

Echocardiography Segmentation with Enforced Temporal Consistency

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Academic Background

- **B.Sc. + M.Sc. Computer Science**

Université de Sherbrooke (2016-2019, 2019-)

M.Sc. Advisor: **P.-M. Jodoin**

M.Sc. Subject: Cardiac Segmentation with Anatomical Constraints

- **Joint Ph.D. Computer Science**

Université de Sherbrooke / INSA Lyon (2020-2023)

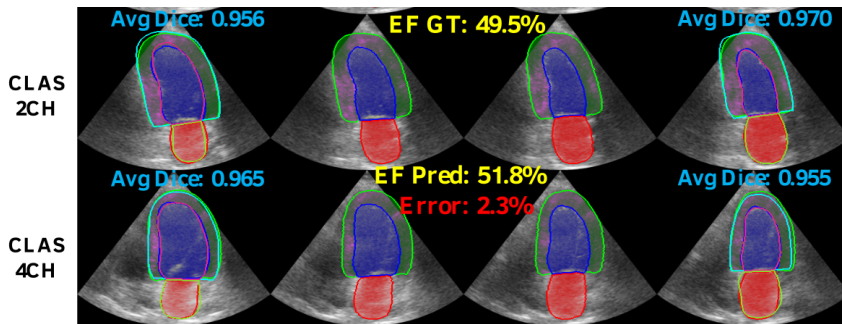
Advisors: **P.-M. Jodoin**, **O. Bernard**, N. Duchateau

Subject: Hypertension Characterization using Echocardiography

Current State of Echocardiography Segmentation: The Good

Automatic 2D+time echocardiography segmentation using deep neural networks:

- ✓ Intra-observer variability



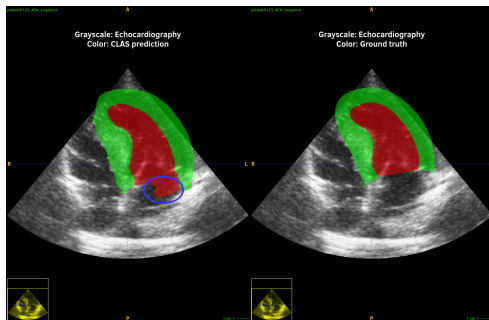
[Wei *et al.*, MICCAI 2019]

Current State of Echocardiography Segmentation: The Bad

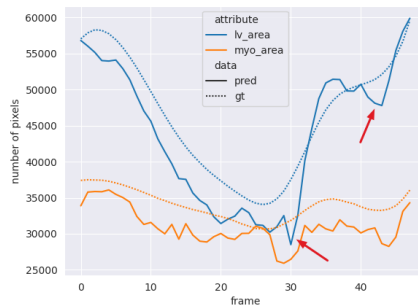
Automatic 2D+time echocardiography segmentation using deep neural networks:

❌ Failures on individual frames

❌ Temporal consistency



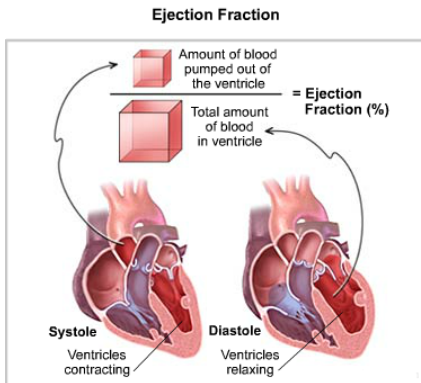
Example of degenerated frame in echo. sequence



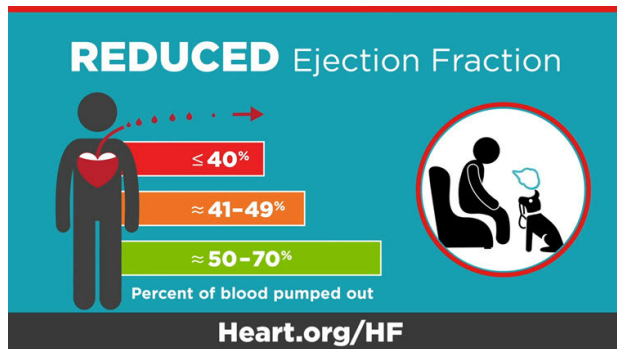
[Painchaud *et al.*, accepted by IEEE TMI 2022]

