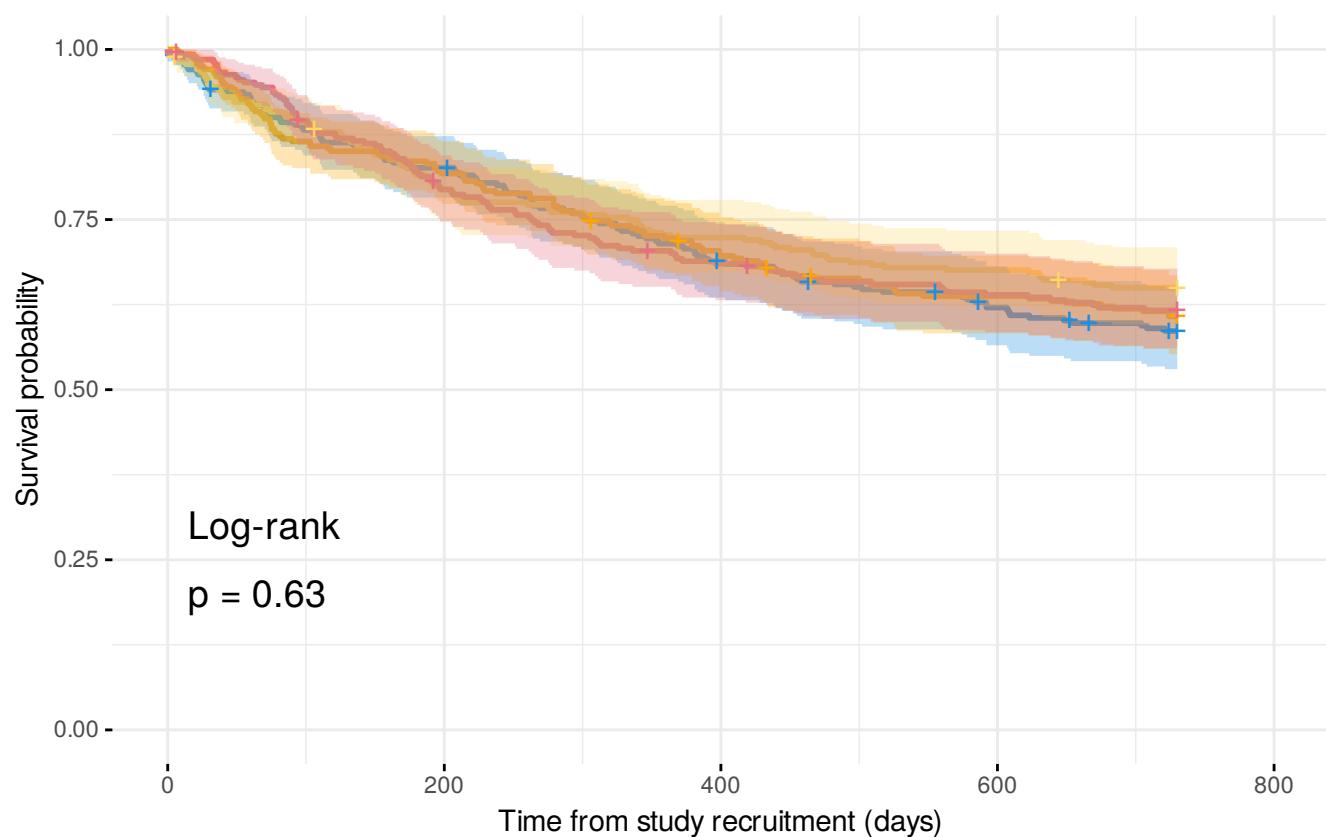




# Time to patient-reported flare

Nova score    Unprocessed    Processed culinary    Processed food    Ultra-processed



## Number at risk

Nova score	0	200	400	600	800
Unprocessed	271	223	184	163	0
Processed culinary	273	215	196	183	0
Processed food	274	224	189	171	0
Ultra-processed	269	211	181	168	0

Time from study recruitment (days)