





# ANNUAL REPORT 2018

## **National Cancer Council of Mongolia**

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### **MESSAGE FROM THE CEO**

To all our supporters and readers since 2014, I greet you with a warm heart. We are really proud of what we have achieved during the last year. As a member of the Union for International Cancer Control (UICC), we participated in the UICC World Cancer Congress in Kuala Lumpur, Malaysia. We participated in nine international conferences and meetings across different countries and supported a specialist on childhood palliative care to attend training in the USA and an assistant researcher on tobacco tax research to attend training in South Africa. Our network expanded internationally as we became members of the Eurasian alliance in pediatric oncology coordinated by the Department of Global Pediatric Medicine at St. Jude Children's Research Hospital (SJCRH), and Dmitry Rogachev National Medical Research Center of Pediatric Hematology, Oncology and Immunology.

We successfully completed our research study in to the prevalence of Human Papillomavirus (HPV) among young women in Mongolia, funded by The Direct Aid Program of the Australian Department of Foreign Affairs and Trade. We also commenced our research study in to the effectiveness of one dose of the HPV vaccine managed by the Murdoch Children's Research Institute in Melbourne, Australia. We organized workshops on the prevention of cervical cancer and the impact of tobacco tax increase on the illicit tobacco trade. This included collaboration with local broadcast media outlets. Furthermore we organized a series of training and public awareness campaigns where more than 400 people attended. In 2018 we continued our meditation lessons and subsidized transportation program for cancer patients from the countryside. We also continued our publication of information books on cancer prevention. All these activities were possible through fundraising activities such as our 'Jazz Train' trips and selling our branded products (i.e. children's books and calendars). Our fundraising activities, with support from donor organizations, made it possible for us to successfully renovate 'Tara Lodge', a low-cost accommodation facility for cancer patients and their caregivers from the countryside. These achievements would not have been possible without the generous support of all our volunteers, donors, collaborating organizations and supporters. For this we are extremely grateful.

At the end of 2018, we received the best humanitarian organization in the "Golden Rose" award. This has inspired us to continue our activities and work diligently into the future.

B. Tsetsegsaikhan (PhD, MPH/MHM)Founder & CEONational Cancer Council of Mongolia



# **MISSION AND VISION**

#### **Our Mission**

• To work with the community in developing cancer prevention and early detection, research, and patient care services.

#### **Our Vision**

The reduction of cancer risks and increased availability of the best cancer care in Mongolia.

#### **Our Commitment**

Established in 2014, the National Cancer Council of Mongolia is a volunteer based, not-for-profit, non-government organization in cancer control. We focus on two main activities;

- Reducing the risk of the cancer through strengthened screening programs and;
- Providing cancer support services to cancer patients and their caregivers.

Our work is made possible by the volunteers and supporters who continue to contribute their skills and resources. We work in close collaboration with health practitioners, researchers and cancer care professionals. Our community connection and involvement is vital to the realization of our mission.

#### **Our Team**

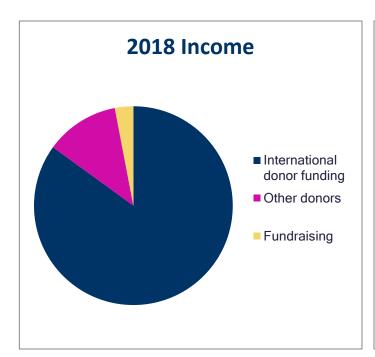


## **FINANCE**

#### **Financial overview**

Approximately 85% of our organization's income was received through projects and programs funded by the governments of Australia, the United States of America, Canada, and South Africa. An additional 12% of our income was received from other organizations and individuals. The remainder was achieved through fundraising activities such as selling our promotional material "Maximus and Tom Si" "The Happiness Calendar-2019" and "The 10 Years in Australia".

Our expenditure was dedicated to the renovation of 'Tara Lodge' (47%) and our research, training seminars and publications (53%).





# **MAIN ACTIVITIES**

#### **World Cancer Day**

In line with World Cancer Day, on 4th February 2018 we jointly organized a National Wrestling Competition with Avarga University. The competition included 64 young wrestlers and helped increase awareness on cancer through a nationally respected event.





