# Advanced Analysis

For PP:

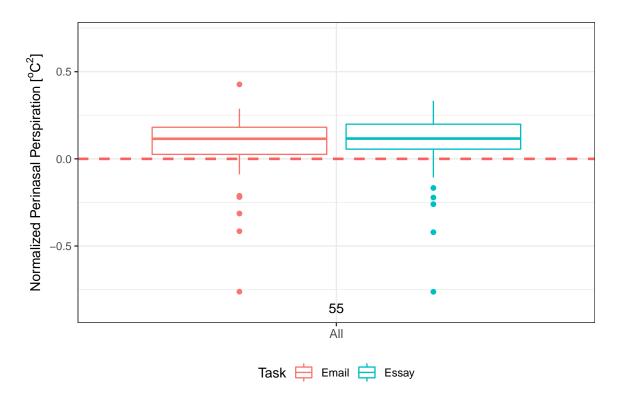
#### Linear Modelling

Our Linear Model:

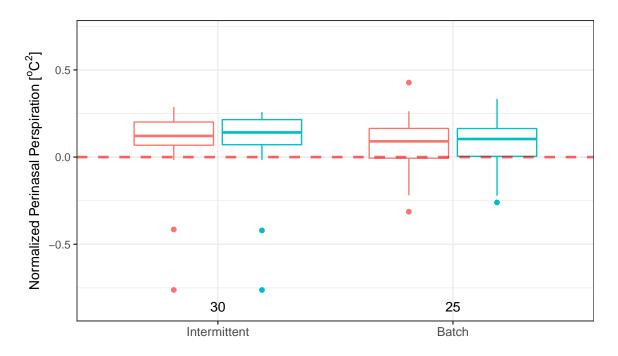
```
\Delta ln(\bar{PP}) = 1 + Group + Activity + 1|Subject
```

```
## Linear mixed-effects model fit by REML
## Data: diff_df
##
         AIC
                  BIC
                         logLik
##
    522.5382 550.7604 -252.2691
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept) Residual
## StdDev: 0.4262572 0.9185826
##
## Fixed effects: PP ~ 1 + Group + Session
                   Value Std.Error DF
                                         t-value p-value
## (Intercept) -3.1552128 0.2481390 122 -12.715507 0.0000
## GroupIL 0.7739256 0.2819071 48
                                       2.745322 0.0085
## GroupBH
               0.4439734 0.2803658 48
                                        1.583551 0.1199
## GroupIH
               0.1800706 0.2740960 48
                                        0.656962 0.5143
## SessionSC
              -0.0376369 0.2043243 122
                                       -0.184202 0.8542
## SessionDT
               0.7090947 0.1937743 122
                                        3.659386 0.0004
               1.5158512 0.1891377 122
                                        8.014536 0.0000
## SessionP
## Correlation:
            (Intr) GropIL GropBH GropIH SssnSC SssnDT
##
## GroupIL
            -0.685
## GroupBH
            -0.678 0.591
            -0.704 0.606 0.607
## GroupIH
## SessionSC -0.365 0.009 -0.009 0.023
## SessionDT -0.394 0.017 0.026 0.017 0.458
## SessionP -0.426 0.054 0.017 0.047 0.472 0.493
## Standardized Within-Group Residuals:
                       Q1
                                  Med
                                              Q3
## -5.80088500 -0.28824758 0.09178099 0.59028149 1.97448652
##
## Number of Observations: 177
## Number of Groups: 52
```

