





# Time to patient-reported flare

Nova score     Unprocessed     Processed culinary     Processed food     Ultra-processed



## Number at risk

Nova score	Unprocessed	Processed culinary	Processed food	Ultra-processed
	137	116	92	83
	135	109	99	95
	129	102	87	85
Nova score	Unprocessed	Processed culinary	Processed food	Ultra-processed
	127	99	86	80
	0	200	400	600
	0	200	400	600

Time from study recruitment (days)