#### **Pictured left:**

First place: Gankhuleg Bataa, Altai sub province, Gobi-Altai province

Second place: Altansukh Tsagaanchuluut, Tsagaanchuluut sub province, Zavkhan province

Third place: Sumyabazar. B, Bayanmunkh sub province, Khentii province

Fourth place: Chimedbataa. A, Bayanlig sub province, Bayankhongor province

#### **Pictured right:**

Participating wrestlers and organizing committees

#### Information booklets

We continued to publish information booklets for cancer patients, their families and caregivers. These booklets were displayed on information boards at the National Cancer Center and all district hospitals throughout Ulaanbaatar city.

Booklets distributed in 2018 included;

- "A guide to coping with cancer" 2nd edition: 1000 copies;
- "Nutrition and cancer": 1000 copies;
- "Maxima Tom Si" continued to be sold through Internom bookstore and other outlets.



**Pictured:** All booklets distributed free of charge to local hospitals.

#### Workshops and training

A training workshop on "Cancer risk factors and prevention" was provided eight times to participants from the 6th High School, First Central Hospital and the National Trauma Center. There were approximately 150 attendees.





Pictured left: Training at National Trauma Center

Pictured right: Training at 6th High School

#### **Meditation and mindfulness**

In partnership with the Foundation for the Preservation of Mahayana Tradition in Mongolia we were able to provide a four-week 'Meditation & Mindfulness' course to patients and caregivers (June-July). A total of 30 people are now better equipped to manage the stresses of cancer treatment, recovery, and daily life.



**Pictured:** Meditation in progress.

#### **Transportation program**

A total of 11 people diagnosed with cancer and living in rural areas along the railway route were able to access transportation free of charge for their cancer treatment in Ulaanbaatar. This was according to the partnership contract singed on February 04, 2016 between the National Cancer Council and the Mongolian-Russian joint-venture association of Ulaanbaatar railway.



**Pictured:** The first deputy chairman of the Ulaanbaatar Railway Milostnih I.G. and the CEO of the National Cancer Council, Tsetsegsaikhan.B.

#### Research

We completed our study (funded by The Direct Aid Program of the Australian Department of Foreign Affairs and Trade and Murdoch Children's Research Institute) comparing HPV detection rates among vaccinated and unvaccinated women aged 18-23 years in Mongolia. Our staff travelled over 2,000km to reach girls in the remote Umnugobi and Selenge provinces, as well as girls in 2 districts of the

Ulaanbaatar. A total of 1903 girls took part in the research. We proudly presented our research results at international conferences in Singapore and Australia.

Additionally, we commenced our study into the effectiveness of only one dose of the HPV vaccine by comparing HPV detection rates in women who received one dose with women who were never vaccinated against HPV in 2012.



**Pictured:** Staff conducting a research interview

With funding provided by Cancer Research UK, and in partnership with the University of Cape Town, in 2018 we carried out our multi-year research into the impact of increased tobacco taxation on the illicit cigarette trade in Mongolia. Our project team collected 20,000 tobacco packets from nine districts of Ulaanbaatar, as well as from Bayan Ulgii and Dornod, and these were then returned to the Cancer Council office to be individually coded and inspected. Comprehensive data has been analyzed at University of Cape Town and results discussed at international conferences in Indonesia and South Africa.





**Pictured left:** Tobacco research underway **Pictured right:** CEO at conference in Bali,
Indonesia.

#### Volunteers

Australian volunteer, Lynette Smith, conducted English speaking practice classes for 20 national volunteers. Additionally, the volunteer program continued at the National Cancer Center. Our team of student nurses provided support to Cancer Center visitors by answering questions, acting as guides, and helping those visiting for the first time to navigate the center's waiting areas, paperwork, and systems. More than 100 people were provided information and support.





**Pictured:** Volunteers providing information

#### **Fundraising**

Two fundraising 'Jazz train' trips were held across the year. This included an adventure to Selenge in May and a journey to Dornogobi in September. Approximately 170 passengers enjoyed five-star food and live entertainment on-board the train as well as local performances, hikes, museum visits, and a great insight into the Mongolian landscape, history, and culture at each of our destinations. The participants of the train trip donated 13 million MNT to support our activities.







