



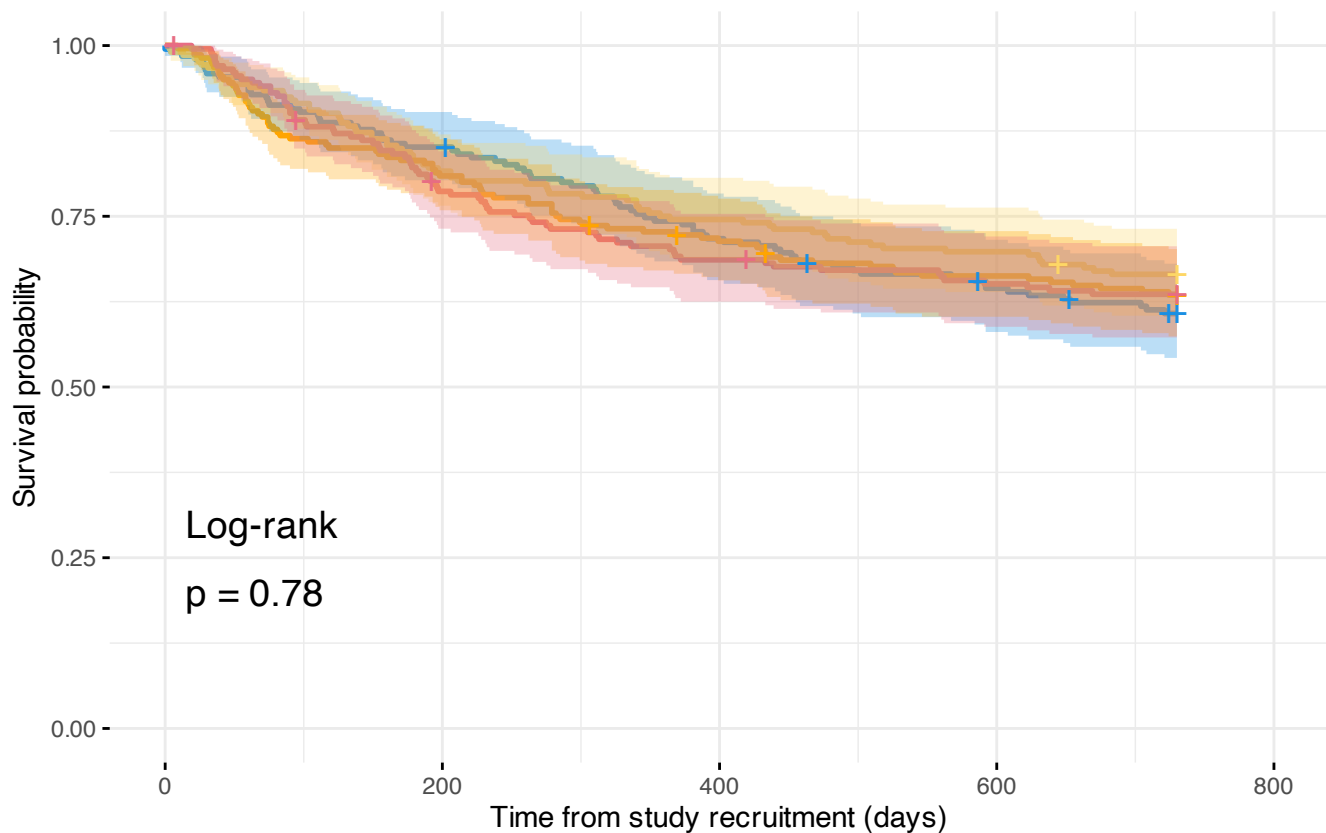




# Time to patient-reported flare

Nova score    Unprocessed    Processed culinary    Processed food    Ultra-processed



## Number at risk

|            |                    |                                    |     |     |     |     |
|------------|--------------------|------------------------------------|-----|-----|-----|-----|
| Nova score | Unprocessed        | 195                                | 166 | 139 | 123 | 0   |
|            | Processed culinary | 212                                | 173 | 158 | 148 | 0   |
|            | Processed food     | 220                                | 178 | 155 | 143 | 0   |
|            | Ultra-processed    | 203                                | 157 | 137 | 129 | 0   |
|            |                    | 0                                  | 200 | 400 | 600 | 800 |
|            |                    | Time from study recruitment (days) |     |     |     |     |