

Bilateral Adrenal Adenoma with Concomittant Hypercortisolism and Hyperaldosteronism

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A number of autopsy studies have examined the frequency of adrenal masses, and in a report of 25 studies, the over-all prevalence of adrenal tumors is 5.9% .

Most reports in literature define adrenal tumor characteristics based on single or unilateral lesions. Guidelines and reviews have been formulated and published to aid clinicians in management. However, a number of open questions still remain and controversial debates on the quality of diagnostic tests that are currently employed for patients with adrenal tumors still abound.

Given our current approach to its diagnosis and treatment, in the rare instance where not one, but both adrenals have lesions, and not one, but two hormones are over secreting, what dilemmas do we expect in the management of such cases?