face mask - sew

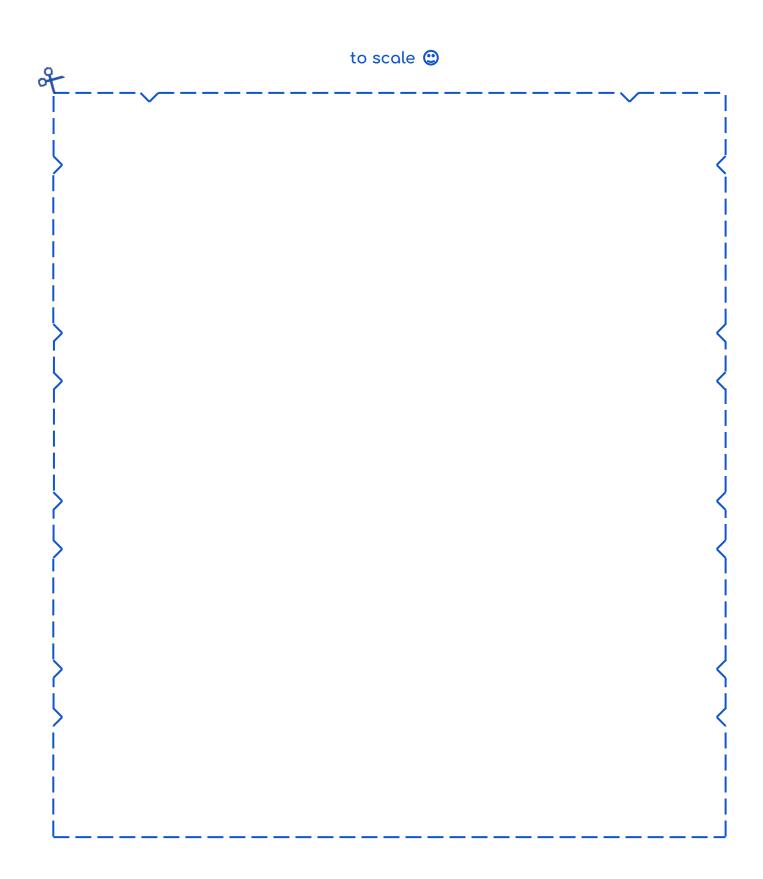


supplies

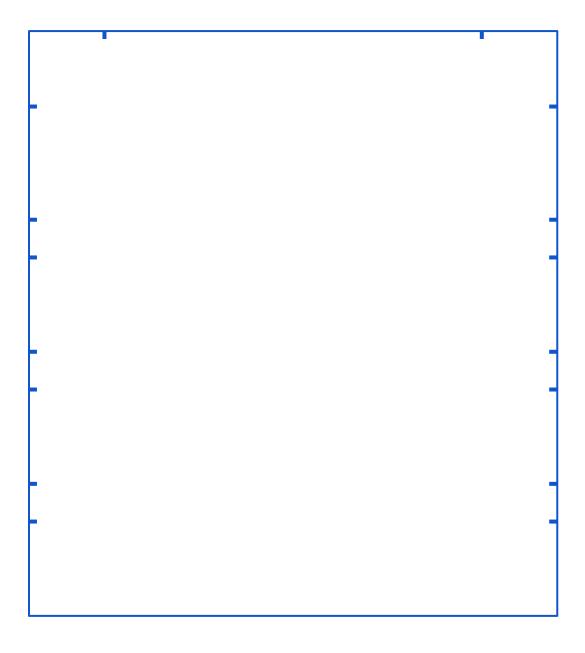
- h.e.p.a. standard filter material found at:
 - vacuum cleaner store
 - https://www.amazon.com/gp/product/B017AKUZ34/ref=ppx_yo_dt_b_asin_title_o02_s00?ie=UTF8&psc=1
- pinking shears found at:
 - joann fabrics and crafts
 - walmart
 - target
 - https://www.amazon.com/gp/product/B073RGCMJC/ref=ppx_yo_dt_b_asin_title_o00_s01?ie=UTF8&psc=1
- Reflectix tape found at:
 - home depot
 - lowe's
 - https://www.amazon.com/gp/product/B007Y7EP5I/ref =ρρχ_yo_dt_b_asin_title_o00_s00?ie=UTF8&ρsc=1
- cord or elastic cord found at:
 - joann fabrics and crafts
 - Walmart
 - Target
 - https://www.amazon.com/gp/product/B0868LNJ93/re f=ppx_yo_dt_b_asin_title_o01_s00?ie=UTF8&psc=1
 - https://www.amazon.com/Mygogo-Macrame-241Yards-Handmade-Decoration/dp/B07PKJQTV7/ref=sr_1_6
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notes:

- cord length:
 - cord: cut into four 7 in. pieces. In pairs, tie pieces together using fisherman's knot - this will allow for adjustability
 - elastic cord: cut two 7 in. to 8 in. pieces



 with chalk, trace pattern onto fabric and mark where indicated. use pinking shears to cut out rectangle



2. fold fabric on first guideline towards front. using remaining guidelines, pinch and fold, overlapping fabric



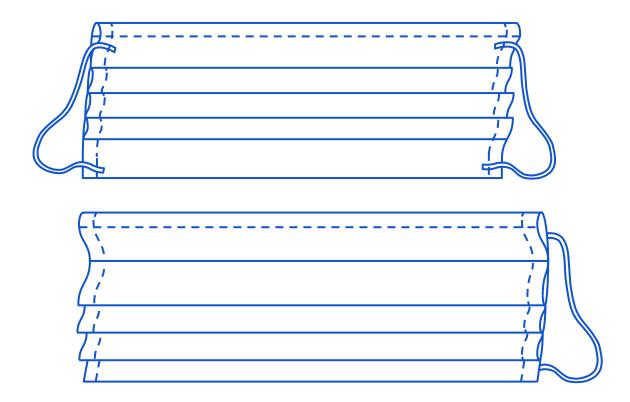
3. use pins or tape to keep fabric in place



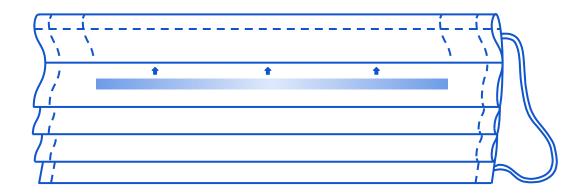
4. flip mask around and use pins or tape to hold cord in place - approximately 0.375 in. to 0.5 in. from top and bottom



5. stitch across top and sides - approximately 0.375 in. to 0.5 in. from top and sides



7. stitch down top to end of first layer of fabric. cut 5 in. piece or reflectix tape and roll into thin bar. slide bar into pocket created near the top



8. stitch across bottom of pocket

