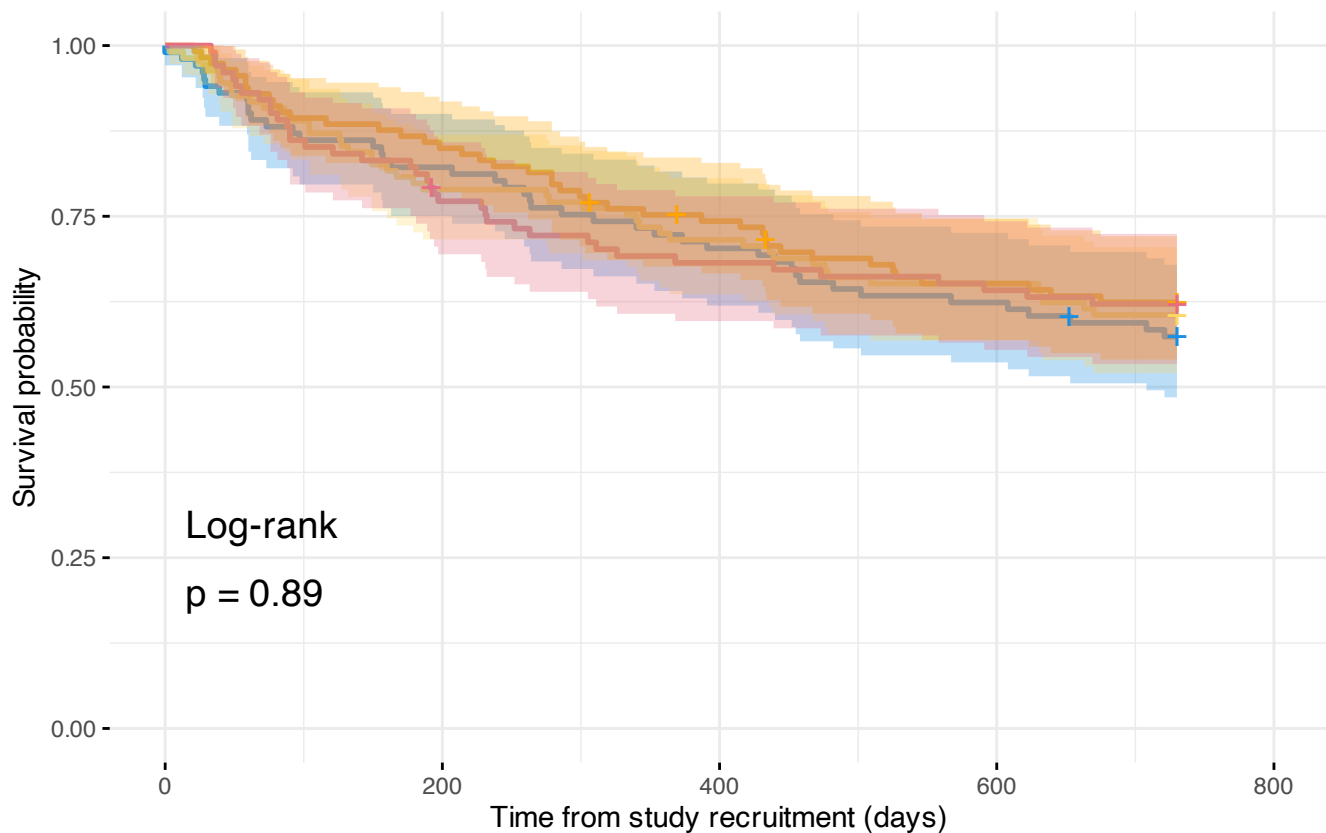


Time to patient-reported flare

Nova score + Unprocessed + Processed culinary + Processed food + Ultra-processed



Number at risk

Nova score	0	200	400	600	800
Unprocessed	101	83	71	63	0
Processed culinary	109	86	78	71	0
Processed food	113	96	82	71	0
Ultra-processed	101	77	68	64	0

Time from study recruitment (days)