



## Source 3

## Task

**3a** How many inmates were in the workhouse?

**3b** Choose one day and work out what food was consumed in the workhouse?

**3c** Were the inmates of the workhouse getting a healthy diet? What was wrong with the diet?

Are there any signs that the matron realised that the diet was not good enough?

**Look back at sources 1 and 2 and think about what you have learnt from source 3.**

**3d** Do these sources suggest that the Overseers had made a serious attempt to reform the workhouse after Thomas Tatham's letters?

**3e** If you were in charge of the workhouse, what changes would you make to improve the conditions?

**Source 4**



### Source 3

This is the dietary for the Huddersfield Workhouse. This was the list of meals that were supplied to the inmates of the workhouse.

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*Week's Dietary for 150 Inmates. - Huddersfield Workhouse, April 24<sup>th</sup>, 1848.*

Day	Breakfast	Dinner	Supper
Sunday	6 lbs of Flour & Oatmeal boiled in 6½ gallons Old Milk. 7 Oz Wheaton Bread each	24 lbs Rice boiled - served with Sauce sweetened with Treacle, seasoned with Mustard Pepper - 5 lbs Hog's head for Sauce	4.6 lbs Flour boiled with with 6½ gallons Old Milk - No Bread.
Monday	4.6 lbs of Flour boiled with 6½ gallons Old Milk - No Bread	Four Hurling Boils Shum of Beef, or leg * Offal stewed with 4½ lbs Potatoes. Three ½ lbs Average served out with ½ of an Oaten Cake	6 lbs. of Flour & Oatmeal boiled in 6½ gallons Old Milk. Half an Oaten Cake
Tuesday	32 lbs Oatmeal boiled in 6½ gallons Old Milk.	48 lbs Oatmeal boiled into Porridge Served with 20 ½ lbs Butter with 22 " Old Milk	6 lbs Flour & Oatmeal boiled in 6½ gallons Old Milk. Half an Oaten Cake.
Wednesday	4.6 lbs Flour boiled with 6½ gallons Old Milk - No Bread.	24 lbs Beef & 22 lbs Bacon, boiled. 112 lbs Potatoes served with quarter of an Oaten Cake	6 lbs Flour & Oatmeal boiled in 6½ gallons Old Milk. Half an Oaten Cake.
Thursday	4.6 lbs Flour boiled with 6½ gallons Old Milk - No Bread	5 Stone Flour & 5 lbs Suet, made into Pudding 6 lbs Flour & 2 lbs Suet used for Sauce	4.6 lbs Flour boiled with six gallons Old Milk. No Bread.
Friday	4.6 lbs Flour boiled with 6½ gallons Old Milk. No Bread	13 gallons Milk served with Half of an Oaten Cake.	6 lbs Flour & Oatmeal boiled in 6½ gallons Old Milk. Half an Oaten Cake.
Saturday	4.6 lbs Flour boiled with 6½ gallons Old Milk. No Bread	19 lbs Beef, 21 lbs Bacon, 112 lbs Potatoes.	32 lbs Oatmeal boiled in seven gallons Milk.

\* The Matron, when she detailed what the Dietary had been, said that she could not for shame continue to make Soup with so little leg Offal, and she said that week used 6½ worth instead of 4½.  
 The Old Women have a Quarter of a Pound of Sugar, and half an Oz of Tea allowed for a week's consumption in addition to their share of the foregoing diet. There were formerly served from the Grocers, weighed up.  
 For the Establishment two lbs Butter is got per week. This has to serve for the Matron and Matrons, the Old Women and Sick Children.

(PRO ref: MH12/15070)