128 1.8582051 46 0.2400773 0.8113
## DualTaskReport  -0.2818199 0.2434876 47 -1.1574301 0.2529
## Correlation:
##              (Intr) GrpInt
## GroupIntermittent -0.719
## DualTaskReport  -0.090 0.000
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -1.99682665 -0.38460602 0.01782001 0.38127970 2.21718036
##
## Number of Observations: 96
## Number of Groups: 48
```



```
## Paired t-test
## For Batch, p = 0.8256 > 0.05

## Paired t-test
## For Intermittent, p = 0.1234 > 0.05
```

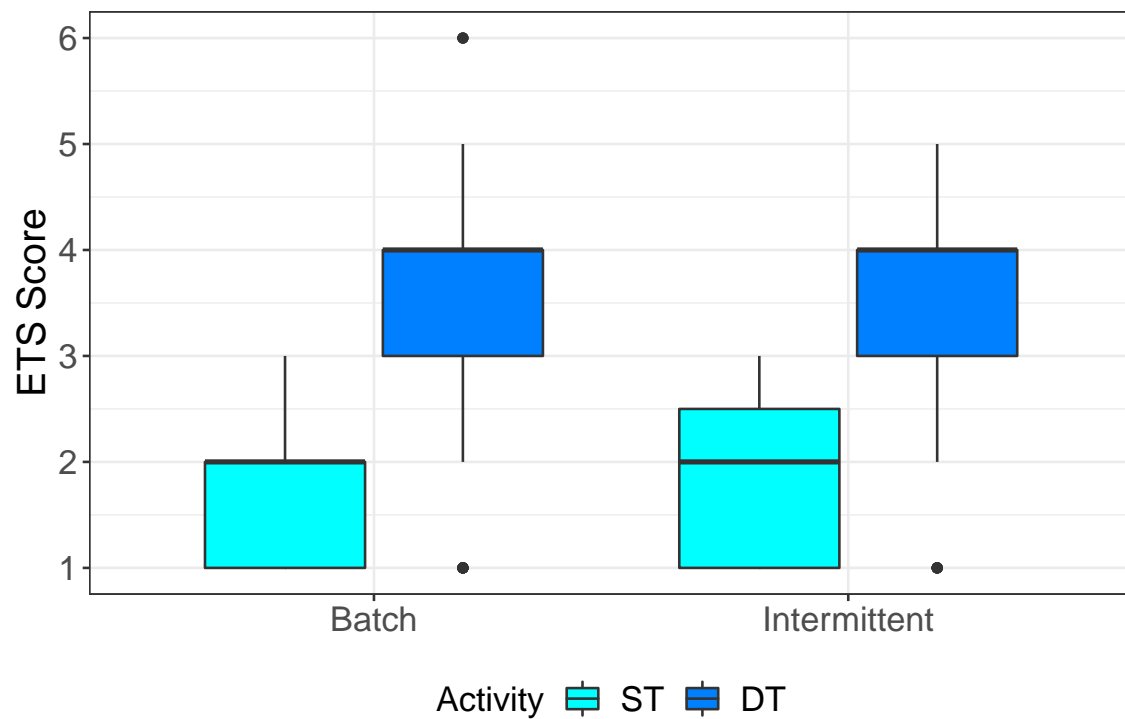
## Linear Modelling for Writing Quality

Our Linear Model:

$$WritingQuality = 1 + Group + Activity + 1|Subject$$

---

```
## Linear mixed-effects model fit by REML
## Data: full_df
##      AIC      BIC    logLik
##  733.2329 751.9319 -361.6165
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept)  Residual
## StdDev:    0.7859882 0.6190207
##
## Fixed effects: Score ~ 1 + Group + Activity
##              Value Std.Error DF   t-value p-value
## (Intercept)   1.8767558 0.16100340 256 11.656622 0.0000
## GroupIntermittent 0.0520014 0.22048697 55 0.235848 0.8144
## ActivityDT       1.7070064 0.06986672 256 24.432323 0.0000
## Correlation:
##              (Intr) GrpInt
## GroupIntermittent -0.696
## ActivityDT        -0.217 0.000
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -2.380600057 -0.462434685 -0.008520332 0.528346784 2.000316882
##
## Number of Observations: 314
## Number of Groups: 57
```



Activity	Group	n
ST	Batch	78
ST	Intermittent	79
DT	Batch	78
DT	Intermittent	79

## Let's Get to 10 ★ with Four Groups

Our Linear Model:

$$\Delta \ln(\bar{PP}) = 1 + ETSScore + Group + Activity + 1|Subject$$

---

