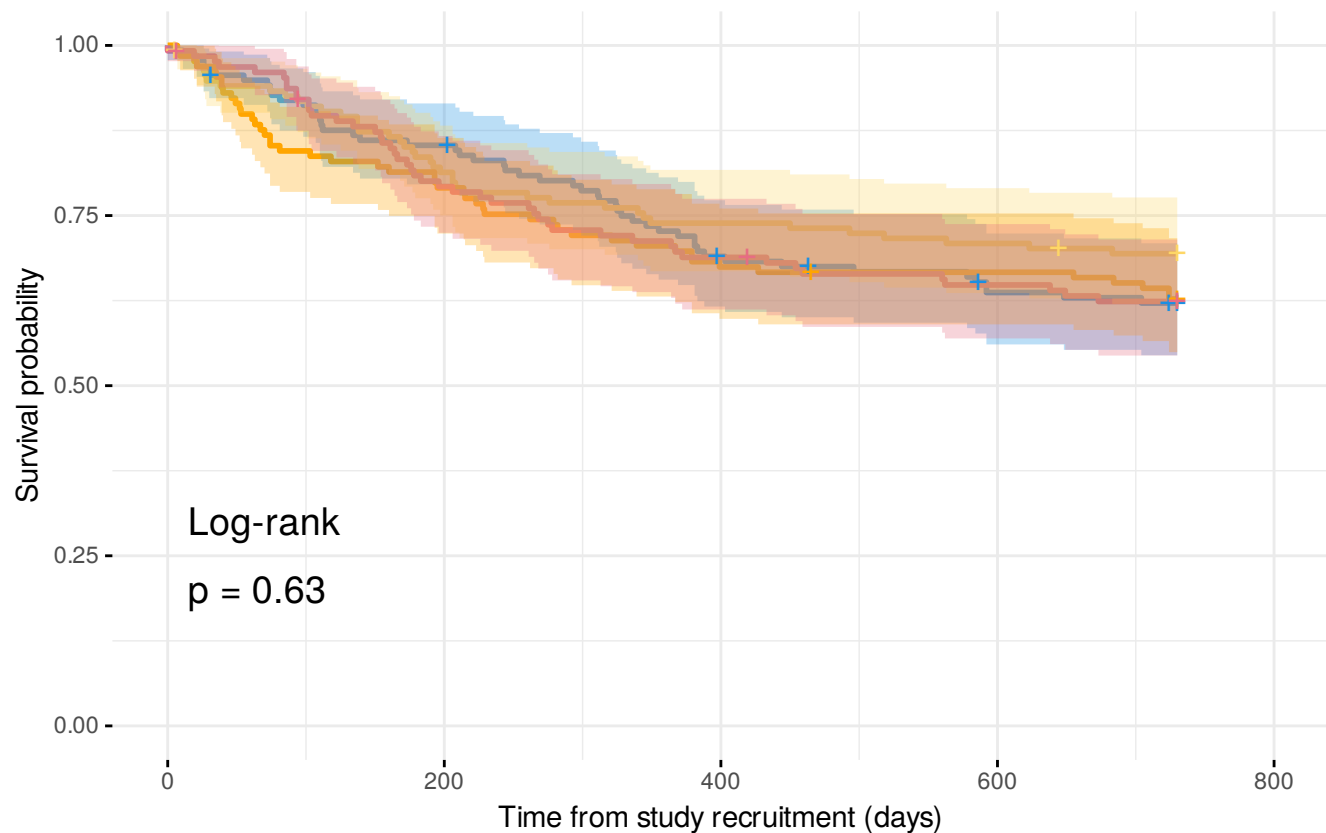


Time to patient-reported flare

Nova score Unprocessed Processed culinary Processed food Ultra-processed



Number at risk

Nova score	0	200	400	600	800
Unprocessed	137	116	92	83	0
Processed culinary	135	109	99	95	0
Processed food	129	102	87	85	0
Ultra-processed	127	99	86	80	0

Time from study recruitment (days)