



Source 5

Task

Look back at source 3

5a In what ways is this dietary different from Huddersfield's?

5b What evidence is there that some people received special treatment?

5c Which dietary is better, Reigate or Huddersfield? List five reasons why you have made your choice.

Source 5

This is the dietary for the Reigate Workhouse in Surrey.

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Dietary for Able-bodied Men and Women

		Breakfast		Dinner				Supper	
		Bread oz.	Gruel Pints.	Meat oz.	Potatoes lb.	Soup Pints.	Dust Pudding oz.	Cheese oz.	Broth Pints.
Sunday	Men	16.	1 1/2	6.	1.	-	-	-	1 1/2
	Women	14.	1 1/2	5.	1.	-	-	-	1 1/2
Monday	Men	16.	1 1/2	-	-	1 1/2	-	2.	-
	Women	14.	1 1/2	-	-	1 1/2	-	1 1/2	-
Tuesday	Men	16.	1 1/2	6.	1.	-	-	-	1 1/2
	Women	14.	1 1/2	5.	1.	-	-	-	1 1/2
Wednesday	Men	16.	1 1/2	-	-	1 1/2	-	2.	-
	Women	14.	1 1/2	-	-	1 1/2	-	1 1/2	-
Thursday	Men	16.	1 1/2	6.	1.	-	-	-	1 1/2
	Women	14.	1 1/2	5.	1.	-	-	-	1 1/2
Friday	Men	16.	1 1/2	-	-	-	14.	2.	-
	Women	14.	1 1/2	-	-	-	12.	1 1/2	-
Saturday	Men	16.	1 1/2	-	-	1 1/2	-	2.	-
	Women	14.	1 1/2	-	-	1 1/2	-	1 1/2	-

Dietary for the Aged and Infirm Men and Women

	Breakfast	Dinner			Supper
	Tea or Coffee Pints.	Meat with vegetables at discretion oz.	Pudding oz.	Rice milk or Soup Pints.	Tea or Coffee Pints.
Sunday	1.	4.	-	-	1.
Monday	1.	-	-	1.	1.
Tuesday	1.	4.	-	-	1.
Wednesday	1.	-	-	1.	1.
Thursday	1.	4.	-	-	1.
Friday	1.	-	-	1.	1.
Saturday	1.	-	12.	-	1.

Bread - Men 14^s per Day - Butter 7^s per Week.

Do. Women 12^s 0^d - Sugar 8^s 0^d.

Children under 9 years of age to be dieted at discretion; above 9 to be allowed the same as Women. Sick to be Dieted as directed by the medical Officer.