```
## Linear mixed-effects model fit by REML
## Data: full_df
##      AIC      BIC    logLik
##   -78.02772 -56.57067 47.01386
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept) Residual
## StdDev:    0.1238458 0.1013363
##
## Fixed effects: PP ~ 1 + ETSScore + Group + Activity
##              Value Std.Error DF   t-value p-value
## (Intercept)  0.02372209 0.05021268 55  0.4724322  0.6385
## ETSScore    -0.00977965 0.01393294 55 -0.7019083  0.4857
## GroupIN      0.07795969 0.05546058 53  1.4056776  0.1657
## GroupBF      0.07395298 0.05773855 53  1.2808249  0.2058
## GroupIF      0.09683412 0.05683199 53  1.7038663  0.0943
## ActivityDT   0.02197206 0.03094858 55  0.7099538  0.4807
## Correlation:
##      (Intr) ETSScr GropIN GropBF GropIF
## ETSScore   -0.476
## GroupIN    -0.641 -0.058
## GroupBF    -0.615 -0.056  0.584
## GroupIF    -0.636 -0.035  0.593  0.569
## ActivityDT  0.260 -0.790  0.046  0.044  0.028
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -4.20226524 -0.27713895  0.01481335  0.36468341  2.13634539
##
## Number of Observations: 114
## Number of Groups: 57
```

## Hey! Let's ANOVA!

Our ANOVA Model:

$$\Delta \ln(\bar{P}P) = 1 + \textit{StressFactor} + \textit{IntermittentFactor}$$

---

```
##              Df Sum Sq Mean Sq F value Pr(>F)
## StressFactor    1 0.0199  0.01993    0.541  0.465
## IntermittentFactor 1 0.0021  0.00211    0.057  0.812
## Residuals      57 2.1010  0.03686

##  Tukey multiple comparisons of means
##    95% family-wise confidence level
##
## Fit: aov(formula = PP ~ 1 + StressFactor + IntermittentFactor, data = diff_df, na.action = na.omit)
##
## $StressFactor
##              diff              lwr              upr              p adj
## High-Low 0.03645498 -0.06280896 0.1357189 0.4651042
##
## $IntermittentFactor
##              diff              lwr              upr              p adj
## Intermittent-Non-Intermittent 0.0118666 -0.08789741 0.1116306 0.8125905
```

## Now a Linear Model Very Close to the ANOVA One Above:

Our Linear Model:

$$\Delta \ln(\bar{P}P) = 1 + \text{StressIndicator} + \text{IntermittencyIndicator} + 1|\text{Subjects}$$

---

```
## Linear mixed-effects model fit by REML
## Data: diff_df
##      AIC      BIC    logLik
##   -6.888038  3.327218  8.444019
##
## Random effects:
## Formula: ~1 | Subject
##      (Intercept)   Residual
## StdDev:    0.1797631  0.06741118
##
## Fixed effects: PP ~ 1 + StressFactor + IntermittentFactor
##                                     Value Std.Error DF   t-value p-value
## (Intercept)                   0.05692877  0.04616607  57  1.2331302   0.2226
## StressFactorHigh                0.03765375  0.04982313  57  0.7557484   0.4529
## IntermittentFactorIntermittent  0.01198769  0.05007413  57  0.2393988   0.8117
## Correlation:
##                                     (Intr) StrsFH
## StressFactorHigh                  -0.600
## IntermittentFactorIntermittent -0.651  0.101
##
## Standardized Within-Group Residuals:
##      Min      Q1      Med      Q3      Max
## -1.52315090 -0.12901408  0.06143638  0.21094408  0.57887938
##
## Number of Observations: 60
## Number of Groups: 60
```



## Hey! Let's ANOVA 2: With Interaction Effects

Our ANOVA Model:

$$\Delta \ln(\bar{P}P) = 1 + \text{StressFactor} + \text{IntermittentFactor} + \text{StressFactor} * \text{IntermittentFactor}$$

```
##              Df Sum Sq Mean Sq F value Pr(>F)
## StressFactor      1 0.0199  0.01993    0.532   0.469
## IntermittentFactor 1 0.0021  0.00211    0.056   0.813
## StressFactor:IntermittentFactor 1 0.0028  0.00284    0.076   0.784
## Residuals        56 2.0981  0.03747

##   Tukey multiple comparisons of means
##     95% family-wise confidence level
##
## Fit: aov(formula = PP ~ 1 + StressFactor * IntermittentFactor, data = diff_df, na.action = na.omit)
##
## $StressFactor
##           diff           lwr           upr           p adj
## High-Low 0.03645498 -0.0636623 0.1365723 0.4687814
##
## $IntermittentFactor
##           diff           lwr           upr           p adj
## Intermittent-Non-Intermittent 0.0118666 -0.08875506 0.1124883 0.8141023
##
## $`StressFactor:IntermittentFactor`
##           diff           lwr
## High:Non-Intermittent-Low:Non-Intermittent 0.022326874 -0.1761760
## Low:Intermittent-Low:Non-Intermittent -0.002203866 -0.1932133
## High:Intermittent-Low:Non-Intermittent 0.047938455 -0.1505644
## Low:Intermittent-High:Non-Intermittent -0.024530740 -0.2037135
## High:Intermittent-High:Non-Intermittent 0.025611581 -0.1615387
## High:Intermittent-Low:Intermittent 0.050142321 -0.1290404
##           upr           p adj
## High:Non-Intermittent-Low:Non-Intermittent 0.2208297 0.9907150
## Low:Intermittent-Low:Non-Intermittent 0.1888056 0.9999896
## High:Intermittent-Low:Non-Intermittent 0.2464413 0.9187587
## Low:Intermittent-High:Non-Intermittent 0.1546520 0.9835337
## High:Intermittent-High:Non-Intermittent 0.2127618 0.9835522
## High:Intermittent-Low:Intermittent 0.2293251 0.8800917
```