



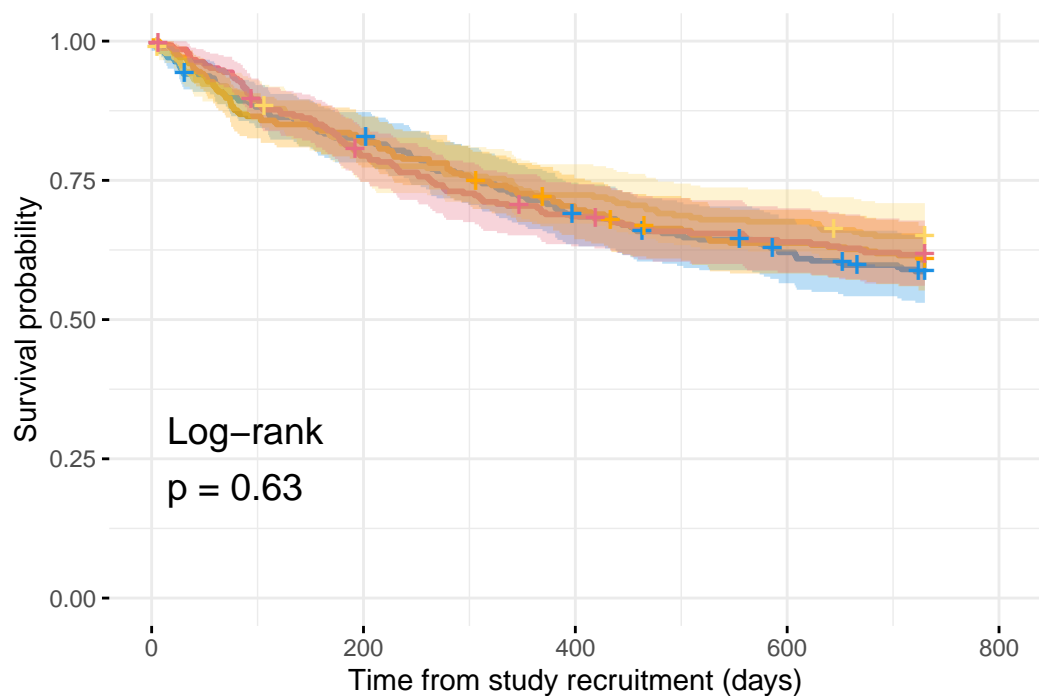


Time to patient-reported flare

Nova score  Unprocessed  Processed culinary  Processed food  Ultra-processed



Number at risk

| Nova score | Unprocessed | Processed culinary | Processed food | Ultra-processed |
|------------|-------------|--------------------|----------------|-----------------|
| | 271 | 223 | 184 | 163 |
| | 273 | 215 | 196 | 183 |
| | 274 | 224 | 189 | 171 |
| Nova score | Unprocessed | Processed culinary | Processed food | Ultra-processed |
| | 269 | 211 | 181 | 168 |
| | 0 | 200 | 400 | 600 |
| | 800 | | | |

Time from study recruitment (days)