face mask - no sew



supplies

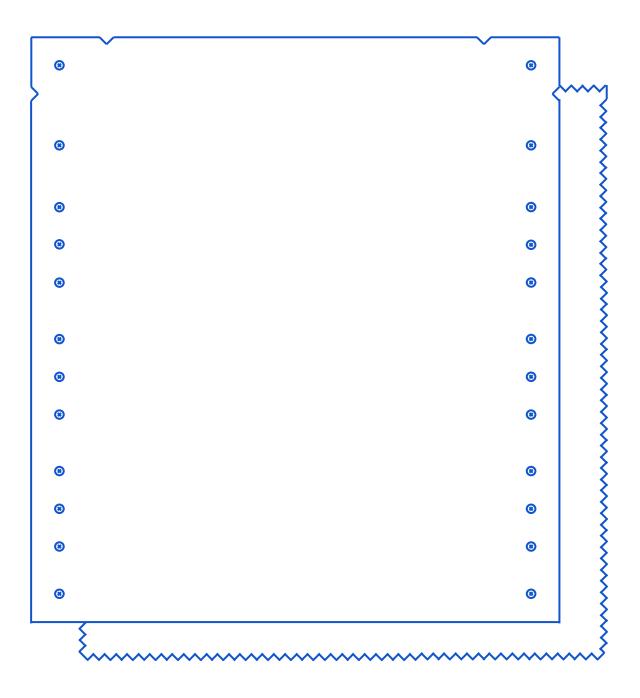
- h.e.p.a. standard filter material found at:
 - vacuum cleaner store
 - https://www.amazon.com/gp/product/B017AKUZ34/ref=ppx_yo_dt_b_asin_title_o02_s00?ie=UTF8&psc=1
- pinking shears found at:
 - joann fabrics and crafts
 - walmart
 - target
 - https://www.amazon.com/gp/product/B073RGCMJC/ref=ppx_yo_dt_b_asin_title_o00_s01?ie=UTF8&psc=1
- Hole punch pliers found at:
 - joann fabrics and crafts
 - Walmart
 - Target
 - https://www.amazon.com/gp/product/B07D28DBC6/ref=ppx_yo_dt_b_asin_title_o00_s00?ie=UTF8&psc=1
- Reflectix tope found at:
 - home depot
 - lowe's
 - https://www.amazon.com/gp/product/B007Y7EP5I/ref =ρρχ_yo_dt_b_asin_title_o00_s00?ie=UTF8&ρsc=1
- cord or elastic cord found at:
 - joann fabrics and crafts
 - Walmart
 - Target
 - https://www.amazon.com/gp/product/B0868LNJ93/re f=ppx_yo_dt_b_asin_title_o01_s00?ie=UTF8&psc=1
 - https://www.amazon.com/Mygogo-Macrame-241Yards-Handmade-Decoration/dp/B07PKJQTV7/ref=sr_1_6
 s-Handmade-Decoration/dp/B07PKJQTV7/ref=sr_1_6
 ?dchild=1&keywords=3mm+cotton+cord&qid=15864705
 04&s=arts-crafts&sr=1-6

to scale 🕲

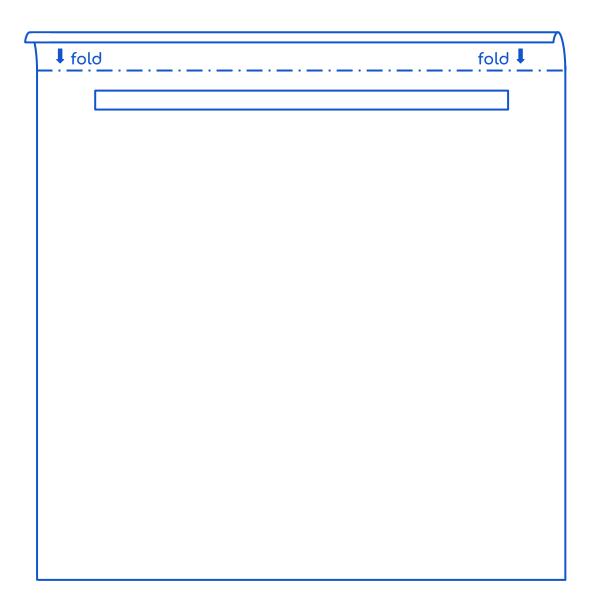
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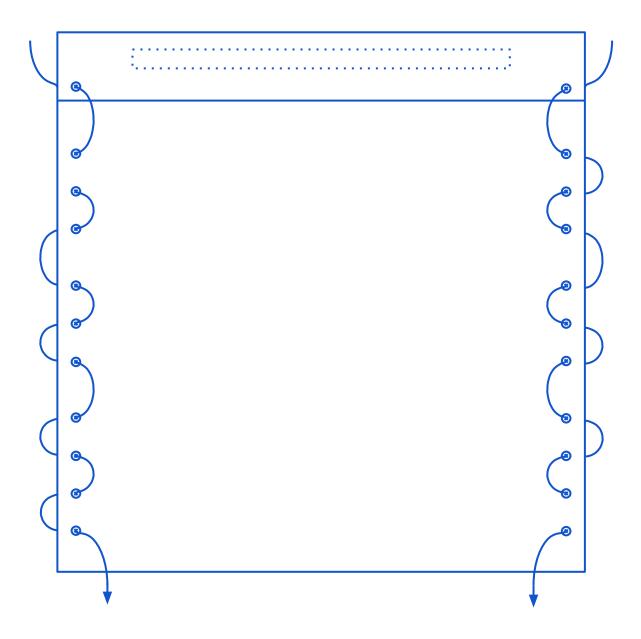
2. place paper template on top of fabric and hole punch pliers to punch holes where indicated



3. cut 5 in. piece or reflectix tape and roll into thin bar, adhesive side exposed. fold fabric down towards front on first guideline.



4. cut two pieces of cord - elastic to 7.5 in., non-elastic to 14 in. - and thread through holes



5. tie loose ends of cord together using fisherman's knot for adjustable ear straps.

