



## Office of Research Integrity and Assurance

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DATE: November 18, 2022

TO: Natasha Tonge, PhD  
FROM: George Mason University IRB

Project Title: [1974781-1] Mental Health Help-Seeking Preferences in College Students

SUBMISSION TYPE: New Project

ACTION: APPROVED  
APPROVAL DATE: November 18, 2022  
REVIEW TYPE: Expedited Review

REVIEW TYPE: Expedited review category #7

Thank you for your submission of New Project materials for this project. The George Mason University IRB has APPROVED your submission. This submission has received Expedited Review based on applicable federal regulations.

**You are required to follow the George Mason University Covid-19 research continuity of operations guidance. You may not begin or resume any face-to-face interactions with human subjects until (i) Mason has generally authorized the types of activities you will conduct, or (ii) you have received advance written authorization to do so from Mason's Research Review Committee. In all cases, all safeguards for face-to-face contact that are required by Mason's COVID policies and procedures must be followed.**

Please remember that all research must be conducted as described in the submitted materials.

Please remember that informed consent is a process beginning with a description of the project and insurance of participant understanding followed by a signed consent form unless the IRB has waived the requirement for a signature on the consent form or has waived the requirement for a consent process. Informed consent must continue throughout the project via a dialogue between the researcher and research participant. Federal regulations require that each participant receives a copy of the consent document.

Please note that any revision to previously approved materials must be approved by the IRB prior to initiation. Please use the appropriate revision forms for this procedure.

All UNANTICIPATED PROBLEMS involving risks to subjects or others and SERIOUS and UNEXPECTED adverse events must be reported promptly to the IRB office. Please use the appropriate reporting forms for this procedure. All FDA and sponsor reporting requirements should also be followed (if applicable).

All NON-COMPLIANCE issues or COMPLAINTS regarding this project must be reported promptly to the IRB.

This study does not have an expiration date but you will receive an annual reminder regarding future requirements.

Please note that all research records must be retained for a minimum of five years, or as described in your submission, after the completion of the project.

Please note that department or other approvals may be required to conduct your research in addition to IRB approval.

If you have any questions, please contact Kim Paul at (703) 993-4208 or kpaul4@gmu.edu. Please include your project title and reference number in all correspondence with this committee.

GMU IRB Standard Operating Procedures can be found here: <https://oria.gmu.edu/topics-of-interest/human-subjects/>

This letter has been electronically signed in accordance with all applicable regulations, and a copy is retained within George Mason University IRB's records.