



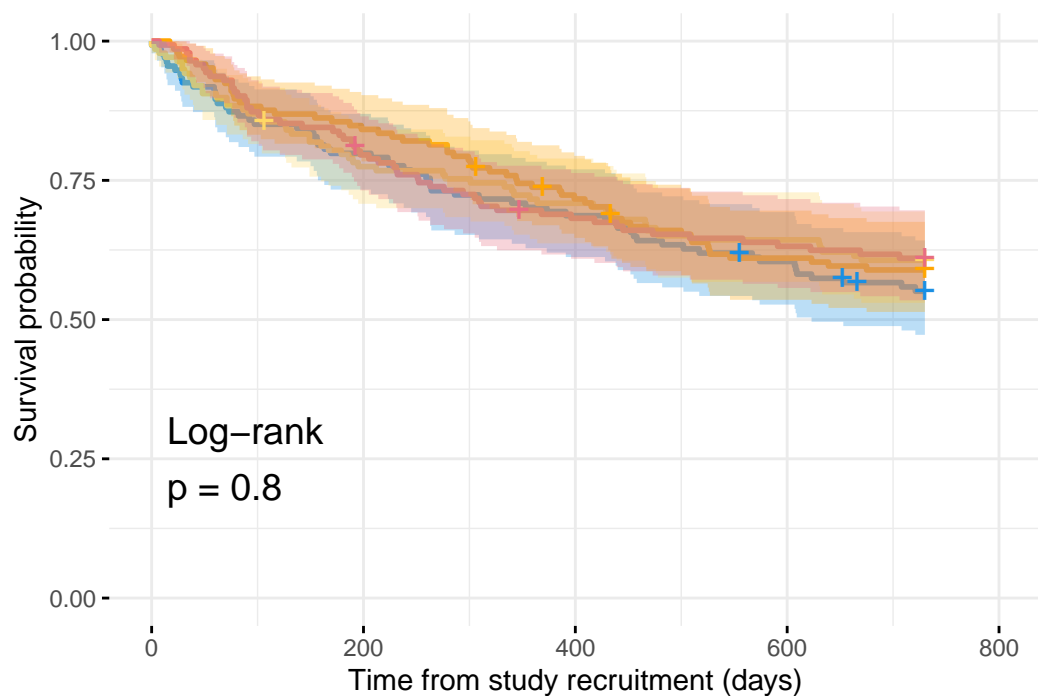


Time to patient-reported flare

Nova score  Unprocessed  Processed culinary  Processed food  Ultra-pr



Number at risk

Nova score	Time from study recruitment (days)				
	0	200	400	600	800
Unprocessed	134	107	92	80	0
Processed culinary	138	106	97	88	0
Processed food	145	122	102	86	0
Ultra-processed	142	112	95	88	0