Path to Clinical Use

- Methods' **clinical relevance** measured by impact on **ejection fraction** estimation



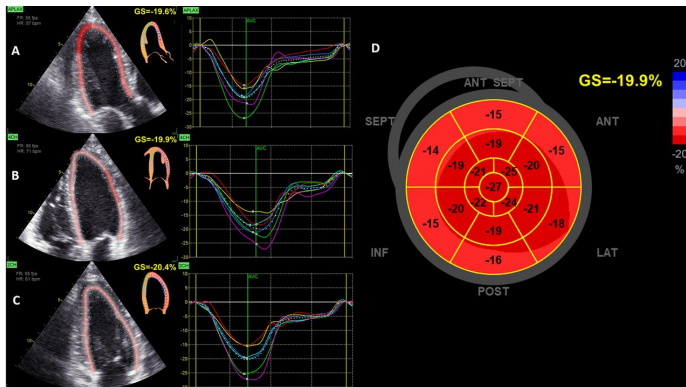
Source: [Emory University](#)



Source: [American Heart Association](#)

Path to Clinical Use

- Methods' **clinical relevance** measured by impact on **ejection fraction** estimation
- Physicians use **measures over time** to guide diagnosis (e.g. GLS)



[Abou et al., Heart 2020]

Temporally Consistent Echocardiography Segmentation

What?

Add a **hard temporal consistency constraint** to echocardiography segmentation

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- 2 Learn an **interpretable representation** of cardiac shapes that models the shape attributes

Temporally Consistent Echocardiography Segmentation

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How?

- 1 Define temporally inconsistent segmentations based on **shape attributes variations**
- 2 Learn an **interpretable representation** of cardiac shapes that models the shape attributes
- 3 Leverage the representation to **post-process temporal inconsistencies** in echocardiography segmentations *a posteriori*

Cardiac Shape Attributes

- 1 Define (7) **shape attributes** computable from segmentations
- 2 Identify **variation thresholds** from reference segmentations



Left ventricle area



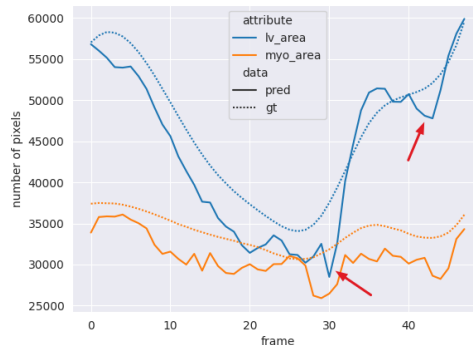
Myocardium area



Y center of mass

Cardiac Shape Attributes

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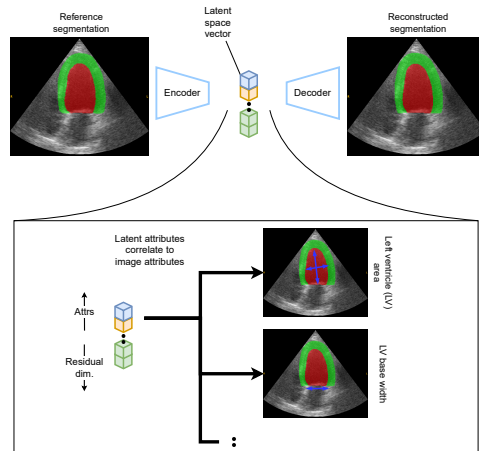
[Painchaud *et al.*, accepted by IEEE TMI 2022]

Cardiac Shape Autoencoder

AR-VAE¹ to disentangle shape attributes:

1 shape attr. \leftrightarrow 1 latent dim.

