

## Great Resources for Ongoing Learning

The tips, tools, and techniques in this book come from a variety of sources, including my own experience as a coach, business school instructor, and workshop facilitator.

Here are the top 5 resources I recommend for ongoing learning to help you master your confidence and competence:

[\*\*Tips of the Tongue: The Nonnative English Speaker's Guide to Mastering Public Speaking\*\*](#)

By Deborah Grayson Riegel and Ellen Dowling

[\*\*Global Dexterity: How to Adapt Your Behavior Across Cultures without Losing Yourself in the Process\*\*](#)

By Andy Molinsky

[\*\*The Culture Map: Breaking Through the Invisible Boundaries of Global Business\*\*](#)

By Erin Meyer

[\*\*Overcoming Overthinking: 36 Ways to Tame Anxiety for Work, School, and Life\*\*](#)

By Deborah Grayson Riegel and Sophie Riegel

[\*\*The Language of Global Success: How a Common Tongue Transforms Multinational Organizations\*\*](#)

By Tsedal Neeley