GOALS

Participants get to know each other and learn the purpose of the training.

METHODOLOGY

Plenary discussions and group activities

TIMESPAN

60 to 75 minutes

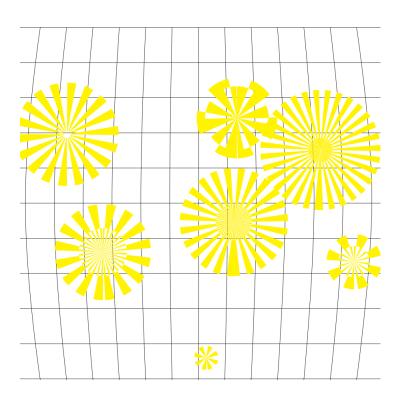
MATERIALS

Color paper, scissors, color markers, flip charts, sticky notes

REMEMBER

Prepare the flower petals beforehand; visibly write down the ground rules; everyone should make their reflection petal





Introduction

FULL DESCRIPTION

Welcome and introduction: Use this time to set rules (like hand signals, use of jargon etc). Ask participants who wish to remain anonymous to come to you at first break: make sure no public sharing happens until then. Mention safe interaction: respect, self-care, etc. Clearly state your role as facilitator: they are the experts, they know their situation best, your role is to help guide them through the process.

particular country (can be wherever you choose). World map: All participants stand up and fill the by explaining why they have chosen the country down. Ask participants to introduce themselves they are in. Note: You can mix-it up by making it they are from and changing half way through to world, and explain that you're are standing on a a map of a particular region or country instead, Embrace the confusion and wait for it to settle or having people first stand in the place where talk to each other to understand where in the favourite place, etc). Participants will need to Ask participants to place themselves 'on the room. Explain that the floor is a map of the world map' in relation to you. It can be any country of their choice (country of birth, world they need to position themselves.

MATERIALS

Color paper, scissors, color markers, flip charts, sticky notes

_
Z
_
~
ᅀ
$\overline{\alpha}$
U,
ш
=
2
=

60 to 75 minutes

ഗ
Ŭ.
⊢
0
Ž
_
≃
${}$
0
_