+ residual dimensions

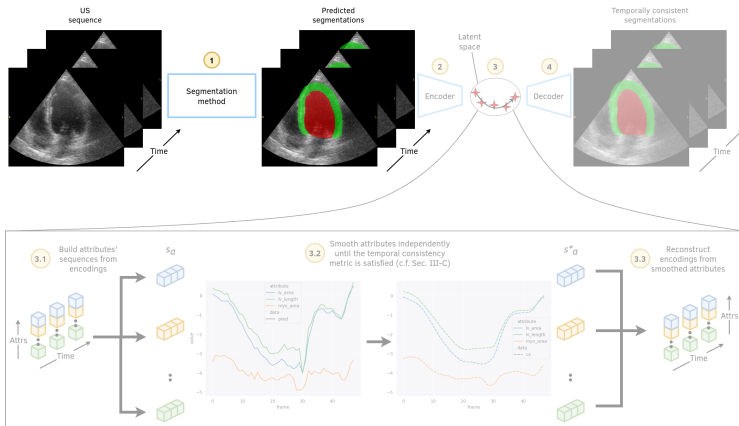


¹[Pati *et al.*, Neural Comput & Applic 2021]

Temporal Regularization Framework

① Perform 2D+time segmentation using a **black-box method**

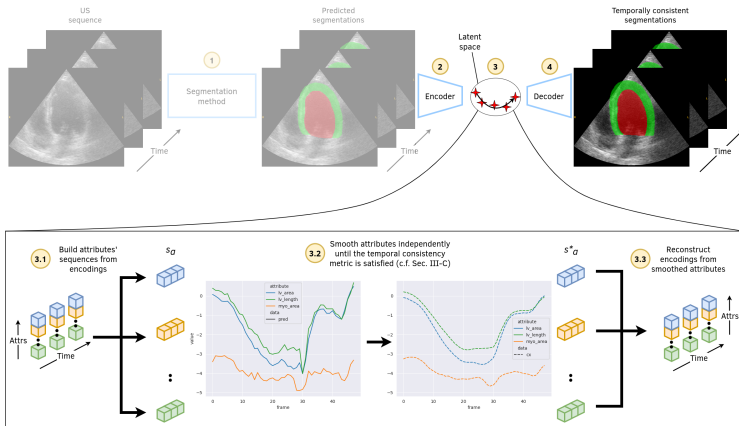
② Smooth temporal inconsistencies in the latent space



[Painchaud *et al.*, accepted by IEEE TMI 2022]

Temporal Regularization Framework

- 1 Perform 2D+time segmentation using a black-box method
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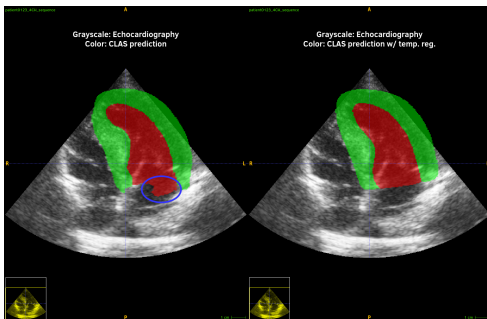
[Painchaud *et al.*, accepted by IEEE TMI 2022]

Results

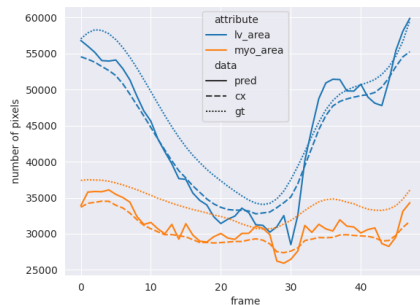
Segmentations after temporal post-processing:

✓ Improved accuracy across cycle

✓ Temporal consistency



Degenerated frame smoothed using neigh. frames



[Painchaud *et al.*, accepted by IEEE TMI 2022]

Post-processing and latent manipulation results: <https://youtu.be/rBUx4J0z-7o>

Thank you for listening! Questions?



Supplementary Materials: Videos

- Temporal regularization results: https://youtu.be/098NddEb2_k
- Latent attribute manipulation: https://youtu.be/_qb9muKyMIQ

Temporal Consistency Results

TABLE II: Temporal consistency of SOTA segmentation methods, with and without our temporal regularization. [Left] Number of sequences with at least one temporally inconsistent frame w.r.t its neighboring frames, out of a **total of 98 sequences**. [Right] Ratio between the Laplacian of an attribute at a given frame, as defined in eq. (3), and the maximum threshold above which the value for that attribute are considered temporal inconsistent. The ratio is averaged over all attributes and all frames, regardless of whether they are temporally consistent or not.

