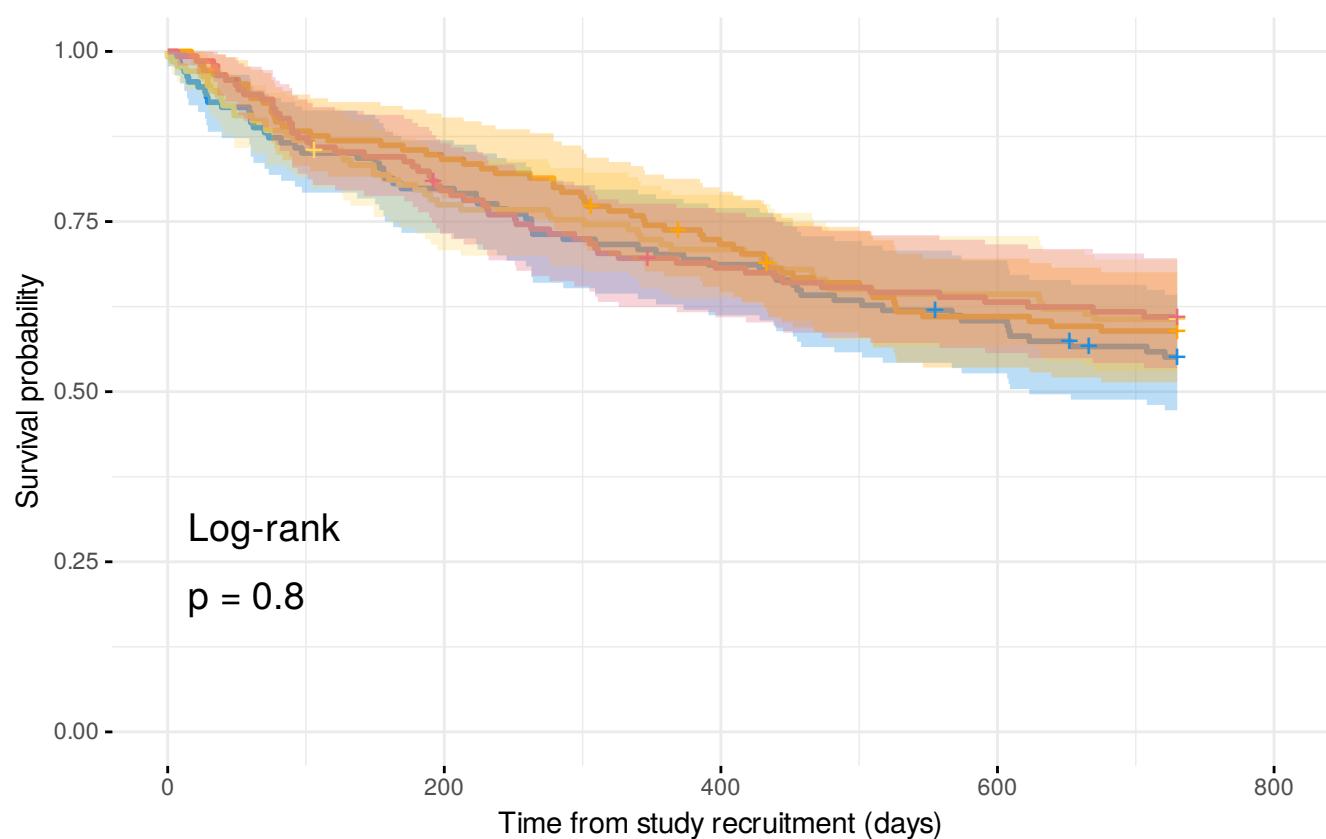


Time to patient-reported flare

Nova score + Unprocessed + Processed culinary + Processed food + Ultra-processed



Number at risk

Nova score	134	107	92	80	0
Unprocessed	134	107	92	80	0
Processed culinary	138	106	97	88	0
Processed food	145	122	102	86	0
Ultra-processed	142	112	95	88	0

0 200 400 600 800

Time from study recruitment (days)