## PP Measures for Emails vs Essay Writing

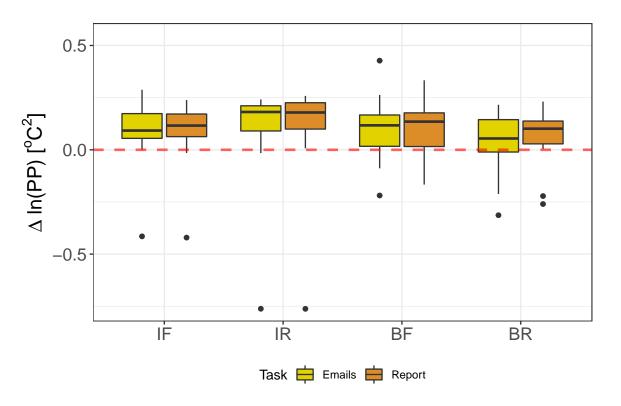


## Paired t-test ## For all groups, p = 0.0701 > 0.05



```
## Paired t-test ## For Intermittent, p = 0.059 > 0.05
```

## Paired t-test
## For Batch, p = 0.2825 > 0.05



```
## Paired t-test
## For IH, p = 0.3985 > 0.05
## Paired t-test
## For IL, p = 0.0833 > 0.05
## Paired t-test
## For BH, p = 0.7465 > 0.05
## Paired t-test
```

#### More Linear Modelling

```
Our Linear Model:
```

```
\Delta ln(\bar{PP}) = 1 + Group + DualTask + 1|Subject
```

```
## Linear mixed-effects model fit by REML
## Data: total_df
##
          AIC
                    BIC
                          logLik
##
     -186.5831 -168.0054 100.2916
##
## Random effects:
## Formula: ~1 | Subject
##
          (Intercept)
                        Residual
## StdDev: 0.1840821 0.03005808
##
## Fixed effects: PP ~ 1 + Group + DualTask
##
                     Value Std.Error DF
                                          t-value p-value
## (Intercept)
                0.03451477 0.05594502 54 0.6169408 0.5399
## GroupIL
                0.05675431 0.07466152 51 0.7601547 0.4507
## GroupBH
                0.06040041 0.07466152 51 0.8089898 0.4223
                0.04640600\ 0.07257930\ 51\ 0.6393835\ 0.5254
## GroupIH
## DualTaskEssay 0.01059298 0.00573185 54 1.8480908 0.0701
## Correlation:
##
                (Intr) GropIL GropBH GropIH
## GroupIL
                -0.747
                -0.747 0.560
## GroupBH
## GroupIH
                -0.769 0.576 0.576
## DualTaskEssay -0.051 0.000 0.000 0.000
##
## Standardized Within-Group Residuals:
          Min
                       Q1
                                  Med
## -2.62805780 -0.31331023 0.01061954 0.30509361 2.65397585
## Number of Observations: 110
## Number of Groups: 55
```

For HR:

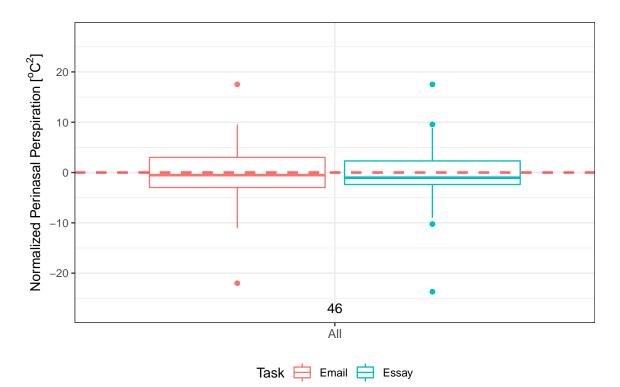
#### Linear Modelling

Our Linear Model:

