



Time to patient-reported flare


Nova score

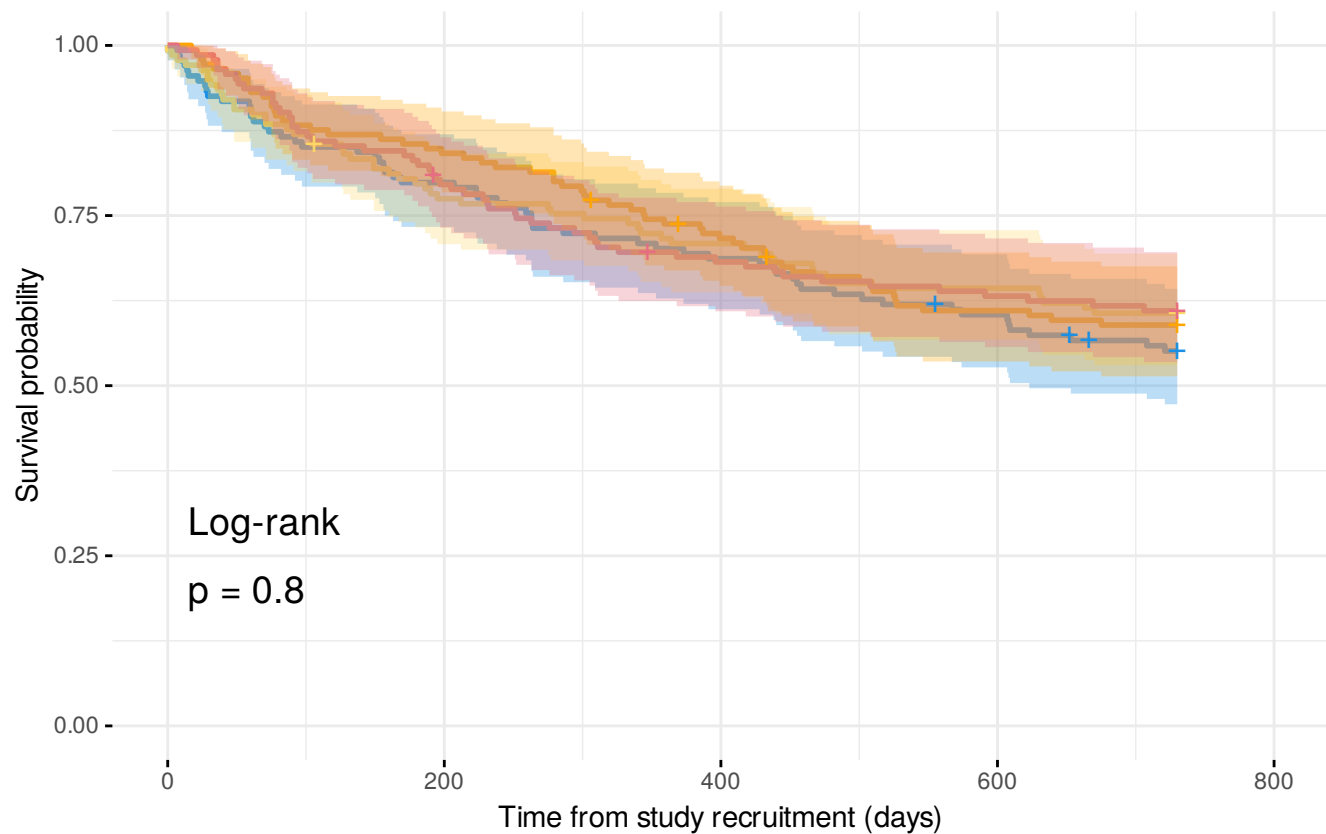


Unprocessed

 Processed culinary

 Processed food

 Ultra-processed



Number at risk

Nova score	0	200	400	600	800
Unprocessed	134	107	92	80	0
Processed culinary	138	106	97	88	0
Processed food	145	122	102	86	0
Ultra-processed	142	112	95	88	0