

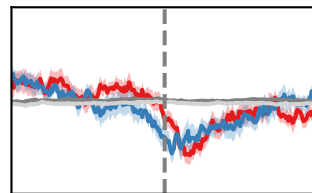
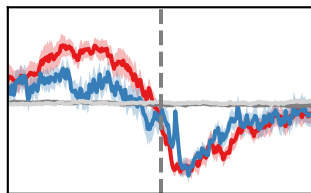
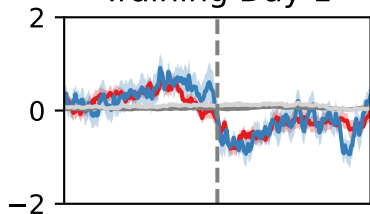
adm567

Training Day 1

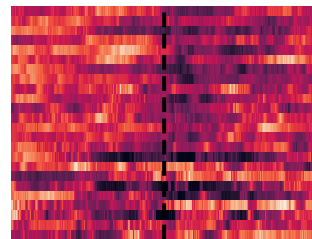
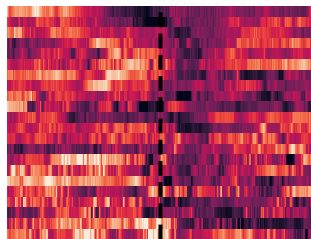
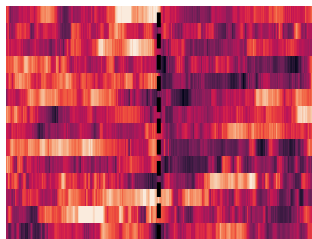
Training Day 2

Training Day 3

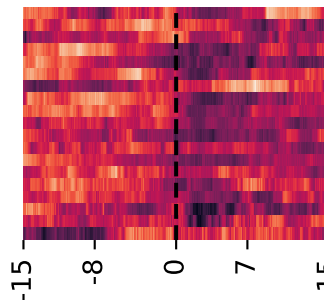
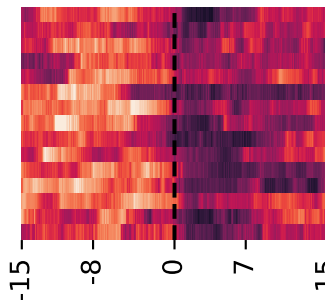
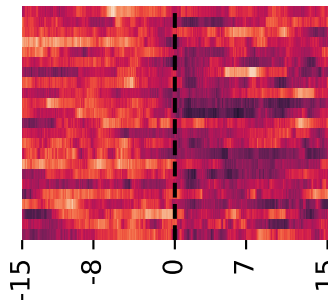
Z-Scored $\frac{\Delta F}{F}$



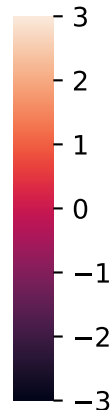
CS-



CS+



Z-Score



Time Lag (s)

Time Lag (s)

Time Lag (s)