



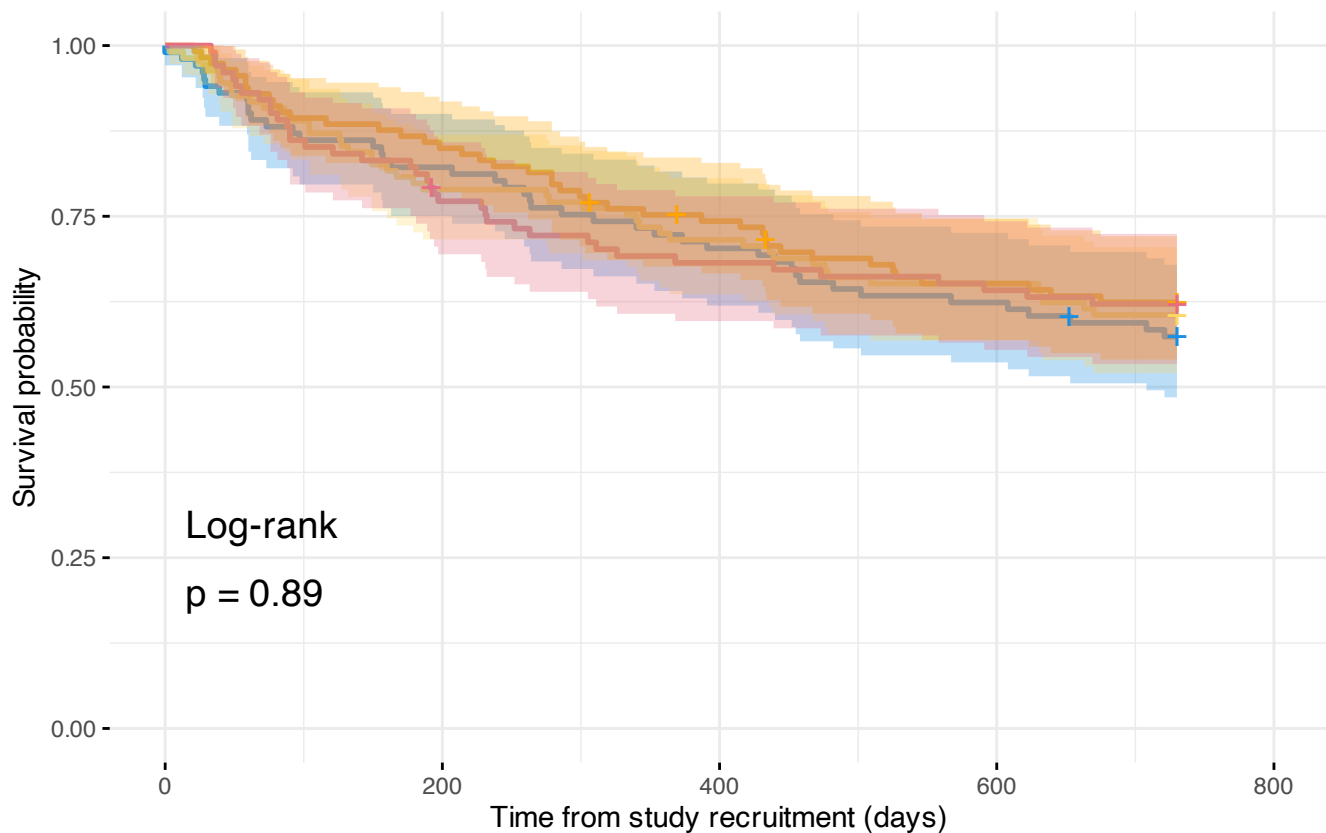


Time to patient-reported flare

Nova score  Unprocessed  Processed culinary  Processed food  Ultra-processed



Number at risk

| Nova score | Unprocessed | Processed culinary | Processed food | Ultra-processed |
|------------|-------------|--------------------|----------------|-----------------|
| | 101 | 83 | 71 | 63 |
| | 109 | 86 | 78 | 71 |
| | 113 | 96 | 82 | 71 |
| Nova score | Unprocessed | Processed culinary | Processed food | Ultra-processed |
| | 101 | 77 | 68 | 64 |
| | 109 | 86 | 78 | 71 |
| | 113 | 96 | 82 | 71 |

Time from study recruitment (days)