

Ready, SET, GO !!!



Traveling Ready-Set-Go is a pre-view of the ACA 12 steps done in 4 short weeks.

This program introduction is useful for newcomers, old timers needing a refresher course of the ACA steps, or those interested in getting an idea of the ACA 12 steps before going through the workbook. The material that forms the overview script is taken from our Big Red Book and our ACA steps workbook. A script will be provided to you. It is a good way to prepare for working the workbook.

There are 4 meetings held from 3:30 to 5:00 pm on consecutive Sundays, October 5, 12, 19, and 26 at

STILLWATERS Alano Club, 28144 W Industrial Ave., Suite 122 Lake Barrington, IL
(2nd Driveway On Left)

Traveling Ready, Set, Go Road Map

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|----------|------------------|----------|----------------------|
| * Week 1 | steps 1, 2 and 3 | * Week 3 | steps 6, 7, 8, and 9 |
| * Week 2 | steps 4 and 5 | * Week 4 | steps 10, 11, and 12 |

* ***We need your commitment by text or email by Sept 14.*** *

text Paula at 847-460-8593

~ or ~

email your reservation to Therapeuticmassage10@gmail.com.

To allow us the time needed to print the booklet which will be given to you on the first day and reserve a space for this exciting experience .