#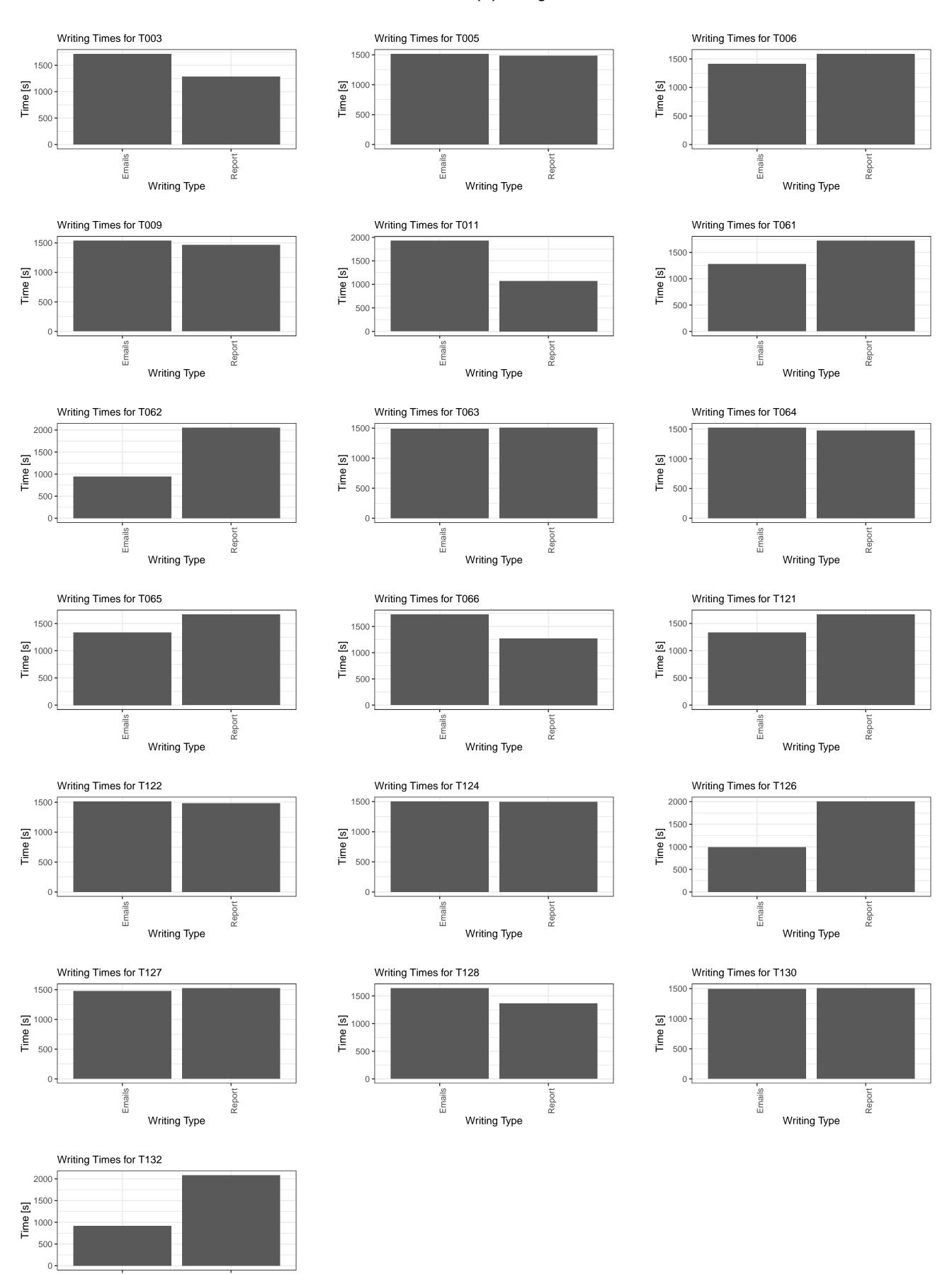 Intermittent Filler (IF) Writing Times