red coconut chutney



kerala style red coconut chutney for idli and dosa.

Prep Time

10 mins

Cook Time

5 mins

Total Time

15 mins

Course: side dish Cuisine: kerala, south indian

Servings: 2 to 3 Author: Dassana Amit

Ingredients

for red coconut chutney

- ⅓ cup tightly packed grated coconut
- ½ tablespoon chopped shallots or sambar onions (pearl onions)

- 2 to 3 dry red chilies halved or broken or chopped, deseeded (sukhi lal mirch)
- ½ inch ginger (adrak)
- ¼ cup + 1 tablespoon water for grinding
- salt as required

for tempering coconut chutney

- ½ teaspoon mustard seeds (rai)
- ½ teaspoon urad dal (husked black gram)
- 8 to 10 curry leaves (kadi patta)
- 1 tablespoon chopped shallots or sambar onions (pearl onions)
- 1 tablespoon coconut oil

Instructions

making red coconut chutney

1. take 1/3 cup tightly packed grated coconut, 1/2 tbsp chopped shallots or sambar onions/pearl onions, 2 to 3 dry red chilies and 1/2 inch ginger in a chutney grinder. if you want to tone down the raw taste of red chilies, then just roast them lightly in a pan. you can also saute

- them in a bit of coconut oil. apart from ginger, you can also add garlic.
- 2. add salt and 1/4 cup + 1 tbsp water.
- 3. grind to a smooth chutney.
- 4. take the coconut chutney in a small steel bowl or pan and keep aside.

making tempering for red coconut chutney

- 1. heat 1 tbsp coconut oil in a small pan.
- 2. add 1/2 tsp mustard seeds and allow them to crackle.
- 3. then add 1/2 tsp urad dal.
- 4. fry the urad dal till they are a maroonish golden.
- 5. add 8 to 10 curry leaves and 1 tbsp chopped shallots or sambar onions/pearl onions.
- 6. saute till the shallots are light golden.
- 7. add the tempering mixture along with its oil to the red coconut chutney.
- 8. stir and mix well.

9. serve the kerala style red coconut chutney with idli, dosa, medu vada or uttapam.

full recipe - https://www.vegrecipesofindia.com/red-coconutchutney-recipe-kerala-style/