



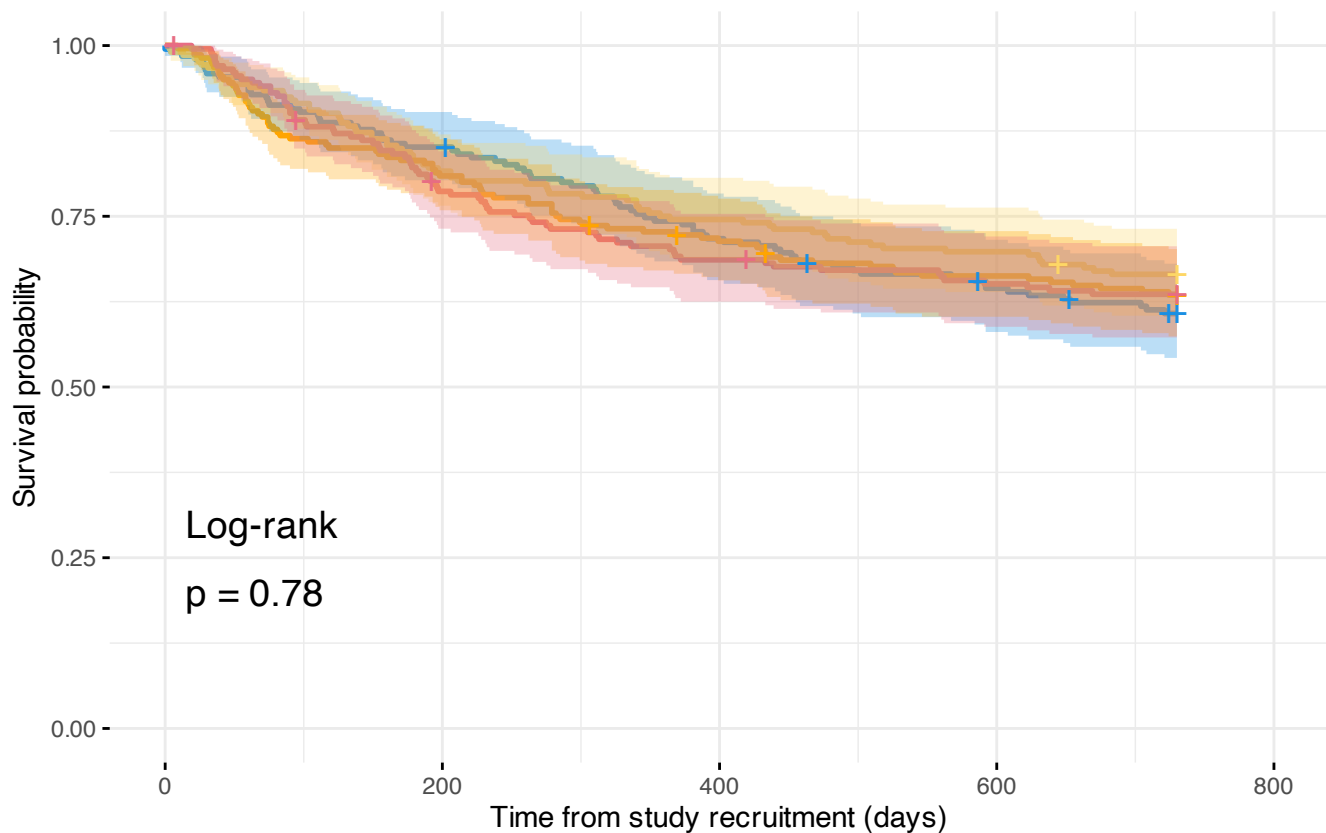


Time to patient-reported flare

Nova score  Unprocessed  Processed culinary  Processed food  Ultra-processed



Number at risk

| | 0 | 200 | 400 | 600 | 800 |
|--------------------|-----|-----|-----|-----|-----|
| Unprocessed | 195 | 166 | 139 | 123 | 0 |
| Processed culinary | 212 | 173 | 158 | 148 | 0 |
| Processed food | 220 | 178 | 155 | 143 | 0 |
| Ultra-processed | 203 | 157 | 137 | 129 | 0 |