Pictured left: Train trip to Selenge province

Pictured center: On-board the train

Pictured right: Train trip to Dornogobi

The calendar of "Health and Wellness-2019" was published and sold in the lead up to the New Year. The proceeds went towards renovating the reception area of 'Tara Lodge'.



Pictured: 2019 'health and wellness' calendar

#### International collaboration

In collaboration with the Canadian Laurel Foundation, we worked with the local Lions Club to welcome more than 20 Canadian experts to the National Cancer Center, First Central Hospital and General Hospital of Arkhangai province supporting their surgical team.



**Pictured:** Canadian doctors visiting with Laurel Foundation

In November 2018, we organized a conference to share the practice of improving global tobacco control. During this conference, we introduced our multi-year research into the impact of increased tobacco taxation on the illicit cigarette trade in Mongolia and also shared experience of tobacco control in Australia, South Africa and Georgia.





**Pictured left:** Participants at the conference **Pictured right:** CEO with international experts

We organized a conference entitled "The prevention of the cervical cancer" in collaboration with the Embassy of Australia to Mongolia, New South Wales University, and the National Center of Public Health Mongolia. The conference enrolled approximately 100 health care professionals.



Pictured: Conference participants

#### **Tara Lodge**

In order to support cancer patients from remote areas while they undergo cancer treatment in Ulaanbaatar, the Tara Lodge project was envisioned. Through various fundraising efforts, a total of 130 million MNT was donated and the lodge opened in early 2019.

"Tara Lodge" has a total of 14 guest rooms that can accommodate 31 people. It also has a large communal kitchen, lounge, library and kids' corner.









Top left:
Children's corner
Bottom left:
Communal kitchen

Top right:
Guest room
Bottom right:
Plaque for donor
contributions

#### International conferences and training seminars

In 2018 we attended the following international professional skills training sessions and conferences.

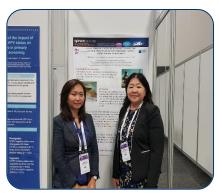
#### **Professional courses:**

- September, Memphis city, United States: Pediatric palliative care training
- January, University of Cape Town, South Africa: Economics of tobacco and taxes training

#### **International Conferences:**

- 18-20 January, Katmandu, Nepal: International Cancer Conference entitled "The Urgent Issues of Oncology: developing countries cancer control"
- 7-9 March, Cape Town, South Africa: 17th World Conference on Tobacco or Health "Uniting the World for a Tobacco-Free Generation"
- 10-11 April, Singapore: Adolescent Health and Immunization Issues
- 23-25 April, Moscow, Russia: The First Euro-Asian Conference on Pediatric Cancer
- 14-15 June, Uppsala, Sweden: Uppsala Health Summit: Care for Cancer
- June, Alma Ata, Kazakhstan: 25th anniversary conference for pediatric oncology
- 15-18 September, Bali, Indonesia: 12th Asia-Pacific Conference on Tobacco and Health
- 01 October, Kuala Lumpur, Malaysia: The World Cancer Leaders' Summit
- 2-6 October, Sydney, Australia: 32nd International Papillomavirus Conference IPVC 2018
- 8-9 October, Alma Ata, Kazakhstan: The 2nd Euro-Asian Pediatric Cancer Conference
- 6-8 December, Memphis, United States: The First Conference of St Jude Society









**Top left:** 17<sup>th</sup> World Conference on Tobacco or Health, Cape Town **Bottom left and top right:** 32<sup>nd</sup> IPVC Conference, Sydney

**Bottom right:** St Jude Society, Memphis

# **AWARDS**

At the end of 2018, the National Cancer Council of Mongolia was awarded the prize of 'Best Humanitarian Organization' as a part of the "Golden Rose' awards. This was the 14<sup>th</sup> year the prestigious awards were held.



Pictured: CEO and Founder, Tsetsegsaikhan, at the awards ceremony held December 31, 2018.

