

August 25, 2013 - ACA "Walk and Talk"

Arlington Heights Lake, Arlington Heights, IL

Join us and experience one or all of the following:

- The opportunity to get to know other ACAs
- A walking meeting (remember that whenever two or more are gathered, it can be a meeting)
- A chance to maybe even see an old friend

Time: We'll start meeting at 9:15 a.m. and start walking at 9:30. We'll try to leave breadcrumbs if you get there late ☺. We will be going around the lake (two miles) left to right.

Where: Arlington Heights Lake, on Windsor, 2 Blocks North of Palatine Road, Arlington Heights, IL. We will meet in parking area.

If we can't put a sign in the ground, we'll have one in a car window or car trunk that says "Friends of Tony A".

Directions: NOTE - You can't turn R or L from Palatine at Windsor. You must use Frontage Road.

From Hwy 53: Exit East onto Palatine Rd. Go about 1.5 miles. Stay in the right lane. After you pass the Palatine Rd. and Rand Rd. intersection, stay in the right lane and merge onto Frontage Rd. On Frontage Rd., stay in the left lane and turn left onto Windsor Dr. at the stoplight. (This is the only way you can make that left hand turn.) Go North on Windsor for 2 blocks. The Lake and Parking area are on your right.

From 294: Exit Willow Rd. and go west (after about ½ mile, Willow becomes Palatine Rd.) Drive about 3 miles and take the Schoenbeck Rd. exit. You will now be on Frontage Rd. DON'T turn right or left onto Schoenbeck – go straight ahead and continue on Frontage – it runs parallel to Palatine. Turn right at the next stoplight (Windsor). Go north two blocks. Lake and Parking lot are on your right.

IMPORTANT: Don't speed on Frontage Rd. –they're watching & the fine is \$95.

We'll provide water

Optional: Breakfast afterwards at Granny's Restaurant, 831 W. Dundee Rd., Wheeling, IL (southwest corner – Hwy 83/Elmhurst & Dundee)

Contact Information: For questions or if you can't find us, call **Kathleen at 847 946 0170, Dan at 847 259 4745, or Dee at 248 674 8540.**

**Bring your
Inner Child**

Hosted by the West Great Lakes
ACA Intergroup

www.westgreatlakesaca.org



Remember: take this flyer with you or make note of the contact phone numbers.