

'How's Mom Today?'

A Health-Care Portal For Those Who Care About Someone Special

Welcome!

Who are you inquiring about or caring for today?

Type name here

Pass code:

Submit

Interested in signing up or learning more? Click here!

Yes!

Or call 1-888-469-7666 (1-800 how's mom)



Amanda is free to talk now! Call!



Welcome!!

Who Are You?

Who's on now?

On Off	Judy Smith	Caregiver	Pass code: Log in
• 0	Molly Carey	Caregiver	Pass code: Log in
0	Nichole Waters	Caregiver	Pass code: Log in
• 0	John Rintoni	Son	Pass code: Log in
0	Angela Rintonin Baker	Daughter	Pass code: Log in

New Member? Click here to register.

New Members Register Here!

Sample Dashboard for Son or Daughter logging in



Today is April 1, 2016. Current time at Alice's house is: 1:25 p.m.

Molly has been caring for Alice since 9:00 am

Molly is caring for Alice today.

How's Alice today?

Molly rates Alice a _7 / 10 today.

Molly's Note:



Other notes from today

Click Icon Below To Check Any Status



J Smith

Who's logged on now?

M Carey; Caregiver

J Rintoni; Son

Inactive

A R Baker

N Waters

Good morning. Today Alice slept in a little, but was alert and pleasant and eventually got up, went to the bathroom and ate a big breakfast and then we started on the day. She is good overall. She enjoys talking politics and religion!

Got up at: 9:45 am

Breakfast:

Lunch

Dinner

notes

Snack / Other

Meds Normal Dosing?

and On Time?

Yes

Nο

Scheduled activities for today:



You have a Note! Click here to read it.





TV OPT OT ODoctor OSr. Center Vis Nurse



Spiritual



Friends

Bobby came by at noon today! Drive or visit

Type in

Icons Descriptions (child's view) Summary; a sep slide is shown further on for each icon



The child can see what the meds are, the dose, schedule, and refills available



This shows a monthly calendar that anyone can put info into such as doctors visit, PT/OT, etc. Relatives can input when they are coming to visit, etc. You can add in birthdays, anniversaries, etc.



This is a detailed view of all the scheduled activities – it directly links to calendar



If available, the caregiver puts in the vitals for the day or week including glucose



Anyone can type a note to anyone else who is a member of the portal. An icon flashes up to their dashboard page letting the receiver know they have a note. As well, the note also links to the member's e-mail and is sent there.



There is an Instant Messaging capability for anyone who is logged in that also connects with their phone's text messaging.



This is a skype icon that can skype with anyone logged in



This gives a detailed summary of all the details such as vitals, meds, activities, etc.



This give all the names and contact info for all doctors, PAs, nurses, agencies, therapists, pharmacies, etc.

Icons - details



Medications icon.

	Medication / Supplement	Strength	Frequency	#tabs/dose	When take	Refills
1	Lisinopril	10 mg	Daily	1	Morning	1
2	Metoprolol	25 mg	Twice daily	1	Morning and evening	2
3	Metformin	500 mg	Twice daily	1	Morning and evening	0
4	Xanax	2 mg	Daily	1	Morning	1
5	Nemenda	50 mg	Twice daily	1	Morning and evening	3
6	Asprin	81 mg	Daily	1	Before bed	n/a
7	Fish Oil	1200	Daily	2	Noon	n/a
8	Focus Formula	n/a	Daily	2	Noon	n/a

Pharmacy: Walgreens: 23358 Lorain Road, North Olmsted, OH 44107 440-734-7665

www.Scripts-on-line.com click hyperlink to refill



Calendar

This shows a monthly calendar that anyone can put info into such as doctors visit, PT/OT, etc. Relatives can input when they are coming to visit, etc. You can add in birthdays, anniversaries, etc.

[MONTH]								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
								
								
_					_			



Activities

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					-	***	Th	_	C-
	DI	-1	S	M	Т	W	Th	F	Sa
	Physical T		0.00.014	2.00.014	2.00.014	2 22 214		0.00.014	
		Schedule	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM	2:00 PM
		Exercises	Name	Tools		Amount		Fq/wk	
			curls	3# hand weights		10 x each hand		3x	
			Step ups	Phone book		10 x		Daily	
			Leg lifts	sit in chair		10 x		Daily	
	Occupation	onal Therapy							
		Schedule	4:00 AM	4:00 PM	4:00 AM	4:00 PM	4:00 AM	4:00 PM	4:00 AM
		Exercises	Name	Object		Amount		Fq/wk	
			Walk	Walk to Bathroom				3x	
			Bed	Get in / out Bed				3x	
	Intellectu	ıal							
		Schedule	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AM	11:00 AN
		Exercises	Name	Tools		Amount		Fq/wk	
			Word Search	Book				Daily	
			Math Quiz	Flash Cards				Daily	
			Memory Game	On-line or Cards				Daily	
	Spiritual								
	Spiritual	EWTN Mass	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM	8:30 AM
		Fq	Daily	Daily	Daily	Daily	Daily	Daily	Daily
		Rosary	3:00 PM	3:00 PM	3:00 PM	3:00 PM	3:00 PM	3:00 PM	3:00 PM
		Fq	Daily	Daily	Daily	Daily	Daily	Daily	Daily



Providers Page

Providers					
		Preferred method	of contact is bolded		Text preference
	Primary Care Provider	Name	Phone	e-mail	
		Dr. John Mandat	440-652-3489	Contact Hospice	
	Visiting Nurse	Name	Phone	e-mail	
		Nichole Watson	216-734-0987	nicholewatson@gmail.com	
	Heartland Hospice	Name	Phone	e-mail	
		Anyone	800-345-6789	info@heartlandhospice.com	
	Caregivers	Name	Phone	e-mail	
		Judy Smith	440-295-1967	jsith1234@gmail.com	
		Molly Carey	440-332-7112	molly9smith@gmail.com	
		Nichole Waters	440-778-3443	nichole45waters@yahoo.com	Yes
	Seniors Helping Seniors				
		Colleen Campbell	440-333-9741	colleencamp@gmail.com	