



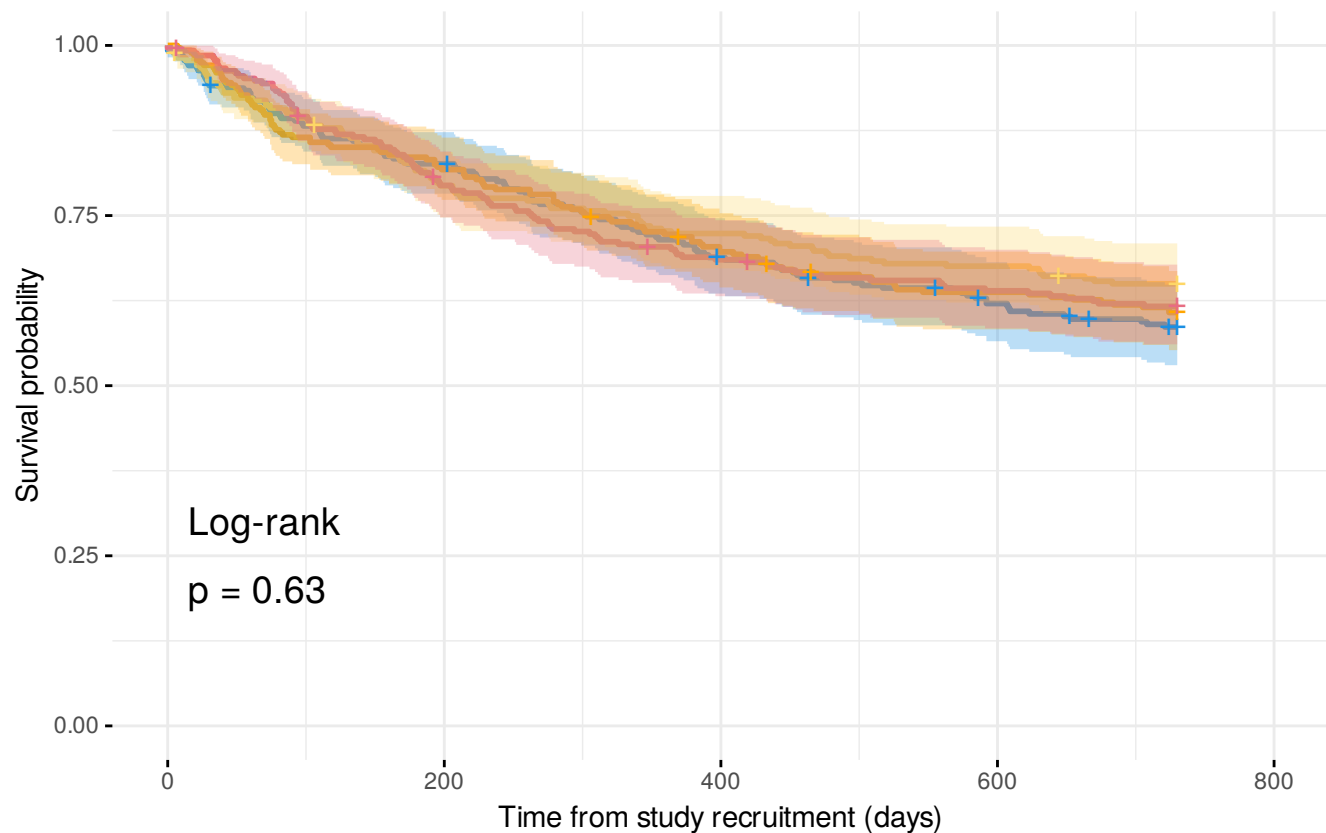


Time to patient-reported flare

Nova score  Unprocessed  Processed culinary  Processed food  Ultra-processed



Number at risk

Nova score	Unprocessed	271	223	184	163	0
	Processed culinary	273	215	196	183	0
	Processed food	274	224	189	171	0
	Ultra-processed	269	211	181	168	0
		0	200	400	600	800

Time from study recruitment (days)