Methods	Original	Gaussian filter	VAE	Cardiac AR-VAE		
				-	Temp. reg. attrs.	Temp. reg.
CLAS [1]	68 / .211	41 / .143	56 / .199	54 / .212	1 / .083	0 / .069
DeepLabv3 [10], [11]	98 / .879	86 / .237	98 / .871	98 / .892	81 / .277	1 / .125
ENet [12], [13]	98 / .700	85 / .238	98 / .681	98 / .655	67 / .221	0 / .114
LUNet [7]	98 / .594	79 / .214	98 / .591	98 / .641	61 / .220	0 / .113
U-Net [5], [6]	98 / .562	83 / .218	98 / .558	98 / .584	53 / .198	0 / .110

[Painchaud *et al.*, accepted by IEEE TMI 2022]

Segmentation Accuracy Results

TABLE III: Accuracy of SOTA segmentation methods, with and without our temporal regularization, on all frames of the full cycles from the CAMUS dataset. [Left] Average Dice score and [Right] Hausdorff distance (in mm).

Methods	Original	Gaussian filter	VAE	Cardiac AR-VAE		
				-	Temp. reg. attr.	Temp. reg.
CLAS [1]	.953 / 4.4	.953 / 4.3	.953 / 4.0	.953 / 4.0	.953 / 4.0	.952 / 4.0
DeepLabv3 [10], [11]	.946 / 4.8	.951 / 4.4	.945 / 4.8	.945 / 4.8	.949 / 4.4	.951 / 4.2
ENet [12], [13]	.943 / 5.1	.946 / 4.8	.943 / 4.9	.944 / 4.8	.947 / 4.5	.949 / 4.3
LUNet [7]	.947 / 4.6	.951 / 4.3	.947 / 4.6	.947 / 4.6	.950 / 4.3	.952 / 4.1
U-Net [5], [6]	.951 / 4.3	.954 / 4.0	.951 / 4.3	.950 / 4.3	.953 / 4.1	.955 / 3.9

[Painchaud *et al.*, accepted by IEEE TMI 2022]

Clinical Metrics Results

TABLE IV: Clinical metrics of SOTA segmentation methods, with and without our temporal regularization. [Left] MAE on the 2D ejection fraction (EF) computed from A4C segmentations. [Right] Number of frames with anatomical errors, as defined in [12], out of a **total of 4531 frames** from all frames across all sequences.

Methods	Original	Gaussian filter	VAE	Cardiac AR-VAE		
				-	Temp. reg. attrs.	Temp. reg.
CLAS [1]	4.2 / 6	4.6 / 2	4.3 / 1	4.1 / 1	4.1 / 0	4.0 / 0
DeepLabv3 [10], [11]	2.8 / 12	2.7 / 13	2.9 / 1	2.7 / 3	2.7 / 3	3.6 / 0
ENet [12], [13]	3.2 / 11	2.9 / 20	3.4 / 5	2.9 / 0	2.9 / 0	3.3 / 0
LUNet [7]	3.1 / 11	2.7 / 8	3.1 / 0	2.7 / 1	2.8 / 1	3.6 / 0
U-Net [5], [6]	2.7 / 1	2.9 / 6	2.9 / 6	2.8 / 3	3.0 / 0	3.8 / 0

[Painchaud *et al.*, accepted by IEEE TMI 2022]

Publications

- ① **N. Painchaud**, N. Duchateau, O. Bernard, and P.-M. Jodoin, “Echocardiography Segmentation with Enforced Temporal Consistency,” *accepted pending minor revision*, IEEE TMI, Apr. 2022.
- ② **N. Painchaud**, Y. Skandarani, T. Judge, O. Bernard, A. Lalande, and P.-M. Jodoin, “Cardiac Segmentation With Strong Anatomical Guarantees,” IEEE TMI, Nov. 2020.
- ③ **N. Painchaud**, Y. Skandarani, T. Judge, O. Bernard, A. Lalande, and P.-M. Jodoin, “Cardiac MRI Segmentation with Strong Anatomical Guarantees,” MICCAI 2019.