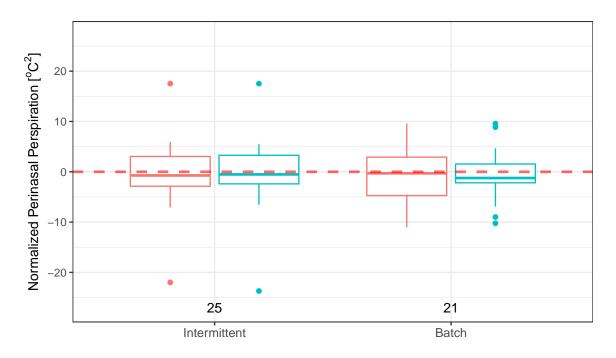
```
\Delta HR = 1 + Group + Session + 1 | Subject
```

```
## Linear mixed-effects model fit by REML
## Data: diff_df
##
         AIC
                  BIC
                        logLik
##
    1194.316 1222.952 -588.158
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept) Residual
##
## StdDev:
             4.647123 5.180994
##
## Fixed effects: HR ~ 1 + Group + Session
                  Value Std.Error DF
                                      t-value p-value
## (Intercept) -0.464407 2.001282 136 -0.232055 0.8168
## GroupIL
               3.688514 2.406642 42 1.532639 0.1329
## GroupBH
               0.737233 2.374532 42 0.310475 0.7577
## GroupIH
               3.857014
                         2.479613 42 1.555490 0.1273
              -2.321467
## SessionSC
                         1.062063 136 -2.185809 0.0305
## SessionDT
             -2.867565 1.046719 136 -2.739575 0.0070
               4.766576 1.119223 136 4.258828 0.0000
## SessionP
## Correlation:
            (Intr) GropIL GropBH GropIH SssnSC SssnDT
##
## GroupIL
            -0.748
## GroupBH
            -0.757 0.631
## GroupIH
            -0.727 0.604 0.612
## SessionSC -0.263 0.000 0.000 0.010
## SessionDT -0.262 0.000 0.000 0.000 0.493
## SessionP -0.240 -0.001 -0.014 -0.009 0.468 0.468
## Standardized Within-Group Residuals:
                       Q1
                                  Med
                                              QЗ
                                                         Max
## -3.56781671 -0.49803799 -0.01804003 0.41408996 5.30849407
##
## Number of Observations: 185
## Number of Groups: 46
```

### HR Measures for Emails vs Essay Writing



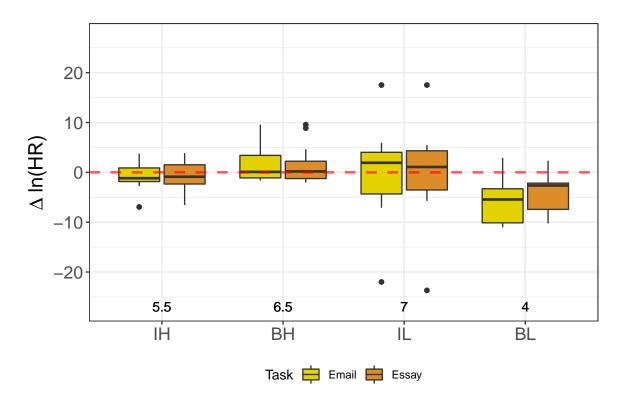
```
## Paired t-test ## For all groups, p = 0.1945 > 0.05
```



Task 🖨 Email 🖨 Essay

## Paired t-test ## For Intermittent, p = 0.5442 > 0.05

## Paired t-test
## For Batch, p = 0.2583 > 0.05



```
## Paired t-test
```

## For IH, p = 0.6292 > 0.05

## Paired t-test

## For BH, p = 0.9024 > 0.05

## Paired t-test

## For IL, p = 0.72 > 0.05

## Paired t-test

## For BL, p = 0.165 > 0.05

#### More Linear Modelling

```
Our Linear Model:
                          \Delta HR = 1 + Group + DualTask + 1 | Subject
```

```
## Linear mixed-effects model fit by REML
## Data: total_df
##
         AIC
                  BIC
                         logLik
##
    463.4833 480.7447 -224.7417
##
## Random effects:
## Formula: ~1 | Subject
          (Intercept) Residual
## StdDev:
             5.722486 1.124413
##
## Fixed effects: HR ~ 1 + Group + DualTask
                    Value Std.Error DF
                                        t-value p-value
## (Intercept)
                -4.926985 2.0460002 45 -2.408106 0.0202
## GroupIL
                4.673732 2.5605836 42 1.825260 0.0751
## GroupBH
                 6.288576 2.5961489 42 2.422271 0.0198
## GroupIH
                 4.096491 2.6845537 42 1.525949 0.1345
## DualTaskEssay 0.308811 0.2344563 45 1.317138 0.1945
## Correlation:
##
                (Intr) GropIL GropBH GropIH
## GroupIL
                -0.796
                -0.786 0.628
## GroupBH
                -0.760 0.607 0.599
## GroupIH
## DualTaskEssay -0.057 0.000 0.000 0.000
##
## Standardized Within-Group Residuals:
          Min
                       Q1
                                  Med
## -1.79662615 -0.42177684 -0.01583117 0.51089481 1.96793109
## Number of Observations: 92
## Number of Groups: 46
```