









2-Week JavaScript + Node.js Weekday Study Plan for Freshers

● Week 1: JavaScript Core (Mon–Fri)




Day 1 (Mon): JS Basics + Functions

-  Topics:
 - Basics of JavaScript (variables, data types, operators, control structures, conditional statements)
 - Functions (declaration, expressions, arrow & class functions)
 -  Read:
 - MDN: JavaScript Guide → Basics
 - MDN: Functions
 -  Implement:
 - Build a simple calculator and tic tac toe.
 - Write a function to check palindrome, anagrams.
-

Day 2 (Tue): Arrays & Objects




-  Topics:
 - Arrays: All methods (map, filter, reduce, etc.)
 - Objects: creation, access, loops, shallow & deep copy
 -  Read:
 - MDN: Arrays & methods
 - MDN: Working with objects
 -  Implement:
 - Student record manager (array of student objects) using all array prototypes covered till now.
 - Json stringify, Json parse, call apply bind.
-

Day 3 (Wed): All ES6+ Features




-  Topics:
- Cover all ES6 topics (let, const, arrow functions, destructuring, template literals, RegExp, map, filter, etc)
-  Read:
 - MDN: ES6 features
-  Implement:
 - Use destructuring with nested objects.

- Merge arrays and clone objects using spread.
-

Day 4 (Thu): Scope, Closures & Patterns


-  Topics:
 - Scope (global, block, function)
 - Closures
 - JavaScript Patterns (Module pattern, IIFE)
 -  Read:
 - MDN: Scope and Closures
 - Eloquent JS Chapter: Functions as First-Class Citizens
 -  Implement:
 - Closure counter function.
 - Module pattern using IIFE for a task manager.
-



Day 5 (Fri): Asynchronous JS, Promises, Error Handling

-  Topics:
 - Asynchronous JavaScript (setTimeout, setInterval)
 - Promises(allsettled, any, cancellable etc), callback, callback hell, promise chaining
 - Error handling (try/catch, .catch)
 -  Read:
 - MDN: Promises
 - JavaScript.info: Error Handling
 -  Implement:
 - Implement debouncing,
 - Wrap async logic in try/catch and handle rejection.
-




Week 2: Node.js + Backend (Mon–Fri)

Day 6 (Mon): Node.js Basics + NPM




-  Topics:
- Event loops, execution(BTS), V8 engine and intro to nodejs
 - Node.js core (modules, file system)
 - Project setup / Folder structure

-  Read:
 - Node.js docs → fs, path, module
 - npmjs.com → npm CLI basics
 - Understanding node modules.
 -  Implement:
 - Simple Node script to read/write file.
 - Setup package.json and install nodemon.
-




Day 7 (Tue): Express.js + Routing

-  Topics:
 - Express.js setup
 - Routing: GET, POST, URL params, query strings
 -  Read:
 - expressjs.com → routing
 - Postman (API tool) – Install and execute all the api's here.
 -  Implement:
 - Create /hello, /user/:id, /search?q=
 - Log routes with middleware
-




Day 8 (Wed): Middleware + Templating

-  Topics:
 - Express middleware (req, res, next)
 - JWT, Authentication, Auth middleware
 - Token in headers of all api's
 -  Read:
 - Express middleware docs
 - EJS/Handlebars basics
 -  Implement:
 - Create custom logger middleware.
 - Render dynamic user profile using EJS with authentication.
-

Day 9 (Thu): Databases

-  Topics:
 - Intro to database, Types of db, Uses of database
 - SQL Vs NoSQL, ORM, Transactions,
 - Intro to sql.
 -  Read:
 - Postgresql
 - REST API design guide
 -  Implement:
 - Complete 50% exercises from sql bolt within 2 days.
-

Day 10 (Fri): Database & Project Setup

-  Topics:
 - Write schema's using ORM (Sequelize)
 - Sequelize setup & Connecting to db from project
-  Read:
 - Sequelize
-  Implement:
 - Creating tables using sequelize
 - Adding / Updating / Deleting columns & records from schema.
 - Complete another 50% exercise from sqlbolt within Monday

Final Project: Backend

Building mentor / student assigning app – Crud operations

Expressjs

Nodemon

Sequelize

Postgres connectivity

Rest APIs

JWT validation

Transactions

Table relationships - Primary key & foreign key

Swagger documentation