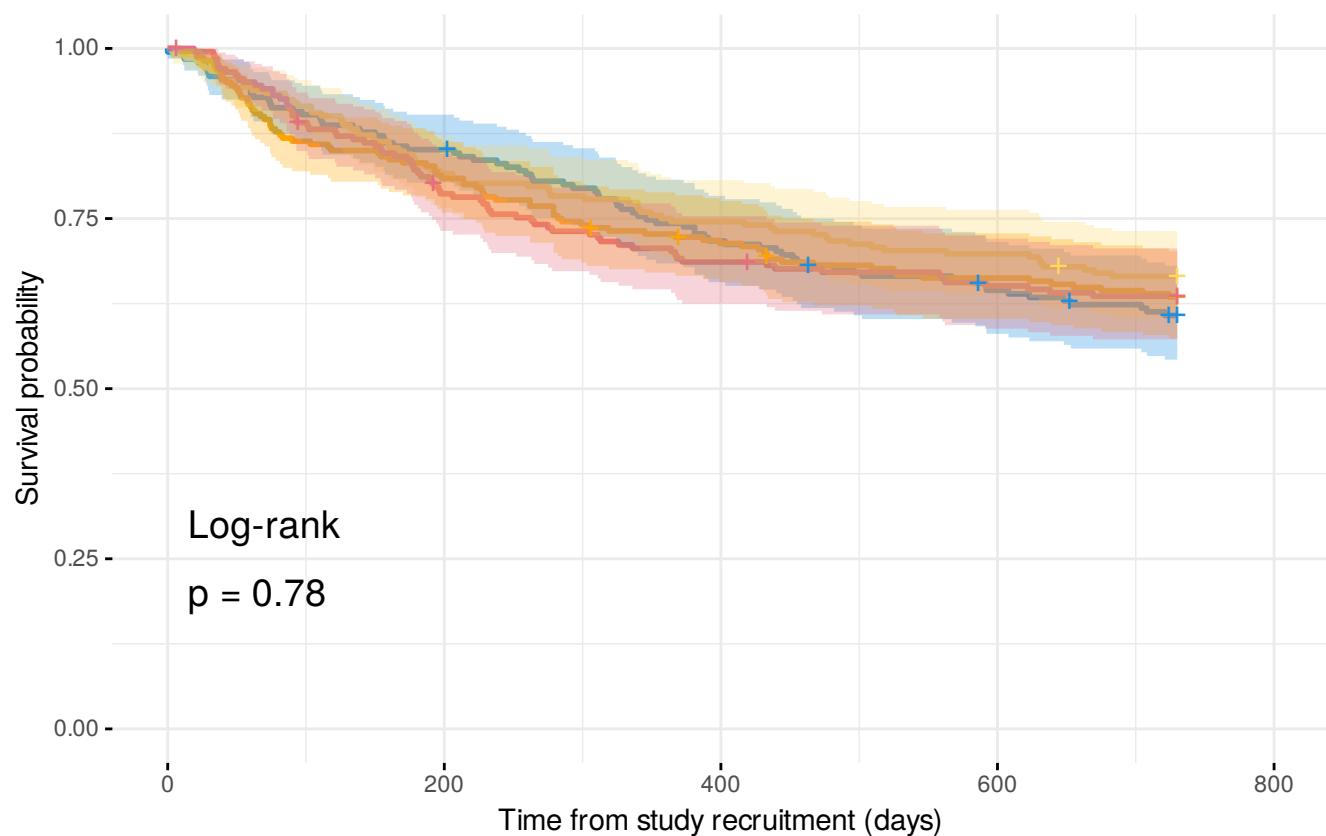




# Time to patient-reported flare

Nova score    Unprocessed    Processed culinary    Processed food    Ultra-processed



## Number at risk

Nova score	0	200	400	600	800
Unprocessed	195	166	139	123	0
Processed culinary	212	173	158	148	0
Processed food	220	178	155	143	0
Ultra-processed	203	157	137	129	0

Time from study recruitment (days)