

DAF CGOC

Newsletter Issue No. 3 | Q3 - 2023



Tal Sunnanon
National Chairman
in ✉



Taurean Lennon
Vice Chairman, Director of Operations
✉



Emily Sawicki
Treasurer
✉



Marc "Psycho" Amato
Secretary, Director of Staff
in ✉



Cody Morcom
Eastern Region Director
in ✉



Cory Nelson
Western Region Director
✉



Jennifer Luong
European Region Director
✉



Jomar Aracena
Pacific Region Director
✉



William Romano
Professional Development Director
✉



Bri Johndrow
Communications Director
✉



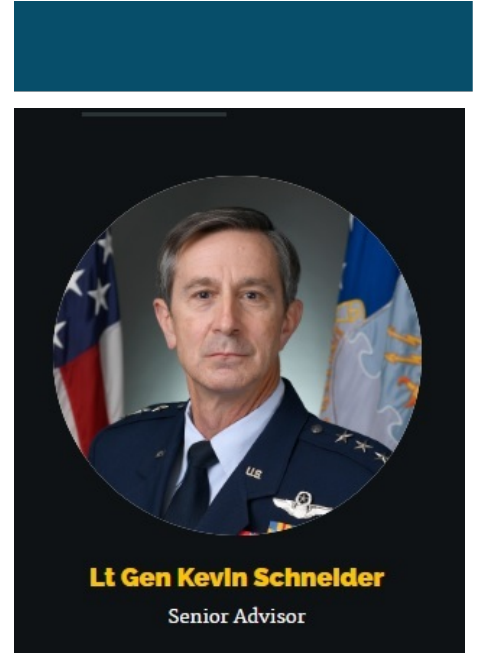
Matthew Banuelos
Technology Director
in ✉



Chris "SLACK" Carter
Chairman Emeritus
in ✉



Julian "Cosmo" Gluck
Chairman Emeritus
in @ ✉



Lt Gen Kevin Schneider
Senior Advisor

PODCAST

Our third podcast series on Spotify is a fireside chat with three DAF CMSgts who lead a candid discussion on what makes a great Company Grade Officer and what does not.

Podcast: Spotify @dafcgoc



The Company Grade Officers' Council is a professional organization representing the more than 47,000 junior military officers of the United States Air Force, Air Force Reserve, Air National Guard and Space Force. We provide resources and networking opportunities for all CGOs across 82 bases and are advised by Lt Gen Kevin B. Schneider, Director of Staff, HAF.

We also conduct Quarterly and Annual Awards, signed by Lt Gen Schneider. Learn more at: www.dafcgoc.org.

Spotlights

2023 2Q Winners



Base: Kirtland AFB, NM



CGO: Lt Destiny Cepero,
Scott AFB

QAR Dates

1QAR: 10 April 2023
2QAR: 10 July 2023
3QAR: 10 October 2023
4QAR: 20 January 2024

CGOC QAR Template:
<https://www.dafcgoc.org>

Scott CGOC QAR Discussion

With five 2022 DAFCGOC awards, including CGOC of the year, Scott AFB truly sets the standard for what makes a successful CGOC. So what makes them so successful? The answer is consistency and effort. On 16 August 2023, the *DAFCGOC 2022 CGOC of the Year*, Scott AFB hosted an information session via Zoom on what made Scott AFB so successful in 2022. Each month, Scott AFB strives to host one fundraiser, one professional development event such as a General Officer luncheon, and one community service event. The council's use of their email distro and GroupMe not only connects CGOs across the base, but provides ample opportunities for CGOs to get involved with CGOC events. They not only strive to develop CGOs through their First Term Officer Course, but they stay active in the community by hosting American Red Cross blood drives and volunteering service hours to Habitat for Humanity. Scott AFB has not only raised thousands of dollars, but also gives back to the base by donating money to other Private Organizations. Keep up the great work Scott AFB! If your CGOC missed the event and wants to hear some key tips please email nationalcgoc@gmail.com to receive the link.

Annual winners are eligible for the Air and Space Recognition Ribbon. The Air and Space Recognition Ribbon is awarded to named team and individual Air Force and Space Force recipients of Air Force-level Special Trophies and Awards except the 12 Outstanding Airmen of the Year nominees.



Resource

DAFCGOC Fireside Chat Podcasts

The DAFCGOC podcast is a personal and professional development series where our broad sit downs with the military's top leaders and most inspiring individuals discuss topics ranging from career development to the future of the force.

Featured series:

Fireside Chat with Lieutenant General Kevin B. Schneider: A 30 minute discussion with the DAF Director of Staff where we discuss four primary topics. Hear DAFCGOC Chairman, Capt Tai Sunnanon, have a frank conversation with Lt Gen Schneider on personal growth, career development, diversity equity and inclusion, and the future of the force.

Growing with Change: A 40 minute immersive discussion with Air Force (retired Colonel Jason Lamb aka Ned Stark. In this series, Col Lamb leads a discussion on the true meaning of leadership, promoting camaraderie as a CGO, and how to navigate change.

Making the CGO: A 60 minute candid conversation with CMSgt Kati Grabham, CMSgt Edward Thomas, and retired CMSgt Stephen Mallette. Tune in to hear on what makes a great CGO.

Making the Connection: A 25 minute discussion with CMSgt Demetrius Booth, Master Instructor and Executive Coach on going beyond emotional intelligence. Listen to hear the importance of emotional connectedness and it's crucial impact in leadership.

Where can I listen? Tune in on Spotify and our Youtube channel

Have an idea for a podcast? Email us at nationalcgoc@gmail.com

RESOURCES

Want ideas on what your base CGOC can do? Need templates for standing up a new Council? Check out our Resource page:

<http://dafcgoc.org/pages/resources.html>



Youtube



Spotify



System change is not possible as an isolated cog in the machine—it's very hard as a single piece. But when it spreads across all segments . . . THAT'S WHEN YOU MAKE CHANGE.
-Col Jason Lamb



"We have some incredible Airmen who have been thinking outside the box. We need innovation to find new and adaptive solutions"

- Air Force Director of Staff
Lieutenant General Kevin B. Schneider

DAFCGOC at AFA!



The DAFCGOC attended the recent 2023 *Air, Space, and Cyber Convention!* DAFCGOC Vice Chairman, Captain Taurean Lennon (TL), and other DAFCGOC leadership hosted a DAFCGOC networking event where TL provided information on the DAFCGOC, while connecting with CGOs across the globe.



Get Connected!



<https://dafcgoc.org>



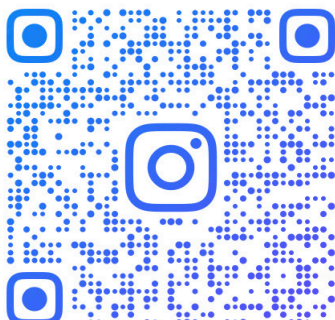
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