



Source 7

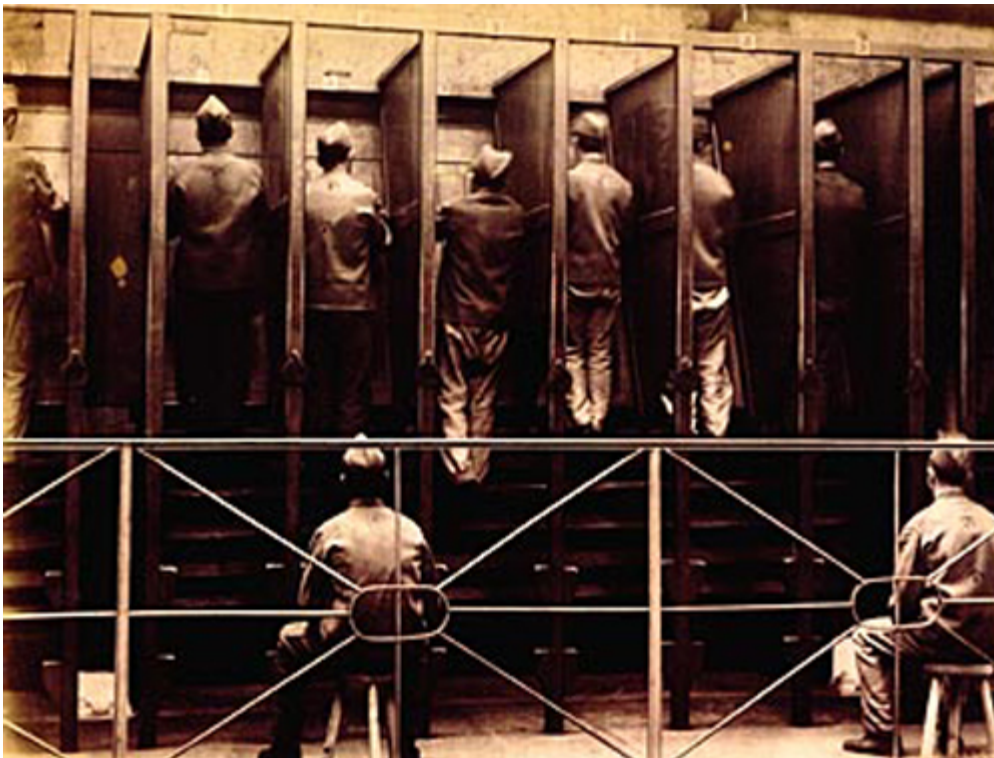
Task

- 7a.** Describe how the treadmill worked.
- 7b.** Why do you think that the treadmill was separated into different compartments?
- 7c.** This form of punishment was de-moralising and exhausting. Why, therefore, do you think that prisoners were made to do it?



Source 7

This picture shows prisoners working on a treadmill. Prisoners would be required to trudge up and down the steps for 6 hours a day.



(PRO ref: COPY 1/420)