

Mingus Mountain ACA Retreat is a 12-Step gathering for ACA's, but is open to anyone in a 12-Step recovery program. This will be our 28<sup>th</sup> year on the mountain.

**The dates for this year's retreat are:  
Friday September 6 to Sunday September 8, 2013**

The camp will be open at 3pm on Friday. Closing ceremony will be around 1pm, right after lunch.

Mingus Mountain is located in the cool pines of the Prescott Nat'l Forest. (Altitude is 7600')

The price includes 3 days and 2 nights on the mountain, 6 wonderful meals, recovery related meetings, hikes, friends and fun (plenty of playtime available)!

***Registration is only \$120***

This year's retreat theme will be "Grow Beyond Your Dreams".

We have 45 reserved slots. We will have one co-ed group Lodge for 30 paid registrants. Extra registrants and late arrivals after 30 people will stay in 3 small rustic cabins so register early. Sorry, due to fire restrictions, no tent camping allowed.

Space is limited so register early! Refunds are NOT available, however reservations are transferable.

For those looking for scholarships, please contact your ACA Homegroup for half-scholarships available.

### **What do you need to bring?**

- \* Sleeping bag or bedding
- \* Shower supplies (incl. Towel, bathroom items)
- \* Sunscreen, Hat, Flashlight
- \* Warm & cool weather clothes (hiking shoes)
- \* Board games and/or a talent or musical instrument
- \* Medication if needed (take into account the higher elevation)
- \* Snacks to share
- \* Water Bottle/Container
- \* Extra Bottled Water if you don't like Mountain Water.

### **What Mingus Mountain has for you!**

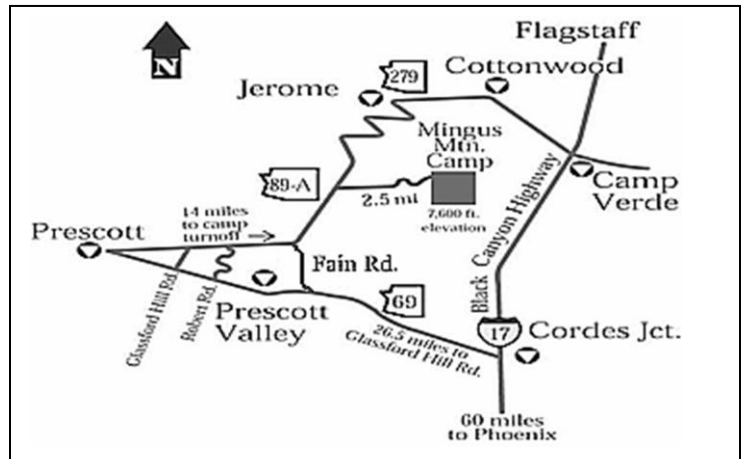
- \* Vegetarian meals available however, if you have any special food needs, you will need to bring your own food. We do not have access to the camp kitchen.
- \* Meals are served family style so please take note of meal times.
- \* State of the art lodge complete with hot showers and a kitchenette.
- \* Persons with special needs can be accommodated on a limited basis, please contact us to let us know your needs.
- \* We will be sharing the camp with another group, so please be respectful to the other group.

**Important:** Please do not bring firearms, alcohol, illegal substances, pets, or children. The Camp has reserved 1 small space for smoking.

**Note:** Please don't wait until the last minute to register because we have to prepay for a pre-determined amount of attendees. Your reserved slot is only guaranteed with full payment prior to the retreat. The Friday Night Dinner is served between 5:00PM & 6:00PM and the kitchen does not stay open past 6:00PM.

### Directions to Mingus Mountain

- \* Take I-17 North to Junction 69 (Cordes Junction).
- \* Take Route 69 toward Prescott\Prescott Valley
- \* You will pass Young's Farm in Dewey on your right and Prescott Country Club on your Left.
- \* Turn right on Fain Road which is a signaled light.
- \* Drive 9 mi. to a signaled intersection (89A)
- \* Turn right on 89A (north).
- \* Travel 14 miles toward the summit and follow The Mingus Recreational Area signs
- \* Turn right at Mingus Summit picnic area.
- \* Follow the dirt service road 2.5 until you get to Mingus Mountain UM camp.
- \* The camp will be on the left side past a small pond on the right.
- \* Look for the redwood fence and the camp sign in the front of the camp.



\*\*\*\*Make check payable to\*\*\*\*

### Adult Children of Alcoholics

Mail to: Mingus Retreat, PO Box 14043 Mesa, AZ 85216-4043

Fax to: 602.507.3892

Email to: [retreat@aca-arizona.org](mailto:retreat@aca-arizona.org)

For questions, contact: [david@aca-arizona.org](mailto:david@aca-arizona.org)

For additional info, pictures & testimonials visit <http://aca-arizona.org/retreat>

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**Please complete and return this portion with your check to reserve your space.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email address: \_\_\_\_\_

Best time to reach you: \_\_\_\_\_

We don't have the resources to guarantee transportation, but if you need a ride, we can share contact information for other willing attendees. If you are able to help those who need a ride, let us know here: \_\_\_\_\_

**Return to:** Mingus Retreat, PO Box 14043 Mesa, AZ 85216-4043, fax 602.507.3892, email [retreat@aca-arizona.org](mailto:retreat@aca-arizona.org)

**Restrictions:** No refunds (you can always re-sell your slot). Designated smoking area. \$35 returned check fee. No pets, alcohol, guns, or fireworks are allowed on camp property.