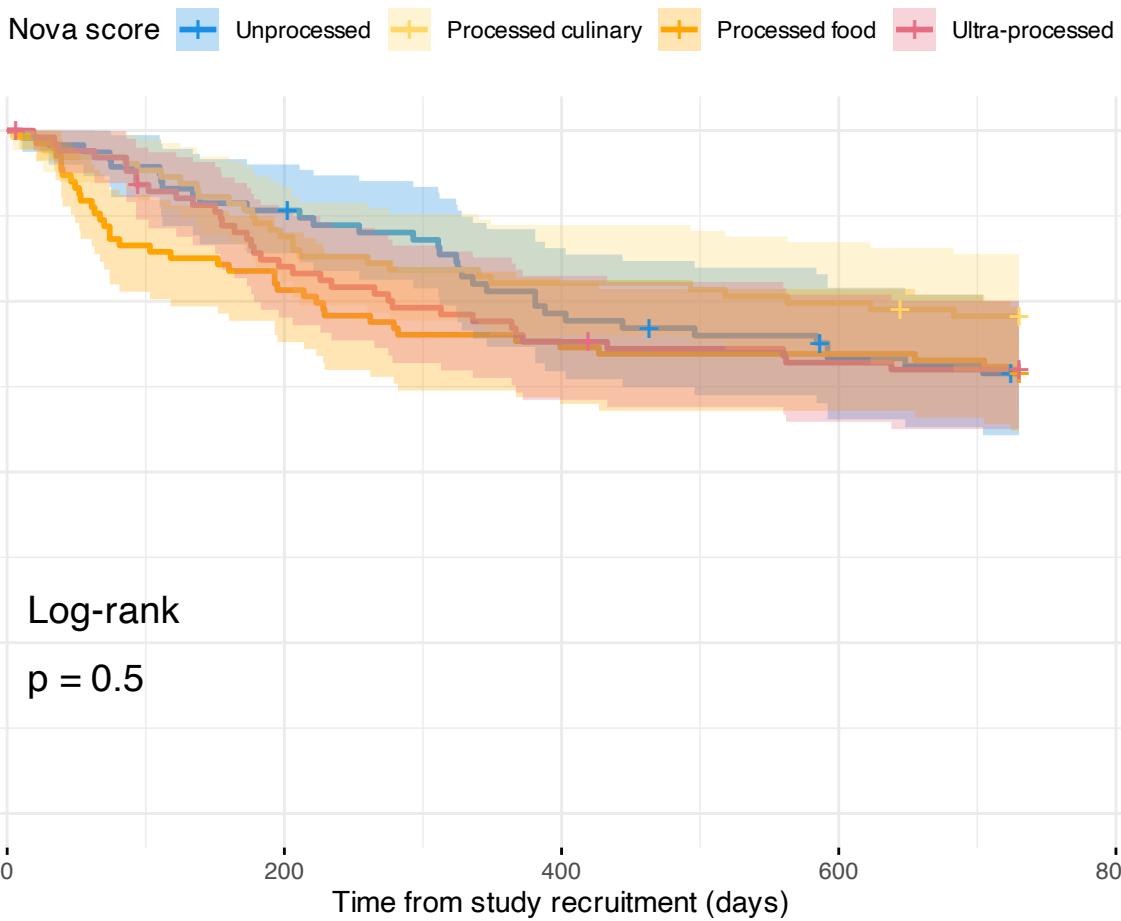


Time to patient-reported flare



Number at risk

Nova score	0	200	400	600	800
Unprocessed	94	83	68	60	0
Processed culinary	103	87	80	77	0
Processed food	107	82	73	72	0
Ultra-processed	102	80	69	65	0

Time from study recruitment (days)