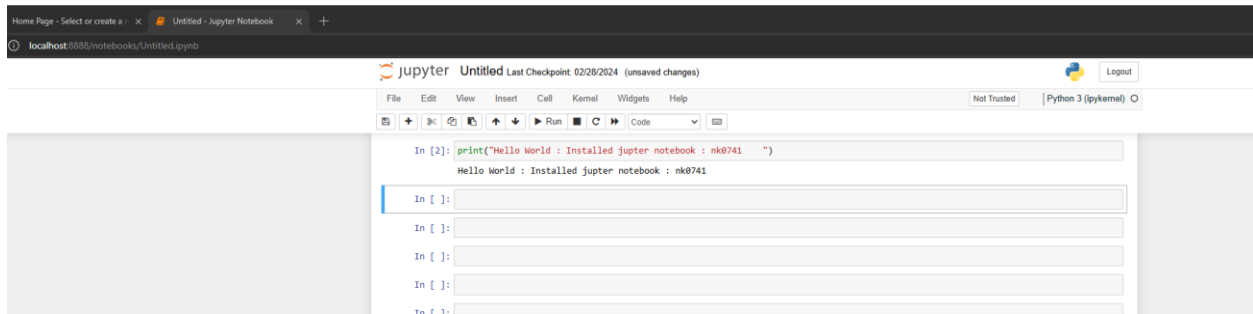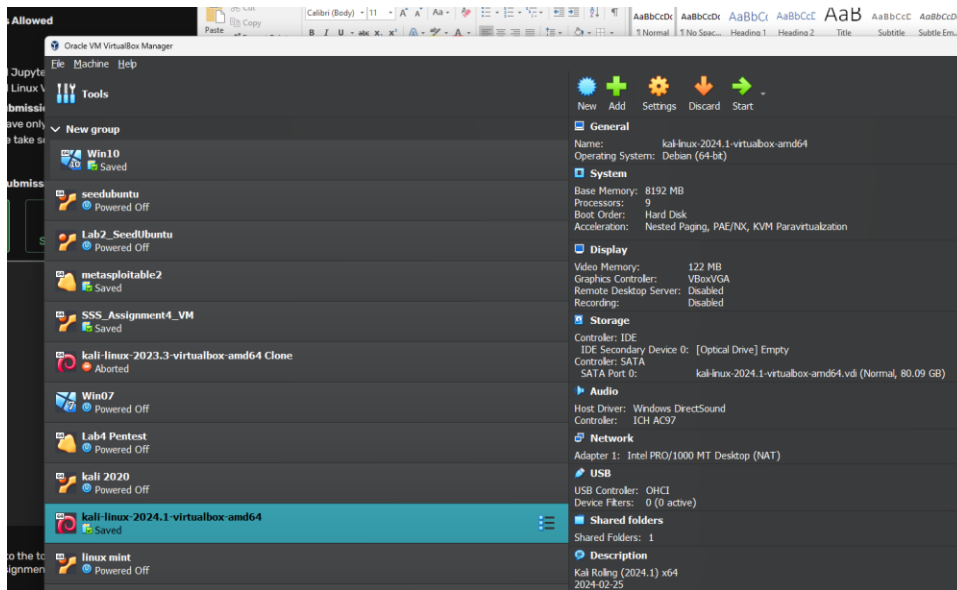Installe jupyter notebook:

Installed virtual box:

Shared folder: created using folder from F drive