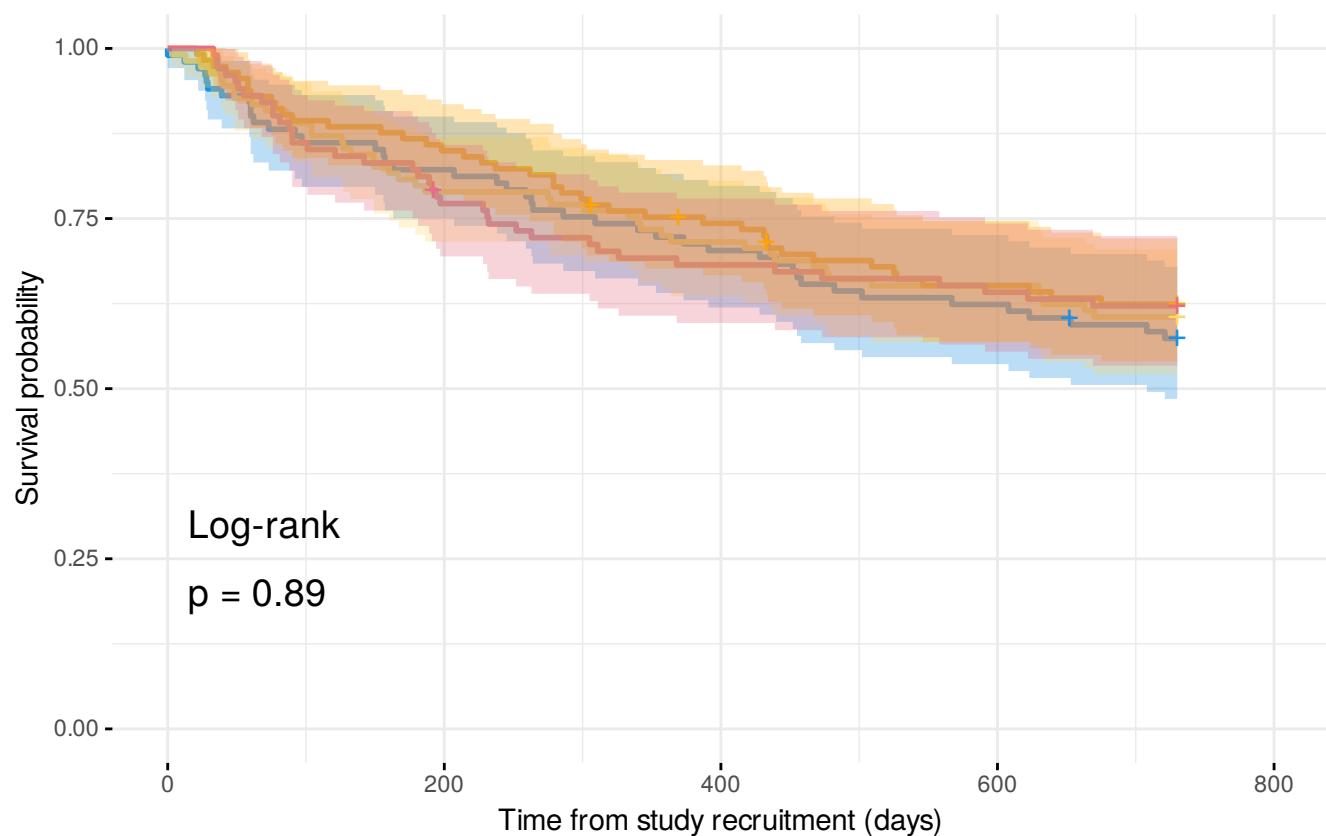


Time to patient-reported flare

Nova score Unprocessed Processed culinary Processed food Ultra-processed



Number at risk

| Nova score | 100 days | 200 days | 400 days | 600 days | 800 days |
|--------------------|----------|----------|----------|----------|----------|
| Unprocessed | 101 | 83 | 71 | 63 | 0 |
| Processed culinary | 109 | 86 | 78 | 71 | 0 |
| Processed food | 113 | 96 | 82 | 71 | 0 |
| Ultra-processed | 101 | 77 | 68 | 64 | 0 |

Time from study recruitment (days)