



Time to patient-reported flare


Nova score

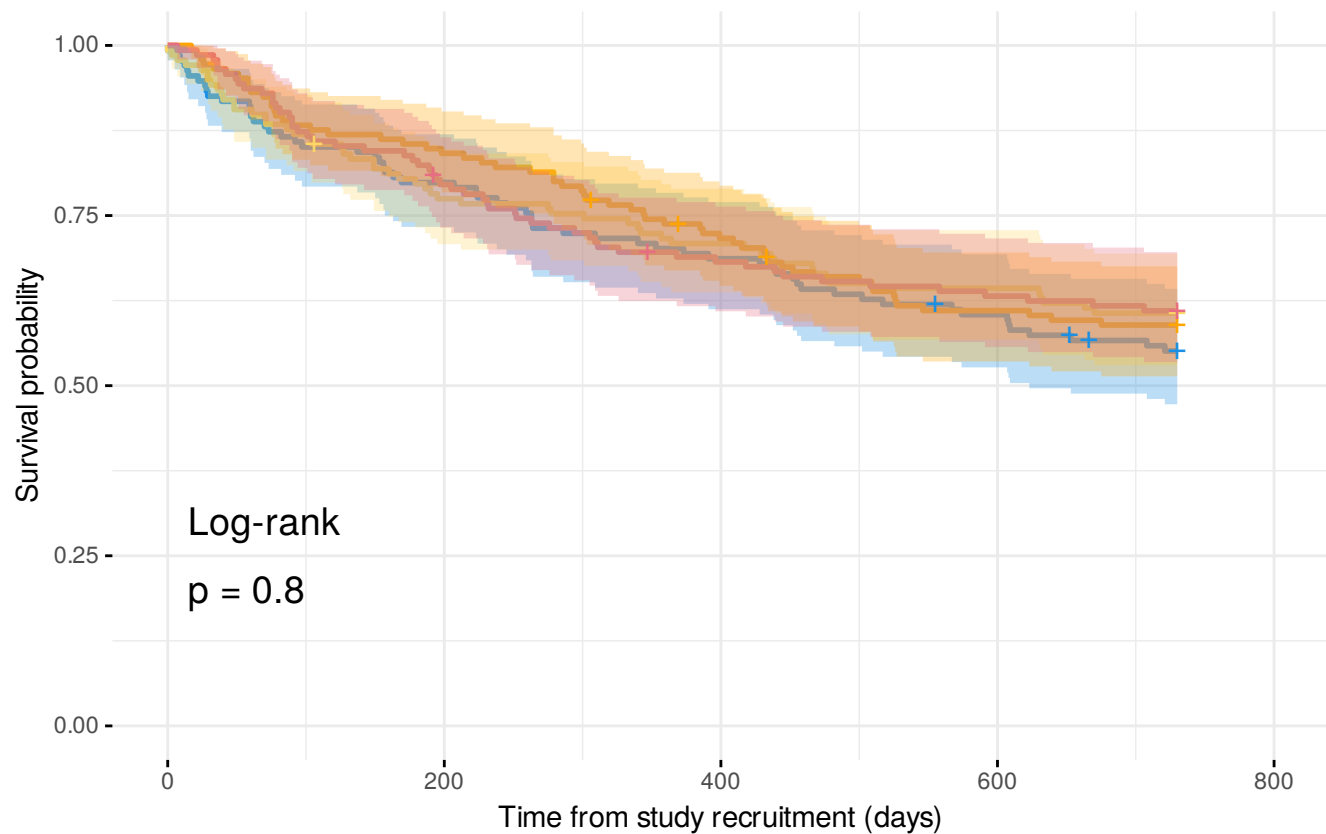


Unprocessed

 Processed culinary

 Processed food

 Ultra-processed



Number at risk

Nova score	Unprocessed	Processed culinary	Processed food	Ultra-processed
134	107	92	80	0
138	106	97	88	0
145	122	102	86	0
142	112	95	88	0

Time from study recruitment (days)