# **BOARD MEMBERS**

Member name	Position and/or qualifications
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Tsetsegsaikhan.B	Founder and CEO, PhD, MPH/MHM
Adiyakhuu.B	Teacher at Avarga University, EdD
Gantumur. D	Head of Department, Supply and Services of the MIAT Airlines, Master in Engineering
Zagal.B	Expert, Master in Economy
Lambaa.S	Former Minister of the Health, EdD
Unurjargal.L	Gender expert, Master of development
Unurjargal.A	Master in Health Administration
Unursaikhan.S	Scientist Secretary at the National Center for Public Health, PhD in Chemical Sciences, Assistant Professor
Sumkhuu.G	Director of Railway Training and Research Center, Doctor in Technology
Khosbayar.T	PhD in Medical Science, Teacher of MNUMS
Tsetsegdari.G	PhD in Medical Science
Shine-Orgil.N	Head of Division of Inspection Agency
Bulgan.B	Master of Government Management
Tseveengerel. A	Master in Economy, Advisor of the Parliament Member
Honorary advisor: John Langtry	Australian Ambassador to Mongolia

# **STAFF**

Staff name	Position
Margad-Erdene. M	Project Officer
Otgonbileg.S	Project Officer
Tungalagtuya.H	Project Officer
Battsesteg. Ts	Project Officer
Lynette Smith	Volunteer Engagement Coordinator, Australian Volunteers Program
Meg Dalmau	Public Health Officer, Australian Volunteers Program

## **KEY SUPPORTERS**

Our work would not be possible without the support of our local and international supporters. We would especially like to thank:

- Tenger Insurance
- The Australian Embassy in Mongolia
- Ulaanbaatar Railway
- Tuushin Group
- Esen Trade Co., Ltd
- Murdoch Children's Research Institute
- World Health Organization
- Bill and Melinda Gates Foundation
- University of Cape Town
- Cancer Research UK
- The Max Foundation
- The Laurel Foundation
- Bayanzurkh Rotary Club
- Sky Department Store
- The National Cancer Center of Mongolia
- National Center for Communicable
   Diseases
- The National Center for Public Health
- Health Department of Selenge and Umnugobi aimags
- Sukhbaatar and Baganuur district hospitals
- APU LLC
- Jargalant Dulaan LLC
- Dusal Ungu NGO
- White House LLC
- Monfa LLC
- Element Co., Ltd
- Urban Development Support Center LLC
- Wood Market LLC
- Gunjidiin ord LLC
- Batbayar. N

- Jacobs
- Tes Petrolium LLC
- Australian Commercial Department
- Univision LLC
- Elit mebel LLC
- Mongolian Lions Club
- Ulaanbaatar Shoe Salon
- Rescue unit of the Nalaikh
- Tsonkh Construction LLC
- Master Mattress LLC
- Shuteen Mongolia Studio
- Khangai Lions Club
- Blue Sky Lions Club
- Ar Ur Restaurant
- Save The Children
- Onoshmed LLC
- Blue Sky Asia LLC
- "Good Heart" group of national wrestlers of wives
- De Facto Jargalsaikhan
- Wrestler Adiyakhuu.B
- George Attewell
- Igor Vasilievich Milostnikh
- Adam Lawton
- Saranchimeg. Sh, Uyanga. H
- Unurjargal. A
- Zagal. B
- Enkhtsetseg. Sh
- Odgerel. D
- Otgonbayar. D
- Ichinkhorloo, H
- Scott Schlink

- Chuluunkhuu. B
- Naarantuya. N
- Batdelger. B
- Darkhanbaatar. H
- Terbish. D
- Nemuun. G
- Uuganbayar. G
- Bilegsaikhan. B
- Enkhbat. Ch
- Solongo. D
- Orkhon. B
- "Health and Wellness Calendar-2019",
   "Maximo & Tom C" and "10 years in Australia" books buyers

- Sainjargal. Ch
- Tsolmon. T
- Khuyagbat. Ts
- Mendsaikhan. Sh
- Erdenebat. N
- The Women's Leadership Program of Graduates in Australia
- Participants of the Jazz train trips
- Graduates of 23rd high school in 1985
- Graduates of 93rd of high school in 1995
- Graduates of Moscow, Russia
- National Wrestlers
- "Four Season" florist ladies group
- "Khuslen" painter kids club and teacher Solongo.Ch