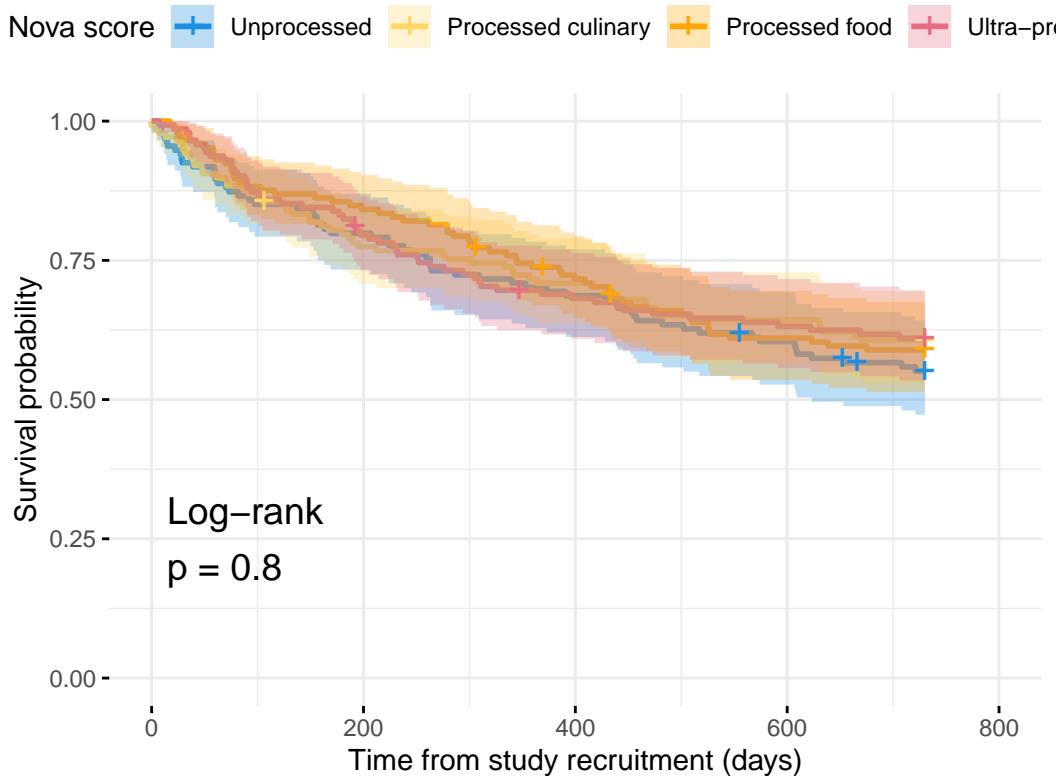


Time to patient-reported flare



Number at risk

Nova score	Unprocessed	Processed culinary	Processed food	Ultra-processed	
	134	107	92	80	0
Unprocessed	138	106	97	88	0
Processed culinary	145	122	102	86	0
Processed food	142	112	95	88	0
Ultra-processed					800

Time from study recruitment (days)