



RSVP today to join us on Wednesday, November 18 for our next Powerful Voices webinar featuring Elizabeth McIngvale (Ph.D. '14), as she discusses her personal journey and career with mental health. Read Dr. McIngvale's full bio at the [Powerful Voices website](#).

**Overcoming Mental Health Stigma and  
Achieving Your Goals**

**Elizabeth McIngvale (Ph.D. '14), LCSW**  
Director

[McLean OCD Institute at Houston](#)

Board Member and National Advocate

[International OCD Foundation](#)

**Wednesday, November 18, 2020**

6:00 P.M. CST

Zoom Webinar

[RSVP Here](#)

**About the Powerful Voices Webinar Series**

The Powerful Voices Webinar Series offers students, faculty, staff, alumni and members of the local community a time to hear a wide range of lectures dedicated to three compelling themes of the Honors College New Grand Challenges Forum, which for the fall 2020 semester are **Plagues and Pandemics, Justice and Equity, and Mental Health.**

---

For additional information contact:

Jasmine Harris  
Donor Recognition and Events Coordinator  
University Advancement  
[eventsreply@uh.edu](mailto:eventsreply@uh.edu)

UNIVERSITY of  
**HOUSTON**

*This is an official message sent by the University of Houston. To verify the validity of this message, visit [uh.edu/phishing](http://uh.edu/phishing) or email [security@uh.edu](mailto:security@uh.edu).*

University of Houston  
4800 Calhoun Rd, Houston, Texas 77004

[Privacy Policy](#) - [Unsubscribe](#)